

FELTHORPE NEWSLETTER
NOVEMBER 2022

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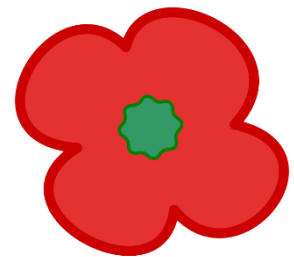
The Rector writes:

We are in the season of remembrance. As you receive this newsletter, we will be remembering those who have died and we loved at a special service on the 30 October at Horsford. During this service we pause, we give thanks, perhaps writing a heart prayer or lighting a candle. In the Christian faith, Jesus is known as the light of the world; a candle flame is a symbol of this. Candle lights are a powerful reminder of the flickering of the ebbs and flows of life. For many of us they give a focus, a light to focus on all that is good and has been good around us.

I would never have thought I would be including in this month's news sheet about giving thanks for the late Queen Elizabeth's life. We gave thanks at a special service in All Saints, Horsford, for Her Majesty's life following the sad news of her death. At this special service we were joined by our MP for Broadland, Jerome Mayhew, County Councillor Tony Adams, our District Councillors Dave Thomas and Lisa Starling as well as representatives from Horsford, Felthorpe and Hevingham Parish Councils. The uniformed groups came out in force with colour parties from the Scouts, Cubs, Beavers and Brownies. We reflected on our earliest and favourite moments of the Queen's life. Inevitably Paddington Bear at the Jubilee celebrations made us smile again. An example of how the Queen crossed the age boundaries, ensuring she was accessible, perhaps in an unusual way, to all. A woman of service, commitment and integrity, she was an inspirational leader. No wonder so many of you came and many others signed the condolence sheets in the church.

The toil and tragedy of war has been brought home to so many of us this year with the conflict in Ukraine. The heartfelt giving of food, clothes and money to support the refugees who fled the war has been moving. Some of the refugees have been supported in homes in Felthorpe and the surrounding villages. Here is hospitality and practical love given to the stranger. "When I needed a neighbour, were you there?" starts a popular hymn; and ends "when you were hungry and thirsty I was there... and the creed and the colour and the name don't matter, I was there". Christians believe God is always there, and He is with all of our acts of loving kindness to others, whoever they are. Where love is, God is too.

On the 13 November we will also be remembering and giving thanks for those in our Armed Forces who have served the wider community, some with the ultimate sacrifice of giving their lives so that we now have freedom. Half of the donations at our Service on Remembrance Sunday will be given to the Royal British Legion with the other half going to Help for Heroes, a second charity whose focus on rehabilitation and support to those who have served is vital.



Lest We Forget.

We start Advent at the end of November. The joy of opening an Advent Calendar door with chocolates, (or all range of things nowadays!) is great fun! It is the countdown to the C word... which I won't yet say! When I talk to the children at Primary School I talk about the journey of preparation, of remembering all that is good in our lives and how we might help others.

During this month of remembering, what might each of us give thanks for? Who might we give thanks for? How might we give thanks?

Services at St Margaret's Church, Bilney Lane, Felthorpe:

6th November 3.00pm Evening Prayer BCP
13th November 3.00pm Holy Communion with Act of Remembrance
20th November 3.00pm Evening Prayer BCP
27th November 3.00pm Holy Communion BCP
4th December 3.00pm Evening Prayer BCP

The Community Carol Service will be Saturday 17th December at 3.00pm

FROM THE PARISH RECORDS

There were no entries for October

Baptist Chapel, Mill Lane, Psalm 46 vs 1: "God is our refuge and strength, a very present help in trouble". We would be pleased to see you at any of our meetings. Ian Mckemmie, email ianmckemmie@btinternet.com

FELTHORPE PAVILION & RECREATION GROUND COMMITTEE

BINGO - THURSDAY NOVEMBER 17th, DECEMBER 15th XMAS BINGO. at 7.30 FOR PLAY AT 8 O`CLOCK. £5 per session. Then every THIRD THURSDAY IN THE MONTH. Please join us for a fun evening. PLEASE NOTE CHANGES OF DATES ETC FOR BINGO, IF APPLICABLE.

TABLE TENNIS - TUESDAY EVENINGS at 6pm to 8pm and WEDNESDAY MORNINGS 10 to 12. Refreshments provided at each session, All abilities welcome. Any questions please contact June on 01603 754400 or 07552 724440

ZUMBA GOLD - TUESDAY MORNINGS - Cancelled. A new class to start in Reepham, please contact Sarah-Jayne on 07789 561224 for further information.

ZUMBA. Class to take place at Pavilion on Friday mornings 10 - 11 am contact Sarah Jane 07789561224

BALANCE & STRENGTH PILATES - MONDAY MORNINGS. 10.30 am till 11.30 pm. £6 per session. This is an exercise programme aimed at the over 55's. Jo takes you through a variety of seated and standing exercises which helps to improve confidence and mobility. Leg weights will be available to purchase at a reasonable cost. Any questions, please contact Jo on 07969 863078 or email. jo@mojofitnessandwellbeing.co.uk

FITNESS PILATES - MONDAY MORNING - 11.45am to 12.45pm. £6.00 per session. Improves posture, movement, mobility and flexibility. Helping to identify basic postural imbalances through Pilates based exercises. Any questions please contact Jo on 07969 863078 or email. jo@mojofitnessandwellbeing.co.uk

ROCKBOX - A DRUMSTICK BOXING WORKOUT - WEDNESDAY EVENINGS 6.30 to 7.30
£6 per session and if required drumsticks may be purchased at a cost of £4 .
Please contact Steph on 07841 029555 for further details.

RECYCLING - Many thanks to everyone who uses our recycling facilities. Just a reminder, we recycle paper (not cardboard) , glass, clear and coloured, clothes and shoes.

SOUP LUNCHES - Come and join us Wednesday November 9th, 12pm. £6-00. please contact Sonia 01603 755351 to book a place. October Lunch, well attended, raised £166-00 for charity SHINE NIGHT WALK (Cancer Research)

PAVILION QUIZ. SATURDAY NOVEMBER 12th 7 for 7-30. Please bring own food and drinks, cost £3-00, tables of 6, tickets from any committee member.

NEXT COMMITTEE MEETING WILL BE HELD ON THURSDAY 10th November 7.30 pm
Visitors made very welcome so please come and join us.