

# WEAR ST. LUKE PARISH MAGAZINE



**2026**

**50p**



June is the apex of the year. Midsummer. Maximum sunlight. Balm of spring giving hope; plenty of optimism for yet more opportunity you swim, hike, visit, indulge even.

There's a great Christian tradition, echoing in contemporary practices of mindfulness, in slowing right down and paying attention to the details around us, grounding us in the present moment. This isn't as an escape from the challenges of the present age or our daily responsibilities. Rather it's to hone a practice of cutting through the noise and confusion so that clarity, wisdom and courage can prevail.

Summer is an excellent time to practice this intentional noticing, as there's so much to delight. It shouldn't be a chore.



This poem by Mary Oliver sums it up well:

Who made the world?  
Who made the swan, and the black bear?  
Who made the grasshopper?  
This grasshopper, I mean —  
the one who has flung herself out of the grass,  
the one who is eating sugar out of my hand,  
who is moving her jaws back and forth instead of up and  
down —  
who is gazing around with her enormous and complicated  
eyes.  
Now she lifts her pale forearms and thoroughly washes her  
face.  
Now she snaps her wings open, and floats away.  
I don't know exactly what a prayer is.  
I do know how to pay attention, how to fall down  
into the grass, how to kneel down in the grass,  
how to be idle and blessed, how to stroll through the fields,  
which is what I have been doing all day.  
Tell me, what else should I have done?  
Doesn't everything die at last, and too soon?  
Tell me, what is it you plan to do  
with your one wild and precious life?

By Mary Oliver

Revd Louise Grace

## JUNE SERVICES AT ST. LUKE'S

<b>7<sup>th</sup> June</b>	<b>10am</b>	<b>Eucharist</b>
<b>14<sup>th</sup> June</b>	<b>10am</b> <b>3pm</b>	<b>Eucharist</b> <b>Forest Church</b>
<b>21<sup>st</sup> June</b>	<b>10am</b>	<b>Joint Mission Community</b> <b>Eucharist Service at St Luke's</b>
<b>28<sup>th</sup> June</b>	<b>10am</b>	<b>Morning Worship</b>



## JUNE READINGS AT ST. LUKE'S



<b>7<sup>th</sup> June</b>	<b>Romans 4. 13 - 25</b> <b>Matthew 9. 9 -13, 18 - 26</b>
<b>14<sup>th</sup> June</b>	<b>Romans 5. 1 - 8</b> <b>Matthew 9. 35 - 10.8</b>
<b>21<sup>st</sup> June</b>	<b>Jeremiah 20. 7 - 13</b> <b>Matthew 10. 24 – 39</b>
<b>28<sup>th</sup> June</b>	<b>Romans 6. 12 - 23</b> <b>Matthew 10. 40 - 42</b>



**ST LUKE'S**  
**ALTAR FLOWERS**



**JUNE**

**JULY**

**7<sup>th</sup> June      Sandra Greedy**

**5<sup>th</sup> July      Kate Hilton**

**14<sup>th</sup> June      Sandra Greedy**

**12<sup>th</sup> July      Kate Hilton**

**21<sup>st</sup> June      Hazel Major**

**19<sup>th</sup> July      St. Margaret's**

**28<sup>th</sup> June      Hazel Major**

**26<sup>th</sup> July      Sandra Greedy**



**JUNE SERVICES AT ST. MARGARET'S**

**7<sup>th</sup> June                      10am                      Eucharist**

**14<sup>th</sup> June                      10am                      Eucharist**  
**6.30pm                      Evensong**

**21<sup>st</sup> June                      8am                      BCP Holy Communion**  
**10am                      Mission Community**  
**Joint Service at St Luke's**

**28<sup>th</sup> June                      10am Family Friendly Holy Communion**  
**6.30pm                      Evensong**



**MISSION COMMUNITY MID-WEEK SERVICES  
AND EVENTS**

**Mondays:**

7pm Compline (via Zoom)

**Wednesdays:**

10am Morning Worship (via Zoom)  
2.30pm Coffee/tea and cake (St. Margaret's)

**Fridays**

9am Morning Prayer (St. Margaret's)

**Saturday**

8am Prayer Breakfast (St. Margaret's) (6<sup>th</sup> June)

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**Leaving a legacy to St. Luke's in your Will**

Over the past few years at St. Luke's, we have been blessed to have received a number of legacies from members of the congregation who have remembered our beloved Church in their wills. And each time I have marvelled at how something so seemingly practical and one-off - a sentence in a legal document - has been transformed into such ongoing joy and praise. Indeed it is an unavoidable fact that while our day-to-day income, from our cherished contributions via the Offertory Plate and other incomes such as the Church Rooms, do the invaluable job of

covering most of the day to day running of St Luke's, it has been legacies that have largely helped repair and enhance the fabric of St. Luke's.

Several members of St Luke's congregation have left legacies which has recently allowed the Church to invest in an improved sound system and undertake essential repairs to the church bell, the bell tower, vestry walls and the redecoration of the Church Rooms. This has been a tangible way for members of our congregation to leave lasting legacies to the Church they worshipped in for so long. We have been blessed in the past, but we also need to continue to be blessed into the future, and so I would ask if you could also consider remembering St. Luke's in your will. Leaving us a gift, however large or small, can help us continue to safeguard the Church we all know and love, one that has been a part of many of our spiritual and social lives for decades. It is a way of celebrating the past while supporting celebrations in the future.

While the first port of call would always be to speak to a local solicitor, who could help draw up your Will. If you have already written a Will and would prefer not to legally alter it, you can write what is called a Letter of Wishes. This provides your executors with some further guidance and reflections on how you would like your estate handled. A Letter of Wishes is not a legally binding document but instead accompanies your Will as another form of support for your executors. We recommend talking to your solicitor about drafting this or notifying them of it. Example wording such as the following is acceptable:

“I give to St. Luke's Church, Countess Wear, of 1 Countess Wear Road, EXETER EX2 6LG, the sum of £X” or

“I give a X% share of the residue of my estate to St. Luke's Church, Countess Wear, of 1 Countess Wear Road, EXETER EX2 6LG.”

If this is something you are thinking about and have any questions, please don't hesitate to speak with me, Michael Burrow our new Treasurer, or Alan Terry, our Planned Giving Officer - whoever you feel most comfortable speaking to.

Wills and legacies are not traditionally something many of us feel comfortable thinking about or discussing, but I am always struck that when we hear or pray the Magnificat in our services - Mary's song - she

begins with a depth of praise I am sure many of us will connect with, when we gather to worship in St. Luke's: "my soul magnifies the Lord". We are blessed with a place of history, beauty, care that resonates down to our very soul. Mary then concludes the Magnificat by entrusting that depth of experience to generations to come: "from this time forth and forevermore". A legacy to St. Luke's is the way that we can follow in Mary's footsteps and entrust all that we love in this church to the generations that will follow us.

Revd Louise Grace

### **LATEST ON PEW CUSHIONS**

As the pew cushions, which were purchased last year, have proved to be popular, the PCC have now ordered 12 more which should be arriving in around 10 weeks' time.

If you would like to contribute towards these, now is the time to do it, any amount however large or small would be very much appreciated. A cheque made payable to Wear St Luke Countess Wear PCC or bankers order if that is how you would normally contribute, or cash in an envelope, all marked for Pew Cushions would be great. You could give them to Sandra Greedy, Rowena, Caryll Ingerslev or me or even put a donation into the Offertory Plate. The important thing to remember is to put on the envelope it is for Pew Cushions.

Thank you all so much and we look forward to sitting on them very soon.

Jo Shaw

## **GOD'S BEAUTY**

As May unfolds in splendour, creation bursts with God's beauty. Every bloom, breeze, and birdsong seems to praise the Creator. Romans 8:19–28 reminds us that creation eagerly waits for God's children to be revealed, longing for the day when all things will be made new.

Yet beneath May's beauty lies a deeper longing. The wonder of nature speaks of God's love and creativity, but it also reflects a world yearning to be freed from sin and suffering. In quiet moments, we are reminded that God is near, inviting us to open our hearts to him.

As we delight in creation, let us remember that it reflects God's glory. Each flower and whisper of wind points to the One who made us and calls us to live fully as his people. May we hold fast to hope, trusting that one day creation will be restored and all will join in joyful praise to God.

Enjoy our summer days.

Rev Peter Ingerslev

## **Being a Teenager in the 1960s.**

This started by reminiscing to grandchildren about what it was like when I was a teenager. We then wondered if it could be the start of a series from anyone from the Community and Church, as we would have had different experiences depending on when we were born and where we lived. So here goes!

We as a family had just returned from India and had returned to our house in Skegness Lincs. Coming from very much in the middle of nowhere in India where my sister Susan and I had been trying out versions of what we thought of as the jive to Elvis to a newly found freedom of the word teenager.!

Our family house had been rented out and as it was being modernised and renovated, we moved in with our grandparents in Skegness who lived in a small

bungalow for a few months. Music, wise they introduced us to the Four Seasons “Sherry Baby” and “Big Girls don’t Cry” and of course then the Beatles exploded on to the scene and The Rolling Stones. We had small transistor radios and listened to Radio Caroline. How exciting to hear it was a pirate radio station on some boat. We hadn’t had a TV in India, so we were introduced to “Compact” Top of the Pops and Dr Who.

It was important to know if you were a Mod or a Rocker, so I was very much a Mod. We all wore the shortest skirts and had our hair cut in the latest fashion very much influenced by Mary Quant and Twiggy. My mother told us boots were going to be coming in but it was hard for us then to visualise anything else other than wellies with heels, and we certainly didn’t think that would take off. How wrong we were and very soon we had the high boots and heels. I had a plastic dress with a very bold black and white pop art inspired design, and my sister had a felt one and her hair cut in the very short Twiggy hair style.



I can tell you, to us Skegness was the big metropolis! We were going to the dances on a Saturday at the Embassy where there would be a group. The girls danced in a circle with our handbags on the floor! The boys stood round the edge watching us with a drink wondering if they dared ask any of us to dance. We did the twist and various jiggling around none of us needed a partner which was no doubt due to that time.

We spent time at the Fun Fair where we enjoyed the Waltzer where the more we screamed the more the men would enjoy standing on the back of our coaster making it go round faster! There were the Big Dipper, Ghost train and dodgems. It was fun just watching as well as going on everything. The rides didn’t seem prohibitively expensive to us, but we didn’t seem to have or spend much money. My mum used to take my sister and I on the train to London every year for a day, just as the Autumn fashions were coming in and we would love choosing 1 or maybe 2 outfits which we could enjoy showing off in Skegness. Sometimes we would have our hair cut in the latest style too. Great fun.

We seemed to have a lot of freedom in those days and could go where we liked if we were back for mealtimes and did our school work and piano practice.

It was the days when the Mods and Rockers would all head for Skegness and other seaside places. The Mods would be on their scooters and the Rockers in their leathers and roaring in on their motorbikes. There would be some clashes too, but we weren't allowed to be on the sea front on those days. Once when I had past my driving test and owned an old black Ford Anglia with friends packed in, we drove slowly along the front several times and through the town centre, feeling safe we would use the window washers to squirt the Rockers! Of course, then we would be chased and could speed away.

Once a ship called The Palliser was moored in the sea and sailors came into town. How exciting was that to us teenage girls. My parents never knew but we were talked into going aboard to look round with some sailors and we went! It was exhilarating but frightening at the same time. They took us out to the ship on a launcher.

We used to love going to the Church Youth Club on a Sunday evening and got to know Evensong very well as it was a requisite to attending. We did all sorts of things and even organised a Dance Drama. My faith took off big time, and I was hooked from then.

We had a great time being teenagers and I still like to think it was the very best time to be a teenager. We were very different and the music, fashion, culture was all new.

Hoping some more of you may be inspired to write about your experiences as a teenager!

Josephine Shaw.

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### **REMINDER - OPEN CHURCH**

St Luke's Church will be open from 2 – 4 pm on Wednesday afternoons. You are welcome to come in and look around or spend some quiet time praying or thinking. There will be a member of the Church to welcome you and answer any questions that you might have. Let your friends and neighbours know that they will always be welcomed into the Church.

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**Red Earth Opera Evening**

**Sunday October 18<sup>th</sup> 7.00pm in St Lukes Church, Countess Wear.**

We were delighted to be approached by Jane Anderson Brown from The Red Earth Opera asking if we would like to host another evening of Opera in October. There will be orchestra including the harp Chorus and Soloists as previously. The music is high class, and we are so fortunate to have this calibre of performance in our local Church. We will serve Prosecco, wine and canapes as before, so please spread the word as it has always been a special evening and it has been lovely to see the Church full. Further details will be available as soon as we know them. Any money we make will go towards the cost of the Pew Cushions. The audience should be sitting on them and appreciating the added comfort!

Jo Shaw

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**MAGAZINE ARTICLES PLEASE**

Poems, stories of your holidays, of your gardens, recipes or any articles that the readers of the magazine might find interesting or amusing, would be very much appreciated.

Please send your articles for the July magazine by the **24<sup>th</sup> June.**

**Parish Magazine Editor – [clerkwear@gmail.com](mailto:clerkwear@gmail.com)**

Thank you for your contributions they are always very much appreciated!



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