

Christian Aid Week: 10th - 16th May 2026



Share joy Grow hope Fight hunger

This year's Christian Aid Week is focused on Nairobi, Kenya, where families are working hard to beat urban poverty and hunger. In the crowded and noisy settlements of Nairobi, most parents wake every single day knowing that they must go and earn money, otherwise their children won't eat that evening. With no formal work opportunities, heartbreakingly low pay, and no social support, it's a precarious and frightening daily struggle that no family should have to face.

The aching hunger is bad enough. The relentless stress is overwhelming. **'When I wake up, I have a lot of worries. Sometimes I don't have food,'** says Fridah Moraa, a recently widowed grandmother determined to support her family on what little she earns. With school costs, rent and water to cover, providing food for every meal is a problem that never goes away.

But Fridah's faith in God, and in her own ability to provide, is unwavering. With tools, seeds and specialist training from Christian Aid's partner, Beacon of Hope, Fridah's now making the most of a small space in the city to grow a steady supply of fresh vegetables that she can cook for her family or sell on her market stall.

Reflecting on her new role in life, she says: **'I never thought that a woman could also be a provider.'** Fridah rightly takes pride in all she's achieved



With seven days to make a difference, every gift, act and prayer counts.

What will you do to support someone like Fridah to grow food, protect their children from hunger, and nurture hope?



**£5 could buy the seeds that kickstart a family's nutritious vegetable garden.
£10 could pay for the pair of chickens that produce fertiliser for an urban farmer.
£15 could purchase the hand tools that mean an urban farmer can tend their crops.
£30 could buy a trio of cone garden planters to host hundreds of plants in a tiny city space.**

Find out more about the campaign at caweek.org



Sharnbrook Churches Together will once again be distributing the familiar red Christian Aid Envelopes in Sharnbrook, Felmersham and Souldrop. These will be **DELIVERY- ONLY envelopes for people to donate by cash or cheque, and return to designated locations in the villages. Cheques should be made payable to Christian Aid**

Opportunities to donate to Christian Aid Week 2026

Christian Aid envelopes can be returned to boxes in **Lorna's Salon** or **The Swan**

or delivered to

The Rectory - 81 The High St Sharnbrook

*Please check your envelope when it arrives
- there may be addresses closer to where you live
that your envelope can be safely returned to.*

Collection

Should you need your envelope collected from home please phone **07811 721291** to arrange.

By using this QR Code which will take you to our Christian Aid 'Givealittle' site.



Thank You