

Felthorpe Newsletter

AUGUST 2025

St Margaret's Church News

Rector: Rev'd Margaret McPhee

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Lay Reader: Richard McPhee

Sunday Services, St Margaret's Church

- Weekly at 5pm
- 3pm from Sunday 26 October

Harvest Service: 5pm, Sunday 5 October

Everyone welcome to this special celebration service. If you are a farmer or allotment holder, a special invitation to you to come along as we pray for your land and all the work you do. Any donations of food and cleaning materials for Horsford and Felthorpe Food Parcels. Come and celebrate.

Rector's Ramblings!

I am back after a 12 week Sabbatical. I loved it! I had a few plans but there was plenty of space too. I didn't want to pack things in so much it became a pressure or even a chore!

My Sabbatical has been something of a revival – spiritually, emotionally, looking after myself and getting the recipe books out! My love of cooking has come back big time! Just Take 3 – Hugh is my kitchen hero!

The Norwich to Walsingham Pilgrimage Walk was extraordinary, something I shared with a colleague also on Sabbatical. Starting by Paddington Bear in Cathedral Close, we were full of energy and expectation!



In the Cathedral, we listened to the Head of Norwich School's talk in the leaving service taking place. One quote caught my attention; you may know it, it's from President Theodore Roosevelt: "Comparison is the thief of joy".

How often do we compare ourselves to others?

- I wish I could do that?
- I wish I could be as good as they are?
- I wish I had a faith like that?

I've fallen into that trap too. Life is not about comparing but being faithful and fruitful in using our skills and resources we're given. Some questions to ponder:

- How do we encourage?
- How do we welcome others and offer hospitality?
- For those of us who are people of faith, or might be searching for one, do we ask God's help to fill the gaps?

Along the Pilgrimage it was the kindness of strangers which impacted both of us. Whether it was

- offering the use of the toilet in the community shop in Great Ryburgh;
- Conversations at the Queen of Hearts in Lenwade – everyone knew about a couple of female vicars doing the pilgrimage walk! I hasten to add it was the Landlord and Landlady that told everyone, not us!
- The staff at The Kings Head in North Elmham who ensured we had a meal despite arriving gone 6pm on a Sunday evening, telling us to stay in the restaurant as long as we wanted to – we did!
- Being blessed by an Orthodox Reader on our arrival in Walsingham, and by an Orthodox Priest the next day at the end of their Eucharist.

And creation! Hearing bird song, insects, seeing the views, the flowers, the woods, the streams, and enjoying the churches and houses we passed. All the amazing sites as we walked, noticing with our ears and eyes but with the mouth closed!

We became quieter as the days went on; quiet companionship. Enduring, keeping going, bringing alongside the people we needed when we needed them. It was an amazing pilgrimage, encountering God in the ordinary things of life.

Helping St Margaret's, Your Local Church

Can you able to help?

We've had our EICR 5 yearly check. Before the Certificate can be issued, there is remedial work of £5,292 to undertake. The Church Council is planning to change the lighting to LED, which is another £2,709. All a bit more than expected! The Church Council is applying for a grant which we hope will cover 50% of the cost. If you can help us with a donation, that



will be wonderful! Please use the QR Code or make a donation to Felthorpe PCC via BACs, cheque or cash. Contact me for more details, thank you, Revd Margaret

Felthorpe Pavilion and Recreation Ground Committee

Table tennis

Tuesday Evening's at 6pm to 8pm and Wednesday Morning's 10 to 12 noon. Cost £3. Refreshments provided. All abilities welcome. Any questions please contact June on 01603 754400 or 07552 724440

Balance & Strength Pilates

Monday Morning's. 10.30 am till 11.30 pm. £6 per session. Over 55's. seated and standing exercises which helps to improve confidence and mobility. Please contact Jo on 07969 863078 or email at jo@mojofitnessandwellbeing.co.uk

Fitness Pilates

Monday Morning - 11.45am to 12.45pm. £6.00 per session. Improves posture and flexibility through Pilates based exercises. Further information on 07969 863078 or email jo@mojofitnessandwellbeing.co.uk

Rockbox – a drumstick boxing workout

Wednesday Evening's 6.30 to 7.30pm. £6 per session, drumsticks may be purchased at a cost of £4. Please contact Steph on 07841 029555 for further details.

Karate – Norfolk Sports Karate Academy.

Monday and Friday 6pm till 9pm
High level traditional & sports level lessons available for 6 years old to seniors.
First session free, after that lessons paid by subscription. Contact Socials, or karatenorfolk@gmail.com for further information

Bingo

3rd Thursday in month, **August 21st, Sep 18th, Oct 15th, Nov 20th, Dec 11th** Usual time.

Recycling

Many thanks to everyone who uses our recycling facilities. Unfortunately we will be losing paper bins as collection is due to stop August/September time. All other bins as usual

Future Events

Soup lunches: Wednesday September 10th, Ploughman's, Oct 8th, Nov 12th, Dec 12th
Please ring Sonia to book a lunch 01603 755351. Booking by the Monday at latest for catering purposes thank you.

Quiz: Saturday 15th November.

Sausage & Mash. £7.50 Tables of 6. 7pm for 7.30pm start. Raffle prizes gladly received. Please contact Sonia 01603 755351 or Louise 07776051997 to book a table or for further information.

Next Committee meeting and AGM will be held on 14th August, 7.30 pm – all welcome.

Follow us on social media

- Instagram: felthorperecreationground.
- Facebook: Felthorpe Pavilion and Recreation Ground Committee