



ALL SAINTS KESGRAVE
NEWSLETTER
ISSUE NO 97 – 22.01.23
FEBRUARY 2023

THOUGHT FOR THE DAY

FEBRUARY 2023

John 1 v. 19 - 20

¹⁹ Now this was John the Baptist's testimony when the Jewish leaders in Jerusalem sent priests and Levites out to Bethany, to ask him who he was.

²⁰ He did not fail to confess, but confessed freely, "I am not the Messiah."

The distance between Jerusalem and Bethany is only about 2 miles, so the priests who travelled out to see John the Baptist did not have far to go, but their question, "Who are you?" is stranger than it might first seem. For a start, they knew perfectly well who he was: his father was Zechariah, a priest, and his mother was Elizabeth, also a descendant of Aaron the priest. In Old Testament times the first-born male of a Jewish priest became a priest himself by virtue of descent and therefore his questioners knew that they too were talking to a priest.

Perhaps it is closer to say that the question meant: what on earth are you doing, living out in the wilderness and baptising people in the River Jordan? Why are you not living quietly like your father, serving in the temple at Jerusalem? What kind of message are you proclaiming and what does it mean?

John the Baptist made it clear over and over again that his role was to be a messenger, a herald, preparing the way for the Messiah, the Christ, the Son of God and yet when Jesus did start his public ministry the Jewish leaders were even more confused, for how could the son of a carpenter have a higher status than a descendant of Aaron?

Their perplexity has echoes of 1 Samuel 16 where Samuel has been asked by God to choose and anoint one of the sons of Jesse to be king: Samuel's first thought is that the tallest must be the one, but God says, "Do not consider his appearance or his height, for I have rejected him; the Lord does not look at the things that people look at. People look at the outward appearance but the Lord looks at the heart." In the event, of course, it is the very youngest son, David, who is called and anointed.

So, as we approach the season of Lent, with Ash Wednesday on 22nd February, let us be grateful for John the Baptist's pure spiritual sight and his steadfast conviction that his only task in life was "to make straight the way for the Lord."

Sally Wainman 17th January 2023

WHAT'S ON FEBRUARY 2022

Date	Time	Service	Where / Who to contact
Wed 1 st Feb	9.30am 10.30am	Open to God At ASK	All Saints Church Kesgrave
Wed 1 st Feb	10.00am- 12.30pm	WARM Space At ASK	All Saints Church Kesgrave
Wed 1 st Feb	10.00am- 10.45am	Morning Prayer at Little Bealings	All Saints Little Bealings
Wed 1 st Feb	10.30am- 12.00pm	Fynn Valley Walks	All Saints Little Bealings. For more information contact john.wittgreffe@btinternet.com 07857838678.
Wed 1 st Feb	3.10pm 3.45pm	Little Bealings BORROWERS	All Saints Little Bealings. Please contact Ben Wale ben.wale@cofesuffolk.org for more information
Thu 2 nd Feb	11.00am- 12.00pm	Thursday Holy Communion at ASK	All Saints Church Kesgrave
Sat 4 th Feb	10.00am- 12.30pm	Private Prayer At Little Bealings	All Saints Little Bealings
Sun 5 th Feb	8.30am- 9.30am	Holy Communion at ASK	All Saints Church Kesgrave
Sun 5 th Feb	10.00am- 11.00am	Holy Communion at ASK (Livestreamed)	All Saints Church Kesgrave ASK Church YouTube channel: https://www.youtube.com/channel/UCtZ91ENd-lxMPUZYDHR5-aQ
Sun 5 th Feb	10.00am- 11.00am	F.I.G Family At ASK	Church Hall.
Sun 5 th Feb	10.00am- 11.00am	Morning Prayer At Playford	Church Of St. Mary, Playford
Sun 5 th Feb	5.00pm 5.45pm	ZOOM After Hours	To find instructions how to join, visit our website www.asksgrave.org
Sun 5 th Feb	6.30pm- 7.15pm	Evensong at ASK	All Saints Church Kesgrave
Mon 6 th Feb	2.00pm- 4.00pm	Silver Screen at ASK	Church Hall.
Tue 7 th Feb	10.00am- 11.30am	LITTLE EXPLORERS at ASK	Church Hall. For more information, please contact Jen- nie children@asksgrave.org
Tue 7 th Feb	3.30pm- 5.30pm	Broom Tree Café At Martlesham	St Michael's Church, The Runway Café , Martlesham
Wed 8 th Feb	9.30am 10.30am	Morning Prayer At ASK	All Saints Church Kesgrave
Wed 8 th Feb	10.00am- 12.30pm	WARM Space At ASK	All Saints Church Kesgrave
Wed 8 th Feb	10.00am- 10.45am	Morning Prayer at Little Bealings	All Saints Little Bealings

Date	Time	Service	Where / Who to contact
Wed 8 th Feb	10.30am- 12.00pm	Fynn Valley Walks	All Saints Little Bealings. For more information contact john.wittgreffe@btinternet.com 07857838678.
Wed 8 th Feb	3.10pm 3.45pm	Little Bealings BORROWERS	All Saints Little Bealings. Please contact Ben Wale ben.wale@cofesuffolk.org for more information
Thu 9 th Feb	11.00am- 12.00pm	Thursday Holy Communion at ASK	All Saints Church Kesgrave
Sat 11 th Feb	10.00am- 12.30pm	Private Prayer At Little Bealings	All Saints Little Bealings
Sun 12 th Feb	8.30am- 9.30am	Holy Communion at ASK	All Saints Church Kesgrave
Sun 12 th Feb	10.00am- 11.00am	All Age Service at ASK (Livestreamed)	All Saints Church Kesgrave ASK Church YouTube channel: https://www.youtube.com/channel/UctZ91END-lxMPUZYDHR5-aQ
Sun 12 th Feb	10.00am- 11.00am	Morning Prayer at Little Bealings	All Saints Little Bealings
Sun 12 th Feb	4.00pm- 5.00pm	SILVER CAFÉ At ASK	All Saints Church Kesgrave
Sun 12 th Feb	5.00pm 6.00pm	Songs of Praise at ASK	All Saints Church Kesgrave
Mon 13 th Feb	2.00pm- 4.00pm	Silver Games at ASK	All Saints Church Kesgrave.
Wed 15 th Feb	9.30am 10.30am	Bible Study At ASK	All Saints Church Kesgrave
Wed 15 th Feb	10.00am- 12.30pm	WARM Space At ASK	All Saints Church Kesgrave
Wed 15 th Feb	10.00am- 10.45am	Morning Prayer at Little Bealings	All Saints Little Bealings
Wed 15 th Feb	10.30am- 12.00pm	Fynn Valley Walks	All Saints Little Bealings. For more information contact john.wittgreffe@btinternet.com 07857838678.
Wed 15 th Feb	11.00am- 11.45am	Holy Communion at Playford	Church Of St. Mary, Playford
Thu 16 th Feb	11.00am- 12.00pm	Thursday Holy Communion at ASK	All Saints Church Kesgrave
Fri 17 th Feb	7.30pm- 9.00pm	Zoom Pub Quiz	To find instructions how to join, visit our website www.asksgrave.org
Sat 18 th Feb	9.00am- 10.00am	Men's & Ladies' Break- fast at the Farmhouse	Farmhouse, St Isidores, Kesgrave. Please contact Gary Jones gary.jones590@ntlworld.com
Sat 18 th Feb	10.00am- 12.30pm	Private Prayer At Little Bealings	All Saints Little Bealings

Date	Time	Service	Where / Who to contact
Sun 19 th Feb	8.30am- 9.30am	Holy Communion at ASK	All Saints Church Kesgrave
Sun 19 th Feb	9.15am- 10.00am	BREAKFAST Special At ASK	Church Hall.
Sun 19 th Feb	10.00am- 11.00am	F.I.G Family At ASK	Church Hall.
Sun 19 th Feb	10.00am- 11.00am	Holy Communion at ASK (Livestreamed)	All Saints Church Kesgrave ASK Church YouTube channel: https://www.youtube.com/channel/UCtZ91END-lxMPUZYDHR5-aQ
Sun 19 th Feb	10.00am- 11.00am	Family Communion At Playford	Church Of St. Mary, Playford
Sun 19 th Feb	6.30pm- 7.15pm	Evensong at ASK	All Saints Church Kesgrave
Mon 20 th Feb	2.00pm- 4.00pm	Silver Screen at ASK	Church Hall.
Tue 21 st Feb	10.00am- 11.30am	LITTLE EXPLORERS at ASK	Church Hall. For more information, please contact Jen- nie children@askesgrave.org
Tue 21 st Feb	3.30pm- 5.30pm	Broom Tree Café At Martlesham	St Michael's Church, The Runway Café , Martlesham
Wed 22 nd Feb	9.30am 10.30am	Morning Prayer At ASK	All Saints Church Kesgrave
Wed 22 nd Feb	10.00am- 12.30pm	WARM Space At ASK	All Saints Church Kesgrave
Wed 22 nd Feb	10.00am- 10.45am	Morning Prayer at Little Bealings	All Saints Little Bealings
Wed 22 nd Feb	10.30am- 12.00pm	Fynn Valley Walks	All Saints Little Bealings. For more information contact john.wittgreffe@btinternet.com 07857838678.
Wed 22 nd Feb	3.10pm 3.45pm	Little Bealings BORROWERS	All Saints Little Bealings. Please contact Ben Wale ben.wale@cofesuffolk.org for more information
Wed 22 nd Feb	7.00pm 8.00pm	Ash Wednesday Service At ASK	All Saints Church Kesgrave
Thu 23 rd Feb	11.00am- 12.00pm	Thursday Holy Communion at ASK	All Saints Church Kesgrave
Sat 25 th Feb	10.00am- 12.30pm	Private Prayer At Little Bealings	All Saints Little Bealings
Sun 26 th Feb	8.30am- 9.30am	Holy Communion at ASK	All Saints Church Kesgrave
Sun 26 th Feb	10.00am- 11.00am	All Age at ASK (Livestreamed)	All Saints Church Kesgrave ASK Church YouTube channel: https://www.youtube.com/channel/UCtZ91END-lxMPUZYDHR5-aQ
Sun 26 th Feb	10.00am- 11.00am	Family Communion At Little Bealings	All Saints Little Bealings

Date	Time	Service	Where / Who to contact
Mon 27 th Feb	2.00pm- 4.00pm	Silver Games at ASK	All Saints Church Kesgrave.
Tue 28 th Feb	10.00am- 11.30am	LITTLE EXPLORERS at ASK	Church Hall. For more information, please contact Jen- nie children@askesgrave.org
Tue 28 th Feb	2.15pm- 4.00pm	Mothers' Union At ASK	All Saints Church Kesgrave
Tue 28 th Feb	3.30pm- 5.30pm	Broom Tree Café At Martlesham	St Michael's Church, The Runway Café , Martlesham

SILVER GROUPS

We welcome anybody who wishes to come to the Silver events. There's always a good variety of food to be had and enjoyed with tea, coffee or chocolate and sometimes squash.

The Screen is in the hall and the Games are in the church. When you turn up you can be assured of a warm welcome.

Next sessions of **Silver Screen** are **Mondays 6th and 20th February at the Church Hall, 2pm-4pm.**

It has been a pleasure to see so many people get so much out of those sessions so far.

Following the screening, we have a short talk.

Come along for an enjoyable afternoon and companionship.

Next sessions of **Silver Games** are **Mondays 13th and 27th February at the Church, 2pm-4pm.**

Come and enjoy playing the old fashioned and some modern games such as Up-Words, Scrabble, Mexican Train, Uno, Rummikub and Scrabble. Even if you don't play board games you will be welcome to just come along and sit with our regulars and have a chat.

Our next **Silver Café** which will be held in the church, **on the 12th February at 4pm**, followed by **Songs of Praise at 5pm.**

For more details contact

Chris or Mike Bryer 01473 611143

MOTHERS' UNION

Our February meeting will be on **Tuesday 28 February at 2.15pm at All Saints Church Kesgrave.**

This meeting will be Communion followed by our Annual General Meeting.

We welcome visitors to join us at all our meetings.

Jenny Billinge
Secretary

ZOOM LENT COURSE - LED BY BISHOP MIKE:

Living your life with God

Tuesday evenings 7pm - 8.30pm, starting on February 28th and then 7th March, 14th March, 21st March and 28th March

This year the Diocese are offering a zoom Lent Course based on a book called "*The Practice of the Presence of God*", written in 17th Century by Brother Lawrence; he was a lay brother in a Carmelite monastery in France, inspired to see God in the simplest circumstances of daily life.

The course is free, but please register with Eventbrite to get your free tickets and the links for the evenings:

<https://www.eventbrite.co.uk/e/living-your-life-with-god-tickets-438918004567>

To help things along, I have just ordered 3 copies of the book (£3.99) each, so if you would like to have one of these please let me know

Sally Wainman 07807 984589

LENT 2023 Bishops' Lent Appeal for our link diocese in Kagera, Tanzania

Lent this year starts from Ash Wednesday 22nd February, but Bishop Mike and Bishop Martin have already published details of their 2023 Lent Appeal on the Diocesan website.

Once again you have a chance to 'buy a bishop' or put in a bid for the auction:

As part of their role, Bishop Martin and Bishop Mike are always very pleased to visit parishes and groups at any time; but have you ever wanted a Bishop to cook you a pizza, mow your lawn, or teach you to dance?

This Lent you can bid to buy an hour of a Bishop's time to do something you've never thought of before. It's not just about the money - we are also looking for the most creative ideas. Tell us who you are, what you'd like a Bishop to do and why, and of course, how much you're willing to pay. We're looking for bids from individuals as well as groups. The Bishops will decide on the winning ideas based on creativity and feasibility, and expect to respond during Lent as bids come in.

There are also Bishop-branded products to be auctioned.

Send us your bids for:

- a hand-turned wooden candlestick from Bishop Martin
- a bottle of Mendlesham blackberry gin
- a signature cake baked by Bishop Mike

For this auction, the highest bids will win.

Closing date for the auction is midnight on Easter Monday, 10th April.

How to do it

Send your bids by email to the Link coordinators at kagera@cofesuf-folk.org, or give us a ring on 01473 831423.

Winners will be announced on Facebook and eNews. Do let them know if you don't want your name to be published!

Alternatively, please place your gift in an envelope marked **Kagera** and hand in at any of the services held at All Saints Kesgrave.

Sally Wainman

WEDNESDAY MORNING

At All Saints church on Wednesday morning from 9.30am until 10.30am there is either a Bible Study, in which we are currently looking at the book of Ruth, we are using a DVD from the Christian conference at Keswick with Alistair Begg, or you can come for an hour of quiet to just be still, to pray and to experience the presence of God. Both of these are ably led by Mike Bryer a Reader at All Saints church, do feel free to come along and join Mike at either the bible study or for the hour of peace and reflection. These are followed by refreshments of tea, coffee and biscuits.

Mike Bryer Reader

WARM SPACE

In order to meet the need for warm spaces in this current climate All Saints Kesgrave, has now opened up a warm space, this will at first be on a Wednesday morning from 10am to 12.30, we will have tea, coffee and biscuits. There will also be magazines and maybe some jigsaws to have a go at. There will always be someone to talk to, so if you're passing on a Wednesday morning don't pass us by come in.



For more details contact Mike or Chris Bryer 01473 611143.

ASH WEDNESDAY SERVICE

February 22nd at 7.00pm

Join us for a special service in church to mark the beginning of Lent.

Worship, prayers and reflection will pave the way for the Imposition of Ashes, thus reminding us of our frailty whilst receiving God's blessing.

SUPPORTING THE "FIND" FOODBANK

Please support FIND by donating goods at any participating supermarket **OR** by bringing them to church with the bag or box marked FIND please! **OR** by donating financially, via bank transfer, (BACS) direct to FIND

BACS details are:

Account name: FOOD BANK FIND

Sort code: 30-94-55

Account number: 54354468

Reference All Saints Kesgrave or your own name

If you want to support FIND with cash, please speak to me at any of the services or give me a ring.

Thank you

Sally Wainman (Local Giving Advisor) 07807 984589

MEN'S & LADIES' BREAKFAST

Please Come along on **Saturday 18th February at 9.00am** and join us at the Farmhouse Pub for our Men's & Ladies' Breakfast and fellowship. All ages welcome.

Please contact

Gary Jones revgaryjones1985@gmail.com **or**

Anita Jones anitajones805@gmail.com to reserve your place.

CHRISTMAS GIFTS FOR CHILDREN IN UKRAINE

At All Saints church we have been collecting toys and gifts for the Ukrainian children for Christmas, as part of the Ardent Hire Solutions drive to help the Ukrainian people. The gifts have been wrapped, then loaded on 4 lorries and shipped to Ukraine. Once there, they were met and unloaded by the local branch of the Rotary Club and distributed gifts to the local children from tots to teens.

This notice is just a way of saying thank you so much for your generosity, Kesgrave, you have done it again, as I can remember the dozens of one-meter square blankets that were so kindly donated for the babies in Africa and the shoeboxes for the Samaritan Christmas appeal.

Once again when called upon the kind hearts of Kesgrave have reached out to those in need, there was a 'wrap-a-thon' at Claydon school to wrap 7,000 of the potential 30,000 gifts for the lorries and volunteers were being called for, in order to go to the school and help for a couple of hours, with the bribe of sausage rolls and hot drink. If you were one of them, then thank you from the bottom of our hearts on behalf of all the Ukrainian children who without the generosity of people both in time and gifts would not have had a happy Christmas. As you can see from the photo there were a few teddies going aboard as well, all had their passports ready!!



Chris and Mike Bryer

DEBT AND GIVING: FEBRUARY 2023

If you are in debt, please seek help: The Suffolk Coastal Debt Centre now has a dedicated section of the SKC website:

<https://www.skc.church/cap>

SKC stands for the Benefice of Saxmundham with Kelsale cum Carlton and CAP stands for Christians Against Poverty.

There is a free phonenumber: **if you are weighed down by debt call FREE on 0800 328 0006 or find us at capdebthelp.org.**

There are also other organisations like Stepchange and the CAB: Citizens Advice Bureau: although they cannot give you financial aid, they can often do a great deal to reduce the harassment that debt attracts and negotiate or stop ever-increasing demands for repayment.

DON'T SIT IN SILENCE - SEEK HELP

GIVING: From the Book of Common Prayer: "Be merciful after thy power. If thou hast much, give plenteously; if thou hast little do thy diligence gladly to give of that little; for so gatherest thou thyself a good reward in the day of necessity"

All methods of giving remain available: cash, weekly giving envelopes, BACS payments, the Donate Button on the website, the Parish Giving Scheme (Direct Debit) and contactless giving. Details are on the website under the Support Us section: <https://www.asksgrave.org/supportus.htm>

For BACS payments: our bank is the Co-op Bank and the name on the account is Kesgrave Parochial Church Council

Sort Code 08-92-99 Account No. 65453375

For the Parish Giving Scheme please log onto <https://www.parishgiving.org.uk/home/> or speak to me if you would like a paper form to fill in

Your generosity underpins all that we try to do at All Saints Kesgrave including our popular Breakfast Special services, the Silver Films and Games, the new Winter Warm Space Initiative, the Young Explorers Group etc. We want our church to be warm, welcoming and a source of help, prayer and encouragement.

We also have a “Donate” QR Code:
To donate online, scan the QR code
with your phone below:



Or go to askesgrave.org/supportus
for more ways to give.

For all queries, please phone me on 07807 984589

Thank you for supporting the work of All Saints Kesgrave

Sally Wainman (Local Giving Advisor)

DO YOU OR SOMEONE YOU KNOW NEED PRAYER?

If at any time you or someone you know are in need of prayer, we have an active prayer ministry who would love to pray for you. We believe that God answers all of our prayers, as he loves us dearly and knows just what we need. We have seen God work in so many different ways through the prayer ministry. Please do not hesitate to contact if you feel this can help.

If your prayer request is urgent, contact our prayer chain by calling John Wittgreffe on 07857 838678 or email ask.prayer-chain@gmail.com specifying "Prayer Chain".

If you have an ongoing request for prayer, each Wednesday a prayer request email goes out to ministers and faithful people who will include your request in their prayers on Wednesday, or as soon as possible thereafter. If you would like your prayer included, please use

the same contact as above stating "For Wednesday prayers", or both Wednesday Prayers and Prayer Chain if appropriate.

All information is considered private to those who take part in the prayers. If, however, you feel something is very sensitive, please mention this and we will make the prayers anonymous before they go out- God still knows who you mean!

If you would like private prayer with a minister, you can request this and we will work something out for you. If for any reason John is unavailable, please contact one of our ministry team as in our contacts list.

"Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:16-18

John Wittgreffe, Elder

Little Explorers

You may have noticed that since the beginning of January we have only been advertising 'Little Explorers' sessions for preschool aged children. After much deliberation we felt that it was far easier and less confusing to call all our sessions 'Little Explorers', but rest assured that nothing else has changed! We're still following the same format as we have in the past, with weekly sessions during term time.

Little Explorers offers a welcoming, stimulating environment for preschool aged children to have fun and form friendships alongside their carers. Sessions are held in our light, spacious church hall from 10am to 11.30am, take place on a Tuesday morning and cost £1.50 per child. A pre-packaged snack is served to children at 10.45am and hot drinks and biscuits are available for carers throughout. Children have the opportunity to colour, play with toys, books, sand and playdough, and on alternate weeks we have a bible story and biblically themed craft activity available, plus bubble prayers! Each session finishes with a short singing and musical instrument time.

You can always be sure of a very warm welcome. We look forward to seeing you!

Please see our Facebook page or website for exact dates, or if you would like more information, please email [Jennie Fidler](mailto:Jennie.Fidler@ask-esgrave.org), Children & Family Worker and session leader, for more information. children@ask-esgrave.org

KESGRAVE LIBRARY NEWS – February 2023

Sunday Crafts 11.00 – 12.00 noon (after Church) – the following crafts are running during February:

Sunday 5th – There have been lots of exciting stories recently about space. Create your own rocket to hang up in your room.

Sunday 12th – The 14th of February is Valentine's Day. Make a heart card to give to someone special.

Sunday 19th – On Tuesday 21st February we are celebrating Shrove Tuesday – Pancake Day. Pop along and create a pancake collage – what fillings will you put in yours?

Sunday 26th – It's St David's Day on Wednesday 1st March. Pop along and make a dragon hat to celebrate.

Activities are free. Parents must stay with under eights.

Word Play Sessions – These free sessions are run by trained staff every **Thursday morning**.

Tot Rock – 9.45 – 10.15 a.m. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.45 a.m. – Gentle songs for you and your baby to enjoy.

No need to book. Please just pop along. We look forward to seeing you soon.

Story Time – 9.45 – 10.15 a.m. Fun stories, rhymes, and songs every Friday in the library. No need to book – just pop along.

Lego Club – every Tuesday 3.30 – 4.30 p.m. Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

Afternoon Book Club – Thursday 2nd February 2.45 – 4.30 p.m. They are currently reading *Miss Benson's Beetle* by Rachel Joyce.

Evening Book Group – Thursday 23rd February 7.00 – 8.00 p.m. The group are currently reading *1979* by Val McDermid.

If you are interested in joining, please contact staff. The library supplies copies of the titles being read.

Warm Space – Please don't forget that Kesgrave Library is a designated warm space throughout the winter, offering hot drinks and a safe, welcoming area to pop along to and spend some time:

Monday & Tuesday 9.30 – 11.30 a.m.

Wednesday & Friday 2.30 – 4.00 p.m.

Saturday 10.00 – 12.00 noon

Kindness Rail - We have a kindness rail available with coats, hats, scarves etc. for customers to come in and help themselves to.

If you are having a sort out and have any good quality outdoor clothes whether adults or children's, please pop them along to the library.

We also have a small hygiene bank with donations including Tena and Molicare. Products. Please pop in and have a look at the rail or speak to staff.

Donations for the hygiene bank would also be welcomed – thank you.

Did you know that you can join the library from birth? Adults need ID with their name and address on and children will need an adult to be their guarantor, who can bring in their proof of address. Cards can be made up while you wait. We hope to see you soon.

Printing and Photocopying – You can print and photocopy at your local library. A4 Black & white is 20p single-sided and 30p double sided. A3 colour is 50p single-sided and 80p double-sided. We are also able to photocopy in A3 and enlarge and reduce documents.

Home Library Service – If you would like to access the library but are unable to visit us, Kesgrave runs four home library routes where volunteers come out with a selection of books to your homes. To access this service, whether you are house bound, recovering from an operation, enquiring for a relative/friend or someone you care for, please ring the library or log on the Suffolk Libraries website and complete the online form.

Knit and Natter – every second and fourth Thursday 2.30 – 4.30 p.m. These sessions are restarting following a long break due to Covid. Why not pop along and meet some new people? Don't knit – just pop along for a natter. Tea/coffee and biscuits are provided. Donations towards the cost would be welcomed.

Cancer Support Group 10.30 – 11.30 a.m. – we are restarting this on the third Monday morning each month (**Monday 20th February**) in the library from September. Our volunteer who helps run these sessions, is available to help on any aspect that may be worrying you, whether you are currently suffering from cancer or a carer in need of advice.

Book Donations – We are still looking for good quality book donations, mainly fiction – adult or children. Please speak to staff if you are interested in donating some items to us.

Thank you to everyone who has already donated items to the library.

Opening Hours -

Monday	9.00–12.00 noon
Tuesday	9.00–12.00 noon/2.30–5.00 pm
Wednesday	2.30 – 6.00 pm
Thursday	2.30 – 8.00 pm
Friday	9.00–12.00 noon/2.30–6.00 pm
Saturday	10.00-5.00 pm
Sunday	10.00-3.00 pm



Maggie Lusher
Kesgrave Library Manager
Tel: 01473 626103
www.suffolklibraries.co.uk

ALL SAINTS CONTACT DETAILS

Assistant Priest	Rev Chris Nunn	01473 622363 revchrisnunn@gmail.com
Assistant Priest	Rev Gary Jones	01473 412329 revgaryjones1985@gmail.com
Parish Administrator	Natalie Lawrence	07737821034 allsaints.parish@outlook.com
Lay Readers	Martyn Shakespeare	01473 610367 martyn.shakespeare@bt.com
	Sally Wainman	07807 984589 mail@sallywainman.plus.com
	Mike Bryer	01473 611143 bryermike@gmail.com
Children's Worker	Jennie Fidler	07584420729 children@askesgrave.org
Church Wardens	Karen Pringle	01473 611472 karenpringle2303@gmail.com
	Bob Bullamore	01473 729586 bob.bullamore@gmail.com
Church Hall Bookings	Bob Theobald	01473 620709 rwtheobald@btinternet.com

Fred Upson Hall	Karen Pringle	01473 611472
Bookings	fredupsonhall@gmail.com	
Prayer Chain	John Wittgreffe	07857 838678
	ask.prayerchain@gmail.com	
Safeguarding Officer	John Wittgreffe	07857 838678
	john.wittgreffe@btinternet.com	

FINAL WORD

Thanks for taking the time to read this edition, we would appreciate any feedback you may have.

If you would like to receive this Newsletter electronically, please email all-saints.parish@outlook.com to be added to the distribution list. You will be welcome to unsubscribe at any time. Your e-mail address will not be passed on to third parties.

Alternatively, it is available on our website.

Our church website www.asksgrave.org has all the information you might need. We try to regularly update notices and information as they become available, as well as adding items onto our pages on The Church of England's 'A Church Near You' site – <https://www.achurchnear-you.com/church/2061/>

If you are on Facebook, please like and follow us on our page – All Saints Church Kesgrave <https://www.facebook.com/Askesgrave/> – where we will also upload important developments and information, videos and ideas for prayer and worship.

Issue 98 available from 26th February 2023- **March 2023** Please note, should you wish to have something included in this issue, the deadline is Tuesday 21st February 2023.

ALL SAINTS KESGRAVE
WELCOME

WARM

SPACE



WEDNESDAYS 10AM- 12.30PM
COME IN

MAIN ROAD, KESGRAVE, IPSWICH, IP5 1AA