

The Parish Magazine

for the Seatallan Benefice

Gosforth & Wasdale

Beckermet, Calderbridge & Seascale



July & August 2026

connecting our communities

£1

Seatallan Benefice Directory

Rector – Revd Philip Dorling
philipdorling123@btinternet.com
01946 725102 (m. 07500 239684)

Associate Priest:

Revd Jonathan Falkner falcon626@btinternet.com 01946 721852

Readers:

Rosalind Amey 01946 820426

Sheila Falkner falcon626@btinternet.com 01946 721852

Churchwardens:

Gosforth

Norma Hughes normahughes768@gmail.com 01946 725366

Ann McKenzie annatfellside@yahoo.co.uk 01946 725700

Malcolm Richardson malcolmrichardson@btinternet.com 01946 841560

Alister Harlow (Asst.) ali@harlow.me.uk 07947 146631

Nether Wasdale

Rachel Putnam raquelhuge@gmail.com 01946 726362

Margie Simper 01946 726285

Wasdale Head

wasdalehead.church@gmail.com 01946 725725

Beckermest

Ben Whiteley benofyorkshire@gmail.com 01946 841591

Ben Strain benstrain@btinternet.com 01946 841595

Calderbridge

Annette Crayston

Sarah Millard blennerhazel@hotmail.com 01946 725365

Seascale

Jim Geering jim.sheila.geering@gmail.com 01946 727380

Joyce Roberts joyce.roberts3576@gmail.com 01946 728655

(continued)

Seatallan Benefice Directory

(continued)

Safeguarding Officers:

Gosforth, Wasdale & Calderbridge – Steven & Susan Round
(safeguarding.gosforth.wasdale@gmail.com) 01946 841626
Beckermet - Julia Lee 01946 841603
Seascale - Mary Waterhouse waterhousea4@aol.com 01946 727641

Bookings for –

St Mary's Room, Gosforth - David & Jill Falkner 01946 725720
Old School, Nether Wasdale - Inigo Ford 01946 726013

Benefice Magazine:

Editor - Norma Hughes normahughes768@gmail.com 01946 725366
Advertising & Distribution – Michael & Karen Warmoth 01946 725640
mwarmoth17@yahoo.co.uk

All copy for the magazine needs to be with the Editor by the 15th of the preceding month, by email if possible.

~~~~~

## FROM THE SEATALLAN PARISH REGISTERS

Occasional Offices conducted between  
the 9<sup>th</sup> May 2026 to the 10<sup>th</sup> June 2026

### BECKERMET

No Occasional Offices known

### CALDER BRIDGE, PONSONBY and OLD CHURCH

No Occasional Offices known

### SEASCALE

No Occasional Offices known

### GOSFORTH, NETHER WASDALE and WASDALE HEAD

1<sup>st</sup> June 2026 Beneta Livesey Funeral – Crematorium

## **'What's it all about?'**

If you are anything like me, you will have asked yourself more than once, recently, 'What's it all about?' I'll put it simply: the news has been so full of confusing stories for so long, I am not sure anyone anywhere has much of a clue what is going on, less still about what to do to make things better. To me, it all feels like too much, and I find myself wondering where all this 'pressure' has come from, and why all this is happening now? Maybe we have lost sight of a good reason to be alive. Maybe we need to take stock again, on a level that is above house prices, economics and politics. Maybe we need to ask again – 'What is life for?'...

There are lots of different ways of looking at life. For many people it is all about being 'happy'. Surely if everyone was happy, the world would be a better place? Well, 'Yes'... but how do we measure happiness? Where does the 'real thing' come from, and is it, on its own, enough to give life real meaning? In the modern world, 'happiness' is often associated with having enough money to buy the things that we think we need. But this kind of 'happiness' comes at a real cost. The world we live in is finite. We cannot all expect to find our 'happiness' by endlessly consuming things. The problem is that while we, in the West, have too much of everything, some people have almost nothing at all. The result is the ugly upheaval we live in today, as ideological wars and environmental problems mean that people all over the world are moving, in search of much more basic things than 'happiness'. Perhaps our planet is too small for 'happiness' to be a healthy reason to live.

When my son Freddy was 14, I remember a lovely summer when he seemed to be content taking photographs of the world around us... of bumble bees collecting pollen, of grass in flower, of light sparkling on the surface of a river. I still think about them sometimes - even now. They were...and I suppose still are somewhere...photographs of the cosmic, and grace-filled, 'ground level' of our existence - the level which makes a person 'wonder' at life, and want to 'sing out' in praise and love for its...Creator. A wonderful reason to celebrate. It is all out there 'buzzing away' right now. Be sure not to let the wonder of the summer pass you by!

And then there are people. Meet them, and get to know them! They can be awkward, and wrong, and selfish, and clever...and they can be so stupid! But amazingly, they can also be so funny...and loveable. We can be loved. How would you know who you were if you had no relationships... if you had never met another person? A better reason to be alive, than simply being 'happy', is to be loved. It makes us 'real'. I refuse to believe that our universe is simply a chance-filled 'race track', where we all compete for a prize called 'happiness', which we then boast

about on Facebook or Instagram. I believe life is like a Theatre Stage. On this 'Stage', love for God and his creation can be born. That is what life is all about... it is about giving birth to love for God's sake.

...But in a world where so many people are 'hell-bent' on 'happiness', no matter what it costs, how can love win through? The amazing thing is that love can grow where happiness cannot. It is much stronger. Love can emerge amidst disappointment, hardship, desolation and chaos. Love is a pioneer in situations that need a fresh start. The life, death, and resurrection of Jesus Christ show us that love is the first flower to bloom where God's creation is being renewed. I don't think Jesus was a 'happy' person - I think he was a beautiful, and eternally loving one. We need to try to remember this in our time. Clearly it is God's way.

In the end, when we look at our lives, and wonder what they are all about, we must ask ourselves, not how we can be 'happier', but how we can be less self-centred and sin filled...and simply more loving. Travel, holidays, work, and great experiences may bring us a fleeting glimpse of 'happiness', but they don't 'save' us from anything. Love does. God's Creation is 'The Stage' onto which love is born. We must look after it because, surely, this is the whole point of life.

*Reverend Philip*

## **SOUTH CALDER MISSION COMMUNITY PRAYERS**

These continue to take place on Zoom every Thursday morning at 9.30am and last about 20 minutes. Everyone is welcome to join us. Please contact Jonathan Falkner on 01946 721852 for an invitation on Zoom.



## **COFFEE, CAKE & CHAT (The Three C's) – 10.30 – 12 noon**

These will continue through the summer months, meeting on **Thursday 2<sup>nd</sup> July** and on **Thursday 6<sup>th</sup> August** (the first Thursdays of the month).

Everyone is most welcome to come along for a chat and a drink and enjoy a selection of delicious homemade biscuits and cakes. There is no charge, but if you would like to make a donation our charity in July will be the local Foodbank and in August, Calderwood House in Egremont.



- Modern exhibitions
- Relaxing grounds
- Multi-sensory experience
- Family friendly
- Parking available at nearby Dalegarth station
- Boot village, Eskdale CA19 1TG



Open Sundays -Thursdays  
10:30 -16:30  
[www.eskdalemill.co.uk](http://www.eskdalemill.co.uk)  
01946723335

A 16th century water corn mill with original working machinery, interactive exhibitions and more!

A unique experience with something for everyone.



LAKE DISTRICT NATURAL PRODUCTS

**We sell and deliver :**

Kiln Dried Softwood & Hardwood, Kindling ,  
BSL Virgin Woodchips, BSL Wood Pellets  
Smokeless Fuel, Hotmax Fuel Logs  
Firelighters

**Waste recycling services**

- For green/brush garden waste and timber
- Peat free compost
- Screened topsoil
- Decorative bark and woodchip
- Sawdust

West Coast Composting Ltd  
Wilson Pit Yard, Wilson Pit Road  
Whitehaven  
CA28 9QJ

**Tel: 01946 328008    Mobile: 07795113434**

**Email: [info@westcoastcomposting.co.uk](mailto:info@westcoastcomposting.co.uk)  
[www.westcoastcomposting.com](http://www.westcoastcomposting.com)**



**'Belonging' is a small group designed to help churches to build communities in which people can thrive, feel seen, heard and understood. We hope that it will lead to the formation of a regular home group for anyone that is interested in that form of discipleship.**

**'Belonging' is open to all and will happen in the homes of church members from across the Seatallan Benefice of churches. At present the sessions are mostly happening at the Rectory in Gosforth.**

**Do come along if you are interested.**

**Each session will begin at 7pm.**

**For more information please ring the Revd Philip Dorling on**

**07500 239684**

**or email him on**

**[philipdorling123@btinternet.com](mailto:philipdorling123@btinternet.com)**

## **THE LOCAL FOODBANK**

Just a reminder to everyone that the local Foodbank (ours is Egremont) is still very much in need of our support, especially with the school summer holiday coming up and children requiring lunches at home. There are collection boxes at the back of most of our churches and the food donated is collected regularly and taken to the foodbank.

Food is usually collected from Wasdale and Gosforth on the 3<sup>rd</sup> Friday of the month.



# **GOSFORTH AGRICULTURAL SOCIETY**

Registered Charity No. 116889

*Rules & Regulations  
and  
List of Premiums & Prizes*

Offered by the Society at the

## **ANNUAL SHOW**

on

**Saturday 15<sup>th</sup> August 2026**

**Entries close on 18<sup>th</sup> July 2026**

Secretary:

**Julia Watson, Field Croft, Carleton, Holmrook. CA19 1YT Tel: Mobile: 07856162428**

E-mail: [gosforthshow@hotmail.com](mailto:gosforthshow@hotmail.com)

[www.gosforthshow.co.uk](http://www.gosforthshow.co.uk)

**Celebrating 150 Years  
1876-2026**

Apply to the Secretary for Horticultural, Handicraft, Poultry or Vintage Machinery Schedules or visit the  
Gosforth Show Website



150th  
**GOSFORTH**  
*Agricultural Show*  
Saturday 15<sup>th</sup> August

**BEN ATKINSON**  
Spectacular Equestrian Stunt Show

- 🌾 Livestock
- 🌾 Horses
- 🌾 Handicrafts
- 🌾 Produce
- 🌾 Dogs
- and much more!

Full schedules available at  
[www.gosforthshow.co.uk](http://www.gosforthshow.co.uk)

#GosforthShow #CumbriaEvents



Carpets  
Vinyls  
Laminates  
Hardwoods



**FLOOR  
COVERINGS**  
**CUMBRIA**

www.floorcoverings-cumbria.co.uk

**SHOP AT HOME SERVICE**

FCC offers a superb range of quality floor coverings at very competitive prices, together with impartial advice and unrivalled service

**£25 DISCOUNT  
ON ORDERS OVER £250**

Not to be used in conjunction with any other FCC discount, offer or promotion

Call Roger Lomas on  
**019467 25552**  
today to arrange a no-obligation  
appointment daytime, evenings  
or weekends

**Topshop, Beck Garage, Gosforth  
Cumbria CA20 1EJ**

**CARPET CLEANING  
CARPET EDGING SERVICE  
COMPETITIVE PRICES  
FULL FITTING SERVICE  
FREE ESTIMATES**



## SEASCALE METHODIST CHURCH NEWS

### Wednesday Outreach

The next Tea and Chat will be on Wednesday 1<sup>st</sup> July when we will be having an open meeting with a Strawberry Afternoon Tea (please see the separate notice below).

The August Tea and Chat will be on Wednesday 5<sup>th</sup> August at 2.30pm. We remember all our members who are not able to join us at meetings at present.

All are welcome to join us at our meetings.

### Tea Services

The July Tea Service will be on Wednesday 15<sup>th</sup> July at 2.30pm and will be led by Jim Geering. Our offering will be for The Mission to Seafarers.

At the Tea Service on Wednesday 19<sup>th</sup> August at 2.30pm we look forward to a first visit from Deacon Samm Morris.

We would be pleased to welcome any visitors who would like to join us.

### Strawberry Afternoon Tea Wednesday 1<sup>st</sup> July 2pm – 4pm

#### Seascale Methodist Church Hall

Members of Seascale Tea and Chat invite you to join them at this meeting, which will be our fundraiser for this year's Cumbria Methodist Circuit charity, which is Cumbria Farming Community network.

*Jackie Folkes*

## NEWS FROM CALDERBRIDGE AND PONSONBY

### Church Services

5<sup>th</sup> July Ponsonby 9.30am Morning Prayer

19<sup>th</sup> July Old Church 3.00pm Evening Prayer

2<sup>nd</sup> August Ponsonby 9.30am Holy Communion

16<sup>th</sup> August Ponsonby 3.00pm Evening Prayer

### Summer Fair – Calderbridge Village Hall

**Saturday 18<sup>th</sup> July – 2.30pm**

**Homemade Afternoon Tea**

– Adults £10; Children £5

**Cake Stall, Raffle, Tombola, etc.**

**Everyone most welcome!**



*Eleanore Glaister*

## BECKERMET COMMUNITY NEWS

The months just seem to fly by as we are now half way through 2026. Where do the months go, as by the time you are reading this we will have enjoyed the longest day on June 21<sup>st</sup> which I am sad to say means that every day will begin to get shorter by just a couple of minutes each day, so make the most of the next few months especially any summer holidays that you have planned while we still have plenty of daylight hours to enjoy. We have certainly had some mixed weather of late, several weeks of brilliant sunshine with days where you would think we were in October or November. Hopefully the weather will be kind to us all especially with the summer break from school fast approaching for the younger members of our community.

No doubt you will all be looking forward to your summer holidays wherever that may be. In these turbulent times many will be taking their holidays closer to home to save money or due to the uncertainty of travel disruption due to the conflicts that are ongoing in various areas of the world. Wherever you go enjoy your time away with your families/friends. The vast majority of us are fortunate enough to have something or somewhere to look forward to going but for some this is not the case due to lack of finances while for others their situation is even worse living with the fear of war and all that entails. If you are one of the fortunate in this world, please think of others by either donating food items to the local food bank (**boxes in Reading Rooms & St John's Church**) or by donating to one of the many charities that are desperately trying to help those in greatest need at this moment in their lives.

### Reading Rooms

This facility continues to be at the heart of our community providing a venue that enables lots of different groups and functions to take place on a regular basis. All such events would not be possible if it were not for the numerous volunteers who give freely of their time to organise and run them. This is also true of the directors of the CIC who behind the scenes ensure that everything is in place to enable the building to be used by the public which is no easy task, not to mention raising sufficient income to keep it financially sustainable. Band nights are organised to bring in the finances to help with the cost of running the premises as well as hiring out the rooms to groups or individuals. The facilities are ideal for parties of all ages but especially for young children as there are no worries about cake or drinks being spilt at home carpets.

All events are advertised through the Reading Rooms and Village Facebook pages which give details of the various events and activities available. Please help support these activities in the Reading Rooms which will ensure that the village will have this facility for many years to come.

### **Coffee Cake & Chat in the Reading Rooms** (supported by the GDF)

Our weekly sessions on **Tuesdays from 9.30-11.30** and on **Thursdays from 1.30-3.30** continue to be very popular with an average of just over forty attending over the two sessions each week. These numbers include not just local residents but a growing number of people from further afield including walkers & passing cyclists and visitors to the area on holiday. It has been good to have the members of the GDF taking their turn behind the counter when they visit which has enabled our volunteers to sit and have a catch-up with our regulars and visitors. These sessions are a great opportunity to meet up with friends on a regular basis. We do not charge for the refreshments available but if you would like to leave a donation that would be gratefully received. Hope to see you in the near future if you haven't been before.

### **Beckermet Church Work Day**

On Saturday 6<sup>th</sup> June the Rev Philip Dorling, his wife Jackie, members of the PCC together with a number of volunteers from the village spent a very productive day giving the building a thorough internal clean which unfortunately did not go down well with the resident spiders. In addition to the internal cleaning the main wall and road had a good clean together with parts of the grounds. Work was also undertaken in clearing out the vestry in preparation for the installation of the new heating system which will enable us to once again use the church throughout the whole year. A great deal of work was achieved with many enjoying a sausage or two in a bun and a cuppa as a small reward for their hard work. We hope to have another such day again in the future so if you would like to join us then look out for the advert on Facebook and village notice board.

### **Afternoon Tea** (Wed 27<sup>th</sup> May 2-4pm)

An afternoon tea was held in the Reading Rooms which was well attended by 43 members of the community who enjoyed a number of games and took part in a raffle as well as their boxed tea from Emma's Bakes in Egremont. All dietary needs were catered for. We hope to arrange another sometime in September so if you are interested then keep an eye out for the advert.

### **Cumbria/Britain-in-Bloom**

This group of volunteers under the guidance and leadership of Claire Dunn have been very busy in preparation for the above. On Saturday 4<sup>th</sup> July- a final village task force ready for the Cumbria in Bloom judges arriving on Tues 7<sup>th</sup> July. Hopefully all their efforts will have paid off and they will have gained an award worthy of all the efforts they have put in. The annual village show takes place on Sat 11<sup>th</sup> July in the Reading Room. On Sat 1<sup>st</sup> August Josh MacAlister our local Member of Parliament is taking time to visit the village. A few days later on Wed 5<sup>th</sup> August the Britain-in-Bloom judges will visit our village to give their judgement on all the work that has gone into Beckermet's entry on behalf of Cumbria into this national event. Hopefully all their efforts will have pleased

the judges and they will achieve recognition for all their hard work that has gone on over many months. Whatever the outcome of both Cumbria & Britain-in-Bloom by the respective judging panels, I am delighted to say all their hard work has certainly benefitted the appearance of various areas of the village. Whatever the outcome a big thank you is due to Claire and all her volunteers for all that they have done to make our village a brighter and more attractive village for all.

### **Annual Hospice at Home Coffee Morning (Wed 26<sup>th</sup> August 10-12)**

Our annual fundraising coffee morning event this year will take place as usual in the Reading Rooms on **Wednesday 26<sup>th</sup> August** from **10-12**. Raffle tickets will be on sale prior to the date and also during the coffee morning. This event is now established as our way of helping raise funds for this special organisation who undertake fantastic work in our community at a time when people most need help. Please support the raffle & if possible, come & join us on the day to help raise as much as possible for this great organisation.

### **St John's Services: - new start time 9.15am** (usually on 2<sup>nd</sup> & 4<sup>th</sup> Sundays).

Please note: -all services at St John's Church in Beckermert now start at the slightly earlier time of **9.15am** The dates of the services over the next three months will be, **12<sup>th</sup> & 28<sup>th</sup> July, 9<sup>th</sup> & 23<sup>rd</sup> Aug. & 3<sup>th</sup> & 27<sup>th</sup> Sept.** Haven't been to a service before, then why not come along. We will be delighted to see you and you will be made most welcome. Free refreshments are available after the service should you wish to participate.

### **Friday Quiz & Bingo Nights** (always on Fri Nights-in aid of St John's Church Beckermert)

**Quiz** nights are on **Fri 10<sup>th</sup> July, 7<sup>th</sup> Aug & 4<sup>th</sup> Sept** while **Bingo** nights are on **24<sup>th</sup> Jul, 21<sup>st</sup> Aug 25<sup>th</sup> Sept** all at the usual time of **6.30-8.30pm**. Everyone is welcome to attend wherever you live. Come along and sample one of these sessions which are often full of fun and laughter. The bar is available for both alcoholic, soft drinks and tea and coffee. Quiz teams of around 4 with prizes for the winning team but if you can't make a full team still come, as we will join you into one on the night. At bingo there are 10 houses to be played during the evening plus the 11<sup>th</sup> game and a raffle plus a prize for the lucky bingo book, all included in your entry of £10 (**entry fee for both includes tea/coffee & biscuits**).

### **Beckermert Village 50/50 Lottery**(now with **178** members with draw on 1<sup>st</sup> Tues of each month)

The latest draw on **Tuesday 7<sup>th</sup> July** saw the lucky winners sharing £260 between them. The final two monthly draws of the third year of our village will be on **Tuesday 4<sup>th</sup> Aug & 1<sup>st</sup> Sept.**

The annual subscription of **£25 for the 4<sup>th</sup> year** of this village activity will be due

prior to first draw on **Tuesday 6<sup>th</sup> October**. If you haven't been involved previously in our village lottery and would like to take part then contact me in September when subscriptions are due using the contact details at the end of this article. With the present numbers participating in the lottery, we are able to donate just over £2,000 each year to groups and or individuals to help them with their projects.

### **St John's Soup Lunches** (3<sup>rd</sup> Wednesday of the month)

The St John's Soup lunch on Wed 17<sup>th</sup> June was the last for a couple of months. The volunteers are having a well-earned break in July & August with the next soup lunch taking place on **16<sup>th</sup> Sept**.

### **Two Rivers Rock: - Wednesdays 6.30-7.30pm**

Two Rivers Rock are our local choir will be having a break over the summer months and will be starting back on **Wednesday 30<sup>th</sup> September**.

### **Youth Club Evenings: - on Mon & Thurs** evenings from **6-8pm**.

**Live Music Events** – See adverts on Reading Rooms & Village Facebook Pages

**Art Group:** -Mondays 10.00-12.00

**Yoga Group:** -Sundays from 10.30-11.30am

**Open Mic Nights:** -Wed **15<sup>th</sup> July, 19<sup>th</sup> Aug & 9<sup>th</sup> Sept** from **7.30-10.30pm** with bar open for refreshments

**Additional Details:** - available from **Beckermert Reading Room** or **Beckermert Village Facebookpages**

*John Mackay*

[john.mackay52@btinternet.com](mailto:john.mackay52@btinternet.com)

01946 841429

07912859480

## **COFFEE & TEA IN THE GARDEN AT NEW HALLSTEADS**

I would just like to say a big 'thank you' to everyone who came along to my garden open day. The sun shone and it was lovely and warm, in fact we appreciated the shade of the trees and a gentle breeze! It was just so nice to be able to sit and chat outside for a change.

As this was also a fundraiser for Gosforth Church and Churchyard, I'm pleased to say that the amount raised was just over £630. This amount included donations given by those who couldn't be there on the day.

Thank you all so much for your generosity.

*Norma*



# Looking for a nursery?



Full day care available from 7.30am  
for children aged 6 months - 4 years

Out of school provision for primary aged children  
(Breakfast, After School and Holiday clubs)

Contact us:

Gosforth C of E Primary School and Nursery

Tel: 019467 25800

Email: [nursery@gosforth.cumbria.sch.uk](mailto:nursery@gosforth.cumbria.sch.uk)

# J J HRYB

## Plumbing & Heating

Bathrooms, showers, wet-rooms

Underfloor heating

General plumbing requirements

Installation and servicing of gas,  
oil fired central heating and appliances



Irton, Holmrook, Cumbria  
tel: 019467 24175  
mobile: 07855 806637  
[john@hrybltd.com](mailto:john@hrybltd.com)

## NEWS FROM ST CUTHBERT'S SEASCALE

At St Cuthbert's we look forward to welcoming -

**West Lakes Windband and Setheria Brass** on Tuesday 14<sup>th</sup> July at 7.30pm

**Whitehaven Solway Shanty Crew** on Friday 17<sup>th</sup> July at 7.30pm  
Admission is free but donations welcome.

The windband concert will be a wonderful evening of instrumental music and we hear great reports of the singing of the Shanty Crew. I'm sure we have two musical treats coming up.

Hope to see you at one (or both) of these events!

*Mary Waterhouse*

## MOTHERS' UNION CELEBRATES 150 YEARS!



It has been decided that at our **Benefice Service** on 30<sup>th</sup> August, which will be held at St Mary's Gosforth, we will join together to celebrate the 150 years of the Mothers' Union, which started in a very small way in a vicarage in Kent and is now a worldwide organization covering all continents. It will also celebrate the work of the MU branches in this Benefice, most of which have now sadly closed, although some of the remaining members have now become Diocesan members.

Our speaker will be **Dr Deb Lee**, now living in St Bees, who is a Trustee on the Worldwide Board of the Mothers' Union. Deb's father was the Rev. Raymond Bowers, vicar of Gosforth and the Wasdales in the 1970s, and her mother Daphne was the MU leader at the time.

We hope that many will come along and join in this celebration which will be followed by a bring and share lunch in St Mary's Room. We might even be able to sit outside with our lunch if the sun shines!

**Benefice Service – Sunday 30<sup>th</sup> August – Gosforth Church - 10.30am  
followed by a Bring and Share lunch**

≡ DON'T LET OLD MEMORIES FADE ≡

# VIDEO TAPE TRANSFER

SAVE YOUR MEMORIES. SHARE FOR GENERATIONS.

We transfer your old video tapes to digital  
*So you can enjoy them forever.*



## WE TRANSFER FROM:



VHS

VHS-C

Hi8

Mini DV



## YOU RECEIVE:



USB DRIVE



DVD



DIGITAL FILES  
(MP4 FORMAT)

## WHY TRANSFER YOUR TAPES?



PRESERVE  
PRECIOUS MEMORIES



PREVENT TAPE  
DAMAGE & DETERIORATION



EASY TO SHARE  
WITH FAMILY



WATCH ANYWHERE,  
ANYTIME



MEMORIES  
THAT LAST

  
Bluebell Photo  
Scanning Services

Email: [enquiries@bluebellofficeservices.co.uk](mailto:enquiries@bluebellofficeservices.co.uk)

Mobile: 07795 578473

Website: [Bluebellofficeservices.co.uk](http://Bluebellofficeservices.co.uk)

We also offer  
**PHOTO  
Restoration**  
BRING YOUR MEMORIES BACK TO LIFE

# West Lakes U3A: Events Bulletin, July 2026

Queries regarding Events should be sent to:  
[westlakesu3a@gmail.com](mailto:westlakesu3a@gmail.com) or see the website



| Date                                                                                                 | Group                                                                                                            | Contact                                                                                      |
|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| Monday 6 <sup>th</sup> July                                                                          | <b>Cycling:</b> Gosforth Public Hall, 10 am                                                                      | John ☎ 019467 25831                                                                          |
| Mon 6 <sup>th</sup> / 13 <sup>th</sup> / 20 <sup>th</sup> / 27 <sup>th</sup> July                    | <b>Tai Chi ***</b><br>Gosforth Public Hall; 11.30 am                                                             | Michael<br><a href="mailto:westlakesU3A@gmail.com">westlakesU3A@gmail.com</a>                |
| Tuesday 7 <sup>th</sup> / 21 <sup>st</sup> July                                                      | <b>Ukulele</b><br>21 Gosforth Road, Seascale; 10.30 am                                                           | Contact Janet Hardy on<br><a href="mailto:janethardy36@gmail.com">janethardy36@gmail.com</a> |
| Wednesday<br>1 <sup>st</sup> July & 5 <sup>th</sup> Aug                                              | <b>History</b> Maurice Steele – Hadrian’s Wall<br>Drigg Village Hall; cost £2; 10.30 am                          | Vera<br>☎ 019467 25213                                                                       |
| Weds 1 <sup>st</sup> / 8 <sup>th</sup> / 15 <sup>th</sup> / 22 <sup>nd</sup> / 29 <sup>th</sup> July | <b>French Conversation</b><br>Kellbank, Gosforth; cost £4; 10.15 am                                              | James<br>☎ 07931 996742                                                                      |
| Weds 1 <sup>st</sup> / 8 <sup>th</sup> / 15 <sup>th</sup> / 22 <sup>nd</sup> / 29 <sup>th</sup> July | <b>Chair Based Exercises ***</b><br>Gosforth Public Hall, 11.30 am                                               | John<br>☎ 019467 25831                                                                       |
| Weds 1 <sup>st</sup> / 8 <sup>th</sup> / 15 <sup>th</sup> / 22 <sup>nd</sup> / 29 <sup>th</sup> July | <b>Indoor Bowls</b><br>Gosforth Public Hall; cost £3; 2 pm                                                       | John<br>☎ 019467 25831                                                                       |
| Tuesday<br>7 <sup>th</sup> July                                                                      | <b>Discussion of Current Affairs</b><br>The Kellbank; 10.45 am – 12 noon                                         | Bridget<br>☎ 07594 167575                                                                    |
| Thurs 2 <sup>nd</sup> / 9 <sup>th</sup> / 16 <sup>th</sup> /23 <sup>rd</sup> /30 <sup>th</sup> July  | <b>Moky Fit</b> with Shameem<br>Eskdale Village Hall; 11 am                                                      | Sherill<br>☎ 07484 384640                                                                    |
| Fri 3 <sup>rd</sup> / 10 <sup>th</sup> / 17 <sup>th</sup> / 24 <sup>th</sup> /31 <sup>st</sup> July  | <b>Folk Dancing ***</b><br>Gosforth Public Hall; 2 pm – 4 pm                                                     | Vera<br>☎ 019467 25213                                                                       |
| Tues 14 <sup>th</sup> July Theme: <b>Water</b>                                                       | <b>Photography</b><br>St Mary’s Room; 2 pm; cost £2                                                              | Nigel ☎ 07774 673461<br><b>Submit photos by Fri 10<sup>th</sup> July</b>                     |
| Monday<br>13 <sup>th</sup> July                                                                      | <b>Walking for strollers</b><br>2 mile stroll from 2 pm; <b>No dogs</b>                                          | Valerie<br>☎ 07796 527876                                                                    |
| Thursday<br>9 <sup>th</sup> July                                                                     | <b>Art Appreciation</b><br>Trip to Rheged: <i>Brilliance of Birds</i>                                            | Margaret<br><a href="mailto:Mbakerphoto999@gmail.com">Mbakerphoto999@gmail.com</a>           |
| Friday<br>10 <sup>th</sup> / 24 <sup>th</sup> July                                                   | <b>Intermediate Recorders</b><br>Santon Village Hall Supper Room; 10 am                                          | Marilyn ☎ 07817 499849<br><a href="mailto:smithybrow@icloud.com">smithybrow@icloud.com</a>   |
| Tuesday<br>21 <sup>st</sup> July                                                                     | <b>Family History Group</b><br>Santon Village Hall; cost £2; 10 am                                               | Hilary<br><a href="mailto:westlakesu3afhg@gmail.com">westlakesu3afhg@gmail.com</a>           |
| Thurs 2 <sup>nd</sup> – 10am<br>Weds 15 <sup>th</sup> – 2 pm                                         | <b>Treble recorders</b><br>Santon Village Hall Supper room                                                       | Marilyn ☎ 07817 499849<br><a href="mailto:smithybrow@icloud.com">smithybrow@icloud.com</a>   |
| Thursday<br>9 <sup>th</sup> / 23 <sup>rd</sup> July                                                  | <b>Advanced Recorders</b><br>Santon Village Hall Supper Room, 2 pm                                               | Marilyn ☎ 07817 499849<br><a href="mailto:smithybrow@icloud.com">smithybrow@icloud.com</a>   |
| Thursday<br>16 <sup>th</sup> July                                                                    | <b>Open Mind:</b> History of smoking foods<br>Gosforth Public Hall; cost £3; 10.30 am                            | Alan<br>Cost includes Chatty Lunch                                                           |
| Thursday<br>16 <sup>th</sup> July                                                                    | <b>Chatty Lunch</b><br>to follow Open Mind                                                                       | Vera ☎ 019467 25213<br><b>Pre-booking essential</b>                                          |
| Thursday<br>23 <sup>rd</sup> July                                                                    | <b>Reading – now vacancies</b><br>St Mary’s Room; cost £2; 10.30 am                                              | Norma 019467 25366<br><a href="mailto:normahughes768@gmail.com">normahughes768@gmail.com</a> |
| Tuesday 28 <sup>th</sup> July                                                                        | <b>NO Discovery in July and August</b>                                                                           | Ben ☎ 019467 24791                                                                           |
| Tuesday 28 <sup>th</sup> July                                                                        | <b>Out and About</b><br><i>Nell Gwynn</i> , Keswick Theatre; cost: tbc<br>Coach Seascale 9.15 / Gosforth 9.30 am | Vera ☎ 019467 25213<br><b>Pre-booking essential</b>                                          |

Gosforth Public Hall will be closed from 1<sup>st</sup> Sept:  
 events marked \*\*\* will transfer to Calderbridge Village Hall from September  
 2026 to end April 2027



# West Lakes WINDBAND



together with  
Sethera brass

INVITE YOU TO AN EVENING OF MUSIC

**Free Admission**

**Venue: St. Cuthbert's Church, Seascale**

**DATE: TUESDAY 14<sup>th</sup> July**

**TIME: 7:30 PM**

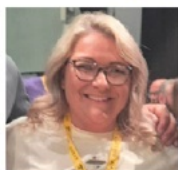
REFRESHMENTS AVAILABLE  
ANY VOLUNTARY DONATIONS WILL BE IN AID OF THE EGREMONT  
FOODBANK and St. CUTHBERT'S CHURCH

New members are always welcome so if you play woodwind, brass or  
percussion instruments, (or would like to dust them off and have a go), why  
don't you come along and see us for a chat on the night.



**Slimming World Egremont & Cleator Moor**  
Come and join our warm and friendly group and

**Feel Real Good.**



St Mary & St Michael's Church hall,  
Egremont

**Tuesday:** 5pm & 6:30pm

**Wednesday:** 7:30am & 9am

Civic Hall,  
Cleator Moor

**Thursday:**

9am & 10:30am

**Kelly: 07817 263 801**

**Slimming  
World**

## GOSFORTH SCHOOL NEWS



After giving their SATs 100%, the Year 6s enjoyed five days away on their residential. They travelled over to Scarborough on the Monday via Forbidden Corner, then enjoyed ten pin bowling. Tuesday was spent in York visiting the Minster, York Dungeons and York Castle Museum. Wednesday morning was spent at Eden Camp then back to Scarborough Castle then an evening in Whitby. Thursday morning was spent playing Footgolf then on to the Aquarium and finally the waterpark. The final morning was on the high ropes followed by a trip on the steam train. We were all exhausted when we arrived back at school but it was certainly a memorable experience for the pupils.

On their return, Year 6 began working on their social enterprise project for this year's Bright Stars initiative. They chose to support Calderwood House in Egremont by providing them with Kindness Kits which can be given to new residents. The kits included toiletries, a card and felted pocket heart. They held a sale of hand-crafted items to raise the money to fill the kits.

Sporting events have included some of the Year 5 girls competing in a Dynamo cricket tournament, Year 6 attending an all-day rugby event and also visiting St Bees School to experience Eton Fives. Some of our Year 2 pupils attended a Multi-sport event.

Transition is well underway for both our Year 6s, who leave us for secondary school, and our new starters for September. The Year 6s have had visits from some of their new staff members and will get to spend the day at their new schools soon. Our new starters have begun spending some time in school each Friday so they can familiarise themselves with their new setting.

We marked Healthy Eating Week in school with a non-uniform day. Children were asked to come into school dressed in the same colour as their favourite fruit or vegetable. Our SMSC Day this term saw us visit New Zealand. The sessions the children enjoyed were: Aboriginal Art, learning a traditional dance, hearing a traditional tale, learning about the wildlife and looking at the geographical features of the country. We feel that these days help our pupils become global citizens who understand how countries are connected through trade, travel, communication and environmental issues.

We have many more exciting things still to come including Sports Day, Gosforth's Got Talent, GosFest and a visit from Pet Encounter!

*Mrs S Layzell Assistant Headteacher*



ADAMS,  
READ &  
HOCKING  
FUNERAL DIRECTORS

Making a funeral as unique  
*as the life it celebrates*

Modern, private funeral homes  
in Cleator Moor and Egremont

Family run independent Funeral Directors  
providing a professional and caring service

Pre-paid funeral plans available

Telephone: 01946 810241

Office: Towerson Street, Cleator, CA23 3EL

[www.arhfuneraldirectors.com](http://www.arhfuneraldirectors.com)

*We're here when you need us most*

Proprietors: Joe & Jean Adams and Ross & Wendy Parke

## BECKERMET SCHOOL NEWS

In the first week back after half-term, Year 5 and 6 went on their residential to Hawse End. The weather wasn't kind to us on the first day but the children were undeterred as they mastered the skills of bushcraft and archery! Making beds was a challenge for some, but resilience won in the end! The sun came out on our second day for orienteering and team building. We enjoyed a packed lunch in the sunshine and finished our stay with a walk to the lake.

The whole school has been involved in geography fieldwork activities this half-term too. Year 1 and 2 enjoyed a visit to the park to look at different features in our village...they even had time for a play on the swings! Year 5 and 6 also did a village walk to collect data on the volume of traffic at different times of the day. They then decided what our village needs and are in the middle of carrying out more detailed studies around this.

This week, our Year 6 children spent the day at Carlisle Cathedral taking part in a range of lovely activities as they prepare for the transition to secondary school in September. They wrote prayers for the future, designed stained glass windows and even wrote a letter to their future selves!

All the children dressed in red, white and blue to celebrate England's first match in the World Cup. Each class held a mini tournament throughout the day with certificates awarded for excellent goalkeeping, outstanding effort, best team player and top goal scorer. The children had a great day! We are all now looking forward to a well-deserved summer holiday!

*Sue Alderson – Senior Teacher*

## GOSFORTH WI

Our next meeting will be on Tuesday, 7<sup>th</sup> July at 7.15pm in St. Mary's Room.

Our speaker will be Robert Steel and the topic is Uzbekistan which we are really looking forward to hearing about. Our competition this month is a 'scenic holiday photograph'.

If you are interested in joining us, please come along we're a friendly group, we love to welcome new Members.





# Brockbanks Solicitors



A Family Oriented Firm, Providing High Levels of Service & Attention to Detail

- Will writing & Probate Services • Accident Claims (no win, no fee)
- Buying and Selling a Property • Commercial Contracts & Leases
- Crime & Motoring • Employment • Family & Matrimonial
- Lasting Powers of Attorney

To make an appointment, please contact our Whitehaven office on  
(01946) 692194. Home visits also available.

COCKERMOUTH

01900 827222

MARYPORT

01900 813488

WORKINGTON

01900 603563

CARLISLE

01228 521383

Also KESWICK as Oglethorpe & Broatch 01768 772125

[www.brockbanks.co.uk](http://www.brockbanks.co.uk)





## The Strands & Screes Inn Strands Brewery

Nether Wasdale  
Cumbria



We look forward to welcoming you to The Strands.

Follow us on   to stay up to date on specials and local promotions - Sunday Roasts, Trivia Night and Entertainment

Blending Tradition, Comfort, Adventure with Warm Hospitality.

019467 26237 [info@thestrandsinn.com](mailto:info@thestrandsinn.com) [www.strandsandscrees.com](http://www.strandsandscrees.com)

## GOSFORTH LIBRARY

The internal plastering is complete and ceilings are dry enough for painting to have started and second phase electrics for the lighting is well under way. The electrical supply to the building has been moved and the chimney has been demolished and rebuilt allowing the last bit of roofing to be started. Colour schemes for the paint, floor coverings and seating have been chosen so that they can progress when the walls are dry enough and this should be soon. Our contact from Whitehaven Library has visited the site and planning for the refitting of the library has started. The current work schedule shows internal work completion by the end of July and re-opening in August.



*John Reed*

## MUNCASTER MICROBUS

Could you drive once a month for the Microbus?

Also looking for drivers to assist with a routine Gosforth to Seascale journey.

If you would like to volunteer as a driver or to book any journeys ring Gill on: 01229-717229

The Microbus can get you there even in these times of dwindling bus services

### Trips coming up are:

Whitehaven shopping trips every Tuesday and Thursday (Except Bank Holidays) – FREE if you have a NoW card bus pass.

Other Trips:

- Friday, 17<sup>th</sup> July - Egremont Farmers Market  
£3 donation to the market
- Wednesday 22<sup>nd</sup> July – Workington £8.50
- Saturday 25<sup>th</sup> July – 5 Lakes £13
- Saturday 8<sup>th</sup> August – Carlisle £11
- Saturday 15<sup>th</sup> August – Gosforth Show Shuttle TBC
- Friday 21<sup>st</sup> August – Egremont Farmers Market  
£3 donation to the market
- Saturday 22<sup>nd</sup> August – Skipton £13.50



# Miller's

## ROOFING SERVICES LIMITED

MILLERS ROOFING  
SPECIALISE IN  
PROVIDING HIGH  
QUALITY ROOFING  
INSTALLATIONS FOR  
RESIDENTIAL,  
COMMERCIAL AND  
INDUSTRIAL CLIENTS  
THROUGHOUT  
CUMBRIA.

WE ARE PROUD TO BE A CUMBRIA  
COUNTY COUNCIL TRADING  
STANDARDS APPROVED  
CONTRACTOR.

### WE SPECIALISE IN ALL ASPECTS OF ROOFING SERVICES, INCLUDING:

*New roofs, Re-roofs, Emergency  
Roof Repairs, Random Slateing,  
Tiling, Flat roofs, Garage Roofs,  
Lead work, Chimney refurbishment,  
Velux windows, Dormer window,  
Lead valleys, Exterior painting, Full  
house restorations, Conservatory  
Warm roofs, Upvc Guttering, Cladding,  
Fascias and Soffits, Attic  
conversions, ect.*



**01228 592996**



**[Info@millersroofing.co.uk](mailto:Info@millersroofing.co.uk)**



**We cover all of Cumbria**



**Millers Roofing Services Limited.**  
**Registered office at The Guild, 5 Abbey  
Street, Carlisle Cumbria CA3 8TX.**  
**Registered in England and Wales**  
**Company No.09971337**

**[www.millersroofing.co.uk](http://www.millersroofing.co.uk)**

## NEWS FROM GADS – GOSFORTH AMATEUR DRAMATIC SOCIETY



With Phase 1 of the Hall refurbishment programme due to be completed soon, we are looking forward to getting back into the old part of the building and re-populating our costume, scenery and props stores. We will also need to vacate the main Hall ready for the Phase 2 work to begin later in the year. But we are planning for regular Workshops and Play Readings to keep members engaged over the Hall shut-down period. These are being finalised but so far we have:

**Tuesday 14 July at 7:30pm – Plays for Pleasure** in the Function Room at the Kellbank. We will be reading “Out of Focus” by Peter Gordon. An unfortunate over-booking of the Church Hall results in a gathering of a wonderful mix of local characters, ranging from the nervous Vicar's wife, to a man intent on delivering a talk on steam locomotives to anyone who will listen. It'll be fun – just come along.

**Tuesday 28 July – A workshop on Foundation Singing Techniques** (for 14+) in the Public Hall.

**Tuesday 11 August at 7:30pm – Plays for Pleasure** in the Function Room at the Kellbank.

**Tuesday 25 August – An Acting Workshop** in the Public Hall.

You don't need to be a member to try out any of these, so please just come along if you are interested. Our Youth Theatre Group takes a break over the Summer Holidays and resumes in September. But there is a waiting list for places so please get in touch if you are interested.

Our Summer Youth Workshop will go ahead as usual in August but at the School rather than the Hall. There should be a show at the end of the week which will be open to participants' friends and family and GADS Members but not to the general public.

To find out more about these and all matters GADS, follow us on Facebook (gads1948), Instagram (gads-gosforth), the Website (gads.org.uk) or by emailing [gads\\_gosforth@gmail.com](mailto:gads_gosforth@gmail.com). Best of all, why not join our mailing list? You won't get bombarded, but you will be the first to find out what's happening. There is a link to sign up on the website home page.

## YEOWART, GILL & RUDD

Proprietors: John, David & Margaret Yeowart

**Funeral Service**  
at the  
**Whitehaven Funeral Home**  
**Low Monkway**  
**Whitehaven CA28 9DS**

Tel: 01946 693819 or 692939  
**24 hours**

Pre-paid Funeral Plans – details on request



**Golden Charter**   
Smart Planning for Later Life

## J D MOORE JOINERY & STORE Ltd

**Joinery, timber sales and  
hardware store**

**Row Mill Workshop**  
**Gosforth CA20 1BQ**  
**019467 25692**

[www.jdmoorejoinery.com](http://www.jdmoorejoinery.com)  
[office@jdmoorejoinery.co.uk](mailto:office@jdmoorejoinery.co.uk)

Open

Monday to Friday 8am till 4.30pm



*John Thompson*

**Quality renovations and repairs**

*Including*

**joinery, kitchens, bathrooms,  
plumbing, PAT testing and  
building works.**

019467 26347 • 07768013168

*for further details and recommendations*

**Why not advertise in  
our magazine?**

**You could use this  
space!**

If you are interested, please  
contact Michael Warmoth  
Tel: 01946 725640

[mwarmoth17@yahoo.co.uk](mailto:mwarmoth17@yahoo.co.uk)

## HOLMROOK READING ROOM

### NEXT EVENT – PIZZA EVENING IN OCTOBER

**Table Tennis Club:** Meets on a Wednesday - 6:00pm to 7:30pm. All welcome, young or old. Contact David on 07931-393954. Other times can be arranged.

**Playground:** Come and see for yourself – A lovely playground in a great setting.

**Wild Flower Meadow:** Enjoy a walk or just sit and relax in the peace and quiet of the meadow. Supervised children are welcome.

**Fishing Club:** If you want to join this club it's only £12/year. If you want some more information, please contact David on 07931-393954.

**Bookings:** The Reading Room has a fully equipped kitchen, facilities for people with disability, in fact everything you would need for a great party. £9 / hour. Why not call David on 07931-393954 to see if it is available for your next event?

**Membership:** Membership renewals for 2026 are due now £9 for annual membership and £4 to join a club. These can be renewed/ started any time. If you are an existing member or want to join us contact David on [drmarsden@outlook.com](mailto:drmarsden@outlook.com) or 07931-393954.

## ROTATING WHEELS RALLY

Sunday 19<sup>th</sup> July in Old Gosforth Show Field starting at 10.30am

Organised by the Rotary Club of West Lakeland



## ZOOMED and EVENING SERVICES IN THE SEATALLAN BENEFICE

Some Gosforth services and Phoenix services are being 'zoomed' each week. There is also a weekly liturgy available by email each Sunday.

**NB. PLEASE CHECK LOCAL NOTICES  
FOR THE MOST UP TO DATE SERVICE INFORMATION**

### ZOOMED SERVICES

**11.00am Service of Holy Communion or Morning Worship** hosted by St Mary's Church Gosforth. If you would like an invitation to this service please email [stmarys.gosforth.zoom@gmail.com](mailto:stmarys.gosforth.zoom@gmail.com)

**Thursdays at 9.30am South Calder Mission Community Morning Prayer:**  
For an invitation please contact David Davies – [divord4@gmail.com](mailto:divord4@gmail.com)

### SUNDAY EVENINGS

**1<sup>st</sup> and 3<sup>rd</sup> Sunday of Month: St Mary's Room, Gosforth**

**1<sup>st</sup> Sunday – Informal Worship at 6.30 pm** – Songs/hymns, readings, short talk, discussion and fellowship (with occasional Holy Communion)

**3<sup>rd</sup> Sunday – All-age worship at 6.30 pm** – Especially suited to and often led by children + young people (and the young in heart).

Occasionally special events and circumstances may lead to changes in the regular programme. *These services are services of Seascale Methodist Church and its Gosforth Methodist congregation, and as such are safeguarded by their safeguarding processes.*

**2<sup>nd</sup> Sunday of the Month: Faith and Fellowship – 6.45 for 7.00pm at Various Locations.** Please contact Jill Hudson on 019467 21592 – [jillfhudson@hotmail.co.uk](mailto:jillfhudson@hotmail.co.uk) *This group has no formal or legal connection with the Church of England or the Methodist Church in England.*

**4<sup>th</sup> Sunday of the Month: 7.00pm Phoenix Praise Informal Evening Worship**  
St Mary's Room Gosforth. Led by Jill and Keith Hudson. Songs/hymns, readings, short talk, discussion and fellowship followed by refreshments. For more information please email [jillfhudson@hotmail.co.uk](mailto:jillfhudson@hotmail.co.uk) and for a Zoom invitation email [khudson@freenetname.co.uk](mailto:khudson@freenetname.co.uk) or ring 01946 721592 or visit [www.phoenixpraise.org.uk](http://www.phoenixpraise.org.uk). *These services are services of Seascale Methodist Church and its Gosforth Methodist congregation, and as such are safeguarded by their safeguarding processes.*

### SUNDAY WRITTEN LITURGY FOR THOSE AT HOME

#### **Into His Courts with Praise**

Compiled and distributed by Brian and Helen Pateman. This weekly liturgy can be read on your PC screen or printed off week by week for use at home in a text size to suit you. If you would like to be added to the mailing list, please contact Helen Pateman: [aitchpateman@gmail.com](mailto:aitchpateman@gmail.com)

## SEATALLAN BENEFICE SERVICES - AUGUST 2026

|                                      | Church                      | Service                        | Time       |
|--------------------------------------|-----------------------------|--------------------------------|------------|
| <b>1<sup>st</sup> Sunday</b>         |                             |                                |            |
| <b>2<sup>nd</sup> August</b>         | Nether Wasdale              | No Service in August           | 9.30       |
| <b>9<sup>th</sup> after Trinity</b>  | Ponsonby                    | Holy Communion                 | 9.30       |
| <b>Green</b>                         | Seascale St Cuthbert's      | Holy Communion                 | 11.00      |
| <b>Proper 13</b>                     | Gosforth                    | Morning Praise                 | 11.00      |
|                                      | Gosforth St Mary's Room     | Methodist Evening Worship      | 6.30       |
|                                      |                             |                                |            |
| <b>2<sup>nd</sup> Sunday</b>         |                             |                                |            |
| <b>9<sup>th</sup> August</b>         | Beckermet                   | Holy Communion                 | 9.15       |
| <b>10<sup>th</sup> after Trinity</b> | Seascale Methodist Church   | Methodist Morning Worship      | 10.30      |
| <b>Green</b>                         | Gosforth                    | Holy Communion                 | 11.00      |
| <b>Proper 14</b>                     | Wasdale Head                | Morning Worship                | 11.00      |
|                                      | Seascale                    | Faith and Fellowship           | 6.45 for 7 |
|                                      |                             |                                |            |
| <b>3<sup>rd</sup> Sunday</b>         |                             |                                |            |
| <b>16<sup>th</sup> August</b>        | Nether Wasdale              | Holy Communion                 | 9.30       |
| <b>11<sup>th</sup> after Trinity</b> | Seascale St Cuthbert's      | Holy Communion                 | 11.00      |
| <b>Green</b>                         | Gosforth                    | Morning Worship                | 11.00      |
| <b>Proper 15</b>                     | Ponsonby                    | Evening Prayer                 | 3.00       |
|                                      | Gosforth St Mary's Room     | Methodist All-age Worship      | 6.30       |
|                                      |                             |                                |            |
| <b>4<sup>th</sup> Sunday</b>         |                             |                                |            |
| <b>23<sup>rd</sup> August</b>        | Beckermet                   | Morning Prayer                 | 9.15       |
| <b>12<sup>th</sup> after Trinity</b> | Seascale Methodist Church   | Methodist Morning Worship      | 10.30      |
| <b>Green</b>                         | Gosforth                    | Holy Communion                 | 11.00      |
| <b>Proper 16</b>                     | Wasdale Head                | Evening Worship                | 4.00       |
|                                      | Gosforth St Mary's Room     | Phoenix Praise Evening Worship | 7.00       |
|                                      |                             |                                |            |
| <b>5<sup>th</sup> Sunday</b>         |                             |                                |            |
| <b>30<sup>th</sup> August</b>        | Gosforth – Benefice Service | HC – MU Celebration            | 10.30      |
| <b>13<sup>th</sup> after Trinity</b> |                             |                                |            |
| <b>Green</b>                         |                             |                                |            |
| <b>Proper 17</b>                     |                             |                                |            |
|                                      |                             |                                |            |
| <b>Every Sunday</b>                  | Seascale St Joseph's RC     | Mass                           | 9.00       |

Cover Picture: A painting of Seascale Beach, painted by Philip's Gt. Grandmother while on holiday in the area around 1890

# SEATALLAN BENEFICE SERVICES - JULY 2026

|                                     | Church                         | Service                        | Time       |
|-------------------------------------|--------------------------------|--------------------------------|------------|
| <b>1<sup>st</sup> Sunday</b>        |                                |                                |            |
| <b>5<sup>th</sup> July</b>          | Nether Wasdale                 | No Service in July             | 9.30       |
| <b>5<sup>th</sup> of Trinity</b>    | Ponsonby                       | Morning Prayer                 | 9.30       |
| <b>Green</b>                        | Seascale St Cuthbert's         | Morning Prayer                 | 11.00      |
| <b>Proper 9</b>                     | Gosforth                       | Morning Praise                 | 11.00      |
|                                     | Gosforth St Mary's Room        | Methodist Evening Worship      | 6.30       |
|                                     |                                |                                |            |
| <b>2<sup>nd</sup> Sunday</b>        |                                |                                |            |
| <b>12<sup>th</sup> July</b>         | Beckermet                      | Morning Prayer                 | 9.15       |
| <b>6<sup>th</sup> after Trinity</b> | Seascale Methodist Church      | Methodist Morning Worship      | 10.30      |
| <b>Green</b>                        | Gosforth                       | Holy Communion                 | 11.00      |
| <b>Proper 10</b>                    | Wasdale Head                   | Morning Worship                | 11.00      |
|                                     | Seascale                       | Faith and Fellowship           | 6.45 for 7 |
|                                     |                                |                                |            |
| <b>3<sup>rd</sup> Sunday</b>        |                                |                                |            |
| <b>19<sup>th</sup> July</b>         | Nether Wasdale                 | Holy Communion                 | 9.30       |
| <b>7<sup>th</sup> after Trinity</b> | Seascale St Cuthbert's         | HC at St Cuthbert's            | 11.00      |
| <b>Green</b>                        | Gosforth                       | Morning Worship                | 11.00      |
| <b>Proper 11</b>                    | Old Church Beckermet           | Evening Prayer                 | 3.00       |
|                                     | Gosforth St Mary's Room        | Methodist All-age Worship      | 6.30       |
|                                     |                                |                                |            |
| <b>4<sup>th</sup> Sunday</b>        |                                |                                |            |
| <b>26<sup>th</sup> July</b>         | Beckermet                      | Holy Communion                 | 9.15       |
| <b>8<sup>th</sup> after Trinity</b> | Seascale Methodist Church      | Methodist Morning Worship      | 10.30      |
| <b>Green</b>                        | Gosforth                       | Holy Communion                 | 11.00      |
| <b>Proper 12</b>                    | Wasdale Head                   | Evening Prayer                 | 4.00       |
|                                     | Gosforth St Mary's Room        | Phoenix Praise Evening Worship | 7.00       |
|                                     |                                |                                |            |
| <b>Every Sunday</b>                 | Seascale St Joseph's RC Church | Mass                           | 9.00       |

## SAINT FOR JULY & AUGUST



In July and August, the Anglican Communion remembers two people who were connected. **William Wilberforce** is remembered on the 30<sup>th</sup> of July as a 'Reformer'. He is mainly remembered for the ending of the Atlantic slave trade (though not slavery itself, which still continues). He died in 1833. On the 9<sup>th</sup> of August **Mary Sumner**, the founder of the Mothers' Union, is remembered. She died in 1921.



The connection is that Mary's husband was the son of a Bishop of Winchester, who was a relative of William Wilberforce.