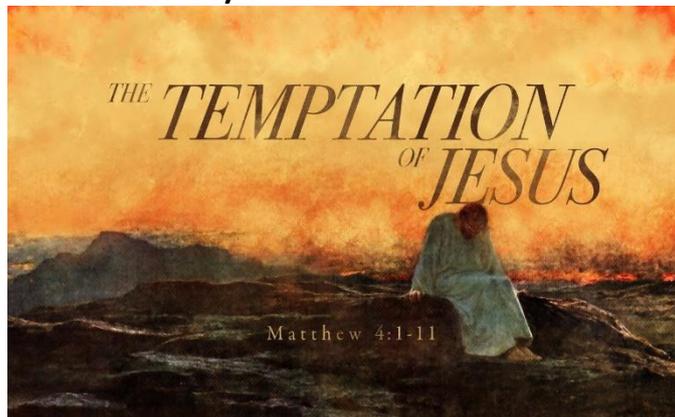


THE PARISH OF ST ALPHEGE, EDMONTON

Sunday 22nd February 2026

The First Sunday in Lent.

After Jesus was baptized by John the Baptist at the River Jordan, he was led by the Spirit of God to withdraw into the wilderness of Judea - a vast desert wilderness that was mostly uninhabitable and full of danger. Danger from scorching heat by day and extreme cold at night, danger from wild animals and scorpions, plus the deprivation of food and scarcity of water.



Entrance Hymn

185: Forty days and forty nights.

Offertory Hymn

285: I the Lord of Sea and Sky.

Procession

59: At the name of Jesus.

.....
Lent Course, Sundays at 6pm - Zoom Link:

ID: 761 9683 1243 Password: 4QBmkb

THIS WEEK:

Monday 23rd: St Polycarp, bishop & martyr.

Tuesday 24th: Weekday of Lent.

Wednesday 25th: Weekday of Lent.

Wednesday Mass: 7pm with Fr Beer.

Thursday: 26th: Weekday of Lent.

Friday 27th: St Gregory Narek, abbot doctor.

Friday Midday Mass: 12 noon in Lady Chapel.

Saturday 28th: Weekday of Lent.

NEXT WEEK:

Sunday 1st March 10am, Parish Mass with Fr Angus.

FUTURE DATES:

Saturday 7th March Lent Reflection Day; 11am -3pm with Lunch included.

Saturday 21st March: Bishop of Fulham's Lay Congress St Alban's Holborn: 10am-3.30pm. Led by +Lindsay.

Would you like to join our Social & Fundraising group? Speak to Maxcine; Mary F or Carol Saul to find out more.

CONFESSION: (by appointment). Speak to Fr Angus to arrange time for this. Lent heralds the 40 days before Easter and is a season of fasting, prayer & penitence. It is a time traditionally when people reconnect with God through the Sacrament of reconciliation.

SPECIAL BLESSINGS: Please let one of the sidespeople know before mass begins if you would like a special blessing.

Please see Sue if you would like to sponsor the EUCHARISTIC GIFTS, CANDLE FOR OUR LADY or SACRAMENT CANDLE

ST ALPHEGE PRAYER GROUP aims to pray every day at 9.00am. We also offer prayers during the Sunday Service, just come to the side chapel during Communion. We are bound by rules of confidentiality. Please see Mary Findlow for more information.

THE WHATSAPP GROUP: If you'd like to join this group, speak to Fr Angus or send a text to Stephen Heath on 07752 685021.

Parish Office hours: Tues – Sat: 9.30am – 5pm

Tel: 020 8374 8205 (office hours)

Pastoral Emergencies: 07508482909 (24hrs)

PARISH SICK LISTS

Long term: Gillian; Margaret; Lloyd; Brian; Ann;

Carl; Jean & Family; Astley; Mary; Stephen; Pearlina

Short term: JC; Gloria; Lauren; Judy; Patsy; Albert.

RECENTLY DEPARTED: Angela Biggs; Lola Clinton; Helen Clink; Rodney Hines; Michael Biggs.

ANNIVERSARIES OF DEATH: Gladys Jordan; Edward Keeler; Percy Cook; Kenneth Chalkley; Mabel Street; Catherine Alleyne; Doris Porthouse; Iris George; Sheila Kehoe; John Casey Jr; Ruth Fielding; Gladys Bucknel.

BIRTHDAYS THIS WEEK: Kiran Sukhdeo.

FINANCIAL POSITION: The Church and Hall Gas Bill for 2024 was £18,667.69 and the Electric Bill was £1,476.07. Please consider joining the Parish Giving Scheme (PGS).

PARISH GIVING SCHEME: A great way to make your regular donation to support St Alphege!

Scan the QR code to sign up!



NORTH ENFIELD FOODBANK: The foodbank is in urgent need of many items – see list at back.

REFRESHMENTS SERVED AS ALWAYS AFTER MASS!

ENTRANCE ANTIPHON

*When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.*

COLLECT

Grant, almighty God,
through the yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects... **Amen.**

FIRST READING Genesis 2:7-9; 3:1-7

A reading from the Book of Genesis.

The LORD God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature. And the LORD God planted a garden in Eden, in the east, and there he put the man whom he had formed. And out of the ground the LORD God made to spring up every tree that is pleasant to the sight and good for food. The tree of life was in the midst of the garden, and the tree of the knowledge of good and evil.

Now the serpent was more crafty than any other beast of the field that the LORD God had made. He said to the woman, 'Did God actually say, "You shall not eat of any tree in the garden"?' And the woman said to the serpent, 'We may eat of the fruit of the trees in the garden, but God said, "You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die."' But the serpent said to the woman, 'You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM Psalm 51(50):3-4. 5-6b. 12-13. 14. 17.

R. cf. 3a

R: Have mercy on us, O Lord, for we have sinned.

1. Have mercy on me, O God,
according to your merciful love;
according to your great compassion,
blot out my transgressions.
Wash me completely from my iniquity,
and cleanse me from my sin. **R.**
2. My transgressions, truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done. **R.**
3. Create a pure heart for me, O God;
renew a steadfast spirit within me.
Do not cast me away from your presence;
take not your holy spirit from me. **R.**
4. Restore in me the joy of your salvation;
sustain in me a willing spirit.
O Lord, open my lips
and my mouth shall proclaim your praise. **R.**

SECOND READING Romans 5:12-19

A reading from the Letter of Saint Paul to the Romans.

(for shorter form read between > <)

> Brothers and sisters: Just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned – <

for sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose sinning was not like the transgression of Adam, who was a type of the one who was to come.

But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift by the grace of that one man, Jesus Christ, abounded for many. And the free gift is not like the result of that one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brought justification.

> For if, because of one man's trespass, death reigned through that one man; much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men. For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The word of the Lord.

Thanks be to God. <

ACCLAMATION BEFORE THE GOSPEL Matthew 4:4b

R: Glory and praise to you, O Christ.

One does not live by bread alone,
but by every word that comes forth from the mouth of God.

R: Glory and praise to you, O Christ.

GOSPEL Matthew 4:1-11

A reading from the holy Gospel according to Matthew.

At that time: Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry. And the tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "Man shall not live by bread alone, but by every word that comes from the mouth of God."'

Then the devil took him to the holy city and set him on the pinnacle of the temple and said to him, 'If you are the Son of God, throw yourself down, for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, lest you strike your foot against a stone.'" Jesus said to him, 'Again it is written, "You shall not put the Lord your God to the test."'

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. And he said to him, 'All these I will give you, if you will fall down and worship me.' Then Jesus said to him, 'Be gone, Satan! For it is written, "You shall worship the Lord your God and him only shall you serve.'" Then the devil left him, and behold, angels came and were ministering to him.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Give us the right dispositions, O Lord, we pray,
to make these offerings,
for with them we celebrate the beginning
of this venerable and sacred time... **Amen.**

COMMUNION ANTIPHON

*One does not live by bread alone,
but by every word that comes forth from the mouth of God.*

Or

*The Lord will conceal you with his pinions,
and under his wings you will trust.*

PRAYER AFTER COMMUNION

Renewed now with heavenly bread,
by which faith is nourished, hope increased,
and charity strengthened,
we pray, O Lord,
that we may learn to hunger for Christ,
the true and living Bread,
and strive to live by every word
which proceeds from your mouth... **Amen.**