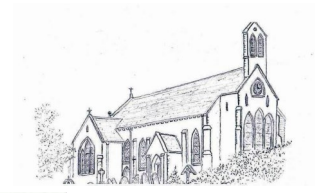
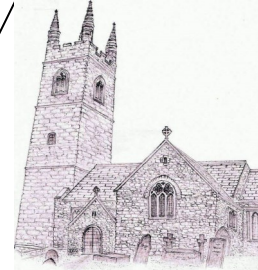


# BUDE COAST & COUNTRY BENEFICE

## Voices Together



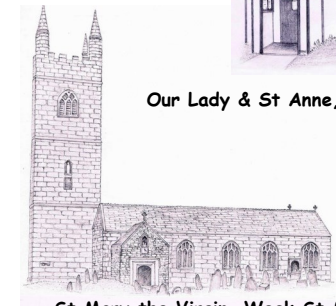
St Michael & All Angels, Bude



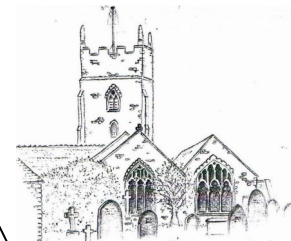
St Winwaloe, Poundstock



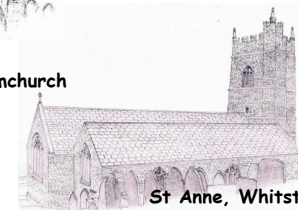
Our Lady & St Anne, Widemouth Bay



St Mary the Virgin, Week St Mary



St Marwenne, Marhamchurch



St Anne, Whitstone

**Free**

**October  
2025**

### MAIN CONTACTS FOR OUR BENEFICE:

Please contact any of the following for information or enquiries about Anglican Church life in the Benefice:

#### **Our Rural Dean:**

**Our Rector:** Rev David Saunders, The Rectory, The Glebe, Week St Mary, EX22 6UY Tel: 07834 459672  
email: rector@bude-coast-benefice.org

#### **Our Churchwardens:**

##### St Anne's, Whitstone:

Mervyn Collins: 01288 341598

##### St Marwenne's, Marhamchurch:

Angela Grills: 01288 361247 Sue Shadrack: 01288 361666

##### St Mary the Virgin, Week St Mary:

Lesley Booker: 01288 341221 Linda Cobbledick: 01288 341468

##### St Michael's, Bude Haven:

Contact PPC secretary Sandra Huffer 01288 355941

##### Our Lady & St Anne's, Widemouth Bay:

Contact Judy MacDonald: 01288 362254

##### St Winwaloe's, Poundstock:

Contact church member Barry Smith: 01288 361716

**Stratton Deanery website:** [www.strattondeanery.co.uk/](http://www.strattondeanery.co.uk/)

### **Editor of *Voices Together*:**

Clare Hicks, Trelowen, Lynstone, Bude EX23 0LR.

01288 352726; [claremhicks@gmail.com](mailto:claremhicks@gmail.com)

Copy deadline for **November** issue—

by **Friday 17th October** please

### **ELECTRONIC COPIES OF *VOICES TOGETHER***

If you would like to receive a copy of this magazine please email Lesley Booker: [lesleybooker@gmail.com](mailto:lesleybooker@gmail.com)

### **Services on zoom**

We will continue Zoom Services for as long as there is a demand for them. If there are any types of service other than Sunday morning prayer, Family Service or Holy Communion and Wednesday morning prayer that you miss and would like to see especially on Zoom either regularly or as a one off, please let me know and I will see what can be done.

Lesley Booker [lesleybooker@gmail.com](mailto:lesleybooker@gmail.com)

For times of all church services for the month please see pages 14 and 15. Each Sunday there will be a "zoomed" service and Morning Prayer on Wednesdays will be on zoom at 8.30 am.

### **St Marwenne's House Group**

The aim of the group is about growing in discipleship. It meets every Tuesday evening. Contact Janet Ward on 01409 255759 or email her at [janetmwuk@gmail.com](mailto:janetmwuk@gmail.com) for more details.

### **Advertising in *Voices Together***

If you run a business and would like to advertise in this magazine, please contact Heather Whitlock on 07771 964672.

If you are a not-for-profit local group or organisation and would like to put a one-off advert in for an event or similar, please contact Heather as above or the Editor (contact details p 2). We would ask for a small donation, depending on the size required. Adverts accepted at Editor's discretion. Thank you.

### **Sponsoring *Voices Together***

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St Marwenne's Church

Gift Day

Marhamchurch

MEMORIES

Saturday 15<sup>th</sup> November 11am - 3pm

All age Arts and Crafts of  
MEMORIES

Coffee & Cakes

EVERYONE WELCOME

Free entry



## FROM THE RECTOR:

Dear friends,

Does Evil Exist?

An atheist professor wanted to prove to his students that God did not exist. So, he asked the question, "Does evil exist?" The students answered, "Yes, evil does exist." So, he asked, "Did God create everything?" The students answered, "Yes, God created everything." "Well, if God created everything, then God created evil. Then God is evil in and of himself."

A student raised his hand and said, "Does cold exist?" The professor said, "Of course, have you never been cold?" The student answered, "Cold does not exist. Cold is the absence of heat. You measure temperature by how much heat is in the atmosphere."

So, he asked another question. "Does darkness exist?" The professor said, "Yes of course." The student replied, "Again, sir, you're wrong. Darkness does not exist. Darkness is the lack of light. You measure how dark it is by the lack of light."

The student asked the final question. "Sir, does evil exist?" The professor said, "Of course it exists. Haven't you seen there is crime all around the world?" The student answered, "Sir, evil does not exist, at least not unto itself, evil is simply the absence of God. Evil is what happens when people don't have God's love in their hearts. Evil is like cold when there is no heat and darkness when there is no light."

The student's name was Albert Einstein.

The Bible says, Jesus is the light of the world and darkness cannot overcome it (John chapter 1 verse 5). We can all make a difference by choosing to be God's heat and light in the world.

Every blessing

Rev David

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THIS MONTH'S MAGAZINE  
HAS BEEN KINDLY SPONSORED  
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IN MEMORY OF THEIR PARENTS  
**ALAN & IRIS**  
WHO WERE DEVOTED TO ST MICHAEL'S

### A note from the Editor:

**Copy deadlines** for 2025 issues of *Voices Together* are:

November: October 17th

December: November 21st

**Jan/Feb 2026:** December 12th

### INCLUSIONS FOR THE WEEKLY PEW SHEET

To have your Notices included in the Pew Sheet please contact  
Sue Shadrick on 01288 361666 or email her at  
s.shadrick79@gmail.com before Tuesday evening if possible.



### WEEK ST MARY ADVENTURE CLUB

Every Tuesday at 4.30 pm (except 28th October)

Week St Mary Church

### ST MICHAEL'S TABLE TOP SALE

Lynda Barton is pleased to announce that the sale  
raised £504.65, which includes £200 from Mary  
Tilzey's plant sales. Many thanks to all!





for. Think of those who face the journey across from France in the hope of finding a better life here. Those who are facing continual bombing. Those who need medical help in the countries where they have to pay for it. The mother with the tiny child and no food. The parents with the child that is having trouble at school. May we count our blessings.

**Prayer:**

Dear God

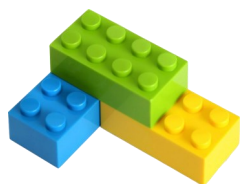
Forgive our grumbling. Help us to accept the situation we are in and use it as a ladder to heaven.

Use us.

Amen

*Hilda Walter*

*Message from the Editor: Sadly, this "Red Letter Day" article will be Hilda's last. She has been such a faithful contributor over many years, informing, guiding and intriguing us in equal measure. A **very big thank you** to you Hilda.*



## WEEK ST MARY LEGO CAFÉ

Saturday 11th

Week St Mary church with breakfast from  
9.30—12 (breakfast till 11.30 am)



## Week St Mary Lunch Club

Wednesday 15th October

Week St Mary church

12 noon

Bookings: 01288 341221

## Dates for your October Diary:

Mon 6th: Meet & Eat, WSM Village Hall, 12 noon see p 6  
MU Harvest, Stamford House 2 pm see p 8  
Happy Memories Café, WSM church 2.30—4 pm

Fri 10th: Quiz for St Winwaloe's, Poundstock Gildhouse, 7.30 pm see p 9

Sat 11th: Harvest Lunch, The Bray Marhamchurch 12.30 pm see p 21  
Lego Café, WSM church, 9.30—12 see p. 24

Weds 15th: Lunch Club, WSM church 12 noon

Fri 24th: CAMEO, Clifton, WSM 2—4 pm see p 6

Mon 20th: Happy Memories Café, WSM church 2.30—4 pm

Sat 25th: The Countrymen at Week St Mary church 7.30 pm see p 10

Sat 25th: Poundstock Pumpkin Festival, Church & Gildhouse see p 22

Sun 26th: Poundstock Pumpkin Festival—as above

Wed 29th: Messy Church, St Michael's 10.30—12.30 see p 19

## Dates for your November Diary:

Mon 3rd: MU Christmas Crafts, Stamford House 2 pm see p 8

Thurs 6th: Quiz for St Michael's, Brendon Arms 7 for 7.30 pm see p 20

Sat 15th: Gift Day, St Marwenne's, Marhamchurch 11—3

Sat 22nd: Christmas Market, WSM church 5—8 pm see p 25

## Regular Group Meetings:

Tuesday afternoons: Week St Mary Adventure Church 4.30 pm

Tuesday evenings: Bible Study St Marwenne's house group—contact Janet Ward 01409 255 759

Wednesday mornings: Coffee & Chat, The Bray, Marhamchurch 10.30—noon

Wednesday mornings: Bible Study at St Michael's, 11 am

Why not lend your copy of this magazine to a neighbour or friend when you have finished with it?

## BABY & TODDLER COFFEE POT CLUB

**Meets every Tuesday  
10am—12pm in  
Week St Mary Parish  
Hall**

Join Coffeepots Baby & Toddler Group on Facebook or email  
[coffee-potswsm@gmail.com](mailto:coffee-potswsm@gmail.com)

## Week St Mary Happy Memories Memory Café

**2.30—4 pm in church  
Refreshments**

**Monday 6th October  
&  
Monday 20th October**

**All welcome  
Contact: Lesley Booker  
01288 341221**

**Meet and Eat  
Soup and Sweet  
& a friendly chat  
Week St Mary Parish  
Hall from 12 noon**

**Next meeting  
Monday 6th October  
All most welcome**

**Sue Edwards  
01288 341083**



## C A M E O

**Come And Meet Each Other**

**Friday 24th October at**

**Clifton House  
WSM**

**home of Lesley & Bob Booker  
from 2-4 pm**

**Join us for tea, cake & chat**

**contact:**

**Linda Cobbledick  
01288 341468**

## Red Letter Days October 2025

**O**n the 18th we celebrate Luke the Evangelist. The readings for that day are: Acts 16 1-12, 2 Timothy 4v 5-17, Luke 10 v1-9. In Acts we read how Paul had Timothy circumcised so that he would be accepted by the Jews, which means he must have been a Gentile. In Timothy, Paul is instructing him how to proclaim 'the message'. Paul writes 'you yourself must keep calm and sane at all times' (which I think is so essential. I always say when I cut myself 'It will clot so keep calm'). In Luke Jesus is sending out 72 in pairs to every town 'carry no purse or pack and go barefoot'.

The 28th is the Apostles Simon and Jude. Simon (1st Century) Apostle - western tradition says that he first preached in Egypt and then joined Jude (who had been in Mesopotamia) and they went together to Persia where they suffered martyrdom (*Oxford dictionary of Saints*).

On Sunday the Homily told us about looking for things. My trouble is I put it in a safe place and then forget where the safe place is. Failing eye sight does not help. Many is the time that I take a broom and go through the house thinking of the woman in the Bible who lost a 'mite'. The first thing to do is ask St Anthony, then tidy everything that needs doing and it will turn up. That book you are looking for cannot melt.

What a joy it was to hear Sue Dickensons' voice on Wednesday Zoom Morning Prayer. Evidently Lesley's Mother is in an adjacent ward with a broken leg so they are getting plenty of visits. Jane Maclure is home with her broken hip so I hope three accidents will be all we have in our benefice. My mother always said that everything comes in threes. If you break a cup you will end up breaking 2 more.

The wind is blowing the leaves off some of my trees but the Japanese wind flowers are just dancing in the breeze, there was a rose bud by my steps. At Poundstock we were welcomed with two beautiful vases of Flowers in the Porch. Even if the weather seems horrible there is still beauty to be found.

Whenever I am feeling useless I remember my relative who was blind. When asked what he did all day he replied 'I count my blessings'. We all have so much to be thankful



Poundstock Church & Gildhouse

# CRAFT FAIR & PUMPKIN FESTIVAL

OCTOBER 25TH AND 26TH

SATURDAY 10-5 AND SUNDAY 10.30-4



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## Mothers Union – Kledh Kernow Branch

Members gathered in September for the Wave of Prayer service, when we remembered the dioceses that we, here in Truro, are linked with. Prayer is the cornerstone of all that the Mothers' Union do and this is a special time during which we support our linked members and they in turn are supporting us in our diocese.

It was with great sadness that we heard of the passing of our dear friend and branch member Margaret Bond. May she rest in peace.

As we begin this season of Autumn, the MU are beginning to look ahead to 2026 when we will be celebrating 150 years since the founding of the organisation. From a single spark of an idea a global movement was born, and the MU has now grown to 4 million members across 84 countries. There will be key anniversary events of celebration globally, nationally, here in Cornwall and in our own branch, so please look out for forthcoming news. Since the beginning of MU members have put faith into action to support women and families facing poverty, gender violence and injustice, but still many communities are hurting. It is the aim during our 150<sup>th</sup> year for the MU to continue to rise and meet this need.

Dates of Meetings:

October 6<sup>th</sup> Harvest Celebration and collection for the Bude Food Bank  
November 3<sup>rd</sup> Christmas Crafts

Both meetings will be held at Stamford House, Stamford Hill EX23 9EY at 2pm.

Meetings are open to all.

*Sheila Waring*



### POUNDSTOCK EVENTS IN OCTOBER

Friday 10th October: Quiz for the church  
with pop-up pub 7.30—11 pm ~see opp page

25th-26th: Pumpkin Festival ~ see p 22

Any queries contact Maria 07428 101323

## ST MARWENNE'S CHURCH HARVEST FESTIVAL LUNCH

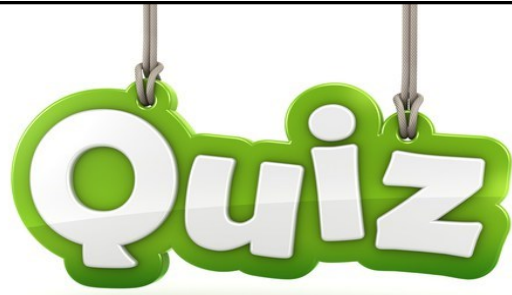
12.30 in The Bray  
Saturday 11<sup>th</sup> October



Hot meal and dessert  
Donations for The Bray and the Church  
Everyone Welcome

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*The Brendon Arms, Bude*  
*Thursday 6<sup>th</sup> November 2025*

Teams of 6

Quiz Master- Chris Nichols

£10 per person to include

Fish and Chips at interval

7pm for a prompt 7.30 start

In aid of St Michael's Church

Contact Mary Tilzey

01288 353137

marytilzey@gmail.com

A poster for a quiz evening at St Winwaloe's Church. The poster has a decorative border of small green question marks. The text is centered and uses various colors and fonts to highlight key information.

St Winwaloe's Church

# QUIZ EVENING

FRIDAY  
10th October  
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# THE COUNTRYMEN



## Week St. Mary Church Saturday 25th October, at 7.30pm

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St. Michael & All Angels, Bude Haven



This is for parents and children  
to experience church in a fun way

St. Michael's Church, Bude

Wednesday 29th October

10.30 until 12.30

Theme: "Harvest"

*Children, please bring an adult:  
Adults, please bring a child*



**FREE  
LUNCH**



Enquiries: 01288 353137



## Tips from Poll's Garden for October

I hope you've been able to enjoy the fruits of your labours with visual and edible produce from your gardens?



October usually sees the first frost blackening the foliage of tender plants, such as dahlias. The autumn leaves also begin to colour up and eventually fall. It's time to dismantle the summer displays and prepare the garden for the winter ahead.

It's a great time to get ahead and make early sowings of hardy annual flowers and bedding plants, along with vegetable crops like onions, garlic, broad beans and peas. Planting now will make use of bare soil, which can help to prevent soil erosion and hold nutrients into the earth, while also giving you earlier crops of vegetables and flowers.

Rake up fallen leaves from lawns, borders, driveways and paths, and store in a leaf mould bin to rot down into leaf mould.

Build a log pile at the back of a border for wildlife to shelter in.

Check that your shed is secure and waterproof, so you can safely store tools and patio furniture in it over winter.

Apply an autumn lawn feed to revive the grass after the rigours of summer.

Give your pond some autumn maintenance, including removing barley straw, placed in the pond in spring to discourage algae, once it has turned black.

Empty ceramic and glazed pots that aren't frost proof and store in a shed over winter.

Spike compacted lawns and brush grit into the holes to improve drainage.

Fork up perennial weeds, including horsetail or bindweed, removing every bit of root.

Cut autumn-fruiting raspberries down to the ground after harvesting.

Collect up hoses and drip-feed systems and store indoors over winter, so they don't freeze and split.

Clean out and disinfect bird boxes.

Gather up canes and plant supports that are no longer in use, and store indoors over winter.

Go on regular snail hunts, especially on damp evenings, to reduce overwintering populations.

Then as the days get shorter, relax and reflect on the year ahead.

*Poll*

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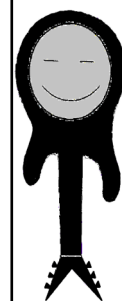
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**Zoom services:** for details of any other zoom services scheduled for the month in the Benefice, please see page 27.

**PLEASE NOTE: SERVICES MAY CHANGE—check pew sheets/ local information/ACNY website.**

**Readings may be adapted for particular services**

### SERVICES FOR OCTOBER

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Wednesday 1st		08.30 10.00	Morning Prayer Holy Communion	Zoom WB	WL DS
Sunday 5th Trinity 16 Harvest Festival St Michael's	Deuteronomy 26: 1-11 Psalm 100 Philippians 4: 4-9	09.30 10.00 18.00	Harvest Festival All Age Worship Evening Prayer	BH WSM M	DS WL WL
Monday 6th		14.00	School Harvest Service	M	DS
Tuesday 7th:		19.00	Harvest Service followed by supper	W	DS
Wednesday 8th		08.30 10.00	Morning Prayer Holy Communion	Zoom BH	DS DS
Saturday 11th		11.30	Harvest service followed by lunch	M	DS
Sunday 12th Trinity 17	2 Kings 5: 1-3, 7-15c Psalm 111 2 Timothy: 8-15 Luke 17: 11-19	09.30 09.30 11.15 18.00	Holy Communion Morning Prayer Holy Communion Evening Prayer	M P W WSM	DS WL DS WL
Wednesday 15th		08.30 10.00	Morning Prayer Holy Communion	Zoom WB	DS DS
Sunday 19th Trinity 18	Genesis 32: 22-31 Psalm 121 2 Timothy 3: 14-4:5 Luke 18: 1-8	09.30 09.30 11.15	Holy Communion Morning Prayer Holy Communion	BH M WSM	DS WL DS

### SERVICES FOR OCTOBER

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Monday 20th		14.00	School Harvest	M	DS
Wednesday 22nd		08.30 10.00	Morning Prayer Holy Communion	Zoom BH	DS DS
Sunday 26th Trinity 19	Isaiah 45: 22-end Psalm 119: 129-136 Romans 15: 1-6 Luke 4: 16-24	09.30 09.30 09.30 10.00 11.15	Holy Communion Holy Communion Morning Prayer Morning Prayer Holy Communion	M P W WSM BH	TF DS WL WL DS
Wednesday 29th		08.30 10.00	Morning Prayer Holy Communion	Zoom WB	WL DS

**KEY:** CHURCHES: BH = Bude Haven LEADERS: DS = Rev David Saunders

M = Marhamchurch

RD = Rev Rob Dickenson

P = Poundstock

RWS = Rev R Ward-Smith

WSM = Week St Mary

TF = Rev T Folland

W = Whitstone

WL = Worship Leader

WB = Widemouth Bay

MM = Methodist Minister

### OUR DEANERY PRAYER

O generous God,

You invite your people to discover the Kingdom

And grow the church;

Give us, then, the courage, the strength and the vision

To share in the mission and ministry

Of your Son

That with the Lord of the Church

We may be, truly, the Church of the Lord. Amen