

7th August 2022 - 8th Sunday after Trinity

THE ORWELL AND DEBEN RURAL BENEFICE WEEKLY NEWSLETTER

Issue 123

Today's Collect

Almighty Lord and everlasting God, we beseech you to direct, sanctify and govern both our hearts and bodies in the ways of your laws and the works of your commandments; that through your most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen

READINGS FOR THE WEEK

Sunday	August 7 th	– Genesis 15:1-6; Hebrews 11:1-3, 8-16; Luke 12: 32-40.
Monday	8 th	– 1 Samuel 14:24-46; Luke 23:13-25.
Tuesday	9 th	-- 1 Samuel 15: 1-23; Luke 23:26-43.
Wednesday	10 th	-- 1 Samuel 16; Luke 23:44-56a.
Thursday	11 th	– 1 Samuel 17:1-30; Luke 23: 56b-24:12.
Friday	12 th	– 1 Samuel 17: 31-54; Luke 24:13-35.
Saturday	13 th	– 1 Samuel 17: 55-18:16; Luke 24: 36-end.

CHURCH SERVICES

August 7th 9am St Ethelbert Falkenham. Morning Prayer
9am St Mary Newbourne. Holy Communion
10am All Saints Waldringfield. Morning Prayer
10-30am St Martin Nacton. Morning Prayer

August 14th 10am St Peter Levington. Morning Prayer
10am St Mary Bucklesham. Holy Communion
10am St Mary & St Martin Kirton. Morning Prayer
10am All Saints Hemley. Holy Communion BCP

A Prayer for Ukraine

from Archbishop Justin Welby and Archbishop Stephen Cottrell

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace. **Amen**

August Events

Sunday August 7th St Ethelbert Pilgrimage – see below

Monday August 8th 2pm Bucklesham Bible Study

Wednesday August 10th Mandy's prayer group cancelled until further notice

Kirton Methodist Chapel Garden

Every Tuesday to August 30th 10-30am to 1-30pm

Come and enjoy a cuppa in our beautiful garden and homemade cake

Music at some sessions crafts in August

Cyclists, dog walkers, passers-by, all welcome. Why not bring a picnic

ST ETHELBERT PILGRIMAGE

Next Stage 14 – Sunday August 7th

Combs (11am All Age Worship) to Little Finborough to Buxhall (135 minutes)

Stage No.15: Sunday 14th August

Buxhall (9.30am H.C.) to Shelland to Drinkstone (140mins)

BENEFICE EVENSONG in Bury Cathedral: SUN. 11th SEPTEMBER 3.30pm

Ride and Stride / Pedal and Drive 2022 - SAVE THE DATE!

Saturday 10 September 2022

Organised by Suffolk Historic Churches Trust (SHCT), Suffolk Churches Ride & Stride and Pedal & Drive sees several thousand cyclists and walkers of all ages (and drivers of vintage and classic cars) taking part in the annual fundraising event for the repair and upkeep of Suffolk churches. The money they raise helps save this wonderful part of our history, with half going to the Trust to give out as grants for church buildings, and half to the cyclists/walkers' chosen church. More details for our Benefice are available from Ian Angus

A Spiritual Spa Day ...

... by the River Deben in Hemley. Does this sound appealing? Ann Patton, Mandy Archer, Jenny Taylor, Edna Collins, and Rosie Livingstone are hosting a one-day course 'Praying with the Imagination' on Saturday 3rd September 2022 from 10.30am to 3.30pm in Hemley Church Room, with time out over lunch for a leisurely walk to explore the natural beauty of this peaceful location. If this sounds new to you, and you think you're not a 'praying' person, it's like any other conversation ... we listen for God and think what we want to say back. If you're a cradle believer, our aim is to refresh your relationship with God and find real enjoyment in prayer, using the gift of our imaginations.

To find out more, or book a place, please phone Rosie Livingstone