

**Rector**  
Rev. Sarah Walsh - 676921  
**The Clergy Team**  
Rev. John Adlam - 741999  
Rev. Paul Schwier - 676240  
Rev. Norman Steer - 854245  
Mrs Mags Adlam (Reader) - 741999  
Mrs Gale Hodgkinson (Reader) - 740042  
(All codes 01379)

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**Sunday Pewsliip**  
Dickleburgh, Pulham Market, Pulham  
St Mary, Rushall, Starston & Thelveton

**15th August Trinity 11 (White):**  
*He is your lord, so do him honour*  
*Psalm 45 v11*

### Services This week

#### Friday 13th August

2000 Compline - **Zoom Only** Please see Norman for details

**Saturday 14th August:** 2pm - 4pm Afternoon Tea in Pulham St Mary Church with Churchyard Trail competition.  
3pm Guided Tour of the Church

#### Sunday 15th August

0930 Holy Communion - Pulham Market  
0930 Holy Communion - Pulham St Mary  
1000-1400 Church Open - Rushall  
1100 BCP Communion - Starston  
1800 Choral Evensong - Dickleburgh  
1900 Celebration **ZOOM ONLY**

#### Monday 16th August

2000 Compline - **Zoom Only** See Norman for details

#### Tuesday 17th August

1930 Pulham Market - Bible Study  
Contact Jaap Biersteker (01379 608539) for details

#### Friday 20th August

2000 Compline - **Zoom Only** Please see Norman for details

#### Sunday 22nd August

9.30am Holy Communion Dickleburgh  
9.30am Sunday Worship Pulham Market  
9.30am Matins Pulham St Mary  
10am - 2pm Church open Rushall  
11am Matins Warden led Starston  
4.30pm Churchyard Songs of Praise Pulham St Mary

### Prayers for the Week

#### Sunday

Pray for this Diocese of Norwich, for bishops Graham, Alan, and Jane, and for Catherine Howe and the Denominational Ecumenical Officers. Pray for the villages and Church communities within our Benefice for the Rector, ministry team and wardens.

#### Monday

Pray for families, that they may be a loving and supportive place in which children are nurtured, and the aged respected. Remember particularly those for whom 'home' is not a safe place.

#### Tuesday

Pray for all those leaving school and going on to the workplace, apprenticeships, and higher education, that they may find their true place in adult society.

#### Wednesday

Pray for the RNLI and the people whom they rescue during the summer vacation.

#### Thursday

Give thanks for our homes and our daily bread, and pray for those who have no shelter, and go hungry on our streets.

#### Friday

Pray for all who have recently been bereaved and who are learning to live without the support and love of their loved ones. Give thanks for those who help them and support them in their grief.

#### Saturday

Give thanks to God for those special people in our lives who are there for us when we need them. May we be there for those who need us.

### Summer Charity Walk

**Sunday 5th September**  
**2.00pm to 5.00pm.**

Join us for a walk from Rushall church Maps will be provided with various lengths of walk.

Adults £5, children under 16 are free, well-behaved dogs are very welcome.

Proceeds towards essential repairs to the church  
Please bring chairs/blankets and your own picnic to enjoy at the church.

We look forward to your support.

Please contact :-

Pat 01379 642559 (gpleigh@btinternet.com) or Linda 01379 423104 (lindyjperkins@gmail.com)

### Outside Songs of Praise Service

August 22nd at 16:30

at Pulham St Mary Church

*Make a joyful noise to the LORD,*  
*all the earth,*

*Worship the LORD with gladness:*  
*Come into his presence with singing*  
*(Psalm 100:1,2)*

Please join us to sing well known hymns and choruses. To book a place or to let us know your favourite hymn please contact: Sarah, the Rector on 01379 676921 or Rosetta on 01379 676549

**15th August Trinity 11 (White):**

He is your lord, so do him honour Psalm 45 v11

**Collect**

Almighty God, who looked upon the lowliness of the Blessed Virgin Mary and chose her to be the mother of your only Son:

grant that we who are redeemed by his blood may share with her in the glory of your eternal kingdom; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**Amen**  
**or**

God most high, whose handmaid bore the Word made flesh: we thank you that in this sacrament of our redemption you visit us with your Holy Spirit and overshadow us by your power; strengthen us to walk with Mary the joyful path of obedience and so to bring forth the fruits of holiness; through Jesus Christ our Lord. **Amen**

**Post Communion**

God most high, whose handmaid bore the Word made flesh: we thank you that in this sacrament of our redemption you visit us with your Holy Spirit and overshadow us by your power; strengthen us to walk with Mary the joyful path of obedience and so to bring forth the fruits of holiness; through Jesus Christ our Lord. **Amen**

**Blessing**

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen**

**Isaiah 61.10-end**

I will greatly rejoice in the Lord, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord God will cause righteousness and praise to spring up before all the nations.

This is the word of the Lord.

**Thanks be to God**

**Galatians 4.4-7 4**

But when the fullness of time had come, God sent his Son, born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children and because you are children, God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!' So you are no longer a slave but a child, and if a child then also an heir, through God.

This is the word of the Lord.

**Thanks be to God**

**Psalms 45.10-end**

10 Hear, O daughter; consider and incline your ear; forget your own people and your father's house. 11 So shall the king have pleasure in your beauty; he is your lord, so do him honour 12 The people of Tyre shall bring you gifts; the richest of the people shall seek your favour 13 The king's daughter is all glorious within; her clothing is embroidered cloth of gold 14 She shall be brought to the king in raiment of needlework; after her the virgins that are her companions 15 With joy and gladness shall they be brought and enter into the palace of the king 16 'Instead of your fathers you shall have sons, whom you shall make princes over all the land 17 'I will make your name to be remembered through all generations; therefore shall the peoples praise you for ever and ever.'

Hear the Gospel of our Lord Jesus Christ according to John

**Glory to you, O Lord**

**Luke 1.46-55 46**

And Mary said, 'My soul magnifies the Lord and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones and lifted up the lowly; he has filled the hungry with good things and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants for ever.'

This is the Gospel of the Lord

**Praise to you, O Christ**

**Thought for the Week**

Listen....

- to the fragile feelings,
- not to the clashing fury
- to the quiet sounds,
- not to the loud clamour
- to the steady heartbeat,
- not to the noisy confusion
- to the hidden voices,
- not to the obvious chatter
- to the deep harmonies,
- not to the surface discord.

*Ray Simpson*

<p><b>Services for Sunday 22nd August</b></p> <p>Dickleburgh - 0930 Holy Communion</p> <p>Pulham Market 9.30am Sunday Worship</p> <p>Pulham St Mary 9.30am Matins</p> <p>Rushall - 1000-1400 Church Open</p> <p>Starston 11am Matins</p> <p>Pulham St Mary - 1630 Outside Songs Of Praise</p>
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