



Forest of Galtres Benefice

A Celtic Quiet Day: Resting in God

Take a break
to reconnect with God
within the peace of

**St Mary's Church, Marton in the Forest,
Stillington Road, YO61 1NH**
led by Rev Steve Whiting

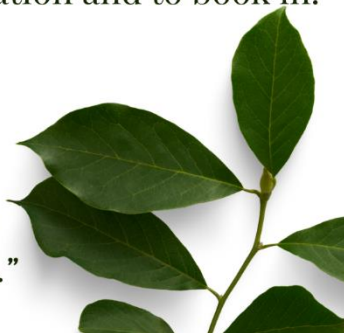


Saturday 30th August 2025
10-2.30pm

Attendance is free: please bring your
own picnic lunch and garden chair.
Contact martonintheforest@gmail.com
for more information and to book in.

*"In returning and rest you shall be saved;
in quietness and trust shall be your strength."*

Isaiah 30:15



Purpose: A day of deep rest, quiet reflection, and creative connection with God in a Celtic Christian spirit and tradition. Come for all or part of the day as you are able.

Structure of the Day:

Refreshments from 9.30am.
10 – 10.30 Come Aside and Rest
10.30–11.15 The sound of God in Creation
11.15–12 The inner voice of Peace
12 – 12.30 Pause for lunch
12.30–1.15 Restored in Presence
1.15 – 2 Gathering the threads
2–2.30 Closing communion

Each session includes a short spoken reflection, meditation prompts, quiet personal time (indoors or outdoors) and optional creative or spiritual activities. We can offer you time and space in a peaceful church building and wildlife-friendly churchyard with beautiful views of the countryside. We will provide drinks and have a toilet on site. Paths are uneven and there are steps down into the church so please contact us if you have any questions about access, mobility or parking. **Please bring your own picnic lunch and garden chair.** Materials will be available for optional creative activities but you may wish to bring a notebook, sketchbook, paints, a sewing, crochet, knitting project etc.



**You are also warmly invited to come back for our
Benefice Churches Together Creationtide Service**

**in Marton Church
at 4pm on Sunday 31st August
followed by tea and cake.**

