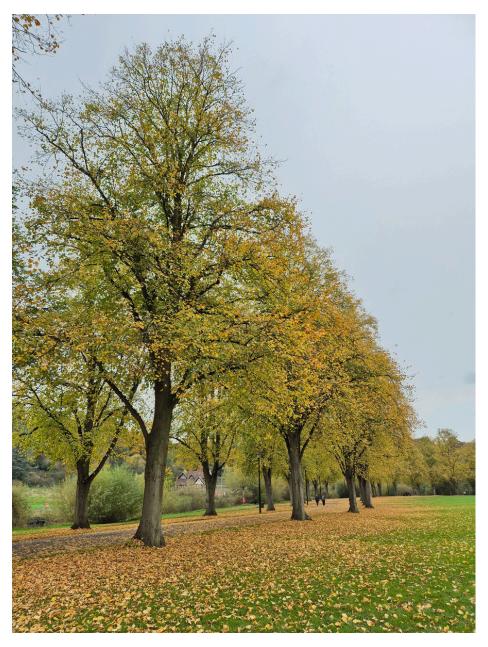
Crediton Rural Ministry Hub Post

Churches joyfully working together with a generous spirit reaching out to the churches, communities, villages and hamlets around Crediton

November 2025



Photograph by: Tiffany May Location: Shrewsbury

The Diocese of Exeter Pray - Grow – Serve



Welcome to the 31st edition of the Hub Post

November is the month for remembering. At the very beginning of the month, we have All Saints and All Souls, followed by Remembrance Sunday and Armistice Day.

In the very act of remembering we recall someone or an event... we draw on the memories which we have, and we make those memories present to us. As human beings, remembering with our minds can also evoke feelings in our hearts too. Remembering can be an emotional journey, and it can be healing too.

When we remember we recall someone or something; we draw on our memories. But, of course, because we are human beings, what we remember with our minds evokes feelings in our hearts and in our bodies. Our memories may make us feel warm and comforted – they may fill us with joy, or they may fill us with sadness, sorrow, and regret – they may make us feel low.

Zakar is a Hebrew word from the Old Testament meaning to remember, recall, or call to mind, but when God remembers his people, he also does something for them, such as bringing them out of exile. When God remembers us, he does something for us as well. When Jesus took bread and wine – simple ingredients on the Passover table and commanded us to do this *in remembrance of me*, there was something of his own hope that he would be remembered and his mission passed on. There was too, a desire to give his disciples some way of keeping his memory alive, in a tangible way, when he was gone.

November is a month in which the days continue to shorten, and it is not coincidence perhaps that as the days shorten, human beings have found symbols of light to remind them of the hope that lies beneath our cold and bleak winter world. We find it echoed in the psalms: 'My soul waits for the Lord like a watchman for daybreak.'

Some churches have All Souls services, and these provide opportunities for us to remember those who have been important to us. By remembering we keep their memories alive and by bringing them to mind we too can somehow keep their presence in our lives.

Often, we light candles as a sign of remembering and, like the remembrance of God, we do something too. As we light the candle we say a prayer for that person. The candlelight reminds us that we too can share the light of hope that we carry with others. When you are in a dark place, the warmth of a smile or a kind word can mean a lot.

It may feel that the light we offer to others is small and insignificant in times of darkness, but each time it is shared it is not halved but doubled. Together we really can make a difference to each other.

Remembering is important and it is important that we are gentle with ourselves and give ourselves time and space in which to do our remembering.

Your friend and Rural Dean,

Matthew Tregenza

What's on

Deadline for articles for the December edition - 25th November

Coffee Mornings

<u>Cheriton Fitzpaine</u>
Saturday 29th November
10am -12noon

Sandford
Wednesday mornings @ 10:30-12

Are you planning an event in your Parish?

Email: northcreedy1@gmail.com to let us know and we'll add it into the **What's On** List.

Please send posters in either Word, PDF, png or jpeg format.







THE WELL

HOLY CROSS CHURCH CREDITON

Be refreshed and energised for everyday life. Come to The Well and find space to worship & wonder. A space to experience the power and presence of God.

Dates

Weds 24th Sept, Wed 22nd Oct, Wed 19th Nov

Time

7.30-9pm

Location

Holy Cross Church Crediton

All are welcome to The Well. Let's grow in faith and hope together

St Matthew's MESSY CHURCH

faith friendship fun food

Wednesday
12th November
4pm-5.30pm

"REMEMBERING"

No need to book, just come along

Ring Alice for more info 07484 704777

"TEA & COFFEE STOP" at St Matthew's Cheriton Fitzpaine

Drop into St Matthew's Church,
Peruse the second-hand books,
help yourself to a drink and a biscuit,
enjoy the quiet and stillness
of the historic building.



There's also a toilet!



CHRISTMAS

COFFEE MORNING

Sat 29th November

St. Matthew's Church

10.00 -12.00

CAKES, PRESERVES, PUDDINGS, BOOKS, BRIC-A-BRAC, CARDS.







ST MATTHEW'S CHERITON FITZPAINE Sunday 2nd November 11.15am Communion

Sunday 9th November 10.45am
Service of Remembrance

Wednesday 12th November 4pm Messy Church

Sunday 16th November 11.15am Communion

Sunday 30th November 10.30am

Mission Community Service at Woolsery

Next service at St Mary's Stockleigh English
Sunday 14th December 4pm

Carol Service followed by refreshments

St. Swithun's Sandford's November Services

Sunday 2nd November 9:30am Communion

Sunday 9th November 10:15am Remembrance service

Sunday 16th November 9:30am Morning Praise

Sunday 23rd November 9:30am Communion

Sunday 29th November 10:30am Mission community service at Woolfardisworthy

Wednesday mornings 10:30-12 Coffee & Company

Friday mornings 10:30-11 Contemplative prayer





St Matthew's Cheriton Fitzpaine

Service of Remembrance Sunday 9th November 10am

Collection for the Royal British Legion

Do stay for refreshments after the service



'Seraph'

A FREE concert in Colebrooke
Church on Saturday 15th
November Doors open at 7pm, for
7.30pm start



Come and enjoy the gorgeous harmonies of this talented local group. Refreshments will be served in the interval.

No charge for entry, but donations welcome.

MORE INFO ON NEXT PAGE

Folk Group to Perform in Colebrooke Church on 15th November at 7.30pm

The Friends of St Andrew's Church are delighted to host a concert by 'Seraph', the popular young folk group, on Saturday 15th November.

Seraph consists of three talented local girls, Lydia Saunders and sisters, Jess and Amy Gregory, who met as children at Crediton Congregational Church. They can often be seen singing in Crediton town square, at local festivals and events.

Their hallmark feature is their beautiful three-part harmonies and interesting arrangements. Their young voices will sound gorgeous in our church, so do come and bring your friends.

There is no need to book as entrance is free, but donations will be welcome to cover the cost of the event and hopefully something towards church funds.

Doors will open at 7pm for a 7.30pm start. Drinks and snacks will be served during the interval.



Share the

GOOD NEWS

Talk to people about **JESUS**

Training for

10 Session Course

Delivered by the CHURCH ARMY, designed to equip local lay leaders in evangelism. Ideal for those looking to share the gospel and to lead others to do the same.

Starts 7th Nov

Full details here -

tinyurl.com/faithempowered

For an initial conversation about the course please contact Diocesan Mission Enabler - Jeremy Putnam 07889 523766





featuring local singers and musicians. Free admission, retiring collection. Mulled wine and mince pies afterwards

14TH DECEMBER 2025 AT 3PM IN STOCKLEIGH POMEROY CHURCH

All profits St Petock's, Clannaborough

Saturday 14th February



**** "MAGNIFICENT PERFORMANCE". REGAL THEATRE

**** "ASTOUNDING SHOW". STRODE THEATRE

Bow Village Hall

DOORS 8PM

LICENSED BAR

Tickets £24 Early Bird £19.50 (before 30th Nov)

email richardsmik1@gmail.com

Tel 01363 82379

Wegottickets or



Scan Code



Advent course

We will be running an <u>Advent course across the Hub</u> this year and there will be groups in <u>Sandford, Cheriton</u>
<u>Fitzpaine, Lapford, Colebrooke and Crediton</u> (so far).

The material will be the <u>same across the team</u>. If there are enough people to have groups in other places, please let us know.

We will have both daytime and evening groups.

If you would like to be part of an Advent group, <u>please get</u>
<u>in touch with Tiffany at northcreedy1@gmail.com or on</u>

01363 779363, so that we can coordinate the groups across

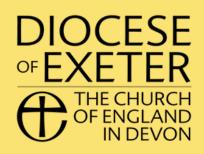




'Working together to enable all to live life in all its fullness' - John 10:10

BEA GOVERNOR

You can make a difference to the lives of children in Devon's Church of England Schools, helping pupils to flourish.





exeter.anglican.org/be-a-governor









You can make a difference

As a governor, you'll get the opportunity to help schools give children the best start in life. School governors come from all walks of life. Governors have different skills, experiences and backgrounds, and together use them to make a difference.

You don't need lots of experience in education and you don't need to be a parent. You just need to be over 18 and have a commitment to serve schools with joy.

Interested?

We'dlovetohear from you.

- exeter.anglican.org/be-a-governor
- beagovernor@exeter.anglican.org
- 01392 294950





You are invited to

Held Together

An accessible service for older people & carers

followed by tea, coffee cake, biscuits & chat



10.30 to 11.30 a.m.

On the third MONDAY of each month

Led by Anna Chaplains: Eileen Brassington & Caroline Smith

Anna Chaplains

offering spiritual care to older people

We continue to pray for the situation in the Holy Land.

A Prayer for the Holy Land from Archbishop Hosam

Naoum of Jerusalem:

O God of all justice and peace, we cry out to you in the midst of the pain and trauma of violence and fear which prevails in the Holy Land.

Be with those who need you in these days of suffering; we pray for people of all faiths - Jews, Muslims and Christians and for all people of the land.

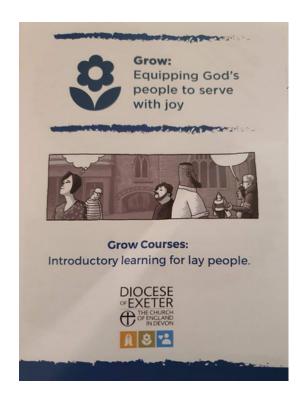
While we pray to you, O Lord, for an end to violence and the establishment of peace, we also call for you to bring justice and equity to the peoples. Guide us into your kingdom where all people are treated with dignity and honour as your children - for to all of us, you are our Heavenly Father.

In Jesus' name we pray, Amen.

We also continue to pray for peace in Ukraine and other places where there is war.

Almighty God, from whom all thoughts of truth and peace proceed: kindle, we pray, in the hearts of all, the true love of peace and guide with your pure and peaceable wisdom those who take counsel for the nations of the earth that in tranquility your kingdom may go forward, till the earth is filled with the knowledge of your love; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen



GROW COURSES offer introductory learning opportunities for a wide range of roles over Zoom. Primarily for lay people, these courses can be accessed by anyone and may be used as part of their discernment process or as learning for a current or future role. This project aims to help our church members to grow in prayer, make new disciples and serve the people of Devon with joy through practical and specific learning.

Courses are certificated and can be undertaken without prior learning. Some participants join before or after undertaking Foundations in Christian Ministry, but these courses stand alone. Public recognition of this learning is really valuable, so we'd encourage all churches to acknowledge those who complete Grow courses. These courses can also be arranged as in-person training, if we have enough people to run a course in the Deanery.

Current courses include Digital Ministry, Prayer, Sharing our Faith, Children, Youth & Schools, Leading from the Front, Carbon Literacy, Creation Care, Pastoral Care, Social Action, Administration, Preaching, Small Group Leadership and more. These are always being added to and suggestions of new subjects are welcome.

Jon Curtis is Lay Leadership Project Manager for the Diocese of Exeter and can be contacted via email at jon.curtis@exeter.anglican.org

If you are interested in doing one of these courses, please speak to Janet May or Laura Armstrong.

To advertise in the Hub Post, please contact Revd Janet May on northcreedy1@gmail.com

Church Services Across the Hub

SUNDAY SERVICES ROTA November 2025	2 nd November All Saints	9 th November Remembrance Day	16th November 2 Before Advent	23rd November Sunday before Advent	30th November 1 st Sunday of Advent
Cheriton Fitzpaine St. Matthew's	Communion 11:15am	Remembrance 10:45am	Communion 11:15am		
Kennerleigh John the Baptist	Evensong 6:30pm	Remembrance Service 10:45am	Communion 11:15am		
New Buildings Beacon	Communion 8:30am				
Poughill St. Michael & All Angels			Communion 9:30am		
Puddington St. Thomas A Becket		Joint service with Kennerleigh			
Sandford St. Swithun's	Communion 9:30am	Remembrance Service 10am	Morning Praise 9:30am	Communion 9:30am	
Stockleigh English St. Mary the Virgin					
Stockleigh Pomeroy St. Mary the Virgin					
Upton Hellions St. Mary's					
Washford Pyne St. Peter's		Joint service with Kennerleigh		Matins 11:15am	
Woolfardisworthy (Woolsery) St. Mary's		Remembering Service 10:45am			Mission Community Service 10:30am
Bow	Morning Prayer 10:30am		Communion 10:30am		
Clannaborough				BCP Holy Communion 9:30am	

SUNDAY SERVICES ROTA November 2025	2 nd November All Saints	9 th November Remembrance Day	16th November 2 Before Advent	23rd November Sunday before Advent	30th November 1 st Sunday of Advent
Coldridge		Remembrance Service 10:30am	Communion 10:30am		
Colebrooke	Communion 11am	Joint service with Down St. Mary	Morning Prayer 9:30am		
Down St. Mary	Evensong 4pm	Remembrance Communion 10:45am	Morning Prayer 10am	Morning prayer 10am	
Knowle	Communion 10am		Morning Prayer 10am		
Lapford	Morning Prayer 9:30am	Churches together CW Eucharist / Remembrance service 9:30am	Morning Prayer 9:30am	Communion 9:30am	
Morchard Bishop	Morning Prayer 10:30am	Remembrance Service 10:50am	Morning Prayer 10:30am	Morning Prayer 10:30am	
Nymet Rowland			BCP Holy Communion 9am		
Zeal Monachorum	Family Service 10am	Communion 6:30pm		Evensong 3pm	Mission Community Service 10am
Shobrooke	All Soul's service 6pm	Remembrance service starting at war memorial 10:45am		Communion 11am	
Yeoford		Communion 9:30am		Family service 11:15am	
Posbury	BCP Holy Communion 11am		BCP Holy Communion 11am		
Crediton	BCP Communion - 8am Celebrate at the centre - 9:30am All Soul's Service - 6pm	BCP Communion - 8am Civic Service - 10am Said Requiem Mass - 6pm	BCP Communion - 8am Parish Communion - 9:30am Sacred Space - 6pm	BCP Communion - 8am Parish Communion - 9:30am Sung Compline - 6pm	BCP Communion - 8am Parish Communion - 9:30am Advent Procession - 6pm
St Lawrence Chapel	All Soul's service 3pm				

News from around the Team

News from Holy Cross, Crediton



We were delighted to hear the announcement that the Right Reverend Dame Sarah Mullally, former Bishop of Crediton is to be the next Archbishop of Canterbury. We sent a card of congratulations as she prepares to take on this important and challenging position. We have fond memories of her time with us.

The Pet Service was much enjoyed by those that attended. Seven dogs were blessed as part of a short service of thanksgiving for the love and companionship that pets provide. There was also a model of a hedgehog there to represent the 6 hedgehogs fed on a regular basis by Bill Jerman.



We are very sorry to announce that after 11 years, Rose Grisman is standing down as our excellent and

award-winning Crediton Benefice Parish Magazine Editor. So the hunt is on to find a replacement. We would love to hear by 30th November from anyone who would be interested in taking on this role. Here are some details about what's involved in the role of Editor:-

- Salary £151.00 per calendar month (rising £157.00pcm from 1st January 2026)
- Time commitment 10 hours per calendar month largely in the week leading up to the last Monday of the month when the magazine goes to the printers
- Computer literate the parish magazine is currently produced in MS Publisher but other software packages can be used
- An eye for detail and layout
- Liaison with contributors
- Liaison with the printers Hedgerow Print
- Liaison with advertisers
- Emailing the magazine to the email subscribers each month
- Editorial support available if needed

The parish magazine editor also undertakes the annual renewal of advertising in the parish magazine. There is a one-off payment of £100 for this activity.

For more information, please speak to Anne Jerman on 01363 772865 as soon as possible.

On Saturday 8 November at 10am (with the performance at 4pm), there is the Crediton Music Endowment Fund Come and Sing Day 'The Armed Man – A Mass for Peace'. Tickets are available from ticketsource.co.uk at £17 per person to include score hire and £15 where the participant has their own score but this must be the complete vocal score and not the choral suite which just has the mass elements.

Much activity is now taking place as we build up towards Advent and Christmas. Preparations for the St Nicholas Fair on Saturday 22 November from 10am to 2pm in the Boniface Centre and the Christmas Tree Festival in early December are ongoing. Jon Rawles, Director of Music and the choir are looking to start rehearsing for all the special services held at this time of year.

There is much to look forward to. Details of all our services and everything that Crediton Parish Church has to offer can be found in the parish diary on our website – www.creditonparishchurch.org.uk.

November at Woolsery

Although we are a small Festival Church we have two important services to look forward to in November at Woolfardisworthy.

On Sunday 9th November at 10.45am there is an opportunity for us to come together to remember those we have lost under whatever circumstances, in our Remembering Service.

Then on the last Sunday at 10.30am we have the pleasure of hosting the joint service for all our parishes, an opportunity to come together to share our love of the Lord Jesus and his love for us.

Please join us for both of these times of thoughtfulness and worship. Nigel Marshall

Puddington

On Sunday 9th November our church, together with members of John the Baptist church in Kennerleigh, will be holding a joint Remembrance Service at 10.45am. The service will be led by Laura Armstrong at the church in Kennerleigh and we hope members from our nearby churches will be able to join us.

We are having a Christmas Coffee Morning in Puddington village hall on Saturday 29th November. Along with teas/coffee, mince pies etc, there will be stalls selling home made produce and Christmas gifts. All proceeds to be divided between the church and village hall.

Advance Notice: Candlelight Carol Service on Saturday 13th December at 6pm followed by mulled wine and light refreshments in the Village Hall. The Welch Family band will be accompanying the carols.

Remembrance Sunday at Kennerleigh

There will be a Service of Remembrance, led by Laura Armstrong, at 10.45am in Kennerleigh Church on Remembrance Sunday (9th November). A warm invitation is extended to any from beyond our parish who would like to mark this occasion with us.

Shobrooke services

- 2nd November at 6pm All Soul's service, an opportunity to light a candle for a loved one who has died.
- 9th of November Remembrance meet at War Memorial at 10.45am, a short act of Remembrance followed by a service in church.
- 23rd of November at 11am Holy Communion

St Lawrence, Crediton

2nd November at 3pm - All Soul's Service

ST MATTHEW'S CHURCH, COLDRIDGE



We welcome you all to enjoy the peace, beauty and iconic location of our ancient and historic church. The church is open between 10:00am and 4:00pm each and every day. Guided visits are available on request. Please contact John Smith (Church Warden) at biggles1047@gmail.com or call 01363 83436 to make an appointment.

During the Winter season, our church tower is floodlit, by public subscription. It is a beacon of welcome and warmth, visible for miles around. We hope that you all enjoy the spectacle.

Our Pattern of Worship for NOVEMBER is as follows:

Sunday, 9thth: ACT OF REMEMBRANCE at 10:45am at the War Memorial, followed by our REMEMBRANCE SERVICE in the church. Led by Rev. Preb. Peter Rapsey and with active participation by members of the wider community. All to be followed by refreshments and fellowship.

Sunday, 16th: Holy Communion at 10:30am, led by Rev. Caroline Ralph.

Again, the service will be followed by Refreshments and friendly conversation.

Sunday, 30th: Mission Team Communion at Zeal Monachorum at 10:00am. Everyone welcome.

Other Coldridge Dates for NOVEMBER:

Monday, 3rd: CHURCH CAFÉ at 2:30pm. Everyone is welcome to join us for a happy hour or two of friendly chat and fellowship. It's a free Café. It's in the church and it's open to everyone and to any topic.

Tuesday, 11th: 2:00pm: **PCC MEETING** in Church. Our meetings start with an '**Open Forum**': Please come along and let us know what you think and what you need your church to do for you.

Saturday, 22nd: COLDRIDGE CRAFT FAIR: 10:00am to 2.00pm; With stalls in the Village Hall and in the Church. Refreshments and Grand Draw. You will find lots of locally-made crafts and gifts for you to admire and to buy. A great start to the Christmas season, especially if you are looking for that unique present for someone dear to you.

Thursday, 27th: The **COLDRIDGE CAFE** will be open from 10:00am until 3:30pm, with Lunches available from 12:00 to 2:00pm in the Village Hall. Church History 'Talks & Tours' will take place promptly at 11:00am and 2:00pm.

John W Smith Churchwarden

BOW

ST BARTHOLOMEW'S CHURCH



Services

Sunday 2 November (first Sunday) at 10:30am. Lay led service of Morning Prayer

Sunday 16 November (third Sunday) at 10:30am. Priest led service of Holy Communion



SERVICE OF REMEMBRANCE

Sunday 9 November at 10:45am at St Mary's Church, Down St Mary 'Lest we forget'

The churches of Bow, Colebrooke, Down St Mary and Zeal Monachorum join for a combined service, on a rota basis, for Remembrance Sunday

Sunday 7 December (first Sunday) at 10:30am, a lay led service of Morning Prayer

Join us for tea or coffee and biscuits after services

Harvest Festival

Harvest Festival was much enjoyed by everyone who attended our service at St Bartholomew's Church. The church was beautifully decorated with harvest themed floral arrangements also with traditional fruit and vegetables. The Rev'd Caroline Ralph led the service. The Sunday collection was donated to St Petrock's Exeter and the donated goods and food donations were given to the Crediton Food Bank.

From the Registers

No events to report

Fundraising

Cream Teas on 28 September raised an excellent sum of over £800 for church funds. Thank you to David & Gill Nicks, to all the helpers behind the scene and to all the supporters on the day.

Saturday 29 November CHRISTMAS BINGO doors open 7:00pm eyes down 7:30pm at Bow village hall.

Sunday 7 December CHRISTMAS CONCERT 3:00pm - 5:00pm with Okehampton Excelsior Silver Band at Bow village hall.

Brenda Ware

Sandford Harvest

My childhood memories of harvest in the next village are a bit of a muddy blur.

Carefully painting harvest pictures at school desks on raggedy-cut kitchen paper for the competitive displays in a tent at the Ploughing Match. We had a day off school for the Ploughing Match which was a really big event, like a combination of Sandford's Flower & Produce Show with additional farmer's entries of best hay or corn etc and, for me the most exciting bit, clay pigeon shooting!

Then there was bringing garden produce for the Harvest Festival – shiny apples, odd shaped carrots, whatever was in people's gardens. I never thought of where it all went afterwards. And singing harvest songs for which we had had to miss playtime to practise in the school hall.

The years roll by and times change but autumn always comes, so harvest is still celebrated in the countryside.

In Sandford this year there was the annual Parish Harvest Supper, a grand occasion put together by a team who bring salads and delicious desserts, cook and carve hams, bake local jacket potatoes and cut up quiches. Tables are set up in the hall, a raffle is organised and a bounty stall with produce, preserves and plants is available. The memorable entertainment was provided by the Chudleigh Shantymen and the magnificent sum of £1101.02 was raised for the Church Path Fund.

Sandford School came to St Swithun's for their Harvest Festival and a big congregation of children and parents heard about their work from a member of Crediton Food Bank, before they brought their own Food Bank donations forward.

St Swithun's held their own Harvest service a few days later, taken this year by the Archdeacon of Exeter. The porch, window sills and flower stands were beautifully arranged with produce and flower arrangements giving the church a distinctive autumn fragrance and an explosion of bright colours. Both groceries and monies (£150.50) were donated and delivered to the Food Bank.

Finally Beacon Church at New Buildings had its own distinctive Harvest Celebration. A service, with singing that would equal a Welsh choir, was led by Crediton rector Matthew Tregenza in the beautifully decorated old schoolroom. This was followed by the auction of produce for charity. The auctioneer, John Saunders, was eloquent and humorous ('What will you give me for this fine swede anyone? Two pounds?') and £441 was raised, split between FORCE and MND.

According to the last census, only about 17% of the population of England is rural, which means the vast majority of English people are quite disconnected from food growing and production – and harvest! How extraordinarily lucky we are to live in the parish of Sandford.

Church Contacts

Team Rector & Rural Dean

(Matthew's day off is Monday)

Revd Matthew Tregenza

01363 894038

matthew.tregenza@gmail.com



Team Vicar North Creedy East & Sandford

(Janet's day off is Friday)

Revd Janet May 01363 779363

janetmay69@gmail.com



Team Vicar North Creedy West

Vacant

Team Missioner

(Jeremy's day off is Saturday)

Revd Jeremy Putnam 07889 523766

jeremy.putnam@exeter.anglican.org



Licensed Lay Ministers

Mrs Antonia Tregenza

01363 894038

antonia_coleman@yahoo.co.uk



Mrs Carol Price

01647 24468

carolprice81@hotmail.co.uk



Mrs Laura Armstrong

01363 866860

Innarmstrong@gmail.com



Focal Minister to Shobrooke

Revd Sandra Collier 01363 777013 sandracollier57@gmail.com



North Creedy Team Administrator Tiffany May 01363 779363 northcreedy1@gmail.com

Credtion Parish Administrator

Gill Lee
01363 773226
admin@creditonparishchurch.org.uk

SAFEGUARDING The North Creedy East with Sandford Mission

Community is committed to

the safeguarding of children, young people and adults. We follow the House of Bishops guidance and policies and have our own Parish Safeguarding Officer(s), PSOs.

If you have a concern about the safety of someone or the actions of someone working with children or vulnerable adults, please speak to someone.

North Creedy East Mission Community Safeguarding Officer – Mrs Linda Tonkin - 01363 866857 or The Diocesan Safeguarding Team

- https://exeter.anglican.org/resources/safeguarding/safeguarding-team/

If you are a young person and you feel unhappy about something happening to you, you can call Childline on 0800 1111
Other useful phone numbers are:

NSPCC 0808 800 5000 Devon Rape Crisis 01392 204174

Dear God,
Help us to be a church that
loves, welcomes, protects,
listens, learns, serves,
repents, restores, transforms,
values, cares, believes.
God of justice and compassion, hear our
prayer.
Help us, heal us, guide us, we pray.
In Jesus' name.
Amen