

Rector Revd. Sarah Walsh - 676921

The Clergy Team

Revd. John Adlam - 741999

Revd. Paul Schwier - 676240

Revd. Norman Steer - 854245

Mrs Mags Adlam (Reader) - 741999

Mrs Gale Hodgkinson (Reader) - 740042

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Sunday Pewsliip

Dickleburgh, Pulham Market, Pulham
St Mary, Rushall, Starston & Thelveton

29th August Trinity 13: Proper 17 (Green);

Your throne, O God, will last for ever and ever *Psalm 45 v6*

Services This week

Sunday 29th August

1000 Benefice Service at Pulham Market

Tuesday 31st August

1400 Guided Meditation

Meeting ID: 901 745 1483 Passcode: 7HWk4r

1930 Pulham Market - Bible Study Contact Jaap Biersteker
(01379 608539) for details

Wednesday 1st September

0900 Morning Prayer at Thelveton

Compline through zoom on Monday and Friday.

Please note that there will be no compline this week but it will recommence on Monday 6th September

Services For Sunday 5th September

0800 Holy Communion - Pulham St Mary

0930 Holy Communion - Dickleburgh

0930 Holy Communion - Pulham Market

1000-1400 Church open - Rushall

1100 BCP Holy Communion -Starston

1100 Sunday Worship - Thelveton

1900 Celebration

Notice About Vinegar

Sarah has plenty of big containers of vinegar for pickling making chutneys. If you would like some then please contact her.

Saturday 4th September -

2.00pm Pulham Market Church

Service of thanksgiving for the life of
Richard Emms

Summer Charity Walk

Sunday 5th September
2.00pm to 5.00pm.

Join us for a walk from Rushall church Maps will be provided with various lengths of walk

Adults £5, children under 16 are free, well-behaved dogs are very welcome.

Proceeds towards essential repairs to the church

Please bring chairs/blankets and your own picnic to enjoy at the church

We look forward to your support.

Please contact :-

Pat 01379 642559 (gpleigh@btinternet.com) or

Linda 01379 423104 (lindyjperkins@gmail.com)

Prayers for the Week

Sunday

Pray for this Diocese of Norwich and especially for Bishop Graham, Bishop Alan and Bishop Jane. Pray too for the village and Church communities within our Benefice for the Rector, ministry team and wardens.

Monday

For all who are on holiday at the moment that they may have the opportunity for leisure and relaxation and enjoy spending more time with one another.

Tuesday

Pray for all those who are suffering with long Covid that you will give them energy and hope within their everyday lives. Continue to give thanks for all people who work within the NHS and all key workers that you will give them strength as they continue to manage a high work load.

Wednesday

Pray for all young families, children, young people and teachers that they will have an enjoyable summer break and be refreshed to restart a new year in September.

Thursday

At this busy harvest time give thanks for all who work on the land through farming. Pray for those too who are unemployed that you will give them hope and opportunities for work will soon be available for them.

Friday

Pray for all who have recently been bereaved and who are learning to live without the support and love of their loved ones. Pray that you will encourage and inspire them and give them hope for the future.

Saturday

Give thanks to God for our family and friends and especially those we have not been able to see for a long time due to the pandemic.

Thursday 9th September

7.00 pm Pennoyers Centre,
Pulham St Mary

A Free Film event: THANK YOU FOR THE RAIN

The self-made story of Kisilu, a smallholder farmer in Kenya Find out more about the human costs of climate change in Africa in this beautiful, moving film.

This is a free event, but donations to Christian Aid after the film showing will be welcomed.

To give us some idea of numbers, or to get transport to the event, please ring Hilary Hardy on 01379 676534.

29th August Trinity 13: Proper 17 (Green);

Your throne, O God, will last for ever and ever Psalm 45 v6

Collect

Almighty God, who called your Church to bear witness that you were in Christ reconciling the world to yourself: help us to proclaim the good news of your love, that all who hear it may be drawn to you; through him who was lifted up on the cross, and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen**

or

Almighty God, you search us and know us: may we rely on you in strength and rest on you in weakness, now and in all our days; through Jesus Christ our Lord. **Amen**

Post Communion

God our creator, you feed your children with the true manna, the living bread from heaven: let this holy food sustain us through our earthly pilgrimage until we come to that place where hunger and thirst are no more; through Jesus Christ our Lord. **Amen**

Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen**

Song of Solomon: 2.8-13 8

Listen! My beloved! Look! Here he comes, leaping across the mountains, bounding over the hills. My beloved is like a gazelle or a young stag. Look! There he stands behind our wall, gazing through the windows, peering through the lattice. My beloved spoke and said to me, 'Arise, my darling, my beautiful one, come with me. See! The winter is past; the rains are over and gone. Flowers appear on the earth; the season of singing has come, the cooing of doves is heard in our land. The fig-tree forms its early fruit; the blossoming vines spread their fragrance. Arise, come, my darling; my beautiful one, come with me.'

This is the word of the Lord.

Thanks be to God

James 1: 17-end

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. He chose to give us birth through the word of truth, that we might be a kind of first fruits of all he created. My dear brothers and sisters, take note of this: everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires. Therefore, get rid of all moral filth and the evil that is so prevalent, and humbly accept the word planted in you, which can save you. Do not merely listen to the word, and so deceive yourselves. Do what it says, Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like, but whoever looks intently into the perfect law that gives freedom and continues in it not forgetting what they have heard but doing it they will be blessed in what they do. Those who consider themselves religious and yet do not keep a tight rein on their tongues deceive themselves and their religion is worthless. Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the World.

This is the word of the Lord.

Thanks be to God

Psalm 45: 1-2, 6-9 1

My heart is stirred by a noble theme as I recite my verses for the king; my tongue is the pen of a skilful writer.

2 You are the most excellent of men and your lips have been anointed with grace, since God has blessed you for ever.

6 Your throne, O God, will last for ever and ever; a sceptre of justice will be the sceptre of your kingdom.

7 You love righteousness and hate wickedness; therefore God, your God, has set you above your companions by anointing you with the oil of joy.

8 All your robes are fragrant with myrrh and aloes and cassia; from palaces adorned with ivory the music of the strings makes you glad.

9 Daughters of kings are among your honoured women; at your right hand is the royal bride in gold of Ophir

Hear the Gospel of our Lord Jesus Christ according to Mark

Glory to you, O Lord

Mark 7:1-8, 14-15, 21-23

The Pharisees and some of the teachers of the law who had come from Jerusalem gathered round Jesus and saw some of his disciples eating food with hands that were defiled, that is, unwashed. The Pharisees and all the Jews do not eat unless they give their hands a ceremonial washing, holding to the tradition of the elders. When they come from the market-place they do not eat unless they wash and they observe many other traditions, such as the washing of cups, pitchers and kettles. So the Pharisees and teachers of the law asked Jesus, 'Why don't your disciples live according to the tradition of the elders instead of eating their food with defiled hands?' He replied, 'Isaiah was right when he prophesied about you hypocrites; as it is written: "These people honour me with their lips, but their hearts are far from me. They worship me in vain; their teachings are merely human rules." You have let go of the commands of God and are holding on to human traditions.' Again Jesus called the crowd to him and said, 'Listen to me, everyone, and understand this nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them.' For it is from within, out of a person's heart, that evil thoughts come sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. All these evils come from inside and defile a person.'

This is the Gospel of the Lord

Praise to you, O Christ

Thought For The Week

I exist in a web of relationships -
links to nature, people, God.

I trace out these links,
giving thanks for the life that flows
through them.

Some links are twisted or broken:
I may feel regret, anger, disappointment.
I pray for the gift of acceptance
and forgiveness.