

BUDE COAST & COUNTRY BENEFICE

Voices Together



St Michael & All Angels, Bude



St Winwaloe, Poundstock



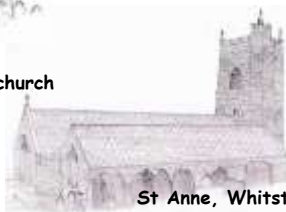
Our Lady & St Anne, Widemouth Bay



St Marwenne, Marhamchurch



St Mary the Virgin, Week St Mary



St Anne, Whitstone

Free

August 2026

MAIN CONTACTS FOR OUR BENEFICE:

Please contact any of the following for information or enquiries about Anglican Church life in the Benefice:

Our Strategic Rural Dean: Rev J Terry 07562 700170
srd@strattondeanery.co.uk

Our Rector: Rev David Saunders, The Rectory, The Glebe,
Week St Mary, EX22 6UY Tel: 07834 459672
email: rector@bude-coast-benefice.org

Our Churchwardens:

St Anne's, Whitstone:

Mervyn Collins: 01288 341598

St Marwenne's, Marhamchurch:

Angela Grills: 01288 361247 Sue Shadrick: 07450 974651

St Mary the Virgin, Week St Mary:

Lesley Booker: 01288 341221 Linda Cobbledick: 01288 341468

St Michael's, Bude Haven:

Penny Heard 07825 266580

Our Lady & St Anne's, Widemouth Bay:

Contact Judy MacDonald: 01288 362254

St Winwaloe's, Poundstock:

Contact church member Barry Smith: 01288 361716

Stratton Deanery website: www.strattondeanery.co.uk/

Editor of *Voices Together*:

Clare Hicks, Trelowen, Lynstone, Bude EX23 0LR.
01288 352726; claremhicks@gmail.com

Copy deadline for **September** issue—

By **Friday August 21st** please

ELECTRONIC COPIES OF *VOICES TOGETHER*

If you would like to receive a copy of this magazine please email Lesley Booker: lesleybooker@gmail.com

FROM THE RECTOR:

Dear Friends,

THE CRACKED POT

A water bearer in China had two large pots, each hung on the ends of a pole which he carried across his neck. One of the pots had a crack in it, while the other pot was perfect and always delivered a full portion of water. At the end of the long walk from the stream to the house, the cracked pot arrived only half full.

For a full two years this went on daily, with the bearer delivering only one and a half pots full of water to his house. Of course, the perfect pot was proud of its accomplishments, perfect for which it was made. But the poor cracked pot was ashamed of its own imperfection, and miserable that it was able to accomplish only half of what it had been made to do.

After two years of what it perceived to be a bitter failure, it spoke to the water bearer one day by the stream. "I am ashamed of myself, because this crack in my side causes water to leak out all the way back to your house."

The bearer said to the pot, "Did you notice that there were flowers only on your side of the path, but not on the other pot's side? That's because I have always known about your flaw, and I planted flower seeds on your side of the path, and every day while we walk back, you've watered them. For two years I have been able to pick these beautiful flowers to decorate the table. Without you being just the way you are, there would not be this beauty to grace the house."

If you feel more like the broken pot, and you focus more on your flaws, why not try focusing on all the beauty and grace that you bring to this world. If as you read that last sentence you have just thought "I don't", then write down three things every day that you have done to help others. Very soon you will begin to see how, like the broken water pot, you too can make a difference in this world. And remember as well, that the Bible says you are **"fearfully and wonderfully made."** *Psalm 139 verse 14*. And God doesn't make mistakes!

Every blessing

Revd David Saunders

Sponsoring Voices Together

Please would you consider sponsoring our magazine? It is partly through the generosity of our readers that we are able to keep the magazine free of charge. Any amount, small or large, will be gratefully received. For more information please contact Heather Whitlock on 07771 964672 or Clare Hicks on 01288 352726.

INCLUSIONS FOR THE WEEKLY PEW SHEET

To have your Notices included in the Pew Sheet please contact Sue Shadrack on 07450 974651 or email her at s.shadrack79@gmail.com before Tuesday evening if possible.

**To advertise in this magazine
please contact Heather Whitlock on 07771 964672**

AN IMPORTANT MESSAGE FROM SUE SHADRICK

HELP NEEDED PLEASE!

Sue says: I will be away from September to December so will not be able to update the Pew Sheets each week. If you would like to take it on, either temporarily or even on a more permanent basis, please chat to me on 07450 974651 or s.shadrack79@gmail.com

Thank you
Sue

Why not lend your copy of this magazine to a neighbour or friend when you have finished with it?

Dates for your AUGUST Diary:

- Mon 3rd: MU branch meeting, Stamford House 2 pm
- Fri 7th: Benefice Beetle Drive, in aid of the Quiet Garden,
St Michael's 7 pm see page 8 for details
- Sat 8th: Mushroom Workshop, Poundstock Gildhouse 2 pm see p10
Cream Tea, the Old Rectory, Whitstone 2.30 pm see p 8
Safari Supper, Week St Mary see p 25 for details
- Sun 9th: Blessing of the Sea, Bude lock gates see p 8 for details
- Thur 13th: Benefice Prayer Group, St Michael's 10 am
- Sun 16th: Cream Tea, Poundstock Gildhouse 2.30 pm see p 10
- Mon 17th: Marhamchurch Revel, 2.30 onwards see p 23
- Thur 27th: Benefice Prayer Group, St Michael's 10 am
- Fri 28th: Pop up Pub, Poundstock Gildhouse 7 pm see p 10
- Sun 30th: Lifeboat Songs of Praise, St Michael's, Bude 4 pm see p 8

Dates for your SEPTEMBER Diary:

- Tues 8th: Adventure Church, Week St Mary 4.30 pm
- Thur 10th: Benefice Prayer Group, St Michael's 10 am
- Sat 19th: Mushroom Workshop, Poundstock Gildhouse 2 pm see p10
- Thur 24th: Benefice Prayer Group, St Michael's 10 am
- Fri 25th: Pop up Pub, Poundstock Gildhouse 7 pm see p 10

Dates for your OCTOBER Diary:

- Fri 9th: The Countrymen, Week St Mary church 7.30 pm

Regular Group Meetings:

Tuesday afternoons: Week St Mary Adventure Church next meeting in September when school resumes

Tuesday evenings: Bible Study St Marwenne's house group is taking a break and will resume in September

Wednesday mornings: Coffee & Chat, The Bray, Marhamchurch 10.30-noon

Every Wednesday: Poundstock Gildhouse is open 10 am—4 pm

Wednesday mornings: Bible Study at St Michael's, 11.15 am

Alternate Thursday mornings: Benefice Prayer Group, St Michael's 10.00

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Hall from 12 noon**

TBA

All most welcome

**Sue Edwards
01288 341083**



**Week St Mary
Happy Memories Memory
Café**

**2.30—4.30 pm in church
Refreshments**

No meeting in August

**All welcome
Contact: Lesley Booker
01288 341221**

C A M E O
Come And Meet Each Other

No meeting in August

**Join us for tea, cake & chat
contact:**

**Linda Cobbledick
01288 341468**



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**Bude Coast and Country Benefice
Event**

Beetle Drive



St Michael's, Bude Haven

Friday 7th August

at

7.00 pm

Ticket £6 to include refreshments

In support of the Quiet Garden at Poundstock

Contact: Penny 07825 266580

Blessing of the Sea



Sunday 9th August

3.00 pm

at the Lock Gates, Bude

**Processing from St Michael's Church
at 2.45 pm**

**In attendance
Bude Metric Band
Lifeboat crew
Coastguard crew**



**Collection for St Michael's Church
Bude RNLI & Bude Metric Band**

Cream Tea

August 8th 2026

at the

**Old Rectory,
Whitstone**

2.30 – 4.30

£5 entry

**a joint event in support of
the churches of
St Anne's Whitstone
and St Swithin's, Launcells**

St Michael & All Angels, Bude Haven

 **Lifeboat Day**

"Songs of Praise"

Sunday 30th August
4.00 pm
with
Bude Metric Brass





Benefice prayer group

I read this article the other day:

"When I woke up this morning, I asked myself: What is life about?"

I found the answer in my room

The fan said, "Be cool"

The roof said, "Aim High"

The window said, "See the world"

The clock said, "Each minute is precious"

The mirror said, "Reflect before you act"

The calendar said, "Be up to date"

The door said, "Push hard for your goals"

The floor said, "Kneel down and pray and be thankful to God for what we have."

So, in all things, be thankful that God is our saviour and light in this dark world.

As the prayer group continues to grow, we invite anyone who is weary and downhearted, or who just wants to be present, to come and experience the wonderful healing power of prayer.

The prayer group continues to meet at 10 am on alternate Thursday mornings at St Michael's Church, Bude

The next meetings will be on the:

13th Aug

27th Aug

10th Sept

24th Sept

Praying we see you there. Sue Shadrick: 07450974651.

Penny Heard: 07825266580

Hear Ye! Poundstock Gildhouse

A Proclamation of Events for August and September 2026

Be it known to all good folk that the Gildhouse at Poundstock shall be open on the days here set forth, with gatherings and occasions to be held throughout August and September.

The Gildhouse will be open every Wednesday for visitors from 10.00am to 4.00pm, as usual, with tea, coffee and biscuits available (Donations appreciated)

AUGUST 2026

- Open to the public every Wednesday, 10.00 am to 4.00 pm. Free entry, with tea/coffee and a biscuit available.
- Saturday 8th August, 2pm-6pm. Mushroom workshop. See <https://atlanticfunni.com/pages/workshops> for details including times and prices.
- Sunday 16th August. The famous Poundstock Gildhouse Cream Tea. 2.30pm to 4.30pm. £5 per person.
- Friday 28th August. 7pm to 11pm. Pop-up Pub with music. Vic's food van will be on site.

SEPTEMBER 2026

- Open to the public every Wednesday, 10.00 am to 4.00 pm. Free entry, with tea/coffee and a biscuit available.
- Saturday 19th September, 2pm-5pm. Mushroom workshop. See <https://atlanticfunni.com/pages/workshops> for details including times and prices.
- Friday 25th September. 7pm to 11pm. Pop-up Pub with Open Mic night hosted by Ben Banford. Vic's food van will be on site.

Upcoming Events

Watch this space, the Poundstock Gildhouse Facebook page and website for upcoming events including (All subject to confirmation nearer the time)

Pop-up restaurant with tasting menu with a renowned local chef.

24th and 25th October Annual Food and Craft Fayre with the Pumpkin Festival. Please contact Maria on 07428161323 or maria_stopher@yahoo.co.uk for more information or to book a food or craft table. Each 6ft x 3ft table is £30 for the 2 days.

West Gallery music event with local choir

Parking notice: If you are attending an event at the Gildhouse, please park in the church car park up the hill. The limited parking in front of the Gildhouse should only be used for unloading, drop-off/pick-up, or by those with mobility issues.

Paul & Robin

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Zoom services: for details of any other zoom services scheduled for the month in the Benefice, please see page 26.

PLEASE NOTE: SERVICES MAY CHANGE—check pew sheets/ local information/ACNY website.

Readings may be adapted for particular services

SERVICES FOR AUGUST

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Sunday 2nd 9th after Trinity	Isaiah 55: 1—5	09.30	Holy Communion	BH	DS
	Romans 9: 1—5	10.00	All Age Worship	WSM	WL
	Matthew 14: 13—21	18.00	Evening Prayer	M	WL
Wednesday 5th		08.30	Morning Prayer	Zoom	LMB
		10.00	Holy Communion	BH	DS
Sunday 9th 10th after Trinity	I Kings 19: 9—18	09.30	Holy Communion	M	DS
	Psalms 85: 8—13	09.30	Morning Prayer	P	WL
	Romans 10: 5—15	11.15	Holy Communion	W	DS
	Matthew 14: 22—23	15.00	Blessing of the Sea	Lock gates	DS
		18.00	Evening Prayer	WSM	WL
Wednesday 12th		08.30	Morning Prayer	Zoom	DS
		10.00	Holy Communion	WB	DS
Sunday 16th 11th after Trinity	Isaiah 56: 1. 6—8	09.30	Holy Communion	BH	DS
	Romans 11: 1—2a. 29—32	09.30	Morning Prayer	M	WL
	Matthew 15: [10-20] 21—28	11.15	Holy Communion	WSM	DS
Wednesday 19th		08.30	Morning Prayer	Zoom	DS
		10.00	Holy Communion	BH	DS
Sunday 23rd 12th after Trinity	Isaiah 51: 1—6	09.30	Holy Communion	M	RD
	Romans 12: 1—8	09.30	Holy Communion	P	TBC
	Matthew 16: 13—20	09.30	Morning Prayer	W	WL
		10.00	Morning Prayer	WSM	WL
		11.15	Holy Communion with Baptism	BH	RD
Wednesday 26th		08.30	Morning Prayer	Zoom	WL
		10.00	Holy Communion	WB	RD

SERVICES FOR AUGUST & beginning of SEPT continued

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Sunday 30th 13th after Trinity	Jeremiah 15: 15—21	10.30	BENEFICE	W	RD
	Romans 12: 9-end Matthew 16: 21-end	16.00	COMMUNION RNLI Songs of Praise	BH	RD
Weds 2nd SEPTEMBER		08.30	Morning Prayer	Zoom	WL
		10.00	Holy Communion	BH	RD
Sunday 6th 14th after Trinity	Ezekiel 33: 7-11	09.30	Holy Communion	BH	DS
	Romans 13: 8-end	10.00	All Age Worship	WSM	WL
	Matthew 18: 15-20	18.00	Evening Prayer	M	WL
Weds 9th		08.30	Morning Prayer	Zoom	LMB
		10.00	Holy Communion	WB	DS

KEY: CHURCHES: BH = Bude Haven LEADERS: DS = Rev David Saunders
M = Marhamchurch RD = Rev Rob Dickenson
P = Poundstock RWS = Rev R Ward-Smith
WSM = Week St Mary JT = Rev J Terry
W = Whitstone WL = Worship Leader
WB = Widemouth Bay MM = Methodist Minister
LMB = Lesley Booker (WL)

OUR DEANERY PRAYER

O generous God,
You invite your people to discover the Kingdom
And grow the church;
Give us, then, the courage, the strength and the vision
To share in the mission and ministry
Of your Son
That with the Lord of the Church
We may be, truly, the Church of the Lord. Amen



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JOURNEYS

This may be a time of year when we travel on holiday or can get outside and enjoy the great outdoors more easily.

Take a look at Paul's missionary journeys. His journeys and adventures across land and sea link us with the journey of the Christian life and the spread of the Christian Church across the world, and help us to think how the kingdom of God is at work in different places.

Paul travelled all over the Mediterranean to tell people about Jesus. The story of Paul's 3 Missionary journeys can be found in the book of Acts in the New Testament of the Bible. On one, he was shipwrecked. His final journey took him to Rome where he was executed for his beliefs. The New Testament also contains his many letters to the early churches he founded on his journeys.

There are animated versions of his journeys on YouTube

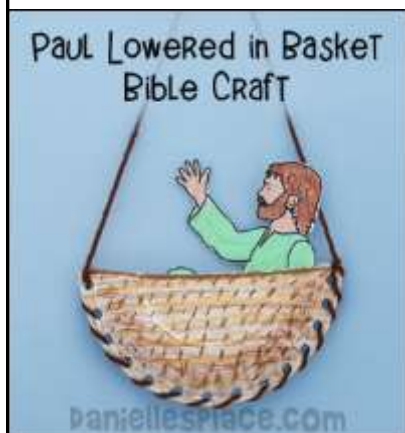


Prayer: Lord Jesus, thank you for inviting us on a journey with you. Help us to know you're with us wherever we go. And even if we have adventures like shipwrecks, snakes, prison and riots, let us carry on sharing your love with everyone we meet AMEN

Crafts



Glueless Chains -Paul and Silas in prison



Paul's conversion collage



Chain People

Mary Tilzey



Poundstock Quiet Garden

Plans for the quiet garden are coming along very well. The bridge is almost finished, and work on the land will commence as soon as additional funds become available.

In the meantime, fundraising for the quiet garden is well underway, with the first quiz night held at the Gild house on the 10th July—a photo is on p 24. Thank you to those who supported the evening. Great fun was had by all. A total of £233.84 was raised. A good start for the garden. The next fundraising event will be at St Michael's with a Beetle drive. Your support for these fundraising events is so important to the garden's development, and we hope you will continue to support us.

Bradford's Building Supplies have agreed to sponsor a small digger to clear the land, and Mitchell's Maintenance Services are willing to give their time to help clear it. A local farmer has also agreed to take any debris collected from clearing the area.

Dr Sarah Willoughby, the environmental officer for the Diocese of Truro, visited the site and gave us valuable tips on planting and eradicating the winter heliotrope, which has taken over a large part of the bottom of the garden near the stream.

We have begun to appeal for plants, time, and money for this project, so if you have any spare plants you would like to donate, or wanting to help in any way, please speak to Rev David.

For money donations, the following bank account can be used

Name: Poundstock PCC

Account No: 00091336

Sort code: 30-91-41

Reference: Quiet garden

Penny Heard



WEEK ST MARY ADVENTURE CHURCH

Every Tuesday in term time at 4.30 pm
Adventure church recommencing 8th September
Week St Mary Church



Week St Mary Lunch Club

Week St Mary church
12 noon
Bookings: 01288 341221
No meeting in August



WEEK ST MARY LEGO CAFÉ

Week St Mary church with breakfast from
9.30—12 (breakfast till 11.30 am)
No meeting in August

A note from the Editor:

Copy deadlines for 2026 issues of *Voices Together* are:

September: August 21st

October: September 18th

November: October 16th

December: November 20th

Tips from Poll's Garden for August



August is usually one of the hottest months of the year, but after the heat of July I'm beginning to wonder? Try to use grey water wherever possible, especially as water butts may be running low as it has been a dry summer. August is traditionally holiday time, so you might need to enlist the help of friends and family to look after the garden while you are away. When you are at home, take the time to prune wisteria and summer-flowering shrubs such as lavender once they've finished flowering

Prune wisteria: Wisteria needs regular pruning to keep the growth and size under control, but it will also improve the flowering display. Although it seems complicated, wisteria pruning is quite easy.

Summer prune trained apples and pears: Summer pruning is mainly for apples and pears trained as cordons, espaliers, fans, pyramids and stepovers. It allows sunlight to ripen the fruit and ensures good cropping next year.

Deadhead flowering plants regularly: Remove spent flowers once they start to look scruffy. The simplest method is to just pinch off the faded blooms, or snip back to the first leaf below the flower for a neater finish.

More jobs for this month:

1. Water containers and new plants, preferably with grey recycled water or stored rainwater
2. Collect seed from garden plants
3. Harvest sweetcorn and other vegetables as they become ready
4. Cut out old fruited canes on raspberries
5. Lift and pot up rooted strawberry runners
6. Keep ponds and water features topped up
7. Improve the soil with green manures

But take time to enjoy the breeze when it's possible. Happy holidays.

Poll



MARHAMCHURCH REVEL

A PAGEANT OF OLD ENGLAND



**Monday, 17th
August, 2026 2.30 p.m.**

THE PICTURESQUE CEREMONY OF
**FATHER TIME
CROWNING THE QUEEN**

WHO THEN RIDING A WHITE HORSE LEADS A PROCESSION AROUND THE
VILLAGE, FOLLOWED BY HER MAIDENS AND DANCERS

CORNISH CREAM TEAS WILL BE SERVED BY THE LADIES
OF THE VILLAGE IN THE BRAY INSTITUTE FROM 2.30 P.M.

FLORAL ARRANGEMENTS in the CHURCH by Ladies of the Church

AFTERNOON ENTERTAINMENT ON THE REVEL FIELD

Barrel Morris Dancers, Ukulele Band,
Entertainingly Different, Children's Sports,
Smash the Crockery Stall, Plant Stall,
Tombola, Food Tent, Skittles, Books,
Guess the weight of the pasty,
Guess how many balloons in the tractor
CJ's Dance Group,
Aunt Sally,
Hook a Duck,
Splat the Rat,
Cake Stall.



REVEL GRAND DRAW - 4.45 p.m. 1st Prize - €100.00

Tickets available from the Village Shop
and The Buller Arms or on the day

PRAM RACE

6.40 p.m. - Competitors assemble
outside the Bullers Arms

6.50 p.m. Judging of the Decorated Prams

7.00 p.m. Races around the Village for
Junior and Senior Competitors.

NO WATER BALLOONS PLEASE due to
the plastic waste concerns, super soakers are
fine but please NOT for the Junior Pram Race

LIVE MUSIC

8.00 p.m. - The Bullers Arms

ENTRY TO REVEL FIELD WITH SOUVENIR PROGRAMME*

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Poundstock quiz night in aid of the Quiet Garden



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07771 964672

WEEK ST MARY CHURCH

**SECOND SATURDAY OF
EACH MONTH**

LEGO CAFE

**Cooked Breakfast
from 11.30 am**

**FREE Lego until
12pm**

ALL WELCOME

**NO MEETING IN
AUGUST**

WEEK ST MARY CHURCH SAFARI SUPPER

8TH AUGUST

Reception: Little Trees, 13 The Glebe

Starter: Denleigh, 5 The Glebe

Main Course: The Church

Dessert: Red Lion House

Coffee and Cheese: Tudor House

BOOKINGS 07967 684823

START TIME 6.30 OR 7 PM

ADULTS £20

PRIMARY £5

11-15 YRS £10

UNDER 5'S & ADVENTURE CHURCH FREE

Services on zoom

We will continue Zoom Services for as long as there is a demand for them. If there are any types of service other than Sunday morning prayer, Family Service or Holy Communion and Wednesday morning prayer that you miss and would like to see especially on Zoom either regularly or as a one off, please let me know and I will see what can be done.

Lesley Booker lesleybooker@gmail.com

For times of all church services for the month please see pages 14 and 15. Each Sunday there will be a "zoomed" service and Morning Prayer on Wednesdays will be on zoom at 8.30 am.

St Marwenne's House Group

The aim of the group is about growing in discipleship. It meets every Tuesday at 7 pm. Contact Janet Ward on 01409 255759 or email her at janetmwuk@gmail.com for more details.

Advertising in *Voices Together*

If you run a business and would like to advertise in this magazine, please contact Heather Whitlock on 07771 964672.

If you are a not-for-profit local group or organisation and would like to put a one-off advert in for an event or similar, please contact Heather as above or the Editor (contact details p 2). We would ask for a small donation, depending on the size required. Adverts accepted at Editor's discretion. Thank you.

A Prayer for our Times

Loving God, I place into your hands:

all my fears about the state of the world;

all my despair at the violence within the world;

all my concerns about the fragility of the
environment;

all my worries about my own life.

Loving God, I place into your hands

today, tomorrow and all time Amen

