



Poppyland Benefice Bulletin

Antingham, Northrepps, Overstrand, Sidestrand, Southrepps, Thorpe Market,
Trimingham

Sunday 24th October **The last Sunday after Trinity & Bible Sunday**

10am **Benefice Service** Antingham

Next Week

(clock's change ~ extra hour in bed!)

Sunday 31st October – 10am **Benefice Service** Sidestrand

Letter from Rev Siân

We'll talk about a mixed bag ~ depending on which forecast you look at this week we will see temperatures up in the low 20's in the early part of the week to the low teens and even single digits over night by the end of the week with mist, sun and rain all forecast. The joys of the British weather. All change in just a few days.

That's one of the things I love about the British seasons, the knowledge that whether we are stuck in a bitterly cold winter, a soggy spring or scorching summer it will all change again sooner or later. Like that old joke told in various parts of the country "If you don't like the weather, wait 5 minutes".

The changing seasons have long been used as a metaphor for life, from Ecclesiastes we hear "To everything there is a season and a time to every purpose under heaven". It's that reminder that each of us in our lives will go through times of change, some good, some sad, some easy, some hard, No one is immune to those changes it's how we respond to them that is important, whether we allow the fortunes of life to wear us down or we embrace each new challenge. Of course, at times life can seem very hard, when we are coping with ill health, our own or a loved one's, or going through the seemingly endless mire of grief, then far from a challenge to embrace, life can seem like a never ending slog with no sign of hope in the distance. Yet everything does change. Either the circumstances themselves change or our response to them alters. It never fails to amaze me how people can adapt to the

most difficult of situations, finding not only that they can cope but that life once more seems full of hope and joy.

Humans are adaptable it's how we were created, but so often we can cling onto outmoded ways of looking at things and so find the changing patterns of life very hard to cope with. But everything does change, there is a time for every purpose under heaven, and like the changing British weather where it all can all look so different the next day, so it is with life. When in the midst of the difficult times when it all seems endless, remember it all will all be different in time if we let it, and if life is currently sunny, happy and carefree enjoy it, don't fear what is around the corner, but embrace every moment as God given and God Blessed.

With Blessings,
Siân

Prayer Chain and Pastoral Support

Confidential requests for prayer can be sent to Rev Siân either email
sjmr216@btinternet.com

or ring 01263 833790 (please leave a message if you get the answer phone)

For General enquiries or for Liz: Poppyland.rector@gmail.com

Address for correspondence: St James Church, Southrepps, Norwich NR11 8NR
or leave in the green post box just inside the gate at St James Church