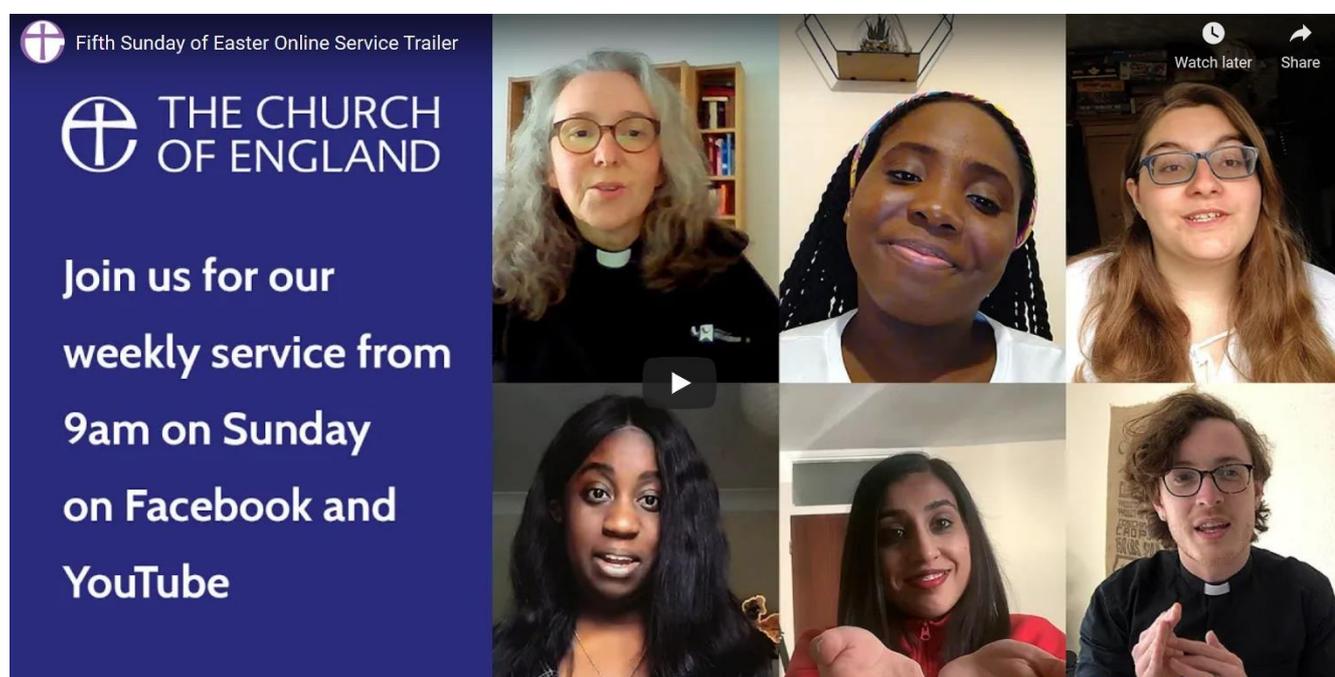


## Latest News – 2<sup>nd</sup> May 2021



## Watch the service – Exploring transformative conversations



Hear from Rev Prebendary Sarah Schofield in this extract from our weekly worship.

From the University of Wolverhampton, the full online service explores transformative conversations with students and staff, alongside music and prayer.

Download the [Order of Service](#).

The service is broadcast on the [Church of England's website](#), [Facebook page](#) and [YouTube channel](#). The service remains available to view afterwards.

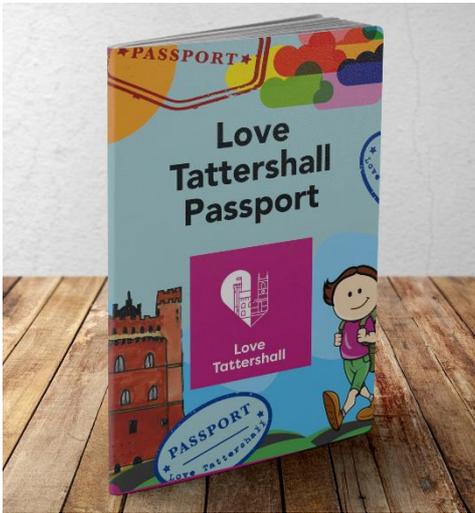
*All of the video content is manually subtitled. To turn these on, go to the bottom left of the video and click the filled-in box with two broken lines inside. The service is BSL-interpreted throughout.*

## Local Services

**Sunday 2<sup>nd</sup> May:** 10.30am Morning Worship, Sibsey and 10.45am Holy Communion, Brothertoft.

## Going to Tattershall? You now need a passport

Planning a trip? Make sure you have packed your 'Love Tattershall Passport'! This idea has been developed to encourage visitors that go to visit Holy Trinity Church and the Castle to move through the community and beyond to discover all the local area has to offer.



The concept was developed using a grant awarded to Holy Trinity Church in 2019 from the Heritage Lottery Fund under their Inspiring Ideas - Places of Worship fund. The funding was awarded to enable the church, working with the community, to improve the visitor experience to Tattershall and together with local and national partners, to develop a tourism strategy and pilot event.

The 'Love Tattershall' idea was born following wide public consultation during the summer of 2019 after which a local consortium evolved with the help of Heritage Lincolnshire as mentors for the project. Local partners include the National Trust, the Bat Conservation Trust and other ecologists living locally, schools and businesses within the vicinity and

community organizations.

The Reverend Sue Allison, Rector in the Bain Valley Group of Parishes, said: "We had originally planned to launch the 'Love Tattershall passport' and the consortium at an event in May 2020 - then Covid struck!

"Instead, our 'Love Tattershall' plans were kept alive through social media as it was important to keep public attention on the vision for the wider area and to raise awareness of the aims of the project. Behind the scenes, work was continuing as part of the requirements for the Heritage Lottery grant and we have also had to adapt the passport for the new world post COVID, with QR codes to discover the hidden heritage and interesting facts about our local community. The online launch of the passport happily coincided with Easter this year and the gradual opening up of attractions and heritage sites. We are so pleased as 100 passports were downloaded over the weekend! This whole process has helped people to galvanize and to stay positive, holding on to all the good things we have to celebrate in our community."

A physical launch is being planned for Sunday 4th July when everyone in the local community and visitors will be invited to celebrate Love Tattershall Day (Covid restrictions allowing).

In addition to the church and Tattershall Castle visitors can see Tattershall College, one of the oldest brick buildings in England; you can also meet some furry friends at Tattershall Farm Park or get very wet at Tattershall Lakes Water park where you can try Kayaking and Paddleboarding or search for treasure on the Pirate Adventure. For those with a sweet tooth you can test your mettle on the Monster Gobstopper at the sweet shop in the village that has over 500 different jars of sweets. All the details can be found in the

passport: <https://lovetattershall.deearo.co.uk/passport/>

# PhD thesis on 'Listening to Christian religious teaching'

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Jennifer Brown is a PhD student at Coventry University and a priest in the Diocese of Oxford. She is inviting churchgoers over the age of 18 who regularly attend church in the UK to take part in a study that she is running as part of her PhD research: Listening to Christian religious teaching.

The aim of this study is to examine the thoughts and feelings that result from listening to Christian religious teaching using music and the spoken word. If you choose to take part in this survey, you will be asked to listen to a recording and answer questions about what you have heard, together with questions about your own feelings.

This study has received ethics approval from Coventry University. Participation in the survey is voluntary and all responses are anonymous.

If you are willing to take part, just click on the link below to be taken to the survey. Please note that the survey may not be compatible with all web browsers. If you find you are having trouble getting the survey to progress to the next page/section, you may wish to try using an alternate browser. If you have any questions or would like more information before taking the survey, please feel free to contact me at [brownj68@uni.coventry.ac.uk](mailto:brownj68@uni.coventry.ac.uk).

To take the survey go to this website address

[https://coventry.eu.qualtrics.com/jfe/form/SV\\_5mye8G2StpYssv3](https://coventry.eu.qualtrics.com/jfe/form/SV_5mye8G2StpYssv3)

## **From Lament to Action: Archbishops' Anti-Racism Taskforce calls for urgent changes to culture of Church of England**

The Archbishops' Anti-Racism Taskforce published its report 'From Lament to Action' proposing a suite of changes to begin bringing about a change of culture in the life of the Church of England.

It issues a warning to the Archbishops that a failure to act could be a "last straw" for many people of UK Minority Ethnic (UKME) or Global Majority Heritage (GMH) backgrounds with "devastating effects" on the future of the Church. The report sets out 47 specific actions for different arms of the Church of England to implement across five priority areas: participation, governance, training, education and young people.

Without these changes the Church risks denying and disregarding the gifts of a significant part of the nation, the Taskforce makes clear. "This is the culture change that is required if the Church is to live up to its mandate of being a body where all the gifts of all its people flourish to the full, for the benefit of the church as a whole, the nation of England and the greater glory of God." They add: "Decades of inaction carry consequences and this inaction must be owned by the whole Church. A failure to act now will be seen as another indication, potentially a last straw for many, that the Church is not serious about racial sin."

The nine-strong group was set up in autumn 2020 with a double remit:

- to review previous reports relating to racial justice over 36 years and whether their recommendations have been implemented

- to prepare the ground for the establishment a longer-term Commission on Racial Justice, suggest terms of reference and remit for its work.

“In our work as the Taskforce, we have considered 25 reports from the mid-80s onwards with a total of more than 160 recommendations,” the taskforce explains. “Since then, the Church of England has considered motion after motion, debate after debate, yet we still find ourselves in the position where – throughout our life as a church – the flourishing of UKME/GMH Anglicans is hard to discern. The taskforce’s work is rooted in Christian theology, they emphasise, flowing “not from identity politics but from our identity in Christ”.

The report accepts the definition of ‘Institutional Racism’ adopted by the Macpherson report into the murder of Stephen Lawrence - covering processes, attitudes and behaviour which amount to discrimination - as applying to the Church of England [see notes] and speaks of racism as a “sin” requiring repentance.

“We share together the understanding that racism is a sin,” they say. “Racial sin disfigures God’s image in each one of us. Racial sin dehumanises people by taking away their fundamental God-given human dignity. Wherever racial sin flourishes systematically, either in society or in our church, we must challenge it together. We must repent of racial sin, turn away from racism and be reconciled, so that we may all experience the love of God.”

The report highlights the lack of people from UK minority ethnic backgrounds in senior leadership in the Church, noting that the new Bishop of Chelmsford, Dr Guli Francis-Dehqani, will be the only UKME or GMH diocesan (senior) bishop in the Church of England. There are four suffragan bishops from a UKME/GMH background. In terms of participation, the most senior level of leadership in the Church of England reveals an alarmingly retrograde trend,” it notes.

“In terms of ethnic diversity amongst diocesan bishops, when the new Bishop of Chelmsford takes up office later this year the Church of England will be back where it was 27 years ago. The total number of UKME/GMH bishops can together be counted on one hand (five out of 111). The number of UKME/GMH deans, archdeacons, and senior staff in the National Church Institutions only adds up to a further nine people. There are no UKME/GMH Diocesan Secretaries [the most senior staff role in each diocese] or Principals of Theological Educational Institutions at all.”

The report is clear that addressing the underlying issues of systemic racism is a “missional imperative” for the Church. “Disregarding a significant part of the population, and thus denying the gifts they bring for the service of the Church, must not continue,” the taskforce warns.

The proposals include:

- An expectation that shortlists for jobs in the Church will include at least one appointable UKME candidate – and for more senior roles, right up to bishops, specific requirements to ensure this happens.
- New approaches to shortlisting and interviewing which place a duty on the employer to improve participation on an “action or explain” basis rather than relying on “bland encouragements” for under-represented groups to apply.
- Recruitment bodies including the Crown Nominations Commission, which nominates diocesan bishops, to provide “valid, publishable reasons” for failure to include UKME candidates on shortlists.
- The General Synod co-opting 10 UKME candidates (five clergy and five laity) for its next five-year term, which begins this year.

- The House of Bishops inviting UKME clergy to become participant observers until there are at least six UKME bishops in the House.
- 30% of new intakes on the Strategic Leadership Development Programme – a scheme to support clergy identified as having potential for taking on wider responsibilities – should come from UKME backgrounds, approximately 20 people from a group of 60. The figure is twice the estimated proportion of those who worship in the Church of England to begin tackling the current imbalance in the Church’s leadership by building up potential supply.
- The appointment of full-time Racial Justice Officers (RJOs) in every diocese - for a five-year term, funded centrally, alongside a new Racial Justice Directorate, within the National Church Institutions, to oversee implementation of the recommendations of the Taskforce and the Commission. (See notes for more)

Meanwhile the report suggests a range of work for the new Racial Justice Commission including considering how complaints of discrimination and racism could be handled in the future and how churches should respond to historic monuments and buildings of “contested heritage” such as links to slavery.

Rather than attempting to erase the past or rewrite history, the report calls for a “healthy revision of memory and history in a way that will provide scope for education and formation”. It also recommends that the new Commission should examine broad questions of how parish life itself could become more inclusive.

“One of the barriers to inclusion or continued participation in the Church of England for those from UKME/GMH and other backgrounds has been the challenge of ‘cultural assimilation’ into the Church, where there is perceived to be little or no room for cultural expression outside of a predominant culture which is predominantly white and middle class,” it explains.

- [Read the full report](#)
- [Read more about the Anti-Racism Taskforce](#)
- [Read the Church of England’s most recent Ministry Statistics](#)
- [Read the Archbishops’ statement in response to Anti-Racism Taskforce Report](#)

## Churches Count on Nature - 5th -13th June

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Churches Count on Nature, is a citizen-science event covering churchyards across the England and Wales. It will run between Saturday 5<sup>th</sup> and Sunday 13<sup>th</sup> June 2021.

It is thought church land, often uniquely unploughed and undeveloped, could be a habitat for precious and endangered plants and other wildlife.

During the week people are encouraged to visit churchyards and record the animals, birds, insects, or fungi that they see in their local churchyard. Everyone is encouraged to take part – whether they are nature experts or not. The data will then be collated on the [National Biodiversity Network](#).

The project is being jointly run by the conservation charities Caring for God's Acre and A Rocha UK in association with the Church of England, and the Church in Wales.

The week is open to anyone with a love of nature and churches are being encouraged to link with local schools, local wildlife groups, and those who may not have visited before to discover churchyards.

Various online guidance about getting to know fauna and flora are being shared with churches participating to make sure the event is as inclusive as possible.

A similar national event, [Love Your Burial Ground Week](#), will be combined with this project.

Churches Count on Nature will also see a series of webinars from leading conservationists, scientists, and experts. The full list of webinars links are provided to book on the [Church of England website](#)

**IT'S A SCAM**

**FRAUDSTERS WANT  
YOUR MONEY**

**Beware of criminals posing as police officers,  
bank staff, inland revenue or PPI companies**



# The Plan for Re-opening after lockdown



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## Annual Parochial Church Meetings

The two Annual Parochial Meetings will take place:

- **Brothertoft Group at Kirton Holme Hall on Monday 17th May at 7.30pm**
- **Sibsey with Carrington Group at Sibsey Church on Tuesday 18th May at 6pm.**

Sanitisation, Face Masks and Social Distancing as well as track and trace will still apply unless we have been informed differently before those dates.

If anyone wishes to join the electoral roll so they can participate or vote at these meetings should contact their local church warden or the Vicar for the registration form or download it from here

<https://www.parishresources.org.uk/wp-content/uploads/Application-for-Enrolment-Electoral-Roll.docx>

Under the Church Representation Rules any lay persons are entitled to have their names entered on the roll if the person is—

- (a) is baptised,
- (b) is aged 16 or over, and
- (c) is a member of the Church of England or similar church and attends public worship (unless the lockdown or similar cause prevented it).

## **Lincoln Cathedral Chapter Letter – 2<sup>nd</sup> May 2021**

One of the traditions of the cathedral is to pray at Evensong every day for members of the Cathedral Foundation both living and departed. The obit book, which may have dated from 1072 according to records of 1330, was revived by Dean Dunlop in 1949 and revised by Canon John Parker in 1979, with names now continuously added to the current day. Much of the content records bishops and deans of Lincoln and other dignities, alongside a few popes and archbishops but there are also a few vergers, choristers and chapter clerks. Amongst some of the notable entries are Queen Eleanor, William Byrd organist, and Edmund Cartwright inventor of the power loom who died in 1823. There are also some unfortunates like Thomas Becket who went on to become archbishop, murdered in Canterbury Cathedral in 1170, Henry Litherland, last treasurer of Lincoln executed in 1538 and William Bramfield, subdean, murdered in Lincoln Cathedral in 1205. Our previous subdean always raised an eyebrow whenever that was read out!

At the front of the current obit book it records that in the origin and growth of Cathedral foundations 'It was the object of Remigius, of St Hugh, and of Grosseteste to draw men of piety and learning into the ranks of the canons of their church. Adam, the author of the Magna Vita of St Hugh, who lived with him in the later years of his life, speaks of Bishop's anxiety "to adorn the Church committed to him with men of distinction" and says that he considered that "without the help of men of sound character he could not benefit either clergy or people"; and again of his desire to have at his side men of wisdom, endowed with knowledge, and what is more men "approved in the fear of the Lord." On men such as these he conferred prebends and appointed them to various dignities and functions belonging to the Church.

These days, women also feature as prebendaries in the obit book and a new entry awaiting to be inscribed in the beautiful calligraphy that adorns its pages, is that of the outstanding former archdeacon of Stow and Lindsey, later canon of Westminster, Jane Sinclair, who died recently. The obit book reminds us of the long continuum of distinguished individuals who have served as part of the Cathedral Foundation including in more recent times lay canons.

Last Thursday Bishop Christopher further continued the tradition in our generation, as he licensed and collated five more canons and handed them a mandate to give to the dean authorizing that they should be installed and take their place and a voice amongst the college of canons.

Over the next two Sundays at Evensong it will be our privilege to welcome them. Amongst these appointments we have three honorary canons and four new Chapter members made up of the diocesan clergy representative, Canon Paul Noble, Mark Suthern a lay canon, and two new residentiary canons. Alongside their roles on Chapter, the latter will become part of our daily work of worship and ministry, sharing both the governance and the sacramental life of the cathedral. Canon Neil Burgess has been funded by the commissioners for a one-year interim post as Vice Chancellor to bring support to the team in the education, library and archive department. Canon David Dadswell is the diocesan secretary and will function as a self-supporting minister. In particular he will be providing assistance with regard to mission through the worship offered by Sacred Space. We look forward to introducing our new Chapter members and canons to you all, once covid restrictions enable us to meet and greet more freely. Please pray for them as they take their place amongst us.

DEAN CHRISTINE

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### **Re-opening to visitors**

From Monday 17 May Lincoln Cathedral will once again be open to visitors.

Public opening hours are between 10am and 3.30pm Monday to Saturday, and 11.30am to 3.30pm on Sundays, with last admissions at 3pm. Anyone visiting the Cathedral between Monday 17 May and Saturday 5 June will be able to take advantage of a special 'welcome back' admission price of £5 for adults with children aged 16 and under free.

For more details please visit: <https://lincolncathedral.com/welcome-back-to-lincoln-cathedral-2/>

## Online Prayer Wall

Lincoln Cathedral offers an online prayer wall where prayers can be left from the comfort and safety of your home and a virtual candle lit. Visit <https://lincolncathedral.com/prayers/>

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Lincoln Cathedral's collection of rare artefacts, is for the first time available for the public to view online.

The online catalogue – which is accessed via the cathedral's website – will showcase imagery and information on the history of each object and will be continually updated. The first collection to be showcased is the Cathedral's silver collection, which includes many unique pieces; from chalices discovered during excavations in the Nave, to items from churches across the Diocese of Lincoln. Highlights include a Fijian coconut cup from around 1650, on loan from St John the Baptist's Church, Yarborough. A rare example, the bowl and foot are made out of a coconut shell. There is also a silver chalice from 1889, decorated with the jewellery of Bishop Hick's wife, adding a personal touch to a stunning object.

The objects offer insights into the craftspeople who produced them, the person who commissioned them, where they were used, the archaeologists who discovered them and the time period they represent.



Fern Dawson, curator at Lincoln Cathedral, said, "The work to better understand the Cathedral's collections is ongoing, with surprising stories revealing themselves whether it's through a chance conversation, coming across a letter or article, or working with museum specialists from organisations such as the British Museum. You never know what you will discover and where research will lead. "Sharing the Cathedral's collections with the public is so important and having online access to it is vital at this time. Combining the library and object collection brings together new connections and new stories.

"Myself and the whole team at the Cathedral hope the public really enjoy seeing and learning about some of the significantly important treasures we have here at the Cathedral."

The online catalogue also contains records for the Cathedral Library collection which contains 10,000 rare early printed books (those dated before 1801), its collection of 120 "incunabula" (those printed before 1501) and much of its modern reference collection.

Julie Taylor, librarian at Lincoln Cathedral, explained, "The new catalogue has enabled us to add the Cathedral's 261 medieval manuscripts, with full descriptive records taken from the *'Catalogue of the manuscripts of Lincoln Chapter Library'* by Rodney Thomson and previous 2010 online catalogue. These range in date from the tenth to the early sixteenth century and include Bibles, prayer books, commentaries on the Psalms and books of Church law. They also include works of literary importance such as the Thornton manuscript and one of the few remaining manuscript copies of Chaucer's *Canterbury Tales*. There is also a collection of some 30 manuscripts of special significance by Italian theologian Peter Lombard."

“The new online catalogue also includes some of the Cathedral’s historic archive which is housed at Lincolnshire Archives. So, if you are a budding researcher or just fancy a browse, there are plenty of interesting and unexpected objects, manuscripts, and books to discover.”

For those wishing to physically access the Cathedral collections, the research and reading rooms are currently closed due to lockdown restrictions. However, members of the Collections Team are answering enquiries and will be happy to help.

**Collections:** [fern.dawson@lincolncathedral.com](mailto:fern.dawson@lincolncathedral.com). **Library:** [Julie.taylor@lincolncathedral.com](mailto:Julie.taylor@lincolncathedral.com).

To access the collection, visit: <https://archive.lincolncathedral.com/>



**LRSN is a volunteer-led organisation that provides pastoral and practical support to farming and rural people during periods of anxiety, stress and problems relating to their families and businesses.**

LRSN is open for business and ready, willing and able to help you, whatever your problem, wherever you are in Lincolnshire. If you or someone you know needs to talk through an issue, please contact us using our helpline number, 0800 138 1710. Visit [www.lrsn.co.uk](http://www.lrsn.co.uk)

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**Christian Aid marks its 75th anniversary**

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2021 marks 75 years of Christian Aid. The charity was founded in 1945 by a number of churches that came together to help people stricken by poverty and who were broken and displaced after the end of WW2.

During that time it has helped those affected by the humanitarian disaster in Nigeria in the 1960s and famine in Africa in the 1980s, HIV in the 1990s. It has campaigned for debt cancellation, stood by those fighting apartheid and prejudice and fought for trade justice. Now it is fighting the climate crisis which is leaving poor people around the world hungry and homeless and that is the focus of this year's Christian Aid Week which runs from Sunday 9th to Sunday 16th May.

In the links below you can watch a prerecorded talk by Jez Gowers-Cromie, Church Engagement and Fundraising Officer thanking everyone who has supported them over its 75 years. There is also a film featuring Florence, who lives in Kenya where the droughts and unreliable rain have had a devastating effect on people. The video shows how, by building an earth dam, people and communities can thrive.

### **Watch it on YouTube**

**Download and watch.** To download the talk, please use a laptop and not a mobile phone. Click on the link and then in the top right corner you will see three dots - click on this and choose download.

# Take 1 minute a day to report your health daily on the COVID-19 Symptom Study app even if you are well. Help science beat the virus.

Find out more at <https://covid.joinzoe.com/>

## 15,943

people are currently predicted to have symptomatic COVID in the UK

Estimated cases per million

- Not enough data
- 0 - 1000 cases pm
- 1000 - 2000 cases pm
- 2000 - 3000 cases pm
- 3000 - 5000 cases pm
- 5000 + cases pm

Last update: 1 of May, 5:00am GMT

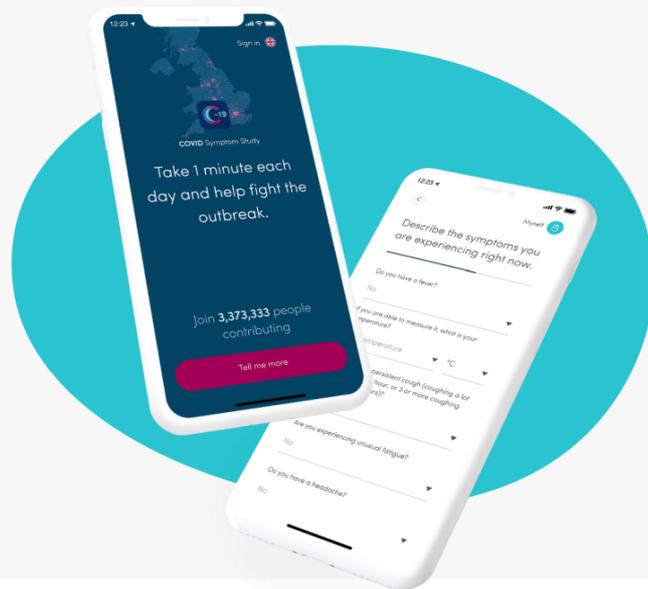


## 4,342,924

### CONTRIBUTORS

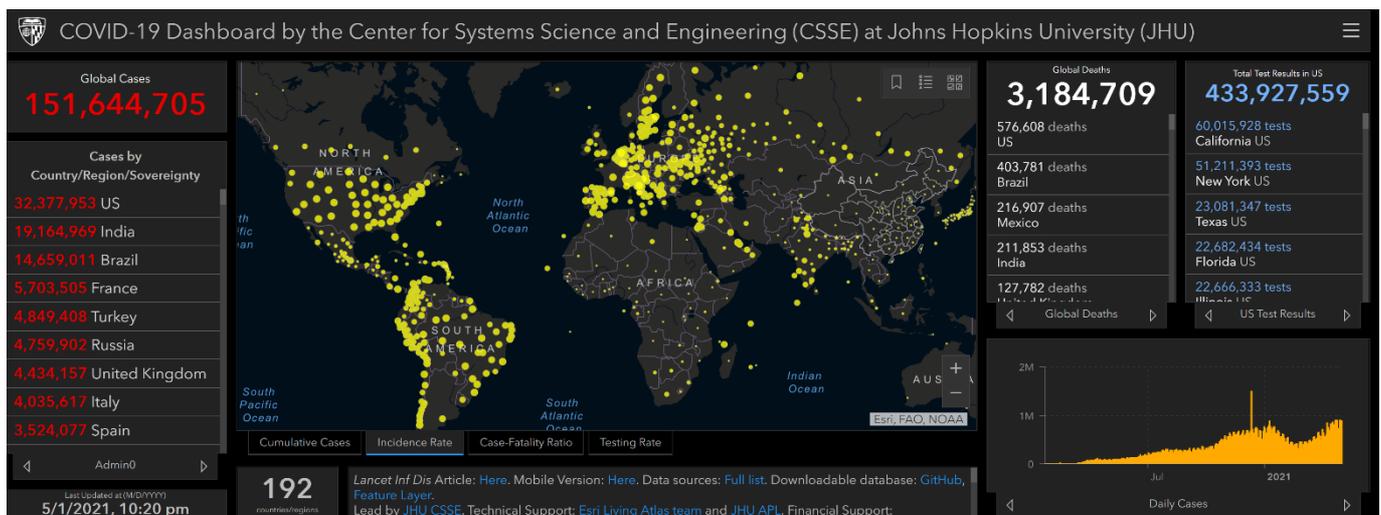
People of all ages and backgrounds are joining together to fight COVID. Support the NHS, help scientific research and help get us out of lockdown safely.

Take 1-min to report your health daily, even if you are well.



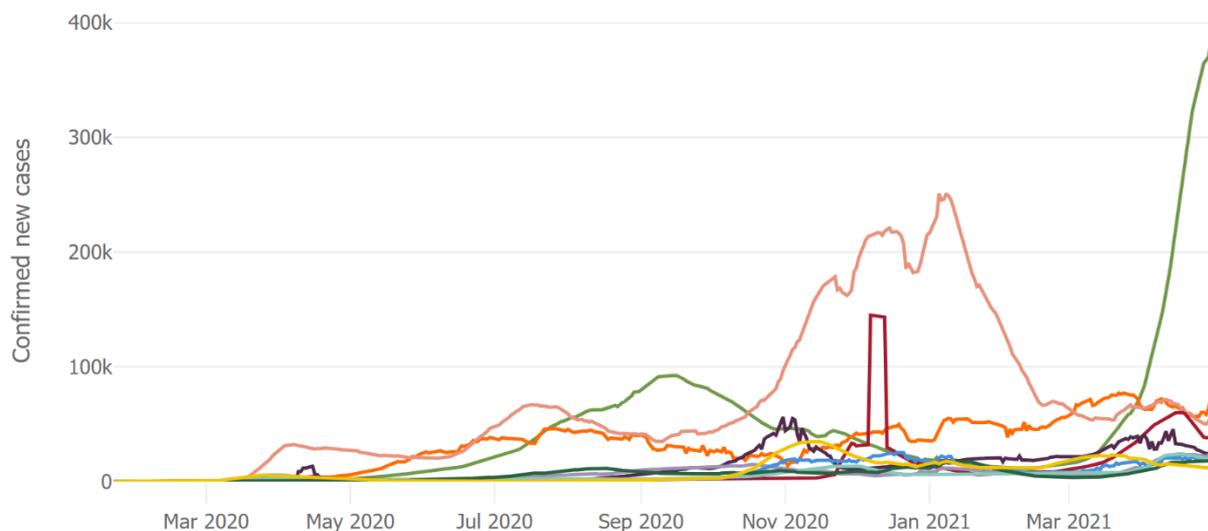
## Latest figures

The Johns Hopkins [Covid-19 Dashboard](#) appears to be one of the best source for statistics on the spread of the virus. It is possible to see statistics and graphs for 191 countries with the latest known information.



## DAILY CONFIRMED NEW CASES (7-DAY MOVING AVERAGE)

Outbreak evolution for the current most affected countries



Click any country below to hide/show from the graph:

- |   |  |  |   |  |
|---|--|--|---|--|
| <span style="color: green;">—</span> India      | <span style="color: orange;">—</span> Brazil | <span style="color: red;">—</span> United States | <span style="color: darkred;">—</span> Turkey     | <span style="color: purple;">—</span> France |
| <span style="color: purple;">—</span> Argentina | <span style="color: blue;">—</span> Germany  | <span style="color: teal;">—</span> Iran         | <span style="color: darkgreen;">—</span> Colombia | <span style="color: yellow;">—</span> Italy  |

## Mental health

- The Church of England has produced some mental health reflections to help you in this time of uncertainty. You can access them at: [cofe.io/MentalHealth](https://cofe.io/MentalHealth).
- The Mental Health Foundation has also produced some useful resources, which can be found at: <https://www.mentalhealth.org.uk/coronavirus>
- You can find a host of other [mental health resources](#) from a variety of different organisations and charities. <https://www.mentalhealthatwork.org.uk/toolkit/coronavirus-and-isolation-supporting-yourself-and-your-colleagues/>  
<https://www.mind.org.uk>
- Some helpful books and resources are also available from [Sacristy Press](#) at <https://www.sacristy.co.uk/books/coronavirus-church-resources#>

Further links to mental health charities can be found on the NHS webpages at <https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/>

## Topical Prayers

The Church of England website offers words you can use in your prayers for all kinds of situations ranging from the everyday to personal situations, family events and prayers for others. If you need some help finding the right words, please go to the Church of England website here

<https://www.churchofengland.org/prayer-and-worship/topical-prayers>

## Daily Hope

Daily Hope is a free phone number (0800 804 8044) offering music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line. This will enable as many people as possible to access the content we are developing.

## St Botolph's Church – Boston Stump



### Service Times

Due to the ongoing COVID-19 pandemic, our service times have temporarily changed to the following. Our services are available via Zoom, to join us please email [admin@parishofboston.co.uk](mailto:admin@parishofboston.co.uk) or call (01205) 310929 to obtain the login details.

### Sunday Services

Sung Eucharist – 11.00am

### Mid-week Service

Said Eucharist – Wednesday at 10:30am

# Covid-19 one year on, access to health and social care services, and the future

In April 2020, Healthwatch Lincolnshire invited the public to tell us how the Covid-19 pandemic was affecting them, both in terms of accessing healthcare services and personally with their emotional and mental health needs. The results were shared locally and nationally with healthcare organisations which helped them better understand the impact Covid19 was having on people.



One year on, and we are revisiting this work to ask how you have adapted to new ways of accessing healthcare, whether you are excited about getting back shopping, going to the hairdressers or on a night out, or maybe you have re-evaluated your priorities and the things that

were once important, no longer are. Perhaps you are apprehensive about going out, not necessarily because of Covid19, but because it's been so long since you have been out and socialised, that you feel you might need help to start again.

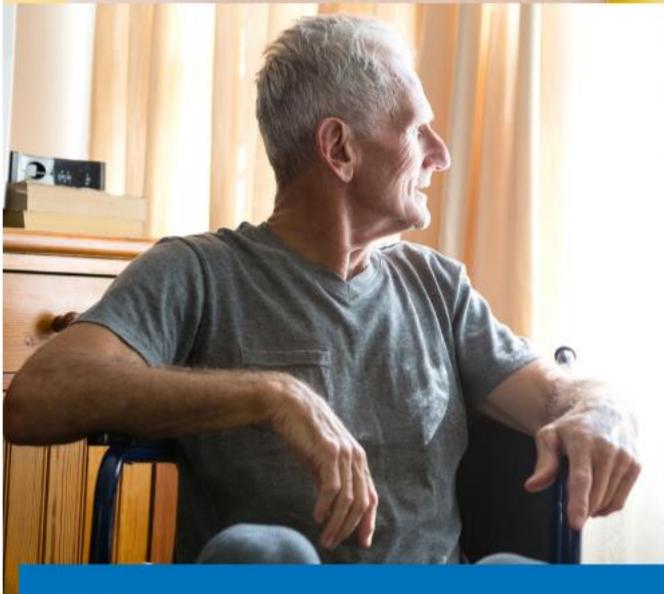
It is important that healthcare services better understand what is working well and where they need to focus their resources to help people. It is also useful to tell the system how people have managed to help themselves, and ways you might have found to cope and more resilient.

**[Click HERE to complete the survey](#)** or [Covid-19 one year on, access to health and social care services, and the future Survey \(surveymonkey.co.uk\)](#)

Completing the survey will only take a couple of minutes, it is anonymous and most importantly it will help to direct changes in healthcare services over the coming months and years.

**Closing date: June 30th - This survey will run from March through to June with a report of the findings being produced each month, therefore you are able to complete this survey once per month.**

If you or someone you know would like support with completing the questions, get in touch and we will contact you online, by telephone or by sending a copy in the post. Call 01205 820892 or email [info@healthwatchlincolnshire.co.uk](mailto:info@healthwatchlincolnshire.co.uk).



# Do you need some help while self-isolating?

If you need a hand with collecting shopping or prescriptions, or just want someone to talk to, our NHS Volunteer Responders are here to help.

Call **0808 196 3646** or visit [nhsvolunteerresponders.org.uk](https://nhsvolunteerresponders.org.uk)