



# Christmas Appeal



Last year Mottingham Foodbank delivered almost 300 Christmas parcels to families and others in need



You can help us do the same this year by donating basic food items & special treats



- Ham, Pork, Salmon, Tuna
- Canned carrots, peas, beans, sweetcorn
- Pasta, rice, mash potato
- Tea, coffee, chocolate drink
- Sauces & soup
- Mince Pies & Chocolate puds
- Sweet Biscuit Selections
- Small chocolate selection boxes
- Crisps and nibbles
- Juice Cartons
- Toiletries

Donations can be dropped off at Foodbank sessions at St Edward's Church St. Keverene Road. Monday & Saturdays 10am-12noon, Wednesdays 6pm - 7pm