## 31st July 2022 - 7th Sunday after Trinity

# THE ORWELL AND DEBEN RURAL BENEFICE WEEKLY NEWSLETTER

Issue 122

#### **Today's Collect**

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen** 

#### **READINGS FOR THE WEEK**

**Sunday** July 31<sup>st</sup> – Ecclesiastes 1:2, 12-14; 2:18-23; Colossians 3:1-11; Luke 12:13-21. **Monday** August 1<sup>st</sup> – 1 Samuel 10:1-16; Luke 22:24-30. **Tuesday** 2<sup>nd</sup> - 1 Samuel 10:17-end; Luke 22:31-38.

 Wednesday
 3<sup>rd</sup>
 -- 1 Samuel 11; Luke 22:39-46.

 Thursday
 4<sup>th</sup>
 −1 Samuel 12; Luke 22:47-62.

**Friday** 5<sup>th</sup> – 1 Samuel 13:5-18; Luke 22:63-end.

Saturday 6<sup>th</sup> – 1 Kings 19:1-16:1; 1 John 3:1-3. Transfiguration of our Lord

#### **CHURCH SERVICES**

July 31st 10-30am United Benefice Service St Mary Bucklesham.

Holy Communion

August 7th 9am St Ethelbert Falkenham. Morning Prayer

9am St Mary Newbourne. Holy Communion10am All Saints Waldringfield. Morning Prayer10-30am St Martin Nacton. Holy Communion

#### A Prayer for Ukraine

from Archbishop Justin Welby and Archbishop Stephen Cottrell

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace. **Amen** 

#### **August Events**

Monday August 1<sup>st</sup> Coffee and Library Bucklesham Church 10 to 12 noon Wednesday August 3<sup>rd</sup> Mothers' Union 2pm Garden Meeting Methodist Chapel Sunday August 7<sup>th</sup> St Ethelbert Pilgrimage – see below Monday August 8<sup>th</sup> 2pm Bucklesham Bible Study Wednesday August 10<sup>th</sup> Mandy's prayer group 2pm

#### **Kirton Methodist Chapel Garden**

Every Tuesday to August 30<sup>th</sup> 10-30am to 1-30pm
Come and enjoy a cuppa in our beautiful garden .... and homemade cake
Music at some sessions ..... crafts in August
Cyclists, dog walkers, passers-by, all welcome. Why not bring a picnic

### Collect for Transfiguration of our Lord. Saturday August 6th

Father in heaven, whose Son Jesus Christ was wonderfully transfigured before chosen witnesses upon the holy mountain, and spoke of the exodus he would accomplish at Jerusalem: give us strength so to hear his voice and bear our cross that in the world to come we may see him as he is; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. AMEN

#### ST ETHELBERT PILGRIMAGE

Next Stage 14 – Sunday August 7<sup>th</sup>
Combs (11am All Age Worship) to Little Finborough to Buxhall (135 minutes)

BENEFICE EVENSONG in Bury Cathedral: SUN. 11th SEPTEMBER 3.30pm

## A Spiritual Spa Day ...

... by the River Deben in Hemley. Does this sound appealing? Ann Patton, Mandy Archer, Jenny Taylor, Edna Collins, and Rosie Livingstone are hosting a one-day course 'Praying with the Imagination' on Saturday 3<sup>rd</sup> September 2022 from 10.30am to 3.30pm in Hemley Church Room, with time out over lunch for a leisurely walk to explore the natural beauty of this peaceful location.

If this sounds new to you, and you think you're not a 'praying' person, it's like any other conversation ... we listen for God and think what we want to say back. If you're a cradle believer, our aim is to refresh your relationship with God and find real enjoyment in prayer, using the gift of our imaginations.

To find out more, or book a place, please phone Rosie Livingstone