

Morning Prayer

Week beginning 10th February 2026

Preparation

O Lord open our lips

All and our mouth shall proclaim your praise.

A Song of God's Righteousness

Bless the Lord, O my soul,
and all that is within me bless his holy name.

Bless the Lord, O my soul,
and forget not all his benefits;

Who forgives all your sins
and heals all your infirmities;

Who redeems your life from the Pit
and crowns you with faithful love and compassion;

Who satisfies you with good things,
so that your youth is renewed like an eagle's.

The Lord executes righteousness
and judgement for all who are oppressed.

He made his ways known to Moses
and his works to the children of Israel.

The Lord has established his throne in heaven,
and his kingdom has dominion over all.

Bless the Lord, you angels of his,
you mighty ones who do his bidding
and hearken to the voice of his word.

Bless the Lord, all you his hosts,
you ministers of his who do his will.

Bless the Lord, all you works of his,
in all places of his dominion;
bless the Lord, O my soul.

Psalm 103:1-7, 19-22

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning, is now
and shall be for ever. Amen.**

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God -Psalms, Old Testament and New Testament Readings

Tuesday 10th February

Psalms 32, 36

Genesis 31:1-24

2 Timothy 4:9-end

Wednesday 11th February

Psalm 34

Genesis 31:25-32:2

Titus 1

Thursday 12th February

Psalm 37

Genesis 32:3-30

Titus 2

Friday 13th February

Psalm 31

Genesis 33:1-17

Titus 3

Saturday 14th February

Psalms 41, 42, 43

Genesis 35

Philemon

Sunday 15th February – Sunday next before Lent

Psalm 72

Exodus 34:29-end

2 Corinthians 4:3-6

Monday 16th February

Psalm 44

Genesis 37:1-11

Galatians 1

A suitable song or chant, or a responsory in this or another form, may follow the Scripture Readings

Open my eyes, O Lord
that I may see the wonders of your law.

All Open my eyes, O Lord
that I may see the wonders of your law.

Lead me in the path of your commandments

All that I may see the wonders of your law.

Glory to the Father and to the Son
and to the Holy Spirit.

All Open my eyes, O Lord
that I may see the wonders of your law.

from Psalm 119

Gospel Cantic

The Benedictus (The Song of Zechariah)

All In your tender compassion, O God,
the dawn from on high shall break upon us.

Blessed be the Lord the God of Israel,
who has come to his people and set them free.

He has raised up for us a mighty Saviour,
born of the house of his servant David.

Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us,

To show mercy to our ancestors,
and to remember his holy covenant.

This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,

Free to worship him without fear,
holy and righteous in his sight
all the days of our life.

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation
by the forgiveness of all their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Luke 1.68-79

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All In your tender compassion, O God,
the dawn from on high shall break upon us.

Prayers

Intercessions are offered for the world and its needs, the Church, and for ourselves.

These responses may be used

Lord, in your mercy
All hear our prayer.

or

Lord, hear us
All Lord, graciously hear us.

Silence may be kept.

This Collect or the Collect of the day is said

Almighty God,
give us reverence for all creation
and respect for every person,
that we may mirror your likeness
in Jesus Christ our Lord.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins, as we forgive those who sin against us.
Lead us not into temptation, but deliver us from evil.
For the kingdom, the power, and the glory are yours, now and for ever.
Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.

All Amen

Let us bless the Lord.

All Thanks be to God