

BUDE COAST & COUNTRY BENEFICE

Voices Together



St Michael & All Angels, Bude



St Winwaloe, Poundstock



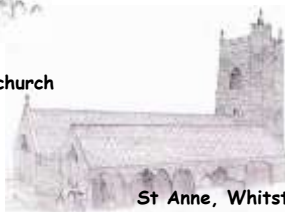
Our Lady & St Anne, Widemouth Bay



St Mary the Virgin, Week St Mary



St Marwenne, Marhamchurch



St Anne, Whitstone

Free

July 2026

MAIN CONTACTS FOR OUR BENEFICE:

Please contact any of the following for information or enquiries about Anglican Church life in the Benefice:

Our Strategic Rural Dean: Rev J Terry 07562 700170
srd@strattondeanery.co.uk

Our Rector: Rev David Saunders, The Rectory, The Glebe,
Week St Mary, EX22 6UY Tel: 07834 459672
email: rector@bude-coast-benefice.org

Our Churchwardens:

St Anne's, Whitstone:

Mervyn Collins: 01288 341598

St Marwenne's, Marhamchurch:

Angela Grills: 01288 361247 Sue Shadrick: 07450 974651

St Mary the Virgin, Week St Mary:

Lesley Booker: 01288 341221 Linda Cobbledick: 01288 341468

St Michael's, Bude Haven:

Penny Heard 07825 266580

Our Lady & St Anne's, Widemouth Bay:

Contact Judy MacDonald: 01288 362254

St Winwaloe's, Poundstock:

Contact church member Barry Smith: 01288 361716

Stratton Deanery website: www.strattondeanery.co.uk/

Editor of *Voices Together*:

Clare Hicks, Trelowen, Lynstone, Bude EX23 0LR.
01288 352726; claremhicks@gmail.com

Copy deadline for **August** issue—

By **Friday July 17th** please

ELECTRONIC COPIES OF *VOICES TOGETHER*

If you would like to receive a copy of this magazine please email Lesley Booker: lesleybooker@gmail.com

FROM THE RECTOR:

Dear Friends,

The Tree

A student once asked his teacher, "What's the meaning of life?"

The teacher, said nothing. He just pointed at the tree. The student waited, confused. He thought he'd get a quote, a lecture, a divine secret, but all he got was silence.

So he asked again, "Master, what does life mean?" Still no reply. Just a calm smile. And the same tree.

The student was losing patience. He stared at the tree looking for clues. Its bark, its shape, its stillness. What does this mean, he asked himself. Then slowly he noticed something. The tree wasn't trying to be anything. It wasn't trying to grow fast. It wasn't trying to impress. It was just being.

The teacher finally spoke. "The tree does not force growth. It does not chase sunlight. It simply trusts the seasons. It bends with the wind, sheds when it must, blooms when it's time, and never asks, am I enough? You're not here to chase meaning, you're here to become it. Like the tree, grow quietly. And trust the timing."

The Bible puts it like this: **There is a time for everything and a season for every activity under the heavens. Ecclesiastes chapter 3 verse 1**

Every blessing,

Rev David

Sponsoring Voices Together

Please would you consider sponsoring our magazine? It is partly through the generosity of our readers that we are able to keep the magazine free of charge. Any amount, small or large, will be gratefully received. For more information please contact Heather Whitlock on 07771 964672 or Clare Hicks on 01288 352726.

INCLUSIONS FOR THE WEEKLY PEW SHEET

To have your Notices included in the Pew Sheet please contact Sue Shadrack on 07450 974651 or email her at s.shadrack79@gmail.com before Tuesday evening if possible.

***This edition of Voices Together
has been kindly sponsored
anonymously***

**To advertise in this magazine
please contact Heather Whitlock on 07771 964672**

Why not lend your copy of this magazine to a neighbour or friend when you have finished with it?

Dates for your JULY Diary:

- Thur 2nd: Benefice Prayer Group, St Michael's 10 am
- Sat 4th: Free Family Fun Festival, Castle grounds, Bude 1—4 pm
- Mon 6th: Meet & Eat, WSM hall 12 noon see p 6 for details
- Fri 10th: Quiz for the Quiet Garden, Poundstock Gildhouse 7.30 pm
see p 19 for details
- Sat 11th: Lego Café, WSM church—see p 21 for details
- 11th—19th St Andrew's Stratton Music & Arts Festival—see page 24
- Sun 12th: Walk from Marhamchurch 4 pm to St Michael's for tea—
contact Penny Heard 07825 266580 for details
- Mon 13th: Happy Memories Memory Café, WSM church 2.30—4.30 pm
- Wed 15th: Lunch club, WSM church 12 noon—see p 21 for details
Concert of Words & Music, St Swithin's, Launcells see p 24
- Thur 16th: Benefice Prayer Group, St Michael's 10 am
- Fri 17th: CAMEO, WSM 2—4 pm see p 6 for details
- Thur 23rd: MU Quiet Day, St Endellion Church 10.30—3.30 see p 8
Old Cornwall Society Walk with tea at St Michael's—details
to follow
- Mon 27th: Happy Memories Memory Café, WSM church 2.30—4.30 pm
- Wed 29th: Messy Church, St Michael's 10.30 am—12.30 pm see p 20
- Thur 30th: Benefice Prayer Group, St Michael's 10 am

Dates for your AUGUST Diary:

- Mon 3rd: MU branch meeting, Stamford House 2 pm
- Fri 7th: Benefice Beetle Drive, in aid of the Quiet Garden,
St Michael's 7 pm see page 25 for details
- Thur 13th: Benefice Prayer Group, St Michael's 10 am
- Thur 27th: Benefice Prayer Group, St Michael's 10 am

Regular Group Meetings:

Tuesday afternoons: Week St Mary Adventure Church 4.30 pm - last
meeting of this term 14th July

Tuesday evenings: Bible Study St Marwenne's house group 7 pm —
contact Janet Ward 01409 255 759

Wednesday mornings: Coffee & Chat, The Bray, Marhamchurch 10.30-
noon

Wednesday mornings: Bible Study at St Michael's, **11.15 am**

Alternate Thursday mornings: Benefice Prayer Group, St Michael's 10.00

**BABY &
TODDLER
COFFEE POT CLUB**

**Meets every Tuesday
10am—12pm in
Week St Mary Parish
Hall**

Join Coffeepots Baby &
Toddler Group on
Facebook or email
[coffee-
potswsm@gmail.com](mailto:coffee-potswsm@gmail.com)

**Meet and Eat
Soup and Sweet
& a friendly chat
Week St Mary Parish
Hall from 12 noon**

**Mon 6th July
All most welcome
Sue Edwards
01288 341083**



**Week St Mary
Happy Memories Memory
Café**

**2.30—4.30 pm in church
Refreshments**

**Mondays 13th & 27th
July**

**All welcome
Contact: Lesley Booker
01288 341221**

C A M E O

Come And Meet Each Other

**Friday 17th July
2—4 pm**

**at Sue & Rob Isherwood's
home 11 Ashbury Grove,
Week St Mary**

**Join us for tea, cake & chat
contact:**

**Linda Cobbledick
01288 341468**



DENISE WELLINGTON

FUNERAL SERVICES

COMPASSIONATE, CARING,
TRUSTED & PROFESSIONAL

Memorials | Pre-Paid Funeral Plans

24 Hour Contact 01288 359277



Dementia
Friends
an Alzheimer's Society initiative

Golden Charter 
Smart Planning for Later Life

denisewellingtonfunerals.co.uk
enquiries@denisewellingtonfunerals.co.uk

NOFIX-NOFEE

Low Cost Computer Repair Services

- * Free Estimates and Advice
- * No Call Out Charge
- * Virus Infection Resolve
- * System Restore
- * New System Installation
- * Refurbished Laptops & PC's
- * Free Adware/PC Doctor Software
- * Hourly Rate and Fixed Fee
- * Onsite fix and Repairs

Computer
Repairs
from only

£25



Tel: 01288 381061
Mobile: 07534 804101
Email: mail@nofix-nofee.net

Locally reared, pasture fed beef and lamb

Restaurant quality, rare breed beef and traditional lamb. Low food miles, supporting local jobs, local delivery available. 10 or 15Kg Beef boxes, mixed joints, steaks & mince etc. 1/2 Lamb packs approx 10 Kg

Email Langfordmeats@gmail.com or
phone 01288 361 666 to order





Mothers Union - Kledh Kernow Branch

As I write this in unseasonal June weather our MU branch is still looking forward to lots of events later in the month. Plans are being made for the fundraising Cream Tea and we are preparing to take part in the Launcells Flower Festival with a display celebrating 150 years since the founding of MU.

In this ever-turbulent world, our meeting at the beginning of June focused on peace. We came together holding our families, friends, local communities and the world in prayer for calm and understanding in uncertain times. We followed up with a fun quiz and lots of laughter.

July Dates

There will be no meeting in July. The next branch meeting will August 3rd at Stamford House, Stamford Hill 2pm.

Mothers' Union Diocesan Quiet Day 23rd July 10.30am – 3.30pm at St Endellion's Church, St Endellion. The Theme this year is 'Hidden Treasure.' The day will end with a cream tea followed by Evensong. Please bring a packed lunch. All welcome.

Sheila Waring



POUNDSTOCK EVENTS IN JULY

Poundstock Gildhouse is open every Wednesday 10.00am - 4.00pm from 8th April - 7th Oct

Friday 10 July Quiz evening in aid of the Quiet Garden 7.30 pm (see p 19 for details)

Any queries contact Maria 07428 101323

FREE FAMILY FUN FESTIVAL

Saturday 4 July 1pm to 4pm
in The Castle, Bude Grounds



COMPETITIONS * BOUNCY CASTLE
GAMES * FACE PAINTING * CAKES
SAUSAGE SIZZLE * MUSICAL
ENTERTAINMENT AND MORE!
ALL FREE!



A free event organised by

CTBS

Christians Together in Bude & St Austein

Archdeacon's Visitation
with the admission of Churchwardens
Tuesday 9th June 2026
St Marwenne's Church, Marhamchurch

St Marwenne's was full to welcome Clive, the Archdeacon of Cornwall.

The congregation was made up of Churchwardens, members of Clergy, and parishioners from all over.

The Bellringers rang before the service started.

Churchwardens made their oaths to God and were made officers of the bishop on his behalf.

After the service anointing with oil was offered to those who wished to receive it.

Refreshments were served by the lovely ladies of the Church in Marhamchurch Village Hall (The Bray).

Thank you to those who organised this event and to anyone who helped on the evening.

Kerstie Hunter



Paul & Robin

**GENERAL BUILDERS
ALL BUILDING WORK ~
FREE ESTIMATES**

covering Bude & the
surrounding areas

Kitchens ~ bathrooms ~
decorating ~ brickwork ~
fascias ~ decking ~ landscaping
~ plastering ~ skimming

PAUL LIBRETTO
07710 505527
libretttopaul@gmail.com

ROBIN BEAGLE
07979 354144
robinbeagle1@gmail.com



CLAIRE EVEREST
HAIR STYLIST

Beautiful, Friendly New Salon
Easy Access and Free Parking



Claire Everest Hair Salon

Look forward to meeting new clients
Ladies, gents and children welcome

For appointments call 07852 357975
Stratton View Business Park
Stratton, Bude EX23 9NR



DEVON & CORNWALL EXTERIOR CLEANING

**Window Cleaning / Gutter Clearance
Fascias / Soffits UPVC / Algae
Thatch Roof Moss Treatment**

e: info@dace.cleaning t: 07359 303535



T.M. O'SULLIVAN & ASSOCIATES

VETERINARY SURGEONS

Buller Cottage, Marhamchurch, Bude, Cornwall EX23 0EW

Providing Veterinary care for Farm Animals, Horses and Companion
Animals in North Cornwall, North & West Devon

Tel: 01288 361984

Email: tmosullivan.vets@zen.co.uk

24 hr Emergency Service

ARTHUR W. BRYANT FUNERAL SERVICE

CAMELFORD
01840 214891

BUDE
01288 352282

HOLSWORTHY
01409 253000

LAUNCESTON
01566 232426

**INDEPENDENT FAMILY
FUNERAL SERVICE**

**MEMORIAL
MASONRY**

DIRECT CREMATION

PRE PAYMENT FUNERAL PLANS

**OUR FAMILY CARING FOR YOUR
FAMILY FOR OVER 50 YEARS**



AWBRYANT.CO.UK
CARING@AWBRYANT.CO.UK





BUDE EYE CENTRE

QUALITY . VALUE . COURTESY . SERVICE

YOUR MODERN INDEPENDENT OPTOMETRIC PRACTICE

Bude Eye Centre, established in 2005, are equipped with up to date equipment, a wide selection of eyewear and latest contact lenses to suit individual needs. We offer same day service and also hearing aid services.

WE OFFER:

- ✓ NHS & Private Eye examinations
- ✓ Contact lens specialist
- ✓ 3D OCT Screening available
- ✓ Regular hearing service, including free assessments
- ✓ Honest and expert advice on frame selection
- ✓ Wheelchair friendly practice

Bude Eye Centre, 7 Queen Street, Bude, Cornwall EX23 8AY 01288 350041 - budeeyecentre.co.uk



R Mears & Sons Chimney Sweeps

Established over 30 years

Vac Brush. Full CCTV investigations.
Pots, Cowlings & Bird Protection fitted.
Solid Fuel Appliances, Rayburns, Stoves,
Stove Installation & Chimney Lining
Woodburners serviced Fully Insured

Tel: 01822 664554

01566 700850

www.sweepcornwall.com



Zoom services: for details of any other zoom services scheduled for the month in the Benefice, please see page 26.

PLEASE NOTE: SERVICES MAY CHANGE—check pew sheets/ local information/ACNY website.

Readings may be adapted for particular services

SERVICES FOR JULY

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Wednesday 1st July		08.30 10.00	Morning Prayer Holy Communion	Zoom BH	WL RWS
Sunday 5th 5th after Trinity	Zecariah 9: 9-12 Romans 7: 15-25a Matthew 11: 16-19. 25-end	09.30 10.00 18.00	Holy Communion All Age Worship Evening Prayer	BH WSM M	DS WL WL
Wednesday 8th		08.30 10.00	Morning Prayer Holy Communion	Zoom WB	LMB DS
Sunday 12th 6th after Trinity	Isaiah 55: 10 –13 Romans 8: 1—11 Matthew 13: 1-9. 18- 23	09.30 09.30 11.15 18.00	Holy Communion Morning Prayer Holy Communion Evening Prayer	M P W WSM	DS WL DS WL
Wednesday 15th		08.30 10.00	Morning Prayer Holy Communion	Zoom BH	DS DS
Sunday 19th 7th after Trinity	Isaiah 44: 6-8 Romans 8: 12—25 Matthew 13: 24-30. 36-43	09.30 09.30 11.15	Holy Communion Morning Prayer Holy Communion	BH M WSM	DS WL DS
Wednesday 22nd		08.30 10.00	Morning Prayer Holy Communion	Zoom WB	DS DS
Sunday 26th 8th after Trinity	1 Kings 3:5—12 Romans 8: 26-end Matthew 13: 31-33. 44-52	09.30 09.30 09.30 10.00 11.15	Holy Communion Holy Communion Morning Prayer Morning Prayer Holy Communion with Baptism	M P W WSM BH	RD DS WL WL DS

SERVICES FOR JULY & beginning of AUGUST continued

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Wednesday 29th		08.30 10.00	Morning Prayer Holy Communion	Zoom WB	WL RWS
Sunday 2nd AUGUST 9th after Trinity	Isaiah 55: 1—5 Romans 9: 1—5 Matthew 14: 13-21	09.30 10.00 18.00	Holy Communion All Age Worship Evening Prayer	BH WSM M	DS WL WL
Weds 5th		08.30 10.00	Morning Prayer Holy Communion	Zoom BH	LMB DS

KEY:

CHURCHES: BH = Bude Haven	LEADERS: DS = Rev David Saunders
M = Marhamchurch	RD = Rev Rob Dickenson
P = Poundstock	RWS = Rev R Ward-Smith
WSM = Week St Mary	JT = Rev J Terry
W = Whitstone	WL = Worship Leader
WB = Widemouth Bay	MM = Methodist Minister

OUR DEANERY PRAYER

O generous God,
You invite your people to discover the Kingdom
And grow the church;
Give us, then, the courage, the strength and the vision
To share in the mission and ministry
Of your Son
That with the Lord of the Church
We may be, truly, the Church of the Lord. Amen



A spiritual haven on the Cornish Coast



**Bibles - Books
Cards - Gifts**



*Join us for a cuppa and a chat
10-4 Mon to Fri – 10-12.30 Sat*

4, Lansdowne
Mews, Bude.
EX23 8BH
t. 01288 356886



Email: arkangelbude@gmail.com

Reg. Charity. 294313

Fraser's Anything Tiny Tractor Services

no job too small!!

Any jobs for small tractor, flail mower, roller, tipping trailer, grab, bucket, pallet forks.

Mowing and bramble cutting, earth and log moving, grass rolling, pallet/dumpy bag moving and spreading etc.

Please call Fraser Proudfoot 07976836206 for a chat and quote



Where reliability and craftsmanship matter

Specialists in bathroom & kitchen installations

We also offer:

Landscaping

General Building

Plumbing

Flooring

Window & Floor Replacements

Get in touch for a quote:

Richard Mitchell 07360 001078

mitchellsmaintenance.s@gmail.com

Est 2017

R. J. BROWN PAINTING AND DECORATING

Tel: 01288 354701

Rob Mobile 07970 969297

Matt Mobile 07875 748035

Established 1982

Congdon's Hospital Road, Stratton

Carpet and Furniture Centre

**Large stocks of carpets,
divans and furniture**

Tel: 01288 354575

Tel & Fax: 01288 354111

email: sales@congdons.co.uk

www.congdons.co.uk

CS & AJ Cobbledick
CARPENTERS AND JOINERS

Quality Joinery

*Made to measure hardwood or
softwood double glazed windows,
doors and staircases etc.*

Whirlwind, Stratton
Tel: 01288 356783

**BUDE DOG TRAINING/AGILITY
GROUP**

TEL: 01566 86500/01288 321922

**HELPING LOCAL DOGS AND
OWNERS FOR 26 YEARS**

**PUPPIES, PET DOG TRAINING,
PROBLEM DOGS, FUN AGILITY,
CLICKER TRAINING, ONGOING
CLASSES**

ALL PROFITS TO CHARITY



BUDE MUSIC STUDIOS
Guitar Tuition

AIDAN B

*Mandolin, Violin,
Keyboard, Theory,
song composition
and re-orchestration*
07817573505

THE CRESCENT POST OFFICE & STORES, BUDE

Newspapers, Magazines, Groceries, Tobacconists,

Stationers

Greetings Cards, Fresh Bread and Cakes Daily

Off Licence

Post Office Tel: 01288 352048



**WHEN RESPONDING TO ADVERTS
PLEASE TELL THE ADVERTISER
YOU SAW IT IN
VOICES TOGETHER**

Poundstock Quiet Garden Update

Progress on the bridge construction has been delayed due to damage discovered on the bank where the bridge will be positioned, and repairs to the damaged wall are underway.

Once the garden has been cleared of all weeds and debris, work can begin on planning and planting low-maintenance plants and shrubs.

Schools in the area are being encouraged to take time to assist with the design and planting of shrubs and other plantings.

Dr. Sarah Willoughby, the Diocesan Environment Officer for the Diocese of Truro, has been consulted on the best way to remove some invasive plants. Her advice is invaluable, and we plan to invite her to visit the site for some ideas on layout and planting.

Fundraising for this venture is underway with a Quiz night planned for the 10th July at the Gildhouse at 7:30 pm, and a beetle drive on the 7th August at St Michael's Bude at 7:00 pm.

All are welcome, and booking details are on the posters. Please come and support these fundraising events

If you are interested in gardening or would like to help in any way, please chat to Rev David, as we would love to have more people involved.

Penny Heard



ON BEHALF OF THE UNITED BENEFICE

QUIZ EVENING

FRIDAY 10th JULY

starting at 7.30 pm

THE GILDHOUSE, POUNDSTOCK

(just off the A39 at Poundstock)

TEAMS OF UP TO 6 PEOPLE,

£5.00 PER PERSON

BRING YOUR OWN DRINKS, GLASSES

& NIBBLES

PROCEEDS TO

DEVELOPING

THE QUIET GARDEN

CALL ALAN ON 07792 381260 TO BOOK A TABLE

BOOKING RECOMMENDED DUE TO SPACE LIMITS

St. Michael & All Angels, Bude Haven



This is for parents and children
to experience church in a fun way

St. Michael's Church, Bude

Wednesday 29th July

10.30 until 12.30

Theme: "Bible Seasides"

*Children, please bring an adult:
Adults, please bring a child*



**FREE
LUNCH**



Enquiries: 01288 353137



WEEK ST MARY ADVENTURE CHURCH

Every Tuesday in term time at 4.30 pm—last meeting of this term 14th July, recommencing 8th September



Week St Mary Lunch Club

Wednesday 15th July

Week St Mary church

12 noon

Bookings: 01288 341221

No meeting in August



WEEK ST MARY LEGO CAFÉ

Saturday 11th July

Week St Mary church with breakfast from 9.30—12 (breakfast till 11.30 am)

No meeting in August

A note from the Editor:

Copy deadlines for 2026 issues of *Voices Together* are:

August: July 17th

September: August 21st

October: September 18th

November: October 16th

December: November 20th

Tips from Poll's Garden for July



This is often one of the hottest months of the year and a great time to sit out and enjoy your garden. Keep plants looking good by regularly deadheading, and you'll enjoy a longer display of blooms. Make sure you keep new plants watered, using grey water where possible.

Flowers:

Cut lavender for drying, choosing newly opened flowers for the best fragrance, then hang up in a cool, dark place

Give dahlias a liquid feed, keep them well watered and tie the shoots of tall varieties to sturdy stakes as they grow

Hoe and hand-weed borders often, so weeds don't have time to set seed

Water and feed sweet peas regularly, pick the flowers every few days, and remove seed pods to prolong flowering

Plant autumn bulbs, including nerines, colchicums and sternbergia, in pots and borders

Feed, water and deadhead summer bedding regularly, in pots, borders and hanging baskets

Cut back early summer perennials, such as hardy geraniums and delphiniums, after flowering for a second flush

Take softwood cuttings from shrubs such as pyracantha, cotinus, hydrangeas and spiraea

Feed and deadhead roses to keep them flowering strongly

Keep watch for pests such as lily beetles, snails, aphids and vine weevils, and remove before they do too much harm

Pick off flowers on coleus plants to maintain their colourful leaves

Sow biennials, such as foxgloves, honesty, forget-me-nots and wallflowers, for blooms next year

Geranium x magnificum:

Cut back geraniums and other summer perennials.

Fruit and veg:

Check crops such as runner beans regularly for aphids, and rub or wash them off straight away, before they multiply

Water thirsty plants such as celery, beans, peas, courgettes, pumpkins and tomatoes

regularly

Make the last pickings of rhubarb and remove any flower spikes that start to form, cutting right down at the base

Thin out heavy crops of apples, pears and plums, and remove any malformed, damaged or undersized fruits

Prune plum trees in dry weather, when silver leaf fungal disease is less prevalent

Sow a last batch of peas and dwarf beans before mid-July for an autumn crop

Shorten side shoots growing from the framework of trained fruit trees, reducing to about five leaves from their base

Water fruit trees and bushes, then lay a thick mulch of garden compost around their base to hold in moisture

Cover brassicas with fine netting to prevent cabbage white butterflies laying their eggs on the leaves

Peg down strawberry runners into pots of compost to root new plants

Pick courgettes regularly so they don't turn into marrows

Sow small batches of fast-maturing salad leaves, rocket and radishes every few weeks for continuous pickings

Cut down broad beans after harvesting, but leave the roots in the soil to release nitrogen as they decompose.

And if you have time, relax and enjoy your garden .

Poll



St Swithin's Church, Launcells presents

A Concert of Words and Music

Celebrating the Church and its Vicars over 800yrs

From Early Church music to Handel
from Victorian music to Jazz

With readings from William Shakespeare to Rev. Robert Hawker
from Rupert Brooke to John Betjeman

Wednesday 15th July 2026
6.30pm: Drinks & canapés
7.30pm - 9.15pm Concert (interval of 15mins)
Extra parking available

Tickets £15 in advance or £20 on the door to include a glass of wine and canapés - in aid of the church

Please pay online to account no 30669696 sort code: 20-04-59 and then
Email norwich@stswithins.org to confirm payment and
your ticket(s) will be reserved and given to you on arrival at the concert.

Or buy in the Ark Angel bookshop
or from Dee or Andy Wynne-Mortimer at
No 2 Grimscot Estate, Launcells

WEEK ST MARY CHURCH

SECOND SATURDAY OF EACH MONTH

LEGO CAFE

Cooked Breakfast
from 9.30-11.30 am

FREE Lego until
12pm

ALL WELCOME

IF YOU WOULD
LIKE TO
ADVERTISE IN THIS
MAGAZINE
PLEASE CONTACT
HEATHER
WHITLOCK
ON
07771 964672

"One Week in Summer"



**ST. ANDREW'S
MUSIC & ARTS FESTIVAL**

July 11th - 19th 2026

*Come to an event and cheer yourself up, give
yourself time away from worry, stress and work,
time to refresh your soul.*

*All events are in St Andrew's Church,
Stratton EX23 9DW*

Refreshments available at all events

**Tickets available in advance at preferential rates
from gwisstratton@gmail.com Stratton Stores or
Jennie 01288 359601 or Val 01288 353435**

**Bude Coast and Country Benefice
Event**

Beetle Drive



St Michael's, Bude Haven

Friday 7th August

at

7.00 pm

Ticket £6 to include refreshments

In support of the Quiet Garden at Poundstock

Contact: Penny 07825 266580

Services on zoom

We will continue Zoom Services for as long as there is a demand for them. If there are any types of service other than Sunday morning prayer, Family Service or Holy Communion and Wednesday morning prayer that you miss and would like to see especially on Zoom either regularly or as a one off, please let me know and I will see what can be done.

Lesley Booker lesleybooker@gmail.com

For times of all church services for the month please see pages 14 and 15. Each Sunday there will be a "zoomed" service and Morning Prayer on Wednesdays will be on zoom at 8.30 am.

St Marwenne's House Group

The aim of the group is about growing in discipleship. It meets every Tuesday at 7 pm. Contact Janet Ward on 01409 255759 or email her at janetmwuk@gmail.com for more details.

Advertising in Voices Together

If you run a business and would like to advertise in this magazine, please contact Heather Whitlock on 07771 964672.

If you are a not-for-profit local group or organisation and would like to put a one-off advert in for an event or similar, please contact Heather as above or the Editor (contact details p 2). We would ask for a small donation, depending on the size required. Adverts accepted at Editor's discretion. Thank you.

A Prayer for our Times

Loving God, I place into your hands:

all my fears about the state of the world;

all my despair at the violence within the world;

all my concerns about the fragility of the
environment;

all my worries about my own life.

Loving God, I place into your hands

today, tomorrow and all time Amen

