

Sunday 28 June 2026

Fourth Sunday after Trinity

First reading

**Genesis 24.34–38, 42–49,
58–67**

Psalmody

Psalm 45.10–17

Hear, O daughter; consider
and incline your ear;

forget your own people and
your father's house.

So shall the king have pleasure
in your beauty;

he is your lord, so do him
honour.

The people of Tyre shall bring
you gifts;

the richest of the people shall
seek your favour.

The king's daughter is all
glorious within;

her clothing is embroidered
cloth of gold.

She shall be brought to the
king in raiment of needlework;

after her the virgins that are
her companions.

With joy and gladness shall
they be brought

and enter into the palace of
the king.

'Instead of your fathers you
shall have sons,

whom you shall make princes
over all the land.

'I will make your name to be
remembered through all
generations;

therefore shall the peoples
praise you for ever and ever.'

Second Reading

Romans 7.15–25a

I do not understand my own
actions. For I do not do what I
want, but I do the very thing I
hate. Now if I do what I do not
want, I agree that the law is
good. But in fact it is no longer I
that do it, but sin that dwells
within me. For I know that
nothing good dwells within me,
that is, in my flesh. I can will
what is right, but I cannot do it.
For I do not do the good I want,
but the evil I do not want is what
I do. Now if I do what I do not
want, it is no longer I that do it,
but sin that dwells within me.
So I find it to be a law that when
I want to do what is good, evil
lies close at hand. For I delight
in the law of God in my inmost
self, but I see in my members
another law at war with the law
of my mind, making me captive
to the law of sin that dwells in
my members. Wretched man
that I am! Who will rescue me
from this body of death? Thanks
be to God through Jesus Christ
our Lord!

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Gospel

Matthew 11.16–19, 25–end

‘But to what will I compare this generation? It is like children sitting in the market-places and calling to one another, “We played the flute for you, and you did not dance; we wailed, and you did not mourn.”

For John came neither eating nor drinking, and they say, “He has a demon”; the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.’

At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For

my yoke is easy, and my burden is light.’