

Novena to the Holy Spirit

As we hold out our hands and open our hearts
we pray

Heavenly Father I ask to be filled by your Holy Spirit. Come Holy Spirit to fill my heart with the Fruits of your Spirit. Holy Spirit Come!

This we ask through our Risen Saviour Jesus Christ. Amen

We reflect on the Eighth Fruit of the Spirit

Self Control

Do not deprive one another except perhaps by agreement for a set time, to devote yourselves to prayer, and then come together again, so that Satan may not tempt you because of your lack of self-control.

Click on the link below to watch

[https://youtu.be/tnCqSj5LMDA?
si=uu2PsP8BWL76cVFi](https://youtu.be/tnCqSj5LMDA?si=uu2PsP8BWL76cVFi)

Spirit of the Living Lord fall afresh on me.

Amen