

Patrick, Glen Maye & Dalby

Weekly News sheets : 8th-15 March 3rd Sunday of Lent

We welcome you to our church this week, it's lovely to have you with us .

Our thanks go to those who have helped set up our churches and are involved in leading worship.

We remember before God all in our communities who are vulnerable or struggling : the elderly, the isolated and lonely; single parents; those who are ill or depressed, the stressed and anxious; the poor and needy; those facing financial pressures; those grieving the loss of a loved one. We pray that they may know God's presence with them and be comforted.

In a changing society we hold before God our Churches and Chapels across the Island and we pray for His ongoing blessing and guidance upon our ministry, witness and outreach. We hold before God the work of *so many Christians* , unknown and unnoticed who serve and support others across the wide spectrum of our communities: those who are quietly visiting the sick, elderly and lonely, providing warm spaces and hospitality, feeding and journeying alongside the vulnerable and supporting children and young families. We pray for our outreach of Love Lord to touch the lives of those in need, in your name.

We hold before God the innocent people within the Middle East whose lives have been disrupted, whose loved ones have been killed or injured, whose security has been lost, and whose dreams and hopes for the future have been shattered by the sudden explosion of war across the region. "*Lord of Peace and Lord of protection, walk through the cities and the rubble, the communities and the nations. Strengthen your church in these regions to witness your Love and to become your sanctuary of hope and succour to the wounded and frightened. Provide comfort for those who are grieving and those in pain. Provide ways for a just and sustainable peace to prevail and for the death and killing to stop. Guard the hearts of all people from fear, their minds from anxiety. Be their refuge and shield in every moment of uncertainty. Give us the wisdom and faith to believe and trust that what seems impossible to us, is always possible to you. Amen*" edited from a Tearfund Prayer

Today's Readings

Exodus 17.1-7
Romans 5.1-11

Psalm 95
John 4.5-42

Taking our fill

It's often been thought that Lent is about deprivation and sufferingI wonder how often we've considered it as an invitation *to take our fill*?! In our teaching today Jesus refers to Himself as the "Living Water". In the Middle East where water is scarce, and across the Global South today where drought is prevalent, hundreds of millions of people thirst for the reliability of the water source, knowing the life giving changes it would bring. In Lent, in times of our own vulnerability, we remember our need to drink deep of that Life giving water that Jesus offers us. Lent is an invitation to drink deep, to establish and maintain a deeper relationship with God, that we may be given strength, and faith, to serve others in their need.

Thoughts to ponder.....

Faith is not only daring to believe, it is also daring to act. When I believe in myself as a son of God, I attribute to all people the same quality. This goes for people of every class, creed and colour. The proof that I believe this way will be measured by the way I act towards others. . . . To me God is all the goodness in the universe, available to me here and now, and it is up to me to help convert that goodness into action. "God is love," but He is infinitely more than that. God is love, hope, courage, good will, peace-- He is all the eternal, everlasting, indestructible values of ongoing creative life. With God underneath my life I have the faith to build toward the stars.

Wilfred Patterson

Sunday Services for next week : 15th March. Mothering Sunday & 4th of Lent

Refreshments are served after all these services, please stay for a cuppa and enjoy a natter

Kirk Patrick: 10.30 am : Holy Communion
Glen Maye: 10.30am : Congregational Praise
Dalby: 6.30pm : Taize Worship

Grahan Mc All

Cheryl Cousins

Local Ministers for Patrick: Graham McAll : 840813 & Robert Quayle : 842912

Wardens: Clare Quayle 417583 & Kenny Diack 316316

Minister for Glen Maye : Rev'd Johanna Smart : 842202 &

Steward: Paul Craker : 845681.

Local Minister for Dalby: Cheryl Cousins: 843471

Wardens : Margy Killey:843768. & Pauline Killey 843494

Safe Guarding Officer: Sarah Hedley : 361763

Rev'd Dr Janet Corlett 07624 301910

Secretary: Julia Sharples 840801.

Safe Guarding Officer : Paul Bergin 869306



Weekly Diary Dates 2026

*Anyone is welcome
to come to any of these events*

- **On Monday Mornings: A Different way to travel through the Season of Lent** : Lent Walks, join Janet Corlett, Marinda Fargher, Andrew Foxen and Phil Craine on Monday Morning 10am. Meet at 9.45 for a 10am start. Refreshments provided.
9th March Sulby Methodist Church (circular)
16th March Port St Mary (Kallow Point) (circular)
23rd March St. Johns Methodist Chapel (circular)
30th March Dhoo Chris Church (circular)
Contact Rev Janet: corlette@gmail.com
07624430910
- **Mon 9th : A Four week Journey into prayer:** we invite you to join us for a new pilgrimage on prayer at Dalby schoolrooms on Monday evenings at 7.30pm, from 9th -30th March..... Using The Prayer Course II: with a video lead by 24-7 Prayer founder Pete Grieg and co-host Gemma Hunt. created to run alongside Pete Grieg's book "God on Mute", exploring the theme of Unanswered Prayer in more detail..... everyone welcome as we gently think about this big and often undiscussed issue together.
- **Tues 10th : The Chosen : Season 2 at St John's Methodist Church starting at 7:00 pm.** format is video and conversation and is for the curious, new to faith, those who have a faith, box-set lovers. All are welcome. If you would like more details then please contact either Revd Jo Smart johanna.smart@methodist.org.im or Revd Joanna Fisher j.fisher00@icloud.com
- **Wed 11th : Dalby Ducklings.** Please check with Cheryl in advance to see if places are available.
- **Thursday 12th : Meditation at Dalby, meeting at 7.30pm – 9.00pm.** This is a lead meditation in the tradition of WCCM (the World Community of Christian Meditation) around the fire in the schoolrooms. An introduction to a practice of inner stillness and silence before God, that we may dwell in His peace. Open to anyone, you needn't have meditated before to join us.
- **Sat 14th: Saturday Night Movies at Dalby screening " I Swear" :** heartfelt, funny biographical film detailing the life of John Davidson, a Scottish teenager in the 1980s who battles misunderstood Tourette syndrome to become a leading campaigner for the condition. starring [Robert Aramayo](#), it covers his journey from a bullied, misunderstood youth to a passionate advocate. Runtime 2 hrs, Certificate 15. Contains bad language throughout. There;ll be refreshments, feel free to bring your own wine /beer and friends! No need to book in advance. Donations welcome.

Have you considered doing a Carbon Fast during Lent?! See Climate Stewards : info@climatestewards.org . Week 4's Challenge is based around Simple, Go Deep and Big Leap challenges to help you " focuses on reducing the carbon footprint associated with **food waste and meat/dairy consumption**. As one-third of all food produced is wasted, this week aims to align consumption habits with environmental stewardship.

Prayer for Lent: by Bishop Tricia

*Holy and Merciful God, As we step toward this Lenten journey, we do not pretend we are stronger than we are. You have met your people in deserts before. Meet us there too. Strip away what is false in us not to shame us, but to free us.
Quiet the noise that keeps us distracted from the steady pulse of your love. Teach us to hunger for what truly nourishes. Teach us to release what weighs us down. Teach us to trust that repentance is not punishment but return.
Knit us together in courage and compassion.
Let this season be honest. Let it be gentle. Let it be transformative. And when Easter light breaks in, may we recognize it because we have learned how to wait in the dark. In the name of Christ, who walked the wilderness before us and walks it still with us.
Amen*

Caring for Creation : Planning & Planting for

Wildlife : Ivy (ideally *Hedera helix* or *Hedera hibernica*) is one of the best plants you can grow for wildlife. First, the flowers appear late in the year, giving pollinators such as butterflies and hoverflies a final boost. Then, the deep purpley-black berries are much loved by Woodpigeons, but also thrushes, Robins, Starlings and Blackcaps. These berries are richer in fat than most other berries. They also ripen later and over a longer period of time, ensuring a steady supply of vital nutrition. Invertebrates, including spiders, hide among the leaves and stems, providing rich pickings for Robins and Wrens. Finally, this incredible climber is crucial for cover. The birds we see during Big Garden Birdwatch need to survive 14–18 hours of darkness every night, so an evergreen shelter is ideal.

Trees & Shrubs : Rowans also known as Mountain Ash, attract Waxwings in late autumn with their berries. These striking birds only visit during winters when berry crops have failed in north-east Europe feasting in hedgerows. Rowan berries will also be eaten by thrushes, including Redwings and Fieldfares. The Hawthorn's red berries, or haws, will feed Blackbirds, thrushes, Greenfinches, Starlings and many other birds in the winter. This dense shrub also makes a great home for insects during the rest of the year, and the House Sparrows feel safe deep among its spiky twigs. For more information on garden diversity for nature see [RSPB](https://www.rspb.org.uk) : <https://www.rspb.org.uk> > [newsletter-sign-up](#)

If you'd like to have information in this news sheet could you please send it through to Cheryl by Thursday:
cherylcousins@manx.net Many thanks