



THE THURSDAY CLUB

OFFICIAL LAUNCH DAY

31ST JULY

10:30am-1pm

SAVE
THE
DATE!

Join us for the launch of our exciting new Thursday Club. A brand new friendly, welcoming space for all living with memory loss and dementia, their carers and loved ones. **The Thursday Club will start on 14th August.**

Alongside the regular 'HEALTHY YOU' session with exhibitors including Age UK Sutton, NHS Talking Therapies, HealthWatch and Wallington Community Wellbeing Charity. Talks from NHS Professionals Including Dr Debbie Stinson, Hospital Consultant, Adult Care.

 **St Pauls Church**
183 Mollison Drive SM6 9HG

**Refreshments and
lunch provided**

