

## **Volunteer Role Description – The Thursday Club**

**The Thursday Club** is a new service run entirely by volunteers for those living with dementia and their Carers. We have grown out of a partnership between Wallington INT (Integrated Neighbourhood Team NHS), Wallington Community Wellbeing Charity and the Parish of South Beddington and Roundshaw (of which St Paul's church is the lead for purposes of recruitment, support, planning and day to day co ordination). Our vision has been informed by the voices of many, living with and caring for those with memory issues and dementia and the generous experiences shared by Tuesday Club (based at Carshalton Methodist Church) and Place to Be (based at St Mark's Woodcote).

Our launch will be at the INT's Healthy You Event at St Paul's Church on Thursday 31<sup>st</sup> August from 10.30-1 and we ask all volunteers to attend where possible. The date of our first club will be Thursday 14<sup>th</sup> August 2025.

### **The aims of the Thursday Club are: -**

- To support those living in the community with memory issues
- To provide a space for Carers to share experiences of the joys, challenges and emotional, practical and spiritual needs of caring for their loved one
- To facilitate Carers in their accessing the breadth of resources to help them with their own Health & Wellbeing in their caring role.

### **Volunteer Role:   Activities Volunteer /Kitchen Volunteer**

**Supported by:**                   Co ordinator

**Commitment:**               Two hours and 30 minutes from 10.15 to 12.45 on

**Thursdays:** *We will have a rota and you do not have to commit to every week*

**Training:**                   Induction Training, Dementia Friends Training, Safeguarding training Optional First Aid Training.

**DBS:**                         DBS required which is free (undertaken by St Paul's Church)

### **Role purpose**

**Hospitality and Activities Volunteer:** To be a team player working with the Co Ordinator and other volunteers in the running of the club, with focus on activities and socialising with the guests

**Kitchen Volunteer:** To support with focus on taking orders for refreshments and serving guests and other volunteers.

## **Personal Qualities and Experience**

Thursday Club volunteers are friendly, patient and reliable. They hold a particular empathy for those living with memory loss and their carers and understand some of the joys, challenges and needs of aging and the impacts of memory loss on older people. They can demonstrate good listening and communication skills. Some knowledge of dementia would be useful; however, training will be part of your induction and our ongoing support.

## **Tasks and activities**

- Assist the guests to engage in activities.
- Socialise with guests.
- Play games and come alongside for activities as needed.
- Support the serving of drinks and food.
- Support the set up and tidy up after food and activities.
- Be attentive to the all-round hospitality and welcome of all present.
- Flexibility to assist with tasks as asked for by the Co-ordinator/others.

## **In return, as a Thursday Club Volunteer, you will have the opportunity to: -**

- Make a real difference in your local community to those living with memory loss, dementia and their carers.
- Meet new friends and be a part of a friendly, supportive team.
- Access training and development as appropriate.
- Take part in a 'Thank you' and other celebrations and activities as part of our Thursday Club Volunteer team.

## **We ask you to: -**

- Work within the parameters of your volunteer role description.
- Maintain the commitment you choose to make.
- Undertake any new training required.
- Keep us informed if your circumstances change.
- Feel able to tell us to let us know if you are dissatisfied in any way.
- Keep to all Thursday Club Policies and Procedures as defined in your Volunteer Policy agreement.
- Have FUN and enjoy your role.

**Location:** St Paul's Church, Mollison Drive, Roundshaw, Wallington, SM6 9HG

For more information or an application form contact Rev Mthr Berni Excell on 07502 411918 or by email: [sbrvicar@gmail.com](mailto:sbrvicar@gmail.com)