

Welcome to a time of prayer and reflection. Let's be still and recognise that we are in the presence of God who is Father, Son and Holy Spirit. Amen.

As we begin this time of prayer and reflection let's take a moment to look back over the last week, recalling times when we have responded to the life and love of God in us and giving thanks, and noticing those times when we have resisted the life and love at work in us, and bringing those times to God for healing and forgiveness.

Father, you come to meet us when we return to you:

Lord, have mercy.

Lord, have mercy.

Jesus, you died on the cross for our sins:

Christ, have mercy.

Christ, have mercy.

Spirit, you give us life and peace:

Lord, have mercy.

Lord, have mercy.

May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit and raise you to new life in Christ our Lord.
Amen

Let us pray:

Almighty Lord and everlasting God,
we beseech you to direct, sanctify and govern

both our hearts and bodies

in the ways of your laws

and the works of your commandments;

that through your most mighty protection, both here and ever,

we may be preserved in body and soul;

through our Lord and Saviour Jesus Christ,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

From the Gospel according to Luke 12:32-40

Sermon (see attached text)

Let us pray:

In the power of the Spirit and in union with Christ,
let us pray to the Father.

For the peace of the whole world,
for the welfare of the Holy Church of God,
and for the unity of all,
let us pray to the Lord.

All Lord, have mercy.

For Robert our bishop, and for Bishop Jackie and Bishop Nick,
For all the bishops of the Anglican Communion that their gathering in
Lambeth will deepen mutual understanding,
for the leaders of our sister Churches,
and for all clergy and people,
let us pray to the Lord.

All Lord, have mercy.

For *Elizabeth our Queen*,
for the leaders of the nations,
and for all in authority,
for peace in the war torn places of our world
and for all aid agencies who work to relieve suffering,
let us pray to the Lord.

All Lord, have mercy.

For this community,
for every city, town and village,

and for all the people who live within them,
let us pray to the Lord.

All Lord, have mercy.

For good weather,
and for abundant harvests for all to share, and for
let us pray to the Lord.

All Lord, have mercy.

For those who travel by land, air, or water,
for the sick and the suffering,
especially those for whom we have been asked to pray,
for prisoners and captives,
and for their safety, health and salvation,
let us pray to the Lord.

All Lord, have mercy.

For our deliverance from all affliction, strife and need,
and for the absolution of our sins and offences,
let us pray to the Lord.

All Lord, have mercy.

Remembering
all who have gone before us in faith,
and in communion with all the saints,
we commit ourselves, one another,
and our whole life to Christ our God;

For the coming of God's kingdom we pray in the words Jesus gave us:
Our Father who art in heaven. Hallowed be thy name. Thy Kingdom come, thy
will be done, on earth as it is in heaven. Give us this day our daily bread.
Forgive us our trespasses as we forgive those who trespass against us. Lead us
not into temptation but deliver us from evil. For thine is the kingdom, the
power and the glory. Forever and ever, Amen.

Giving thanks for the communion we share through baptism with one another and with God in Christ Jesus our Lord we make an act of spiritual communion in the words of this prayer:

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. As I cannot receive you sacramentally today, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

God the Holy Trinity make you strong in faith and love,
defend you on every side,
and guide you in truth and peace;

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**