

HELP US ENSURE NO-ONE IN OUR COMMUNITY GOES HUNGRY

**Please Donate the** Following Items Today



## Dairy

- Long-life, or UHT milk (whole)
- Long-life, or UHT milk alternatives

#### Preserves

- Honey
- Jam
- Peanut Butter
- Chocolate Spread
- Tea
- Instant Coffee
- Sponge puddings (and other long - life desserts)

Due to current storage limitations, we can't accept chilled, fresh, or frozen food, but we're working to make this a possibility.

## **Ouick Meals and** Lunches

- Noodle pots
- Microwavable rice
- Mug-friendly pasta
- Quick couscous

### **Drinks**

- Noodle pots
- Microwavable rice
- Mug-friendly pasta
- Quick couscous

#### Snacks

- Cereal
- Snack bars
- Crisps
- Chocolate
- Biscuits

## Store-Cupboard Items

- Tinned pulses (kidney beans,
- chickpeas etc)
- Tinned vegetables
- Tinned soup
- Tinned meat meals (no pork)
- Tinned vegetarian meals
- Tinned ham
- Tinned fish
- Tinned custard
- Tinned rice pudding
- Tinned fruit Cooking oil
- (500ml or 11 bottle)

# Health and Cleaning Products

- Toilet Roll
- Soap
- Sanitary towels
- Washing up liquid
- Laundry pods
- Shampoo
- Deodorant
- Shower gel



Donate funds directly from website https://hillingdon.foodbank.org.uk/gi ve-help/donate-money for us to buy bulk purchases.

# Thank you for thinking of us!





hillingdonfoodbank@kingsborough.org.uk



Call telephone number 1) 0189 525 2224 (Ext 3) 2) 0785 9710 747



Deliver to our warehouse or our drivers can come collect at your location







