

# 7<sup>th</sup> June 2026 – Trinity 1

## THE ORWELL AND DEBEN RURAL BENEFICE WEEKLY NEWSLETTER

Issue 322

### Collect

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

### DAILY READINGS FOR THE WEEK

<b>Sunday</b>	7 <sup>th</sup>	– Hosea 5:15-6:6; Romans 4:13-end; Matthew 9:9-13, 18-26.
<b>Monday</b>	8 <sup>th</sup>	– Joshua 14; Luke 12:1-12.
<b>Tuesday</b>	9 <sup>th</sup>	- Joshua 21:43-22:8; Luke 12:13-21.
<b>Wednesday</b>	10 <sup>th</sup>	- Joshua 22:9-end; Luke 12:22-31.
<b>Thursday</b>	11 <sup>th</sup>	- Jeremiah 9:23-24; Acts 4:32-end. Barnabas Apostle
<b>Friday</b>	12 <sup>th</sup>	- Joshua 24:1-28; Luke 12:41-48.
<b>Saturday</b>	13 <sup>th</sup>	- Joshua 24:29-end; Luke 12:49-end.

### SUNDAY SERVICES

#### **Sunday – 7<sup>th</sup> June – Trinity 1**

9am	Morning Prayer	Falkenham
10am	Holy Communion	Newbourne
10am	Morning Prayer	Waldringfield
10-30am	Holy Communion	Nacton

#### **Sunday 14<sup>th</sup> June -Trinity 2**

<b>9am</b>	BCP Holy Communion	Hemley
10am	Morning Prayer	Kirton
10am	Morning Prayer	Levington
<b>10-15am</b>	Holy Communion	Bucklesham

#### **Sunday 21<sup>st</sup> June - Trinity 3**

<b>9am</b>	Holy Communion	Falkenham
10am	All Age Praise	Bucklesham
10am	Morning Prayer	Nacton
10am	Morning Prayer	Newbourne
<b>10-30am</b>	Holy Communion	Waldringfield

## June Events

Wednesday 10<sup>th</sup> Community tea shop – Kirton Church hall – 2:30 to 4pm

Tuesday 16<sup>th</sup> Archdeacon's Visitation. Christchurch Felixstowe 7pm

Wednesday 24<sup>th</sup> Community tea shop – Kirton Church hall – 2:30 to 4pm

Advance notice. **July 12<sup>th</sup>** Yachtsman's Service. Waldringfield beach. 6pm

### Archdeacon's Visitation JUNE 16<sup>th</sup> 7pm

#### Christchurch Felixstowe

- Churchwardens sign a declaration, swear an oath and receive their official charge from the Archdeacon.
- Churchwardens do not legally hold the office until they have been officially admitted at a visitation service.

All are welcome to attend and support our churchwardens

### Benefice Singing Together Group

A message to our singers from our Rector: "Would you pass on to the 'choir' my thanks for their performance this morning. Many people said to me how good they were and I personally thought they were superb, they raised our worship to new heights. I look forward to working with them in the future and if they wish to meet more often I certainly won't stand in their way"

We are a very happy group and will be happy for new folk who love to sing to join us. We meet again towards the end of July, ready for our next Benefice service on August 2. Details will be forwarded nearer the time. Looking forward to seeing our joyous Singing Together Group in July!  
Very best wishes, Sandra

### Orwell & Deben Rural Benefice. Thursday 16<sup>th</sup> July 10am - 4pm

A quiet Day exploring Celtic Christian Spirituality on at Laundry Cottage, Nacton, IP10 0ES  
An opportunity to step aside from our usual routines to worship & learn together, to reflect & enjoy some peace & quiet. Some people like to bring a spiritual journal, art material or poetry to enjoy while others choose to simply have some space for themselves. There will be some silence but also chances to enjoy companionship. All are welcome.

9.30 - Arrivals & coffee

10 - Simple worship to gather us, followed by a talk introducing the history of Celtic Christianity

10.30 - Quiet time to reflect & wander

Noon - 2nd talk on Celtic saints followed by quiet time

1 - Lunch – please bring your own lunch

2 - 3<sup>rd</sup> talk – The three P's of Celtic spirituality – peace, presence & poetry followed by quiet time,

3.45 - Reflections on the day & closing prayer

4 - Departures

The day will be led by Rev'd Jane Pearse of Lark Rise Retreats, Felixstowe. *If you'd like to book a place or need more information, please contact: [andreanacton@gmail.com](mailto:andreanacton@gmail.com) Price £10 per person.*