



The Anglesey Group

# The Desert Fathers and Mothers

Our Lent Course for 2026

We are excited to present something a little different this year. Our course will look at the lives and legacies of these early Christians, whose influence has percolated down the centuries and whose examples still can speak to us today.

Each session is about a different desert father or mother (Don't worry if you've never heard of most of them. That's expected. All will be revealed)!

- Anthony of the Desert
- John Cassian
- Macarius of Egypt
- Syncletica of Alexandria
- Patrick of Ireland
- Moses the Strong (Ethiopian)

Summary: The Lessons of the Desert

Each session has a video, information about the father or mother of the week, biblical references discussion and prayer time.

Tuesdays and Thursdays at 7:30pm from 17 February to 31 March.

You can attend personally at Lode church on Tuesday or on Zoom on Thursday, and you can chop and change.

The course is devised by the [Lectio 365](#) daily devotional app. Extra material will be available online during Lent (via the app) if you would like to delve further. To help us plan: PLEASE SIGN UP via Liz, Mike or by email to [lent@angleseygroupparishes.co.uk](mailto:lent@angleseygroupparishes.co.uk)