



**ALL SAINTS CHURCH
KESGRAVE**

NEWSLETTER ISSUE NO 130

MAY 2026



THOUGHT FOR THE DAY

I attended a mandatory refresher course recently. To be honest, I wasn't looking forward to it, even less so when I found out that it was in two parts and had pre-, mid- and post-course homework as well. Whoopee! I thought (or words to that effect). But, on the grounds that you tend to get more out of something if you put something in, and it's an important topic, I tried to approach it with a positive attitude. The pre-work was horrible, but it made me think. And the course was much better structured than the previous one and I learnt new things, as well as reinforcing the basics, so it felt like a good use of time after all.

The biggest take-away? That's it's everyone's responsibility (that includes you). And the four R's (Recognise, Record, Report, Refer) underline the process. As you may have already guessed, it was all about the dreaded S word, Safeguarding. I know, I can hear the groans, but please don't stop reading. As we are all too well aware, there have been

historic abuses of trust in the Church (and in other organisations like the scouts, schools, care homes, the list goes on), and,

frankly, cover-ups by those in leadership roles more concerned at protecting the organisation and perpetrators than victims. But it also happens in families at home.



We all need to be vigilant, and (sadly) a little less trusting, and be on our guard for signs that something isn't right that can't be explained by other factors, e.g. noticeable personality changes that might be caused by abuse; victims of coercive control might become fearful (or unable) to leave the house, or talk to friends openly; wearing different clothing to cover up bruises; concerning use of social media to groom young or

vulnerable people. That's the Recognise bit. As someone who's not terribly observant, this for me is the difficult part. Equally, it's also necessary not to see something which isn't there.

It's important that, if you do have genuine concerns, you should *not* investigate yourself directly (which might cause complications), but Record the facts (who is involved, what the situation is, when and where it occurred) as clearly and quickly as possible, in writing, and Report it to the appropriate Safeguarding Lead (for our Church, that's Pam Schultz for Kesgrave, or Eileen Stennett for Playford and Little Bealings, or the Diocesan lead Karen Galloway, contact details are on the website at <https://www.asksgrave.org/safeguarding.htm>). If it's an emergency contact the police. The Safeguarding Lead will then investigate or Refer the case to the appropriate statutory authorities as necessary. By recording concerns, a pattern of behaviour might be identified which wouldn't be obvious from a single incident, so it's worth doing. I hope that no-one reading this is themselves a victim of abuse, but if so please reach out (in confidence) for support.

If you'd like more details of the principles or process there is an on-line foundation course available on the Diocesan website (quite accessible and well worth looking at), or do have a chat with the Safeguarding Lead or one of the Ministry team.



The Church is, and should be, open to all who seek Jesus and to live in God's way, and we are all sinners; but abuse and harm of others cannot be tolerated and needs to be routed out. By supporting and watching out for each other, we can all help to contribute to making the Church the safe space that it needs to be.

Martyn Shakespeare
Reader

WORD FROM THE STUDY

Road works can be the headache of our lives more so if you live in rural areas. Often no warning just road closed two-mile diversion if you're lucky. This year I came across one that was the best part fifteen-mile diversion at night time on the A12



Friday Street interchange. These always seem to happen when we are in a hurry or pushed for time. We know that that it needs to be done but why now why can't they do it some other time when I am not so busy. I can see people shaking their heads as we speak.

Roadworks can be like situations in life; they come unexpectedly and often at inconvenient moments and none of us are exempt. The song made popular by the late Harry Secombe had the words "Count your blessings one by one". It is easy to say but a lot harder to put into practice.

Work, family health, financial difficulties can be amongst the things that can that we can come up against in our day to day lives. Easter plays an important part in the lives of Christians; it offers assurance that no matter what life throws at us, that our Lord will give us the strength to get us through. Notice it does not get us round a problem, over it, but it does get us through it. Faith is an assurance not insurance.

God in Christ is with us. He chose to come among us, because he loves us, not because we need a social worker. Death and despair do not have the final word. Easter is proof of that. It emphasizes that the resurrection is still the centre of our Christian belief, it gives us confidence, it offers hope, forgiveness, purpose, and the belief that God's power can break into hopeless situations.

There will be times when we feel like every road is a diversion but the message of Easter is **I am with you** in the difficult times and the good times.

With love and prayers

Reverend Gary Jones

WHAT'S ON - MAY 2026

Livestreamed services may be followed on ASK Church YouTube channel:

<https://www.youtube.com/channel/UCtZ91ENd-lxMPUZYDHR5-aQ>

Date	Time	Service	Where
Sat 2 May	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 3 May	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Morning Prayer	Church of St. Mary, PLAYFORD
	10.15-11.15am	Emerge	PLAYFORD Village Hall
	12-4.30pm	Spring Festival	All Saints Church, KESGRAVE
	6.30pm	United Service	St John's URC (1 Cowper St, Ipswich IP4 5JD, UK)
Mon 4 May	10.30-4.30pm	Spring Festival	All Saints Church, KESGRAVE
Tue 5 May	10-11am	Morning Prayer	All Saints Church, KESGRAVE
Wed 6 May	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS.
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 7 May	11-12pm	Holy Communion	All Saints Church, KESGRAVE
Fri 8 May	3.30-5pm	Pop-Up Youth Group	Playford Village Hall
Sat 9 May	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 10 May	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Family Service	All Saints Church KESGRAVE
	10-11am	Morning Prayer	All Saints LITTLE BEALINGS
	10.15-11.15am	Emerge	PLAYFORD Village Hall
Mon 11 May	2-4pm	Silver Games	All Saints Church , KESGRAVE.
	2-3pm	"The Chosen" men's group	Red Lion (Main Rd, Martlesham, Woodbridge IP12 4RN)
Tue 12 May	10-11am	Morning Prayer	All Saints Church, KESGRAVE
Wed 13 May	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS.
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 14 May	11-12pm	Holy Communion	All Saints Church, KESGRAVE
Sat 16 May	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 17 May	8.30-9.30am	Holy Communion	All Saints Church, KESGRAVE
	9.15am-10am	Breakfast Special	All Saints Church HALL, KESGRAVE
	10-11am	F.I.G (Faith In God) Family Serv.	All Saints Church HALL, KESGRAVE
	10-11am	Holy Communion	All Saints Church, KESGRAVE
	10-11am	Family Communion	Church of St. Mary, PLAYFORD
	10.15-11.15am	Emerge	PLAYFORD Village Hall
	6.30-7.15pm	Evensong	All Saints Church HALL, KESGRAVE

Date	Time	Service	Where
Mon 18 May	2-4pm	Silver Screen	All Saints Church HALL, KESGRAVE.
Tue 19 May	10-11am	Morning Prayer	All Saints Church, KESGRAVE
Wed 20 May	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 21 May	11-12pm	Holy Communion	All Saints Church, KESGRAVE
Fri 22 May	3.30- 5.30pm	Voyage	PLAYFORD Village Hall
Sat 23 May	9.30-10.30am	Men's & Ladies' Breakfast	Farmhouse, St Isidores, IP5 2GA, UK
	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 24 May	8.30-9.30am	Holy Communion	All Saints Church , KESGRAVE
	10-11am	Family Service	All Saints Church KESGRAVE
	10-11am	Family Communion	All Saints LITTLE BEALINGS
	10.15-11.15am	Emerge	PLAYFORD Village Hall
Tue 26 May	10-11am	Morning Prayer	All Saints Church KESGRAVE
	2.15- 4.30pm	Mothers' Union	All Saints Church HALL, KESGRAVE
Wed 27 May	10 -10.30am	Morning Prayer	All Saints LITTLE BEALINGS
	10.30-12pm	Fynn Valley Walks	All Saints LITTLE BEALINGS
	10.45-1.30pm	Little Bealings Café	All Saints LITTLE BEALINGS
Thu 28 May	11-12pm	Holy Communion	All Saints Church KESGRAVE
Sat 30 May	10 -12.30pm	Saturday Drop-In	All Saints LITTLE BEALINGS
Sun 31 May	8.30-9.30am	Holy Communion	All Saints Church , KESGRAVE
	10-11am	Benefice Communion	All Saints Church KESGRAVE
	10.15-11.15am	Emerge	PLAYFORD Village Hall

All Saints Church, Kesgrave has had the honour of assisting families in these important lifetime events:

BAPTISMS:

29 March 2026 - Arthur GLOYN

5 April 2026 - Carri Anne JAMES

12 April 2026 - Aurora Sarah Rose KENNETT-YOUNG -

19 April 2026 - Theo Michael CHAMBERS

WEDDING:

17 April 2026 - Jonathan Lloyd ELLIS & Jenna Louise ARNOLD

MOTHES' UNION

Our next meeting will be held on **Tuesday May 26** at **2.15pm in the Church Hall.**



Julian Fincham -Jacques will be talking to us about the wonderful work of East Anglian Air Ambulance.

Visitors are always welcome to join us.

Jenny Billinge – Secretary

VIRTUAL LAND'S END TO JOHN O'GROATS CHALLENGE UPDATE

We would like to share an update on our **Virtual Land's End to John O'Groats Challenge**, which began on **21st March**.

Around **18 participants** took part, collectively walking the **874 miles** from Land's End to John O'Groats over a period of four weeks. Alongside the walking, we also enjoyed a variety of fun activities in our WhatsApp group, including a

challenging **"Where am I?"** photo quiz featuring locations from around Suffolk, some of which proved very difficult to guess — even though they were sometimes *"right under our nose"* 🧐 — as well as a number of lively scavenger hunts that kept everyone smiling along the way.

Lovely **Carri** also created newsletter updates highlighting interesting locations along the route. From breathtaking coastal views to historic villages, these virtual "stops" helped bring the journey to life.

The official four weeks came to an end on **Saturday 18th April**, and what an amazing journey it has been. We reached **John O'Groats** in just **two weeks and four days**, which meant we were able to begin our virtual journey back towards **Kesgrave**. Although we did not quite make it all



the way back by the end of the challenge, together we covered an incredible **1,200 miles** in total.

Through our JustGiving page,

<https://www.justgiving.com/page/carolyn-lemay-4> we have so far raised **£1,070**, along with receiving many kind and encouraging messages from supporters. Thank you so much to everyone who has donated, cheered us on, and supported us throughout this challenge. Your generosity and encouragement have meant so much.

You are all incredible!

As we reflect on what has been achieved together, we are reminded of the words:

“I can do all things through Christ who strengthens me.”

Philippians 4:13

With Him by our side, even the longest journeys become possible.

❀ SPRING FESTIVAL ❀ ❀ PREPARATIONS UNDERWAY ❀

There is a sense of anticipation in the air as preparations for our Spring Festival are now well underway. As the days grow longer and gardens begin to burst into colour, we are reminded of renewal, joy, and the beauty of coming together as a community 🌻

We are very much looking forward to welcoming as many people as possible to this event 🌸

As part of the festival, we will be holding our raffle to raise funds for the church heating system—an important project that will benefit everyone who gathers here.



If you are able to donate a raffle prize, no matter how big or small, it would be greatly appreciated and will help make a real difference 🌹

We are also looking for one or two additional helpers for each day of the festival. If you feel able to lend a hand—whether setting up, serving, or tidying away—your support would be most welcome and valued 🌸

Thank you so much to everyone who has already contributed their time, energy, and generosity 🌼

With gratitude and warmest wishes,

The Cream Tea Dream Team 🌻 ☕ 🍪 🍰 🌻

allsaints.parish@outlook.com
carolyn.lemay52@gmail.com

F.I.G. FAMILY (Faith in God) SERVICES
Every Third Sunday of the Month
10:00 AM – Church Hall

On Good Friday we teamed up with Ben Wale at Playford Village Hall to help the children create Easter Gardens with real moss and a whole variety of plants/flowers collected by Liz for us; twig crosses and wooden 'stones' for the yoghurt pot tombs completed the picture. Ben and his family enacted a very moving parable, and there were lovely refreshments too! Altogether about 50 people took part so it was a very good event.



Two weeks later we had our April F.I.G Family focusing on the Parable of the Sower Luke 8 v.4 - 8 and looking at the things that help or hinder growth. We used a modern worship song where all the characters in the video are made out of needle felt, and the lamb under Jesus' care watches as he plants a seed of beautiful golden wool! https://www.youtube.com/watch?v=AFl0pquNeY&list=RD_AFl0pquNeY&index=1

We also used a Time Lapse video of a seed being planted and growing.



The craftwork included a tray with compost, stones, 'thorns' etc to illustrate the four different kinds of ground in the parable; there was also a chance to plant sunflower seeds, and colour in paper circles with the life cycles of sunflower seeds, fish and swallows.

Sarah read the prayers and shared the Cedarwood School Song with us called *The Cedar Tree*: "A tiny seed becomes a mighty tree, When watered by the rain from heaven above, when shined on by the sun, When nourished by the soil, When given space, When given love. We will grow like the cedar tree, Deep strong roots, spreading branches, And the birds build their nests, And people can find rest, Underneath the Cedar Tree." Thank you to all involved; this really is a team effort.



Sally Wainman and Liz Wigby

MAY 2026 GIVING

“Now he who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness. ¹¹ You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God.”



2 Corinthians 9 v. 10 – 11

The seed of generosity is something that God can plant in our hearts, along with the opportunity to help it grow. So our understanding of giving and our attitude towards giving can change over time.

Our church faces three major challenges this year: to keep the church going strongly whilst we prepare for a new incumbent; to pay the Parish Share which covers our contribution towards Ministry across the whole Diocese and to fundraise towards a new heating system.

Please pray about your contribution towards this, reviewing your own needs and resources; please pray for the decisions needed.

All forms of Giving are appreciated, but regular giving through the Parish Giving Scheme or a mix n' match approach is particularly valued as it helps us to plan ahead.

Please remember our Legacy initiative too and the chance to Gift Aid

Thank you to each and every person who contributes to keeping our church open!

Use this QR code to access online giving to make a regular or one-off gift.



Emma Burrows: ASK.treasurer@gmail.com

Sally Wainman Local Giving Advisor 07807984589

KESGRAVE LIBRARY NEWS – May 2026

Sunday Crafts – after church

11.00 – 12.00 p.m. – during May, we will be making the following crafts:

Sunday 3rd – Create your own 3D monster picture.



Sunday 10th – This week we are drawing around our hands to make zoo animals. Which animal will you choose?

Sunday 17th – Draw a self-portrait and design a 3D hat you would like to wear.

Sunday 24th – We are hoping the sun has finally arrived, as this week we are making a beach scene.

Sunday 31st – Have you seen any butterflies recently? Using a paper plate, we are designing and decorating butterflies.

Activities are free. Parents must stay with under eights.

Word Play Sessions – Every Thursday Morning. Trained staff run these free sessions.

Tot Rock – 9.45 – 10.15 a.m. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.15 a.m. – Gentle songs for you and your baby to enjoy.

No need to book. Please just pop along. We look forward to seeing you soon.

Friday Fun Time – Every Friday 9.45 – 10.15 a.m. Fun stories, rhymes, songs and toys – this is a free activity. We hope to see you soon.

Lego Club – Every Tuesday 3.30 – 4.30 p.m. Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

**Stay and Play – Every Tuesday during term time 10.00 – 11.00 a.m.
No Session on Tuesday 26th May.**

Bring your little ones to our Stay & Play group for a relaxed and informal opportunity to meet other parents and carers, share experiences and chat.

Our Stay & Play groups are a chance for parents to socialise and give their babies and young children a fun, interactive play session that engages their senses and helps their development. These sessions are suitable for pre-school age children.

This event is part of our Me Myself and Baby perinatal support service. The aim of the project is to help reduce isolation and improve emotional wellbeing for new parent.

Morning Book Group – Tuesday 5th May 10.00 a.m. at the library.
The group are discussing *Dear Mrs Bird* by A J Pearce.

Afternoon Book Group – Thursday 7th May 2.45 p.m. The group is currently reading *The Survivors* by Jane Harper.

Evening Book Group – Thursday 28th May 7.00 – 8.00 p.m. The group are currently reading *All the Broken Places* by John Boyne.

New Tuesday Book Group beginning Tuesday 12th May 10.00 a.m.
This group are currently reading – to be decided.

If you are interested in joining any of the above book groups, please contact library staff on 01473 851374. The library supplies copies of the titles being read.

Knit and Natter – From 2.30 p.m. This month there is only one session on Thursday 14th and 28th May You don't need to be able to knit, crochet or embroider to attend – just pop along for a natter. Tea/coffee and biscuits are provided. Donations welcome.

IT Help Thursday 21st May 2.30 – 4.00 p.m. – Are you having IT issues or need some help with your phone or setting up an email address? Our IT volunteer will be on site to help and offer advice. Why not pop along?

New Baby Weighing Station – this facility will be available during our Word Play sessions every Thursday only:

Tot Rock 9.45-10.15 a.m. and Baby Bounce 10.45-11.15 a.m.

Lego Afternoon – Tuesday 26th May 2.30 – 4.30 p.m. This week is the Suffolk Show. Why not pop along and create something you may see at this show? Will you make a stall, build a tractor or recreate the showground.

Bank Holiday Dates – the library will be closed on the following two bank holidays:

Monday 4th May

Monday 25th May

Printing and Photocopying – You can print and photocopy at your local library. We can print A4 colour and black and white, as well as photocopy in A4 and A3.

We are also able to scan to email and enlarge and reduce documents.

Book Donations – We are still looking for good quality book donations, mainly fiction – adults or children's, to fundraise for Kesgrave Library Community Group. This group raises additional funding for the library. Please speak to staff if you are interested in donating some items to us. Thank you to everyone who has already donated items.

Opening Hours -

Monday 9.00–12.00 noon

Tuesday 9.00–12.00 noon/2.30–5.00 pm

Wednesday 2.30 – 6.00 pm

Thursday 2.30 – 8.00 pm

Friday 9.00–12.00 noon/2.30–6.00 pm

Saturday 10.00-5.00 p.m.

Sunday 10.00-3.00 pm



**Kesgrave Library, Kinsey House,
Kay's Close, Kesgrave IP5 2HL
Tel: 01473 851374**

ALL SAINTS CONTACT DETAILS

Assistant Priests:

Rev Chris Nunn 01473 622363 revchrisnunn@gmail.com
Rev Gary Jones 01473 412329 revgaryjones1985@gmail.com

Readers:

Martyn Shakespeare 01473 610367 mshakespeare@dunelm.org.uk
Sally Wainman 07807 984589 sallywainman3011@gmail.com
Mike Bryer 01473 611143 bryermike@gmail.com
Chris Bryer 01473 611143 bryer90@gmail.com

Pioneer (at Emerge):

Ben Wale 07769183638 ben.wale@cofesuffolk.org

Parish Administrator:

Natalie Lawrence 07737 821034 allsaints.parish@outlook.com

Church Wardens:

Karen Pringle 07737 968298 ask.churchwarden2@gmail.com
Bob Bullamore 07810 251177 bob.bullamore@gmail.com

Church Hall Bookings:

Bob Theobald 01473 620709 rwtheobald@btinternet.com

Fred Upson Hall Bookings:

Karen Pringle 07737 968298 fredupsonhall@gmail.com

Prayer Chain:

John Wittgreffe 07857 838678 ask.prayerchain@gmail.com

Safeguarding Officer:

Pamela Schultz 07763 176110 pam.schultz@btinternet.com

Treasurer:

Emma Burrows 07811106995 ask.treasurer@gmail.com

FINAL WORD

Thanks for taking the time to read this edition, we appreciate any feedback you may have.

If you would like to receive this Newsletter electronically, please email allsaints.parish@outlook.com to be added to the distribution list. You will be welcome to unsubscribe at any time. Your e-mail address will not be passed on to third parties. Alternatively, it is available on our website.

Our church website www.askesgrave.org has all the information you might need. We try to regularly update notices and information as they become available, as well as adding items onto our pages on The Church of England's 'A Church Near You' site –

<https://www.achurchnearyou.com/church/2061/>

If you are on Facebook, please like and follow us on our page – All Saints Church Kesgrave <https://www.facebook.com/Askesgrave/> – where we will also upload important developments and information, videos, and ideas for prayer and worship. **Issue 131** will be available from *24 May 2026* – **JUNE 2026**. Please note, should you wish to have something included in this issue, the deadline is *Tuesday 19 May 2026*.