

Rector Revd. Sarah Walsh - 676921

The Clergy Team

Revd. John Adlam - 741999

Revd. Paul Schwier - 676240

Revd. Norman Steer - 854245

Mrs Mags Adlam (Reader) - 741999

Mrs Gale Hodgkinson (Reader) - 740042

(All codes 01379)

Website: thebenefice.org.uk

Benefice Administrator: Julie Woolterton

01379 741994 or 07871 661684

E-mail: thebeneficetogether@hotmail.co.uk

Prayers for the Week

Sunday

Pray for this Diocese of Norwich and especially for Bishop Graham, Bishop Alan and Bishop Jane. Pray too for the village and Church communities within our Benefice for the Rector, ministry team and wardens.

Monday

As school holidays begin pray for all families, children and young people that they may have the opportunity for leisure and relaxation and enjoy spending more time with one another. Pray for all teachers and staff within schools that they be refreshed through the summer.

Tuesday

Pray for all those who are suffering with long Covid that you will give them energy and hope within their everyday lives. Continue to give thanks for all people who work within the NHS that you will give them strength as they continue to manage a high work load

Wednesday

Pray for all who have lost their livelihood during the pandemic that new opportunities for work will be soon found.

Thursday

Give thanks for all who work on the land through farming. Inspire and encourage them particularly at this busy time of year.

Friday

Pray for all who have recently been bereaved and who are learning to live without the support and love of their loved ones. Pray that you will encourage and inspire them and give them hope for the future.

Saturday

Give thanks to God for our family and friends and especially those we have not been able to see for a long time due to the pandemic.

You are invited to a Cream Tea

On Tuesday August 10th from 2.30pm

At South House, Station Road, Pulham Market IP21 4TE

Bring and Buy stall and costume jewellery for sale

Money raised will go to Mothers' Union Summer of Hope Appeal

It would be lovely to see you.

Dickleburgh Church and Church Rooms

Cleaner needed.

Please ring Sylvia on 01379 643010 for details.



Sunday Pewsliip

Dickleburgh, Pulham Market, Pulham
St Mary, Rushall, Starston & Thelveton

1st August Trinity 9. Proper 13

Let me hear joy and gladness; Psalm 51 v8

Services This week

Sunday 1st August

0800 Holy Communion - Pulham St Mary
0930 Holy Communion - Dickleburgh
0930 Holy Communion - Pulham Market
1000-1400 Church open for private prayer- Rushall
1100 BCP Holy Communion -Starston
1100 Sunday Worship - Thelveton
1900 Celebration - Pulham Market - **ZOOM ONLY**

Monday 2nd August

2000 Compline - **Zoom Only** - Ask Norman for details

Tuesday 3rd August

1400 Guided Meditation
Meeting ID: 901 745 1483 Passcode: 7HWk4r
1930 Pulham Market - Bible Study
Contact Jaap Biersteker (01379 608539) for details

Wednesday 4th August

0900 Morning Prayer at Thelveton

Friday 6th August

2000 Compline - **Zoom Only** Please ask Norman for details

Sunday 8th August

0930 Morning Worship - Dickleburgh
0930 Matins - Pulham St Mary
1000 All Age Worship (zoom only) - Pulham Market
1100 Holy Communion - Rushall
1100 BCP Matins - Starston
11am BCP Matins - Thelveton

Outside Songs of Praise Service

August 22nd at 16:30 at Pulham St Mary Church

*Make a joyful noise to the LORD,
all the earth,*

*Worship the LORD with gladness:
Come into his presence with singing
(Psalm 100:1,2)*

Please join us to sing well known hymns and choruses.
To book a place or to let us know your favourite hymn
please contact:

Sarah, the Rector on 01379 676921
or Rosetta on 01379 676549

Summer Charity Walk

Sunday 5th September
2.00pm to 5.00pm.

Join us for a walk from Rushall church
Maps will be provided with various lengths of walk
Adults £5, children under 16 are free, well-behaved dogs
are very welcome.

Proceeds towards essential repairs to the church
Please bring chairs/blankets and your own picnic to enjoy
at the church

We look forward to your support.

Please contact :-

Pat 01379 642559 (gpleigh@btinternet.com)
or Linda 01379 423104 (indyjperkins@gmail.com)

1st August Trinity 9. Proper 13

Let me hear joy and gladness; Psalm 51 v8

Collect

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen

(or)

Gracious Father, revive your Church in our day, and make her holy, strong and faithful, for your glory's sake in Jesus Christ our Lord.

Amen

Post Communion

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord. **Amen**

Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen**

2 Samuel 11.26 – 12.13a

When Uriah's wife heard that her husband was dead, she mourned for him. After the time of mourning was over, David had her brought to his house, and she became his wife and bore him a son. But the thing David had done displeased the Lord. The Lord sent Nathan to David. When he came to him, he said, 'There were two men in a certain town, one rich and the other poor. The rich man had a very large number of sheep and cattle, but the poor man had nothing except one little ewe lamb that he had bought. He raised it, and it grew up with him and his children. It shared his food, drank from his cup and even slept in his arms. It was like a daughter to him. 'Now a traveller came to the rich man, but the rich man refrained from taking one of his own sheep or cattle to prepare a meal for the traveller who had come to him. Instead, he took the ewe lamb that belonged to the poor man and prepared it for the one who had come to him.' David burned with anger against the man and said to Nathan, 'As surely as the Lord lives, the man who did this must die! 6 He must pay for that lamb four times over, because he did such a thing and had no pity.' Then Nathan said to David, 'You are the man! This is what the Lord, the God of Israel, says: "I anointed you king over Israel, and I delivered you from the hand of Saul. I gave your master's house to you, and your master's wives into your arms. I gave you all Israel and Judah. And if all this had been too little, I would have given you even more. 9 Why did you despise the word of the Lord by doing what is evil in his eyes? You struck down Uriah the Hittite with the sword and took his wife to be your own. You killed him with the sword of the Ammonites. Now, therefore, the sword shall never depart from your house, because you despised me and took the wife of Uriah the Hittite to be your own." 'This is what the Lord says: "Out of your own household I am going to bring calamity on you. Before your very eyes I will take your wives and give them to one who is close to you, and he will sleep with your wives in broad daylight. You did it in secret, but I will do this thing in broad daylight before all Israel.'" Then David said to Nathan, 'I have sinned against the Lord.'

This is the word of the Lord.

Thanks be to God

Ephesians 4.1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' 9 'He ascended', into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things. The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

This is the word of the Lord.

Thanks be to God

Psalm 51.1-13

1 Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. 2 Wash away all my iniquity and cleanse me from my sin. 3 For I know my transgressions, and my sin is always before me. 4 Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge. 5 Surely I was sinful at birth, sinful from the time my mother conceived me. 6 Yet you desired faithfulness even in the womb; you taught me wisdom in that secret place. 7 Cleanse me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. 8 Let me hear joy and gladness; let the bones you have crushed rejoice. 9 Hide your face from my sins and blot out all my iniquity. 10 Create in me a pure heart, O God and renew a steadfast spirit within me. 11 Do not cast me from your presence or take your Holy Spirit from me. 12 Restore to me the joy of your salvation and grant me a willing spirit, to sustain me. 13 Then I will teach transgressors your ways, so that sinners will turn back to you.

Hear the Gospel of our Lord Jesus Christ according to John

Glory to you, O Lord

John 6.24-35

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.' Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord

Praise to you, O Christ

Thought for the Week

This week the Church has remembered Saint Ignatius of Loyola who was a soldier, priest, and co-founder of the Society of Jesus. His spiritual exercise and numerous sayings have given much inspiration to many in the past and also in our contemporary society.

One of his quotes is: "*Go forth and set the world on fire.*"

This quote (specifically, its Latin equivalent, "ite, infammate omnia") was supposedly how St. Ignatius ended his letters to the Jesuits. He didn't mean it literally, of course, but rather figuratively, urging Jesuits to spread the Word of God wholeheartedly and with passion and zeal. We can go forth and set the world on fire, too. Is there something you are good at or love to do so much that you can lose yourself doing it all day? Whatever your gift—be it singing, cooking, crafts, volunteering, or taking care of people—do it happily and with all your heart. You just might inspire others to do the same.