

19th April 2026 – Easter 3

THE ORWELL AND DEBEN RURAL BENEFICE WEEKLY NEWSLETTER

Issue 315

Collect

Almighty Father, who in your great mercy gladdened the disciples with the sight of the risen Lord: give us such knowledge of his presence with us, that we may be strengthened and sustained by his risen life and serve you continually in righteousness and truth; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen

DAILY READINGS FOR THE WEEK

Sunday	19 th	- Acts 2:14a, 36-41; 1 Peter 1:17-23; Luke 24:13-35.
Monday	20 th	- Exodus 19; Luke 1:1-25.
Tuesday	21 st	- Exodus 20:1-21; Luke 1:26-38.
Wednesday	22 nd	- Exodus 24; Luke 1:39-56.
Thursday	23 rd	- Joshua 1:1-9; Ephesians 6:10-20. St George's Day
Friday	24 th	- Exodus 28:1-4a,29-38; Luke 2:1-20.
Saturday	25 th	- Isaiah 62:6-10; Acts 12:25-13:13.

SUNDAY SERVICES

Sunday - 19th April – Easter 3

9am	Holy Communion	Falkenham
10am	All Age Praise	Bucklesham
10am	Morning Prayer	Nacton
10am	Morning Prayer	Newbourne
10-30am	Holy Communion	Waldringfield

Sunday – 26th April – Easter 4

10am	Morning Prayer	Bucklesham
10am	Morning Prayer	Hemley
10am	Holy Communion	Kirton
10am	Holy Communion	Levington

Sunday – 3rd May - Easter 5

9am	Morning Prayer	Falkenham
10am	Holy Communion	Newbourne
10am	Morning Prayer	Waldringfield
10-30am	Holy Communion	Nacton

April Events

Tuesday 21st – Benefice book club – 2-30pm

Tuesday 21st – Deanery Synod - Christchurch Felixstowe – 7 for 7-30pm

Wednesday 22nd – Prayers for persecuted church – Kirton 2pm

Wednesday 22nd – Kirton Community tea shop Church Hall -2-30 to 4pm

Dates for your diary

Friends of Kirton Church

Saturday 2nd May – 7-30pm Concert in Kirton Church Hall with The Brawlers.

A local group of musicians playing a variety of instruments, some very familiar and others most have never heard or seen before.

Admission free. Retiring collection. Bring your own drinks and glasses.

Contact Stephen Harvey if you are coming. 01394-4448780. sandsharvey@btinternet.com

May 2nd, 3rd and 4th A Festival of Scarecrows

Create your scarecrow and place them outside your house for the Bank Holiday weekend. Pay £1 to enter your scarecrow and tell us where it is.

No front garden? Not a problem, let us know and we can display it in the Church paddock.

£1 for a map of all the scarecrow locations and enjoy walking round to see them.

Email friends@fokc.co.uk

St Ethelbert Falkenham The Big Spring Clean! On Sunday 26th April from 10am

Join us for our Big Spring Clean. Cleaning equipment and refreshments will be provided

As part of the Scarecrow Festival we will be serving homemade refreshments on Saturday 2nd May from 10am to 2pm. Pop in for cheese scones, cakes and hot drinks.

No charge but donations are invited for the church tower appeal.

An invitation to join the Orwell & Deben Rural Benefice

a Quiet Day exploring Celtic Christian Spirituality on **Thursday 16th July 10am -4pm**

at Laundry Cottage, Nacton, IP10 0ES

Quiet days are an opportunity to step aside from our usual routines to worship & learn together, to reflect & enjoy some peace & quiet. Some people like to bring a spiritual journal, art material or poetry to enjoy while others choose to simply have some space for themselves. There will be some silence but also chances to enjoy companionship. All are welcome.

The day will be shaped:

9.30 - Arrivals & coffee

10 - Simple worship to gather us, followed by a talk introducing the history of Celtic Christianity

10.30 - Quiet time to reflect & wander

Noon - 2nd talk on Celtic saints followed by quiet time

1 - Lunch – please bring your own lunch

2 - 3rd talk – The three P's of Celtic spirituality – peace, presence & poetry followed by quiet time, possibly a walk to the river or church

3.45 - Reflections on the day & closing prayer

4 – Departures

The day will be led by me, Rev'd Jane Pearse of Lark Rise Retreats, Felixstowe.

I have a love of Celtic spirituality & will have recently returned from leading a pilgrimage to Iona. I enjoy poetry, exploring the natural world & practicing mindfulness. I see life as a pilgrim journey, have walked part of the Camino de Santiago & row in a pilot gig on the Deben.

If you'd like to book a place or need more information, please contact: andreanacton@gmail.com

Price £10 per person.