

## First Holy Communion 2026

*Dear Parents and Carers,*

*I hope you're well. We're so pleased to share that our First Holy Communion preparation is coming up soon, and we'd be delighted to welcome your child into the group.*

### WHAT IS THE FIRST HOLY COMMUNION?

First Holy Communion is a very special step in a child's faith journey.

From the earliest days of the Church, Christians have remembered Jesus' Last Supper by sharing bread and wine.

It's a simple but powerful way of Growing closer to Jesus, understanding God's story more fully and discovering our own place within that story.

We are delighted to support your child as they prepare for this meaningful moment.

### WHO CAN JOIN?

This course is tailored to children in Year 3 and above who would like to prepare to receive their First Holy Communion.

### COURSE DATES:

14 January

21 January

28 January

4 February

11 February

Sunday 15 February – First Holy Communion Service

18 February

25 February

### WHEN AND WHERE?

Start Date: Wednesday 14 January 2026

Time: 3:30pm – 5:00pm

Venue: St Andrew's Church Hall

### WHAT WILL HAPPEN?

Children are welcome to come straight after school. From 3:30pm we will have food ready, along with games and activities. If your child attends St Andrew's School, two members of the Children and Youth Ministry Team will be available to collect them and walk with them to the hall. The teaching session begins at 4pm, led by a Children & Youth Worker together with one of our vicars.

### HOW TO REGISTER

Please fill in the registration form on our youth website:

<https://uxbridgeparishyouth.org/children/#1HCPC> (The form is at the bottom of the page.)

If you have any questions at all, please feel free to get in touch.

We're really looking forward to sharing this journey of faith with your children.

Warm regards,

Alessandra Bazzo - Children & Youth Minister

Uxbridge Parish Team Ministry