



THE THURSDAY CLUB

**EVERY THURSDAY
10:30am-12:30pm**

A friendly, welcoming space for all living with memory loss and dementia, their carers and loved ones.

Join us for free refreshments and a friendly chat in a relaxed environment for activities and support.

 **St Pauls Church**
183 Mollison Drive SM6 9HG

What to Expect:

- ▶ **Activities and Games**
- ▶ **Music**
- ▶ **Arts and Crafts**
- ▶ **Talks**
- ▶ **Carers Corner**
- ▶ **Health checks and advice from NHS healthcare professionals monthly.**