Coniston and Crake Valley News

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland & Lowick with Blawith





November 2021 www.conistonandcrakechurches.co.uk

The Coniston and Crake Valley Benefice

"To Grow. Witness and Love Like Jesus"





Revd Brian Streeter The Vicarage, Penny Bridge. I A12 7RQ

vicar@conistonandcrakechurches.co.uk

01229 861668 07505 048736

Brian works for Filling Station on Thursday

Brian's rest day is Friday

RETIRED MINISTERS

Revd David Bickersteth
Revd Joanna Henson
Revd Ian Swift
Revd Harry Welch

david.bickersteth@conistonandcrakechurches.co.uk 01229 861184 joanna.henson@conistonandcrakechurches.co.uk ian.swift@conistonandcrakechurches.co.uk harry.welch@conistonandcrakechurches.co.uk

01229 861800 01539 521337 01229 861068

LAY MINISTERS

Hazel Bowness
Pamela Hull
Linda Inman
Vivienne Plummer
Pam Priestley
Val Towndrow
Richard Wood
Donald Wroe

hazel.bowness@conistonandcrakechurches.co.uk pamela.hull@conistonandcrakechurches.co.uk linda.inman@conistonandcrakechurches.co.uk viv.plummer@conistonandcrakechurches.co.uk pam.priestley@conistonandcrakechurches.co.uk val.towndrow@conistonandcrakechurches.co.uk richard.wood@conistonandcrakechurches.co.uk donald.wroe@conistonandcrakechurches.co.uk

01539 431869
01539 441997
01539 441777
01229 885636
01229 861866
01229 773988
01229 885253
01229 861275

SAFEGUARDING OFFICER

Juliet Caldwell	
ADMINISTRATOR	

safeguarding@conistonandcrakechurches.co.uk

07884 232281

Juliet Caldwell

Marion Swift admin@conistonandcrakechurches.co.uk 01229 861668

MAGAZINE EDITOR

Juliet Caldwell editor@conistonandcrakechurches.co.uk 07884 232281

PASTORAL TEAM LEADER

Barbara Watson barbara.watson@conistonandcrakechurches.co.uk 01229 861638

CHURCHWARDENS

Holy Trinity, Colton

John Tarr john.tarr@conistonandcrakechurches.co.uk

01229 586174

St Luke's, Lowick with Blawith

Simon Wood simon.wood@conistonandcrakechurches.co.uk Sue Wood sue.wood@conistonandcrakechurches.co.uk

01229 885213 01229 885213

St. Mary's, Penny Bridge

01229 861638 Barbara Watson barbara.watson@conistonandcrakechurches.co.uk

St Andrew's, Coniston & St. Luke's, Torver

Nick Monk nick.monk@conistonandcrakechurches.co.uk 015394 41255 Linda Inman linda.inman@conistonandcrakechurches.co.uk 015394 41777

Pastoral Letter

IN-PERSON

"Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume".

The story above takes place after Jesus has raised Lazarus from the dead, and a matter of days before Jesus would face his own death and resurrection. It takes place in a home, which is filled with people who are friends and who are very familiar with one another. The story is very much an "in-person" event.

As if to emphasise the in-person or incarnational nature, the story continues with Judas Iscariot complaining of Mary wasting the costly perfume. But then Jesus responds by chiding Judas with the words, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me". In other words, Jesus is saying "make the most of this in-person meeting".

There are many people in this nation and across the world who would echo those words – make the most of your in-person meetings. As we slowly emerge from the COVID lockdowns and restrictions, people are having to re-assess how often they meet and how they meet, i.e. in-person or virtually. And there is no doubt that there are advantages that have been discovered regarding virtual meetings – less travel and the benefit to the environment, the comfort of meeting from home, the sharing of resources digitally and not on paper... But, and it is a pretty big "but", but there are also disadvantages and a growing recognition that something is missing with virtual meetings – true human connection and the full human experience.

In our story about Jesus, if there had been no in-person meeting then there would have been no costly perfume made of pure nard, no anointing of Jesus' feet with the perfume, and no wiping of Jesus' feet with Mary's hair. But most importantly of all, the house would not have been "filled with the fragrance of the perfume".

When we do not meet, in-person, then there is no opportunity to change the whole atmosphere of our lives, or the lives of others.

Blessings in Christ,

Prich

From the Registers

Weddings

13th November Lesley McCartney and Stephen Airey at St. Andrews, Coniston

Funerals

15th October Gilbert Armstrong at St. Luke's, Lowick: Funeral
 27th October Robert Coglan at St. Mary's, Penny Bridge: Funeral

29th October Catherine Whinfield at Holy Trinity, Colton: Interment of Ashes 30th October Geoffrey Storey Hool at Blawith Church: Interment of Ashes 4th November Katharine Mouzakitis at St. Luke's, Torver: Interment of Ashes Dorothy Mary Barton at St. Luke's, Lowick: Interment of Ashes

Churches in the Coniston and Crake Valley

St Andrew's Church, Coniston LA21 8EN
St Luke's Church, Torver LA21 8AZ
St Luke's Church, Lowick LA12 8EE
Holy Trinity Church, Colton LA12 8HF
Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8HH

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on 015394 41594.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10.00am and Saturdays at 6.00pm. For further information contact Father Matthew Jacob on 01229 779673.

Coniston Christian Fellowship LA21 8AL

Coniston Christian Fellowship does not meet on Sundays but runs Bible Studies during the week. For further details, contact Alex or Ruth Stewart 07751 589 356 / 015394 49539.

Church Services for November 2021					
7 th Third Sunday before Advent					
St. Luke Torver St. Luke Lowick	9.00am 9.30am				
14 th Seco	ond Sunday	before Advent, Remen	nbrance Sunday		
St. Luke Lowick Holy Trinity Colton	9.30am 10.30am	3 1	Rev David Bickersteth Pam Priestley Donald Wroe		
St. Mary Penny Bridge St. Andrew Coniston	10.30am 10.45am	Holy Communion Holy Communion	Rev Joanna Henson Rev Brian Streeter		
21 st Sund	day Next be	fore Advent, Christ the	King		
St. Luke Torver St. Mary Penny Bridge	9.00am 11.00am	•	Rev David Bickersteth Pam Priestley		
28 th First	Sunday of	Advent			
St. Luke Lowick Holy Trinity Colton St. Andrew Coniston St. Luke Torver			Rev Graham Ransom Rev Brian Streeter Rev Harry Welch Rev Brian Streeter		

December Magazine



Please can all items, news, advertising enquiries and "What's On" events for this Magazine be emailed to the editor at editor@conistonandcrakechurches.co.uk by November 15th, or phone 07884 232281. It's great to see the news rolling in from all over the Benefice so if items can be kept to a few paragraphs there will be room for all! Thank you, Ed.

Cover photos.

Please continue to send your images of life and work in the parishes to editor@conistonandcrakechurches.co.uk. We also have a gallery of contributed seasonal photos of our beautiful area on the website: www.conistonandcrakechurches.co.uk.

Parish Prayer Diary

November

1st: Our God is holy and his glory is proclaimed in every age: as we rejoice in the faith of his saints, may he inspire us to follow their example with boldness and joy.

2nd: Pray for the ENMO Parish Council meeting this evening.

3rd: Join with Christians across the benefice at 10am for an hour of prayer at home, praying for family, our community, our nation and the needs of the world.

4th: Pray for the UN's Climate Change conference (COP26) in Glasgow as delegates today focus on accelerating the global transition to clean energy.

5th: Pray for the Government addressing Brexit trade issues, especially the situation around the Northern Ireland Protocol.

6th: Pray for COP26 delegates today ensuring the importance of nature and sustainable land use are part of global action on climate change and a clean, green recovery.

7th: Sunday, the first day of the week

Pray that God, who alone is our refuge and strength, may bring near the day when wars shall cease and poverty and pain shall end and the earth know the peace of heaven through Jesus Christ our Lord.

8th: Pray for this evening's meeting of Blawith & Subberthwaite Parish Council.

9th: Pray for Christians in Yemen subject to persecution from the State, and for the protection of Christian converts who face violence from militant groups.

10th: Pray for teaching staff, especially Head Teachers working to return school to semi-normality whilst managing transmission risk.

11th: On Armistice Day, we remember those who died in the service of their county during two world wars and the many conflicts since, praying comfort for those who mourn and healing to those wounded in body, mind or spirit.

12th: As the COP26 conference ends today, pray for a sincere resolve to accelerate action to tackle the climate crisis through collaboration between governments, business and civil society.

13th: Pray for the fellowship of Alcoholics Anonymous, its members and newcomers.

14th: Sunday, the first day of the week

Pray that our God, who alone is our refuge and strength, may bring near the day when wars shall cease and poverty and pain shall end and the earth may know the peace of heaven through Jesus Christ our Lord.

15th: Pray for this evening's meeting of Coniston Parish Council.

16th: Pray for the victims of faith-based abuse, reported or not; pray they get the understanding and help they need through contact with *Safe Spaces*, a support service run by the independent national charity Victim Support.

17th: Pray for NHS medical and nursing staff.

18th: Pray for this evening's meeting of Lowick Parish Council.

19th: Pray for those who work within the Cumbria Constabulary.

20th: Pray for the charity Christian Aid working hard to eradicate extreme poverty by tackling its root causes.

21st: Sunday, the first day of the week

May the Eternal Father stir up the will of His faithful people, that hearing the call of Christ the King and following in His service, they bring forth the good fruit of the Spirit as they live and move within the Kingdom that has no end.

22nd: Pray for the North West Ambulance Service.

23rd: Pray for ordained ministers serving the church, often across several parishes, that remembering Jesus' call they may be refreshed and inspired in their service.

24th: Pray for those working in local authorities, faith groups and charities addressing homelessness as winter approaches.

25th: Pray for former prisoners as they seek accommodation and work.

26th: Pray for those who are struggling with their mental health.

27th: Pray for the unpaid carers in the UK; pray especially for children and teenagers who support a dependent parent.

28th: Advent Sunday

As we begin a new Church year, we recommit ourselves to turn from the darkness of sin to the light of holiness, that we may be ready to meet Jesus, our Lord, our King, our Saviour when He comes or calls.

29th: Pray for those working within the Cumbria Fire & Rescue Service.

30th: Pray for people who lack basic sanitation and suffer sickness from unsafe water; pray also for organisations working to address this issue.

AROUND THE PARISHES

Colton



Winter Warmer

An invitation to come to Colton Church Hall on Saturday 27th November between 11.00am - 2.00pm to meet up with friends, enjoy a bowl of homemade soup and a choice of cakes.

An opportunity to buy 'stocking fillers' and Christmas cards as well as joyful craft activities for children.

All welcome!

Coniston & Torver

Coniston Library has now reopened.

Opening hours are Monday, Wednesday and Friday 9am to 5pm. If anyone needs any help with the self-issue system contact Joyce Holland on 015394 41594.

Rainfall, Garden House, Coniston, September 2021

Total - 171.6mm (6.8ins) Wet days - 20 More than 1mm on 16 days Wettest day 30th - 50.2mm (2.0ins)



Coniston Institute

LIVE MUSIC RESUMES AT THE INSTITUTE!

Tickets for both concerts are £12; available from the Ruskin Museum or sam.clarke.555@gmail.com.

Doors open at 7pm. Bring your own drinks, pizza is available to order for the interval, and there will be a raffle.





Coffee Plus

Christian Together in Coniston will be holding Coffee Morning and Soup Lunches on the **first Wednesday** of the month at the **Institute Reading Room**.

Do come along and meet up with your friends for a chat, while enjoying a coffee or tea, or some warming soup for lunch.

Wednesday 3 November and Wednesday 1 December from 10.30 to 12.30pm.

Cream Teas

We are also starting cream teas — scones, jam and cream and cakes at a cost of £5, at the **Institute Reading Room** - on the **third Wednesday** of the month starting on **Wednesday 17 November at 3pm**.

For more information contact Joyce Holland on 015394 41594 or Ruth Stewart on 015394 49539.

Coniston Institute - Minutes Secretary

Coniston Institute and Museum require someone to take minutes at their monthly meetings, which take place in the Reading Room on the second Tuesday of each month at 7pm. If someone out there would be interested on a voluntary basis please contact Tracy Hodgson on 015394 41823.

For other regular events at Coniston Institute please visit the website at www.conistoninstitute.co.uk

Reduced numbers for the Coniston 14 Road Race by Geoff Cooper

This was the 39th annual road race originally planned for March 2020 but postponed on a further two occasions because of the Covid pandemic. It was finally underway on October 9th but with only 671 runners there was a big reduction on the usual field of over 1200.

The overall winner was Fraser Macdonald Oulds in just short of 1 hour and 20 minutes. Paul Reilly, who grew up in Coniston and competes for Helm Hill Runners came 7th. Catherine Williamson was the first woman home in 1 hour 32 minutes.

Many clubs from all over Britain competed in the race. A local band, "BLAST Furness" gave the runners a lively send off and reception as they ran back to the finish at the school.

It is a great community event supported by Coniston Mountain Rescue Team, the First Responders, the Police and over 80 volunteers on the day. The short road closure at the start and finish of the race again worked well and was appreciated by the runners. Many runners praised the friendliness of the race and its organisation.

Each year the Coniston 14 Committee raises some £20,000 from the race and this is donated to about 30 local charities and clubs in the community. Those interested in applying for funds should send letters to:

Geoff Cooper, Moorlands, Coniston LA21 8HB by the closing date of the 15th November, 2021.

Coniston C of E Primary School

Nursery Open Mornings – Miss Beaumont would like to welcome children who start Nursery in January 2022 to the Nursery Open Mornings which will be held on Tuesday 23rd November and Wednesday 1st December between 9am and 12pm.



H S A Christmas Bingo – Bingo is BACK!! This year, the H S A Christmas Bingo will take place on Friday 3rd December in the school hall. Doors will open at 6.30pm for a 7pm start. See you there!





Torver 100 Club

The results of the 100 Club draw in September at the Bring and Share Supper as as follows:

£100 Pat Darragh, £30 Francis Hall and Thomas Raven, £20 Gill Walker & Linda Inman, £15 Julie Ward & Colin Todd, £10 Peter Harrison, Fran Mayvers & Helen Barlow.

A BIG thank you to all our members who support the Schoolroom in this way and come along to the quarterly social evenings and draw.

If you would like to join, contact Hazel Bowness 015394 31869 or come along and join at our Christmas Social. It's only £25 per year for a number, and half the money goes in 100 Club prizes four times a year.

Due to the lockdown we will be having a double 100 Club draw at the Christmas Social. This will follow the Christmas Carol Service on Saturday December 11th at 5pm. Everyone is most welcome.

Egton Cum Newland

Egton WI

Hi everyone welcome back to a sort of normality, we are at last getting there.



Way back in the summer of 2020 we gathered in a member's garden for a sunny picnic tea which was a great success and so nice to have so many of us together again. Alas there followed more lockdowns and so we have only just had our first indoor meeting at which one of our members entertained us with lots of information about archery which was fascinating. She is obviously an excellent archer having just come second in a national competition.

Prior to that indoor meeting we had held an outdoor meeting cum picnic tea at the Croquet Club having also had a successful croquet evening there. Once again we had glorious weather for our evening session and what a setting it is and with wonderful new facilities too.

Our WI has just done a second litter pick session around the village and main road area. This second time we were properly equipped thanks to the council so you may have spotted us in our fluorescent bibs and with "grabbers" in hand. Our efforts were gathered in the blue bin bags provided so you may have seen them by the bus stop awaiting collection.

We are always keen to welcome new ladies to our meetings and our regular evening is the second Tuesday of the month, 7.30pm at Greenodd Village Hall.

From the WI team

To publicise your group or event here please email editor@conistonandcrakechurches.co.uk or phone Juliet on 07884 232281

Water Yeat Village Hall Presents

Slate quarrying in the Lake District

A talk by Andy Lowe



Thursday 18th November 2021

£3.50 includes tea/coffee on arrival Doors open at 7pm Talk starts at 7.30pm

_

e-voice.org.uk/wyvh/

Charity No: 222932

Reports

Girl Guides



From Girl Guiding and The Shoe Box Appeal: Please contact Judith Myers 07896618474 after November

1st if you would like to help with the Shoeboxes the week starting 15th November.

Our aim is 1000 boxes. So please help.

Guides, Brownies and Rainbow Units are all now meeting in Hawkshead. If your daughter is aged 5 years or over please register at **www.girlguiding.org.uk** Volunteers are also welcomed.

We also have a Trefoil Guild for anyone who is interested in Girlguiding or would like to support them, we meet once a month for fun and friendship. Tel 07896 618474 if you would like more information.

Scouts

The Great Firework Display will again take place at The Leven Valley Sports and Community Field, Haverthwaite on Friday November 5 2021 at 6.30pm. The cost is Adults £3 for adults and £2 for school age children. Thanks to the support from Playdale, where cars will be directed to park on the night.



Lakeland Housing Trust

The Lakeland Housing Trust (LHT) was established in 1937 to help address the lack of affordable housing in the area. This issue has become even more acute today because of the relentless increase in second homes and holiday lets. Local people, particularly the young, simply cannot afford to buy or rent at prevailing prices. The sense of community is being lost and the situation is getting worse

The LHT provides low cost rented housing which helps keep our villages alive and allows local people to continue living in the heart of the Lake District. The charity has grown over recent years and now has more than fifty properties. They are distributed across the Lakes, including Ambleside, Coniston, Torver, Grasmere, Hawkshead, Langdale, Sawrey, Troutbeck and (soon to be) Broughton-in-Furness. Most have been bequeathed to the Trust, some have been built on land donated to the Trust and others have been purchased by the Trust, as a result of legacies. We are incredibly grateful for the generosity of those who have helped in this way.

I have spoken to several people who have decided to bequeath their homes to the LHT. They have done so in the knowledge that their properties will always be lived in by locals in need and that their generosity will help preserve a sense of community.

Our portfolio of properties is professionally managed by H&H Land and Estates. However, all our Trustees remain actively involved and all believe passionately in helping local people to continue living and working in the Lakes.

Further information about the Lakeland Housing Trust can be found at: www.thelakelandhousingtrust.co.uk or by contacting us directly: 01539 721375 or kendal@hhlandestates.co.uk. Malcolm Tillyer QPM, Chairman

Rusland Horizons Trust

Following a short lull in events while the Rusland Horizons team did some long-term planning, including working on funding applications to support our activities, we are ready to spring back into action and are busy setting up a calendar of events and activities to keep us all active through the winter months! Here's a taster of some of our forthcoming events.

Dry stone walling with Jim Doherty

There are two dates planned, Sunday 31st October and Saturday 20th November. Both events will be held at Abbot Park Farm, above Bandrake Head. Whether you're an experienced waller or would like to try this traditional skill for the first time, this is a great hands-on event led by the very experienced Jim Doherty - full time dry stone waller. Our walls are such a treasured part of our landscape, and there is nothing more satisfying than standing back and admiring a section you have helped to restore.

Hedgerow Planting

We will be helping to plant a completely new line of hedgerow up at Thwaite Head in November. This is exciting for any number of reasons including helping with local biodiversity and providing a new, safe habitat for our native species. It will also be great fun to learn about the different native species chosen to plant, including taking into account climate change challenges and finding out how the hedge will be maintained until it is mature enough for traditional hedge laying.

Polytunnel work party

Our polytunnel will remain in storage for a short while longer until we are able to establish it at one of two possible earmarked sites. However, so as not to miss the current seasonal opportunity, we are delighted that Tony Woods, at Abbots Reading, has kindly offered to let us use an existing polytunnel at his farm.

There is some work to be done to get the polytunnel fit for purpose. We therefore will be holding a work party to help with clearing out of the polytunnel, mainly of brambles, before being able to put it to good use for some wildflower cultivation and growing of saplings. Keep checking our website, social media and newsletter for updates.

The Photo Competition and 2022 Calendar

By the time you read this, the winning photograph will have been announced and those making up the remaining eleven months will also have been chosen from among the 90 entries received. Don't forget to order your calendar (and one for your friends!).

The Rusland Horizons Christmas Bash!

Leaving the best until last! The most important date for your diary is the Rusland Horizons Christmas bash! This will be held on Sunday 12 December, and everyone is welcome. Details and activities are still being worked on, but we will share plans once they are finalised. As always, it will be the perfect way to get you and your family feeling festive and start your Christmas celebrations.

For the latest updates and details of these events, and all others, please keep checking our 'What's On' page on our website and follow us on Facebook and Instagram.

For further information, including volunteering opportunities to help support the Trust's activities, please see our website - www.ruslandhorizons.org

South Cumbria Rivers Trust

SCRT LAUNCH NEW POLLUTION REPORTING MAP



There has been a lot of talk in the news recently about sewage and pollution in our rivers and lakes. Water pollution comes in various forms such as chemical, agricultural run-off, sewage, or septic tank discharges. It can be a single point source such as from a pipe, a business or a Wastewater Treatment Works, or as diffuse pollution such as agricultural run-off.

SCRT work across South Cumbria to encourage people to be more aware of water pollution, water quality and to take action to reduce/prevent it. This can be working with farmers and landowners on beck protection and agricultural run-off to talking to householders about their septic tanks. We also run a variety of monitoring programmes.

We have just launched a new pollution incident map for the public to record local pollution events. This will make pollution incidents visible for the first time and help SCRT to drive water quality improvements in South Cumbria - visit www.scrt.co.uk/ water-quality-map/

For more information on water pollution please visit our website: www.scrt.co.uk/water-pollution/

All pollution incidents should still be reported to the Environment Agency on 0800 807060

November is the time when you may start to see salmon and trout begin their spawning activities with the creation of their redds. These are scrapes in gravel and can range from the size of a dinner plate to a dustbin lid. They are more easily spotted in calm conditions, (polarised sunglasses help) just look for a paler patch in the bed of the river. If you do see any when you're out and about, please let us know.

Kath Smith, Communities & Engagement Officer, South Cumbria Rivers Trust Email: kath@scrt.co.uk Tel:07825 873109 www.scrt.co.uk

South Lakes Citizens Advice

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.



South Lakes Citizens Advice, your local charity, is here for you.

- Call 015394 46464 this is being staffed from 9:30 2pm
- Adviceline: 0808 2787 984

email advice via our submission page on <u>www.southlakescab.org.uk</u> Help to Claim (Universal Support): 0800 144 8 444

South Lakes Citizens Advice

I'm moving into a shared house with friends for the first time. Although I'm excited, I'm also a bit nervous as I've never rented from a private landlord before. What should I look out for when I move in?

Most landlords are reasonable people who look after their properties and tenants well, but it's always a good idea to know your rights. Here's a checklist of things to do when you first move in:

Make sure you have your landlord's contact details. Your landlord is responsible for keeping your home in good condition and arranging repairs when they're needed. They should be your first point of contact if anything goes wrong.

Make sure your deposit is protected. Check that your landlord has given you information about the scheme used to protect your deposit.

Take photos on the day you move in. It's also worth asking your landlord or letting agent for an inventory, to check everything is in order. Use this to note down any problems and the condition of the furniture, kitchen, carpets, bathroom etc.

Check if you're in a 'house in multiple occupation'. If you're living with two or more people who aren't part of your family, and share a toilet, bathroom or kitchen with you, this is considered an HMO. This means your landlord must make sure your home meets certain safety standards. This includes making sure smoke alarms are installed and there's a safe fire exit. The landlord must also ensure shared areas such as staircases and corridors are clean and in good repair. Some HMOs need to be licensed by the council - if you're unsure whether this applies to your home, check with your local council.

Make sure your landlord gives you: a copy of the Gas Safety Certificate, an Energy Performance Certificate and a How to Rent leaflet.

Understand your tenancy agreement. It's important to know who's responsible for paying bills and what to do if there are any changes, like if someone wants to move out. The Citizens Advice website explains the different ways shared accommodation can be organised.

If you encounter a problem with the property, contact your landlord. It's best to put this in writing so that you have evidence if you need it later. The landlord shouldn't come in without your permission.

If your landlord is unresponsive or refuses to help, contact South Lakes Citizens Advice for support. In serious cases, for example if your health or safety is at risk, you may be advised to contact the council.

Oxen Park Cinema Club

OPCC is based in an old Brewery Carthouse, which was demolished and rebuilt as a bespoke community cinema in 2016. After fitting out with top quality equipment, cinema seats from The Royalty and comfy armchairs from Age Concern it officially opened and has been running since 2012. Before that, to get started, from 2002 films were shown in village halls. A membership base accumulated, members sponsored films, local businesses advertised in the programme and a sustainable film society was established. It is run as a charity and managed by an active committee. Films are shown 2-3 times a month from September to April. All on our website. Take a look.

Now is the time by Dare Holland

From 31 October to 12 November, leaders of the vast majority of the world's countries will be meeting in Glasgow to make some of the most important decisions any of them will ever have to make. They are decisions that will affect the whole world, including you and me, for as long as any of us can imagine. If they get it wrong, we can look forward to a time of chaos, upset and devastation that will make times of war look not too unpleasant. If they get it right, there is a chance that all of that can be avoided. The COP 26 meeting is to determine the actions to be taken to reduce, hopefully even eliminate, the Climate Crisis which we are just beginning to experience. But, as the Prince of Wales has recently underlined, it is not so much the words spoken in Glasgow that can make the difference, it is the actions that follow them. If the right decisions are made but then not put into effect, the whole operation will be pointless

This is a crucial moment in the fight for climate justice, and a unique opportunity for us to pressure those with power to make real change. The UK Government is hosting these talks and so has a special responsibility for making them succeed, not just for UK but for the whole world. On 6 November, people around the world will be marching through major cities, gathering in their local communities, and making their voices heard online, all raising their voices for climate justice. We may not be able to join in easily but we can all make our voices heard, directly to our government or by contacting our MP.

We can also add our voices through prayer, for those organising and taking part in COP26 and for those already suffering from the effects of Climate Change. We should never underestimate the power of prayer nor put it off until tomorrow. We do not need to be in church or even with other people, we can pray anywhere, anytime. This is God's World and He is concerned for its wellbeing; our prayers are welcomed by Him, as is our concern for the world He has put into our care. Let's share our concerns with Him.

A THOUGHT FOR THE MONTH by Rev. David Gregg NOVEMBER 5TH: BONFIRE NIGHT

Idi Amin brutally seized power in Uganda in 1971. In the middle of his reign of terror he was personally responsible for the murder of Archbishop Janani Luwum. A fellow bishop and close friend, Festo Kivengere, was implacable in his resistance to the blood-thirsty tyrant, and eventually had to flee for his life. He was given asylum in the United States. When he arrived, he was asked by a waiting journalist, "Bishop, if you found yourself in Amin's presence with a loaded revolver in your hand, what would you have done?" "That's easy", said Bishop Festo. "I would have handed it to him, and said, "I think this must be yours, Mr. President. It certainly isn't mine. The only weapon we have is love!"

And yet, sometime after Amin was deposed in 1979, I got talking with a gracious Christian sister from Uganda who had lived all through his period of power, and I asked her which was the worst of it – when he first seized power (?), when he was at the height of his vindictive reign (?), or when he was thrashing around in decline (?). She said, "None of them! When he was in charge you did at least know where you

stood, and could act accordingly. The worst time was during the six months *after* he was deposed, when the country descended into almost complete anarchy!"

This idea, that *any* form of 'law and order' is preferable to none, is heavily reinforced throughout the Bible. Following the death of Samson, for instance, it is recorded that "in those days there was no king in Israel: all the people did what was right in their own eyes." (Judges 7:6) November 5th, Bonfire Night, is basically an annual celebration of the day that we, as a nation, were (divinely?) delivered from just such a state of affairs. The apostle Paul, in the days of some pretty wicked Roman Emperors, asserts that "those authorities that exist have been instituted by God" (Romans 13:1 – and the whole of vv 1-7 are well worth reading on the subject!) Orderly government, in whatever form, is a gift of Almighty God's *common grace*, and, like the Sabbath, marriage and family life etc., is intended for the well-being of *all* humankind.

The Lord Jesus Christ is recorded as setting forth the fundamental rule of God's will as, "Give therefore to the emperor the things that are the emperor's, and to God the things that are God's". (Matthew 22:15-22). Elsewhere the Apostle Paul writes, "First of all, then, I urge that prayers, intercessions and thanksgivings be made for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all godliness and dignity." (1 Timothy 2:1-7) and the Apostle Peter contributes with, "For the Lord's sake accept the authority of every human institution, whether of the emperor as supreme, or of governors sent by him to punish those who do wrong and to praise those who do right. ... Fear God. Honour the emperor." (1 Peter 2:13-17) The combined testimony of our Saviour and of the chief of the Apostles and of the Apostle to the gentiles is powerful indeed.

We, as a nation, are very blessed to have an anointed monarch who heads up the forces of the Crown, the Parliament and ministers of the Crown, the whole structure of Law and Order of the Crown, and the whole structure of Her Majesty's Customs and Revenue! She herself attests that her anointing at her coronation is the chief motivation of her lifelong service, and the reason that, every sabbath day, she goes to worship, to bow her knee to the Lord of Lords and King of Kings, Whose Own kingdom is *not* of this world. God save the Queen.





Bay Computer Services

PC repair and maintenance
System installation, Internet problems

fixed. Prompt and reliable service, advice and information

Contact David on **01229 869949** mobile **07799 381757**

MICHAEL SYKES

Garden Maintenance

Fencing and Paving
Digger Work
General Tidy up
Licensed operative for weedkilling

Tel: **01229 861500** mobile **07811 554527**

Crakeside Fish & Chips

Greenodd, Cumbria LA12 7RE

Frying Times

Mon-Thurs 11.30am - 2pm

4.30pm - 8pm

Fri - Sat 11.30am - 8pm

Sun 12noon - 4pm

5 star "scores on the doors"

APC Joinery

Building on Traditional Values

Alan Crowe alan-crowe@hotmail.com 5 Stonydale, Ulverston LA12 9PQ Tel: 01229 585619 mobile 07703 554114

McDermott Coal & Chimney Sweep Brett McDermott

Coal enquiry: 01229 585543

Chimney Sweep enquiry: 07771 520206

Home: 01229 468898

NACS approved rotary power sweep

Trevor Clarke Limited Building Contractor Established Builders with over thirty years in the trade

Extensions Conversions & Renovations

Plastering Re-Roofing

Walling & Stonework Roof & Chimney Repairs

Drainage and Groundwork Patios & Paving

Waterproofing & Tanking Home Insulation

For a quality Professional Service Contact us for free advice or estimates

Tel (Newby Bridge) 01539 530316, mobile 07881 628191

email trevorclarke1064@gmail.com For a quality Professional Service

Peter Harrison Builder



- · General Building Work
- Stonemason
- Brickwork
- · Slate Roofing etc.

Broughton Tel 01229 716386 Mobile 07718 611973 peterthebuilder@yahoo.com

Coniston Co-operative Society Ltd

YEWDALE RD, CONISTON TEL: 41247 www.conistonco-op.co.uk

Traditional Village Store
Great range of food and wines
all at competitive prices.

coniston.coop@outlook.com



Lowick Green Farm Poultry Breeders

Free range eggs

Homemade jams, chutney and gifts
Support your local business
Shop supplies on request

Meat to order, fruit, vegetable & salad
boxes available, pre-ordered

Deliveries may be an option after
lockdown

Tel 01229 885110 Mob 07525 188381

@lowickgreenfarm

ADVERTISING SPACE AVAILABLE Please email the editor

editor@conistonandcrakechurches.co.uk

swallows & amazons cafe • restaurant

GLUTEN FREE + VEGAN OPTIONS RESTAURANT - BOOKING ESSENTIAL

FARM SHOP

ABERDEEN ANGUS BEEF + Jacob Lamb + Artisan Bread + Gifts

BOAT + BIKE + CANOE + PADDLE BOARD HIRE SUP + OPEN WATER SWIMMING COURSES FREE PARKING FOR CUSTOMERS

HOLLY HOWE IN ARTHUR RANSOME'S SWALLOWS & AMAZONS

A WORKING FARM WITH LAKE FRONTAGE
20 MIN WALK FROM VILLAGE ON THE FOOTPATH

BED & BREAKFAST + SELF CATERING COTTAGES



BAMK GROUND FARM
EAST OF THE LAKE
TEL. 015394 41264
WWW.BANKGROUND.COM

Chris Parker

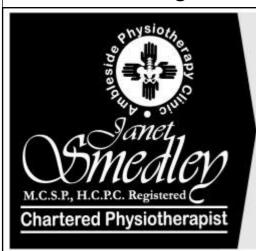
GARDENING SERVICES — All general gardening work undertaken, grass cutting, hedge cutting, flagging and patio laying

PARKER & SON

07552189116 / 07837712377 6 North Lonsdale Terrace, Ulverston Cumbria Gskchrisparker1968@outlook.com

ADVERTISING SPACE AVAILABLE Please email the editor

editor@conistonandcrakechurches.co.uk



Get the Care You Need

www.jesphysio.co.uk Phone: 07831 219849 janet@jesphysio.co.uk

Unit C, Dixon's Court, 101 Lake Road, Ambleside, Cumbria LA22 0DB

M T Wood & Sons **Roofing Contractors**

All aspects of roofing . slating . tiling 25 year manufacturer's warranty with all **Topseal Flat Roofs** Estimates free

01229 861020 07843 603617

E.J.H Gardening Services

Struggling to keep the weeds at bay, not enough hours in the day to keep the grass short? Keep your leisure time for yourself and take advantage of E.J.H. Gardening Services Call Ed on 01229 584413 07795 967991

ambleside opticians

local independent community eyecare

eye examination and contact lenses glaucoma & cataract screening diabetic eye examinations emergency eye care service

Tel: 015394 31331

S.A. Garnett (Dairyman)

Delivering in Blawith, Water Yeat and Lowick areas, Mon and Fri evening. Fresh milk and orange juice in reusable bottles, eggs, cream, cheese, yoghurt etc

Tel 01229 716326

Precision Tree Services

Based in the Lake District Tel: 07730 276279 www.precisiontreeservices.co.uk Certified & Insured - Tree Felling - Pruning - Hedge Cutting On-site Firewood Processing

Paul Livesey - Arborist

Ian Whiteway Dip. Cons.

Bookbinding and Restoration
Antiquarian to modern
Please ring
Nibthwaite 01229 885024
iandmwhiteway@yahoo.co.uk
also books bought pre -1960

Indian Spiritual Meditation

Achieve relaxation, health and wellbeing in your own home

Mobile: 07711 049886

lan Nelson

ELECTRICIAN & INTRUDER ALARM ENGINEER

Friendly and Professional Service Fully Guaranteed work

Tel: 01229 885426 24 hour answering service nelsonelectrical@hotmail.co.uk
Established 1971

Joint Adventures

Unit 2, Lake Road Coniston

Plan your next adventure with us!

For individuals, families and groups:

Gorge Scrambling, Kayaking, Canoeing,

Rock Climbing, Wild Cat Island

Adventure and much more.

Tel: Adam on 07967 380734

Beauty by Becky

Penny Bridge

Gel nails, waxing, lashes, manicure and pedicure.



@beautybybeckyatpennybridge

Sam Clarke Joinery Manufacturer

Traditional box sash windows, staircases,
Hardwood doors
Wood machining & woodturning
e-mail sam.clarke.5555@gmail.com

Tel: 07789 591619

Wooden Floor Sanding and Finishing Ltd

contact Adam on **07483 855937** or email adamhughes0482@gmail.com

CHIMNEY SWEEP

Fst 1992

Competitive rates, Fully insured Distance no object

For all your open fires, stoves and solid fuel Agas

015394 45117 07763 145594

Andrew Backhouse Chimney Sweep Ltd

Angus Braham, Plumber

(HND Building, C&G Plumbing)

AB Plumbing Services Ltd

all work undertaken

Tel 07777 634141

abplumbers1963@gmail.com 2 Malt Kiln Cottages, Grizebeck

THE RED LION

Lowick Bridge - 01229 885366 YOUR FRIENDLY LOCAL

A warm welcome awaits from Steve and Lucy Open every day Mon-Fri 5-11pm Sat & Sun 12-11pm Good food served Sat & Sun 12-2.30pm Mon-Sun 5.30-8pm **QUALITY REAL ALES**

DICK MORRISON Spark Bridge

Plastering - Painting **Property Maintenance** 01229 885472 07919 062659

W & A Todd Ltd

Woodburning and multifuel stoves

HETAS Registered

Monumental Sculptors

Slate and granite memorials

Low Ghyll Farm, Kirkby in Furness, LA17 7YB

Tel: 01229 889115/07768 626678

williamtodd@lowghyll.co.uk

Jayne Dennison Physiotherapy **Chartered Physiotherapy and Sports Injury Clinic**

Registered with HCPC, and most major insurance companies.

Over 20 years of experience and a broad range of expertise.

Ulverston Clinic Tel 01229 586000 Barrow Clinic Tel 07423 378087 www.jaynedennisonphysiotherapy.co.uk

MICHAEL SYKES

Painting and Decorating

Interior and Exterior Work Professional work done and quality materials used 01229 861500

07811 554527

KENDAL HOSTEL

Self Catering Accommodation

Beds from £20 or Rooms from £30 per night, or hire the whole hostel 65 bed over 12 rooms for £850

01539 724066 or 07795 198197

kristina@kendalhostel.co.uk www.kendalhostel.co.uk

Property Maintenance Handyman Chris Clinch

Quality workmanship, no job too small. Reliable and affordable Painting, plumbing, electrical, joinery, building 07952 778608

Carpet Cleaning Unlimited

For beautifully clean carpets and upholstery, ring Peter Jewell for free quotation and advice 01229 885685

member of the National Carpet Cleaners' Association

Dave Pearce Tree Services

Tree work including Dismantling & Pruning Woodland management Firewood processing & supply Tel 01229 861137 07753 472229

Qualified & Insured

STANBROOKS of KIRKBY

Stanbrooks of Kirkby Ltd offer

quality wall and floor tiling and professional bathroom fitting throughout the South Lakes area. Alongside this we undertake a wide variety of property maintenance work. Contact us for a free quote at:

enquiries@stanbrooksofkirkby.co.uk

Tel: 07817 590 590

The Britannia Inn, Penny Bridge

Real Ales, log fires and BT Sport, dogs welcome.

Open from 5pm Monday to Friday, 3.30pm Saturday and Sunday Delicious home cooked food served : 5.30 - 8pm Thursday to Saturday

4.30 - 8pm Sunday
Tel: 01229 861783

f

@lakesbritannia



Brantwood, East of Lake,
Coniston, LA21 8AD
015394 49025
theterrace@brantwood.org.uk

Home-made light snacks & lunches using locally sourced ingredients
Seating indoors or out with lake view
Free parking. Dogs welcome

Bespoke catering for our weddings, events, groups & private parties. Licenced-

www.brantwood.org.uk

Local, caring and quick Community Alarms South Lakeland



'Lifeline' alarms fitted, explained and maintained Call us on Kendal 01539 735805 For free advice and info

Our Plaice Traditional Chippy

Lake Road, Coniston
Opening Tuesday to Saturday and Bank
Holidays 4 til 8.30pm

Tel: 015394 41339

Coniston Carers

Providing domiciliary care for age 18+

in Coniston, Torver and Hawkshead Established over 25 years

Contact Elaine or Brenda on

Tel: 015394 41868

THE FLOWER BASKET

Hawkshead Old Road, Coniston Flowers for every occasion, delivered locally

Open 7.30am to 3.00pm



Wednesday / Sunday 7.30am to 12.00 noon Contact Anne on 015394 41609

Coniston and Torver Dairy



Hawkshead Old Road, Coniston

Local milk in bottles, eggs, butter, cream and yoghurt.

Locally grown potatoes and vegetables in season

We deliver locally on Tuesday, Thursday & Saturday

Opening hours: 7.30am—3.00pm Wednesday & Sunday: 8.30am—12 noon

Black Beck Farm, Bouth Caravans and Camping

Holiday Caravans Shepherd's Hut
Glamping Lodges Gypsy Bow Top
Camping area with electric hook-ups
Tents, touring caravans and motorhomes
welcome

www.blackbeckfarmholidaycaravans.co.uk

Tel: 01229 861284

The Ship Inn and Greenodd Brewery

A friendly pub with its own brewery, serving up to 5 hand pumps of our own real ales!

Open 5 -11pm Wednesday, Thursday, Friday 2 - 11pm Saturday

2 - 10.30pm Sunday

Tel: 01229 861553 / 07782 655294



Discover and explore the Lake District and beyond, with a professional guided private tour. Half days, full days or longer

8 & 16 SEAT VEHICLES AIRPORT/RAILWAY
TRANSFERS WEDDINGS AND GROUP
TRANSPORT

To discuss your adventure, please contact David on

Tel: 07814 728390

email: info@bluebird-tours.co.uk

Usher Construction

111111111111111111

Building and Joinery

Coniston, Cumbria

Office 015394 41209

Mobile 07921 003840

email: usherconstruction@outlook.com
Visit: www.usherconstruction.com

Chris Harrison (Landscapes)

All types of stone walling, fencing, patios.

Grass cutting, hedge cutting

Pick-up and trailer hire stone delivered from the quarry

Tel Lowick 07739 027632



Lowick Community Hall

LOOKING FOR A GREAT VENUE FOR YOUR CLASSES, MEETINGS OR PARTIES?

LOWICK COMMUNITY HALL IS WARM, SPACIOUS, VERSATILE AND COMFORTABLE AND OFFERS EXCELLENT VALUE FOR MONEY

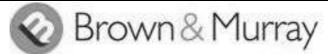
*SINGLE BOOKINGS: £20.00 FOR UP TO FOUR HOURS

*SIX OR MORE BOOKINGS PER YEAR: £13.00 FOR UP TO FOUR HOURS

ACCESS TO FREE WIFI AND DATA PROJECTOR

ALSO AVAILABLE FOR FULL DAY EVENTS

FOR MORE DETAILS AND TO CHECK AVAILABILITY GO TO <u>WWW.LOWICK.ORG.UK</u> OR CONTACT ROB DOVE 01229 885647 OR LISA GRAVE 01229 861834



Wills, Lasting Powers of Attorney, Probate

Offices in Millom & Barrow-in-Furness

Free no obligation home visits available in: Coniston, Hawkshead, Broughton-in-Furness & Furness Peninsula

Authorised & regulated by Council for Licensed Conveyancers

Please note, this firm are holding all the Wills and deeds for Thomas Butler & Son which closed in Broughton-in-Furness in December 2018.

Janette Carroll – Licensed Probate Practitioner Tel: 01229 820021

E-mail: jcarroll@brownandmurray.co.uk

Brown & Murray Legal Services Ltd

Greenodd Village Hall

Coffee mornings/evenings, music shows and more Find out what is going on in Greenodd Village Hall

www.greenoddvillagehall.co.uk

We are on Facebook... search for Greenodd & Penny Bridge Village Hall

Prayer Hour - At Home November 3rd, 10am - 11am

Our prayer fellowship continues as we pray in our own homes, each at the same hour, on the first Wednesday of each month. If you can, join us at 10am on November 3rd, using this format to guide your prayers as we pray together.

Settle into this hour of prayer by reflecting on the opening three verses of Psalm 5

In the morning, Lord, You hear my voice; In the morning I lay my requests before You and wait expectantly....

And as we begin our time together, we say the prayer Jesus gave us:

Our Father in heaven, hallowed be Your name
Your Kingdom come, Your will be done on earth as it is in heaven
Give us today day our daily bread
Forgive us our sins, for we also forgive everyone who sins against us
And lead us not into temptation, but deliver us from evil.
For Yours is the kingdom and the power and the glory for ever.
Amen.

During this quiet hour.....

hold before the Lord, the matters that weigh heavy on your heart, situations you have seen in the media, items or issues from the prayer diary which especially speak to you;

pray for your family, your neighbours, your community contacts;

the Christian fellowship in the Benefice of Coniston and Crake Valley;

the Church across its national and international denominations; pray for our Country and the Nations of the world.

Take time also to be still, to listen to the gentle whisper of God.

Finally, we close our prayer hour with the words of The Grace:

May the grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with us all, evermore. Amen.

Soultime Christian Meditation

Anxiety, Sleep Help & Bible

"Soultime is a beautiful, quiet and accessible way of drawing close to God in Jesus day by day. I warmly recommend it to you." **Archbishop Justin Welby**





What's On Guide - November

2 nd	Crochet Corner 12.30 - 2.30pm	Farmers Arms, Lowick	
3 rd	Coffee Plus, Christians Together in Coniston, 10.30-12.30pm	Coniston Institute Reading Room	
3 rd	Film: "Balloon"	Carthouse Cinema, Oxen Park	
5 th	The Great Firework Display, 6.30pm	Leven Valley Sports & Community Field, Haverthwaite	
6 th	Live Music: "Ukelele Uff Trio" 7pm	Coniston Institute	
7 th	Film: "Balloon"	Carthouse Cinema, Oxen Park	
9 th	Egton WI 7.30pm New members welcome	Greenodd Village Hall	
10 th	Bouth WI 7.15pm	Bouth Village Hall	
13 th	"A Walk in the Woods" with Tom Philipson, 10am - 5pm Farmers Arms, Lowick		
14 th	Remembrance Sunday	See Service Rota, page 5	
16 th	Coniston WI 7pm	Coniston Institute	
16 th	Film: "Sweet Country"	Carthouse Cinema, Oxen Park	
17 th	Cream Tea, Christians Together in Coniston, 3pm Coniston Institute		
18 th	Talk: Slate Quarrying in the Lake District, Andy Lowe, 7pm	Water Yeat Village Hall	
19 th	Children In Need activities	Coniston Primary School	
20 th	Dry Stone Walling - Rusland Horizons	Abbot Park Farm	
21 st	Film: "Sweet Country"	Carthouse Cinema, Oxen Park	
25 th	Christmas Wreath Making - booking essential	Coniston Primary School	
27 th	Colton Winter Warmer 11am - 2pm	Colton Church Hall	
27 th	Live Music: "The Often Herd" 7pm	Coniston Institute	
30 th	Film: "Minari"	Carthouse Cinema, Oxen Park	

J F Hornby & Co

Move than just Accountants

TAX PLANNING • RESEARCH & DEVELOPMENT TAX CREDITS BUSINESS HEALTH CHECKS . FINANCIAL LIFE PLANS ACCOUNTS • VAT • PAYROLL • CLOUD ACCOUNTANCY • COMPANY FORMATION • PROPERTY TAX • CAPITAL GAINS TAX • INHERITANCE TAX • MANAGEMENT INFORMATION • TAX PLANNING • RESEARCH & DEVELOPMENT TAX CREDITS • BUSINESS HEALTH CHECKS • FINANCIAL LIFF PLANS • CASH FLOW & PROFIT FORECASTS • ACCOUNTS • VAT • PAYROLL • **CLOUD ACCOUNTANCY • COMPANY FORMATION • CAPITAL** GAINSTAX • PROPERTYTAX • INHERITANCETAX • MANAGEMENT INFORMATION • RESEARCH & DEVELOPMENT TAX CREDITS • TAX PLANNING • BUSINESS HEALTH CHECKS • FINANCIAL LIFE PLANS • CASH FLOW & PROFIT FORECASTS • VAT • PAYROLL CLOUD ACCOUNTANCY • COMPANY FORMATION • PROPERTY TAX • CAPITAL GAINS TAX • INHERITANCE TAX • MANAGEMENT INFORMATION • ACCOUNTS • RESEARCH & DEVELOPMENT TAX

It's not just business, it's personal

Daltongate Business Centre • Ulverston • Cumbria • LA12 7AJ Tel: 01229 588077 • email: jfh@jfhornby.com• www.jfhornby.co.uk