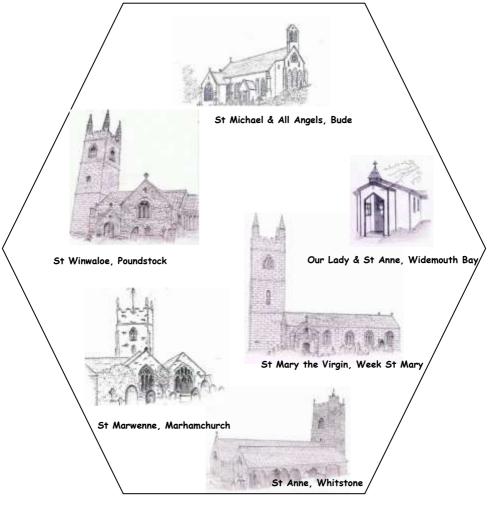
# BUDE COAST & COUNTRY BENEFICE

# Voices Together



Free

September 2025

#### MAIN CONTACTS FOR OUR BENEFICE:

Please contact any of the following for information or enquiries about Anglican Church life in the Benefice:

#### **Our Rural Dean:**

Our Rector: Rev David Saunders, The Rectory, The Glebe,

Week St Mary, EX22 6UY Tel: 07834 459672

email: rector@bude-coast-benefice.org

Our Churchwardens:

St Anne's, Whitstone:

Mervyn Collins: 01288 341598 St Marwenne's, Marhamchurch:

Angela Grills: 01288 361247 Sue Shadrick: 01288 361666

St Mary the Virgin, Week St Mary:

Lesley Booker: 01288 341221 Linda Cobbledick: 01288 341468

St Michael's, Bude Haven:

Contact PPC secretary Sandra Huffer 01288 355941

Our Lady & St Anne's, Widemouth Bay: Contact Judy MacDonald: 01288 362254

St Winwaloe's, Poundstock:

Contact church member Barry Smith: 01288 361716

Stratton Deanery website: www.strattondeanery.co.uk/

#### Editor of Voices Together:

Clare Hicks, Trelowen, Lynstone, Bude EX23 OLR.
01288 352726; claremhicks@gmail.com
Copy deadline for October issue—
by Friday 19th Sept please

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If you would like to receive a copy of this magazine please email Lesley Booker: lesleymbooker@gmail.com

#### FROM THE RECTOR:

Dear friends,

There was a farmer who grew excellent quality corn. Every year he won the award for the best grown corn. One year a newspaper reporter interviewed him and learned something interesting about how he grew it. The reporter discovered that the farmer shared his seed corn with his neighbours.

"How can you afford to share your best seed corn with your neighbours when they are entering corn in competition with yours each year?" the reporter asked.

"Why Sir," said the farmer, "Didn't you know the wind picks up pollen from the ripening corn and swirls it from field to field. If my neighbours grow inferior corn, cross pollination will steadily degrade the quality of my corn. If I am to grow good corn, I must help my neighbours grow good corn."

So is with our lives. Those who want to live good and meaningful lives must help enrich the lives of others. For the value of a life is measured by the lives it touches, and those who choose to be happy must help others find happiness. The welfare of each is bound up with the welfare of all.

The Bible puts it like this:

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. Philippians chapter 2 verses 4-5.

Every blessing Rev David Saunders

## Sponsoring Voices Together

Please would you consider sponsoring our magazine? It is partly through the generosity of our readers that we are able to keep the magazine free of charge. Any amount, small or large, will be gratefully received. For more information please contact Heather Whitlock on 07771 964672 or Clare Hicks on 01288 352726.



# September 7th 2025 6.00pm

Come and join us for Evensong



followed by a Bring & Share Barbecue at Kerstie's Hut, Crooklets Beach, Bude

When they landed, they saw a fire of burning coals there with fish on it, and some bread.



Tesus said to them, "Bring some of the fish you have just caught." So Simon Peter climbed back into the boat and dragged the net ashore. It was full of large fish, 153, but even with so many the net was not torn.

#### INCLUSIONS FOR THE WEEKLY PEW SHEET

To have your Notices included in the Pew Sheet please contact Sue Shadrick on 01288 361666 or email her at s.shadrick79@gmail.com before Tuesday evening if possible.

#### **Dates for your September Diary:**

Mon 1st: Meet & Eat, WSM Parish Hall, 12 noon

MU Wave of Prayer, Stamford House 2 pm see p 8

Thur 4th: Outing to Buckfast Abbey—see page 9

Sun 7th: Evensong & BBQ, Crooklets 6pm see opposite page

Mon 8th: Happy Memories Memory Café, WSM church 2.30-4 pm

Tues 9th: Adventure Church WSM 4.30 pm

Wed 10th: WSM lunch club, WSM church 12 noon Sat 13th: Lego Café, WSM church 9.30—12 noon

Curry & Pud Night, Poundstock Gildhouse see p 25

Sun 15th—Tues 23rd: WSM Revel—see p22 & 23 for event details

Fri 19th: CAMEO, Wyke House, WSM 2.30 pm

Sun 21st: Revel service WSM church 6.30 pm

Mon 22nd: Happy Memories Memory Café, WSM church 2.30-4 pm

Tues 23rd: Village Harvest, WSM chapel, see p 19

Fri 26th: Pop up Pub, Poundstock Gildhouse 7.30—11 pm Sun 28th: St Michael's Patronal Festival & Gift Day—see p 19

#### **Dates for your October Diary:**

Sat 25th: The Countrymen at Week St Mary church 7.30 pm see p 27

Wed 29th: Messy Church, St Michael's 10.30—12.30 see p 27

#### **Dates for your November Diary:**

Thurs 6th: Quiz for St Michael's, Brendon Arms 7 for 7.30 pm see p 10

#### **Regular Group Meetings:**

Tuesday afternoons: Week St Mary Adventure Church 4.30 pm

Tuesday evenings: Bible Study St Marwenne's house group—contact Janet Ward 01409 255 759

Wednesday mornings: Coffee & Chat, The Bray, Marhamchurch 10.30-noon

Wednesday mornings: Bible Study at St Michael's, 11 am

# THIS MONTH'S MAGAZINE HAS BEEN KINDLY SPONSORED ANONYMOUSLY

# BABY & TODDLER COFFEE POT CLUB

Meets every Tuesday 10am—12pm in Week St Mary Parish Hall

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& a friendly chat
Week St Mary Parish
Hall from 12 noon

Next meeting
Monday 1st September
All most welcome

Sue Edwards 01288 341083





Week St Mary Happy Memories Memory Café

2.30—4 pm in church Refreshments

Monday 8th September & Monday 22nd September

All welcome Contact: Lesley Booker 01288 341221

# CAMEO

**Come And Meet Each Other** 

Friday 19th September at

Wyke House WSM

from 2.30 pm onwards

contact:

Linda Cobbledick

01288 341468



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#### Mothers' Union - Kledh Kernow Branch

At our August branch meeting members celebrated the life of Mary Sumner, who founded the Mothers' Union in 1876. Through music, prayer and fellowship we recalled the humble beginnings of a group of women meeting in Mary Sumner's sitting room, nearly 150 years ago, becoming the huge worldwide organisation in 84 countries that the Mothers' Union is today.

We reflected on our vision, which is a world where everyone prospers. Through our prayers and actions, we help build confident people and resilient communities, seek to bring about justice, challenge prejudice and advocate for change. Our mission is to show our Christian faith through actions, helping transform communities worldwide. We do this by nurturing strong relationships, promoting peace and reconciliation locally, nationally and globally.

Continuing on our global connections next month will be our Wave of Prayer. Each diocese is linked to MU dioceses overseas and the global wave of prayer expresses our commitment to each other. Truro Diocese is linked with Makamba in Burundi, North Karamoja in Uganda, Lokoja and Sapele in Nigeria and Tirunelveli in India. As we remember our members in these far away places, they will in turn be remembering and holding us in their prayers.

**Next Meeting:** Wave of Prayer – Monday 1st September 2pm at Stamford House,
Stamford Hill

FX23 9FY

Sheila Waring

## St Michael's Table Top Sale

Lynda Barton recently organised a table top sale in the Triangle, Bude and would like to say a big



to ALL who helped in any way. Total raised to follow.

# An Invitation to all members of our Benefice from the Wednesday Bible Study Group.



On Thursday September 4th, we are going on a pilgrimage/outing to Buckfast Abbey, Buckfastleigh, Devon, and we invite you to join us. There are gardens and shops as well as the Abbey and Methodist Churches.

We are sharing cars with a 'fiver for the driver' and hope to join in a eucharist service while we are there.

If you are interested and would like to either offer to drive or need a seat in a car, please let us know.





Tel: 07450 974 651 and leave a message with your name and number please.

#### Isaiah 40:31

But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

#### Week St Mary news

Bishop Davids Visit to Week St Mary

On 17<sup>th</sup> August Week St Mary Church welcomed the new Bishop of Truro to preside at a service of Holy Communion for the whole Bude Coast and Country Benefice. The church was full and many stayed to lunch with the Bishop after the service.

#### Safari Supper

On 9<sup>th</sup> August Week St Mary's annual Safari Supper was held as usual and the crowds of guests were able to travel from course to course in lovely weather. Judith Taylor and Derek Orchard hosted the reception drinks which included a very popular punch and nibbles, Wendy and Nick Couch provided a range of delicious starters and the church was the venue for both hot and cold main courses with salads. Wendy Watts hosted the dessert where a huge number of puddings made by very generous parishioners and guests were enjoyed in the garden. Finally we all arrived at the Rectory where Rev David and Dianne Saunders made coffee and tempted guests to unlimited cheese and biscuits.

We are very grateful to all the people who helped the hosts at each venue and to everyone who gave dishes to help with the catering. Many thanks also to those who came and enjoyed the event which raised approximately £1400 for church funds that will be used for general expenses and will hopefully contribute to the Tower Restoration Project.

Lesley Booker

#### ADVANCE NOTICE

St Michael's church has booked the Brendon Arms for an Autumn Quiz onThursday 6th November- 7pm for 7.30

It will be the usual format: quiz, fish & chip supper for £10 - teams of 6. Chris Nichols will be our quizmaster.

Book early with M. Tilzey for this popular event: <u>marytilzey@qmail.com</u>



#### Paul & Robin 6

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**Zoom services**: for details of any other zoom services scheduled for the month in the Benefice, please see page 28.

# PLEASE NOTE: SERVICES MAY CHANGE—check pew sheets/ local information/ACNY website.

#### Readings may be adapted for particular services

#### **SERVICES FOR SEPTEMBER**

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Wednesday 3rd		08.30	Morning Prayer	Zoom	DS
		10.00	Holy Communion	BH	DS
Sunday 7th	Deuteronomy 30: 15	09.30	Holy Communion	BH	DS
Trinity 12	-end Psalm 1	10.00	All Age Worship	WSM	WL
		18.00	Evening Prayer	М	WL
	Philemon 1-21				
	Luke 14: 25-33				
Wednesday 10th		08.30	Morning Prayer	Zoom	DS
		10.00	Holy Communion	WB	DS
Sunday 14th	Exodus 32: 7-14	09.30	Holy Communion	M	DS
Trinity 13	Psalm 51: 1-11	09.30	Morning Prayer	Р	WL
	1 Timothy 1: 12-17	11.15	Holy Communion	W	DS
	Luke 15: 1-10	18.00	Evening Prayer	WSM	WL
Wednesday 17th		08.30	Morning Prayer	Zoom	DS
		10.00	Holy Communion	ВН	DS
Sunday 21st	Amos 8: 4-7	09.30	Holy Communion	BH	DS
Trinity 14	Psalm 113	09.30	Morning Prayer	М	WL
	1 Timothy 2: 1-7	18.30	Dedication	WSM	DS & MM
	Luke 16: 1-13		Service		
Monday 22nd		18.30	Village Harvest	WSM chapel	MM & DS
Wednesday 24th		08.30	Morning Prayer	Zoom	DS
		10.00	Holy Communion	BH	DS

#### SERVICES FOR SEPTEMBER & BEGINNING OF OCTOBER

DATE	READINGS	TIME	SERVICE	CHURCH	LEADER
Sunday 28th	Amos 6: 1a. 4-7	09.30	Holy Communion	M	TBA
Trinity 15	Psalm 146	09,30	Holy Communion	Р	DS
	1 Timothy 6: 6-19	09,30	Morning Prayer	W	WL
	Luke 16: 19-end	10.00	Morning Prayer	WSM	WL
		11.15	Holy Communion	BH	DS
Wednesday 1st October		08.30	Morning Prayer	Zoom	WL
		10.00	Holy Communion	WB	DS
Sunday 5th Trinity 16 Harvest Festival	Deuteronomy 26: 1-11 Psalm 100 Phillippians 4: 4-9 John 6: 25-35	09.30	Holy Communion	BH	DS
		10.00	All Age Worship	WSM	WL
		18.00	Evening Prayer	М	WL

KEY:CHURCHES:BH = Bude HavenLEADERS:DS = Rev David SaundersM = MarhamchurchRD = Rev Rob DickensonP = PoundstockRWS = Rev R Ward-SmithWSM = Week St MaryWT = Lay Worship TeamW = WhitstoneWL = Worship LeaderWB = Widemouth BayMM = Methodist Minister

#### A note from the Editor:

Copy deadlines for 2025 issues of Voices Together are:

October: September 19th November: October 17th

December: November 21st Jan/Feb 2026: December 12th



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#### Tips from Poll's Garden for September

The colours are starting to change in the borders, as plants go to seed and the intense green of spring and summer start to fade, replaced by shades of gold and burnished bronze.



Extend the colour to the end of the season with plants such as Chrysanthemum, Aster, Daisy and Sedum. You can also start to divide larger border perennials. Do this on a cool or overcast day if possible. Divide into pieces that are at least as large as your fist and then get together with a few friends and trade!

Take a few minutes to write down what you want next summer; these notes can help you when planning for next year. Save seeds from your favourites and swap with your friends.

You probably have time to plant a few more vegetables, such as baby Greens, Radishes and hardy plants like Kale, Cabbage, Carrots and Beets which may be ready before the weather gets freezing.

Transplant strawberries now, if you have runners that have rooted you can separate them and move to a new spot. Pick the last of the apples and pears if not already done, and enjoy the apple pie with some black-berries.

Clip off the top of asparagus ferns when they're dry and no longer feeding the plants' roots. Weed and clean the bed and add a few inches of compost or manure to the area.

Think about planting new trees now, so they can get a good root system before the Spring.

Ornamental grasses come into their own at this time of year, many holding their shape well into winter

Most of all take time to enjoy your garden, and the fruits of your labour.



#### A Message from Bishop Hugh, Bishop of St Germans

Dear sisters and brothers in Christ

It was announced today by Downing Street that the King has approved my nomination as the next Bishop of Worcester.

As you can imagine it will be a bitter-sweet move, as it means leaving all of you wonderful, faithful, brilliant people and the glory of God's creation that is Cornwall, and it means not being able to serve with Bishop David, who is such a gift to this diocese.

In the Diocese of Truro, we have a clear vision for a fruitful and sustainable future, with so many faithful and godly people serving their church and their communities, often in creative and sacrificial ways. And with a new focus on children and young people, and Bishop David leading you on, you can be full of hope for the future.

I will not be starting in Worcester until the New Year, so there's lots of time for me to say the things I want to say to you all. Please do pray for my family and me, as we certainly shall for you.

With my love, in Christ, + Hugh





## St Michael

On September 29<sup>th</sup> we celebrate St Michael's feast day (Michaelmas). St Michael isn't a saint. He is one of God's Archangels and is patron of grocers, soldiers, doctors, mariners, paratroopers,

police and sickness. He is the leader of all angels in the army of God against evil.

The name Michael means 'who is like God'. We hear most about St Michael in the book of Revelations (Rev.12:7-9) where St Michael and his angels do battle with the dragon of evil, which is why St Michael is usually shown in stained glass windows and statues with a dead dragon at his feet. A striking statue of St Michael faces you as you enter St Michael's church. It's worth having a look. See if you can find other images of St Michael in the church.

St Michael is our spiritual leader against evil and guides us to make the right choices, protects us from harm and helps us to be brave when we are afraid.

There are many animations for children on You Tube which tell the story of St Michael

#### Activities

Paper plate dragon
 Paper plate angel

3. Concertina dragon 4. Paper St Michael

5. Leaf angel 6 Angel biscuits









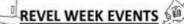




Mary Tilzey

# Neek St Mary Reve

Grand Community Events Programme



Saturday 13<sup>th</sup> Sept Car Treasure Hunt 4pm meet in the Square
Wednesday 17<sup>th</sup> Revel Bake Off and Fruit and veg show
Friday 19<sup>th</sup> Barbara Nice—Comedian in Revel Marquee 8pm

Saturday 20th Revel Day

Sunday 21st Church Dedication Service 6.30pm

Tuesday 23<sup>rd</sup> Harvest Festival and Supper in Chapel 7pm

## REVEL DAY—Saturday 20th September

Harvest Queen, Fancy Dress & Morris meet 2pm at Playing Field
Parade to Church led by Barrel Border Morris 2.30pm
Crowning Harvest Queen and Citizen of the Year 2.45pm
Field Events, Stalls, Bouncy castle, ice cream,
refreshments & games

Revel Tea plus Cream Teas and Pasties available all afternoon in the Marquee and Licensed Bar

#### EVENING EVENT

Bar and Barbecue from 7pm
and Devil Rain live in the Marquee 8pm
Sunday 21<sup>st</sup> Chapel Service 11 am
Evening All Age Revel Church Dedication Service 6.30pm
Tuesday 23<sup>rd</sup> Village Harvest this year in Chapel 7pm

#### Matinée Musicale at St Michael's

Carole Wakefield writes: On Sunday 20th July, the audience at St Michael's Church was treated to an afternoon of Victorian parlour melodies, entitled "Matinée Musicale". The event was organised to celebrate the gift of a piano in memory of Patricia Long, who was a keen musician and a member of the congregation at St Michael's.

Andrew and Penny Barclay put together a varied programme of music with Andrew on the piano and Penny demonstrating her musical versatility by play-

ing both the piano and 'cello as well as singing. We were entertained by duets, a recitation and an amusing reading about an organist who played



too loudly. They then transported us to the Opera for some more duets followed by some Music Hall songs with audience participation. The afternoon was rounded off with a delicious cream tea.

Our thanks go to Andrew and Penny, to those who provided the tea and all who attended. Queen Victoria and Pat would most definitely have been amused!

Photos—Penny Heard





#### September 2025 Red Letter Days

he 15th is Holy Cross day with the reading from John 3v 13-17, where Jesus tells us to follow His example. If He is willing to wash the feet of the disciples, we should be willing to do helpful things for all we meet. Rev David out lined this in his writing last month. The 22nd is St Matthew's Day, the reading set is Matthew 9v9-13, here Jesus is sitting and eating with Tax collectors and sinners. This highlights our need to get outside the actual Church building and be able to be friends with those who are never going to come to Church.

No doubt you are remembering in your prayers our friend Sue Dickenson, in hospital. It puts in perspective the silly aches and pains that we have. Many years ago I was taught that when there was some one who needed my prayers, to lay them at the foot of the cross and into the arms of Jesus. Again the writing from David highlights the care that exists in the NHS. Sue is in the hands of Jesus and she is being looked after by the Angels.

Today we had late church at Week St Mary with Bishop David and Rev Douglas Adams. It was their all age worship sheet so we had to follow what that said, which kept us alert.

Often when I see a huge forest I wonder if anyone has ever tried to walk through it. No doubt with all the tech knowledge that exists you could do it. About 40 years ago my grandson and I tried it in the forest at Coombe Valley. We struggled across a stream, walked through 4ft high bracken, slid down slopes, tripped over roots and began to wonder if we would ever come out alive. The trees were so dense that we could not see the sun. We came to a clearing and could see the sun; we were through and back on the path. Life is like that, we seem to be surrounded by difficulties and trials. We know that God, like the sun is still there, but we cannot see or feel Him. We cling to people who let us down, we grow weary and wish we had never started to follow the Christian way. Then we suddenly see clearly, we can rejoice and be glad. God is indeed with us.

Prayer: O Lord, forgive our periods of doubting Thy Love and care for us. Lead us through our difficulties and trials and grant that we may be able to help our children to follow in Thy footsteps. Bless all who have been here on holiday. May our teachers and children return to school refreshed. Hold in your loving arms, those who are suffering through accidents, war hunger and thirst. Use us. Amen.

Hilda Walter



# WEEK ST MARY LEGO CAFÉ

Saturday 13th September
Week St Mary church with breakfast from
9.30—12 (breakfast till 11.30 am)



### Week St Mary Lunch Club

Wednesday 10th September
Week St Mary church
12 noon
Bookings: 01288 341221



#### **WEEK ST MARY ADVENTURE CLUB**

Restarts on Tuesday 9th September

Every Tuesday at 4.30 pm

Week St Mary Church



#### POUNDSTOCK EVENTS IN SEPTEMBER

Saturday 13th Sept: Curry and Pud Night with Pop up Pub £20 per person 7.30 pm Friday 26th Sept: Pop up Pub 7.30 pm —11 Any queries contact Maria 07428 101323

Why not lend your copy of this magazine to a neighbour or friend when you have finished with it?

#### 2025 Marhamchurch Revel

Kerstie Hunter writes: A number of locals, visitors and villagers attended this year's Revel as the Queen Alma Veale was crowned by Old Father Tyme who gave his traditional speech in the village square. The bough boys with their green branches stood behind as The Queen opened the Revel, as is customary, and then rode a horse onto the Revel Field. The Barrel Morris led the procession, followed by her Marshall Joey, Page Duke, Flower Girls Eden & Halley, and her maids Issie, Aria, Bea, Alexia, Jenjen & Cantika. The royal party were followed onto the Revel field by everyone else, where they were seated on the stage to oversee the afternoon events.



Entertaining the crowds in the sunshine were Bude Ukulele Band, The Barrel Morris with Morris Dancing and for the children Entertainingly Different. Rob oversaw the Children's races and ended the event with various Parachute games with the parents joining in, thoroughly enjoyed by those looking on.

There were the usual stalls and some new ones, ranging from the ever-popular cake stall to guess the weight of the pasty. The Scouts BBQ tent was very popular too. In the Bray Institute the lovely ladies served Cream Teas all afternoon where the royal party enjoyed a special tea on the stage.



This year we were joined by Ben Maguire MP, who had a go on the smash the crockery stall, tombola, and enjoyed a traditional Cream Tea whilst engaging with the locals. The Revel Grand Prize Draw offered some lovely prizes.

Early evening saw a large crowd gathering for the Pram Race. Entries assembled in the village square. Nikki from the Bullers judged the array of entries. In the junior class race Jeo Break came

first, Under the Sea came second with Clarkson's Farm coming in third. In the fancy dress category, Under the Sea came first, Dippy Egg and Soldiers came second, and Mario Smart came in third.

In the senior class race Clarkson's Farm won, Under the Sea came 2nd with Mad Max coming 3rd. In the senior fancy dress category Mad Max were first with Under the Sea coming second, and Clarkson's Farm third. Thank you to Kerstie for organising and to Tony & George who compered the evening with great commentary, laughter and adding their personal touches to the event. Thank you too to Nikki and Sam from the Bullers Arms who very generously donated the refreshments. After the excitement of the pram race The Bullers Arms had Danny & Eva's Food van available to feed the hungry crowd.

Photo credits: Sarah Short

#### Deanery mission news from Amanda

Thank you to everyone who has welcomed me with such warmth and generosity these last few months - it's been great spending time with you listening to your thoughts and hopes for the future. There is much already going on and many glimpses of green shoots; it's been a real privilege to see how you are all using your individual and communal gifts and strengths to continue to reach out to your wider communities.



Along the way, it was really good to have many from the Benefice joining us for the St James' Day Pilgrimage on 25<sup>th</sup> July with Bishop David leading us, as we met together wearing our Pilgrims' scallop shells, shared food, worshipped and journeyed from each church to the nearby Holy Well or spent time together with specially prepared reflective time. https://trurodiocese.org.uk/2025/08/bishop-david-joins-st-james-way-pilgrimage/

If we haven't yet met and you would like to have a chat then please do get in touch - my mobile is 07544 527649, my email is revamanda@strattondeanery.co.uk . We also now have a dedicated Facebook page 'Stratton Deanery Mission Community' and I would love to have details of upcoming special services and events to share there! Please watch this space for next steps! Many thanks and prayers from Rev Amanda, Mission Enabler.





#### Services on zoom

We will continue Zoom Services for as long as there is a demand for them. If there are any types of service other than Sunday morning prayer, Family Service or Holy Communion and Wednesday morning prayer that you miss and would like to see especially on Zoom either regularly or as a one off, please let me know and I will see what can be done. Lesley Booker lesleymbooker@gmail.com

For times of all church services for the month please see pages 14 and 15. Each Sunday there will be a "zoomed" service and Morning Prayer on Wednesdays will be on zoom at 8.30 am.

#### St Marwenne's House Group

The aim of the group is about growing in discipleship. It meets every Tuesday evening. Contact Janet Ward on 01409 255759 or email her at janetmwuk@gmail.com for more details.

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