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The Clergy Team

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Sunday Pewsliip

Dickleburgh, Pulham Market, Pulham
St Mary, Rushall, Starston & Thelveton

4th July Trinity 5: Proper 9 (Green);

To you I lift up my eyes, to you that are enthroned in the heavens. Psalm 123 v1

Prayers for the Week

Sunday

Pray this Diocese of Norwich and especially for Bishop Graham, Bishop Alan and Bishop Jane and for this Benefice and for all who serve and minister within it.

Monday

Hold before God all those whose have been unable to work due to the pandemic especially those who work in hospitality and entertainment. Give them encouragement and hope for the future and provide them with the financial help that they need.

Tuesday

Pray for all those who are suffering with long Covid that you will give them energy and hope within their everyday lives. Continue to give thanks for all people who work within the NHS that you will give them strength as they continue to manage a high work load. All healthcare chaplains across the diocese. For all who are weary and in need of rest and recreation.

Wednesday

Pray for our two church schools, for all the children, staff and parents and that the children will learn in a happy and safe environment. Pray too for all young people within our Benefice that you will inspire and encourage them in their learning.

Thursday

May God give strength and courage to all who feel lonely or isolated, those who are facing treatment or waiting to hear diagnosis of illnesses. Pray that they will feel supported in their difficulties and find strength and hope to face the future.

Friday

Pray for all who work on the land and who care for God's creation. Give thanks to God for their hard work give them strength in their daily work and routine.

Saturday

Give thanks to God for our family and friends and especially those we have not been able to see for a long time due to the pandemic

A Message from our Rector

That wonderful passage from 1 Corinthians 13 speaks about love. This year in many differing ways we have all had to learn how to live this out. All of us I think wish things to go back to how they were, to meet people without social distancing and not to have to wear masks or have to keep using the hand sanitizer. From my conversations with people too there is a deep desire too to be able to worship God through singing with everyone. This aspect of Church life has been sadly missed by many. Unfortunately though the Government is still restricted any inside communal singing within Churches although a soloist or small choir can lead the hymns. These restrictions have been put in place to protect people, especially the vulnerable, from this horrible virus. Even if people are fully vaccinated we still do not know how effective the vaccines are especially from this new Delta variant. Can I please then urge you all to follow the government guidelines which have been put in place to keep people as safe as possible. Many thanks for your co-operation on this and all being well very soon we may be able to sing once again with one another to praise God. On a positive note if you really miss singing hymns then perhaps we could arrange a songs of praise outside one evening. If you are interested then please let me know.

May God bless you, keep you safe and protect you.
Sarah

Services This week

Sunday 4th July

0800 - Holy Communion - Pulham St Mary

0930 Holy Communion - Dickleburgh

0930 Holy Communion - Pulham Market

1000-1400 Church open for private prayer- Rushall

1100 BCP Holy Communion - Starston

1100 Sunday Worship - Thelveton

1900 Celebration - **ZOOM ONLY**

Monday 5th July

2000 Compline - **Zoom Only**

Meeting ID: 894 5483 8741 **Passcode:** 578389

Tuesday 6th July

1400 Guided Meditation

Meeting ID: 901 745 1483 **Passcode:** 7HWk4r

1930 Pulham Market - Bible Study

Contact Jaap Biersteker (01379 608539) for details

Friday 9th July

2000 Compline - **Zoom Only**

Meeting ID: 872 3308 6062 **Passcode:** 182009

Sunday 11th July

9.30am Dickleburgh Morning Worship Warden led

10am Pulham Market All Age Worship (zoom only)

9.30am Pulham St Mary Matins TC

11am Rushall Holy Communion SW

11am Starston BCP Matins Warden led

11am Thelveton BCP Matins GH

Dickleburgh Church and

Church Rooms

Cleaner needed.

Please ring Sylvia on 01379 643010 for details.

4th July Trinity 5: Proper 9 (Green);

To you I lift up my eyes, to you that are enthroned in the heavens. Psalm 123 v1

Collect

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

or

Almighty God, send down upon your Church the riches of your Spirit and kindle in all who minister the gospel your countless gifts of grace; through Jesus Christ our Lord. **Amen**

Post Communion

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. **Amen**

Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen**

Ezekiel 2.1-5

He said to me: O mortal, stand up on your feet and I will speak with you and when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, 'Thus says the Lord God.' Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

This is the word of the Lord.

Thanks be to God

2 Corinthians 12.2-10

I know a person in Christ who fourteen years ago was caught up to the third heaven whether in the body or out of the body I do not know; God knows and I know that such a person whether in the body or out of the body I do not know; God knows was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given to me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, 'My grace is sufficient for you, for power is made perfect in weakness.' So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

This is the word of the Lord.

Thanks be to God

Psalm 123

1 To you I lift up my eyes, to you that are enthroned in the heavens. 2 As the eyes of servants look to the hand of their master, or the eyes of a maid to the hand of her mistress, 3 So our eyes wait upon the Lord our God, until he have mercy upon us. 4 Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt. 5 Our soul has had more than enough of the scorn of the arrogant and of the contempt of the proud.

Hear the Gospel of our Lord Jesus Christ according to Mark
Glory to you, O Lord

Mark 6.1-13

He left that place and came to his home town and his disciples followed him. On the sabbath he began to teach in the synagogue and many who heard him were astounded. They said, 'Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?' And they took offence at him. Then Jesus said to them, 'Prophets are not without honour, except in their home town, and among their own kin, and in their own house.' And he could do no deed of power there, except that he laid his hands on a few sick people and cured them, and he was amazed at their unbelief. Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, 'Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.' So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

This is the Gospel of the Lord

Praise to you, O Christ

Thought For The Week

Our lives reflect what happens when we encounter a storm. Some storms are short showers, which although inconvenient are easily dealt with but others are more severe. Jesus never said that there won't be storms. Storms, like COVID 19 and Resourcing Sustainable Church are now a part of our landscape. Like our fears they will always be with us, whether they build up slowly or appear unexpectedly. We need to remember that storms don't last forever. And, whilst we are in them, we can ask Jesus to walk alongside us, calming our hearts and bringing a stillness in the chaos around us. But we can only find that peace if we hand over our fears totally and without reservation and put our trust in the one who will never abandon us.