

Prayers for the Fifth Week of Lent



*'developing a Benefice of churches and communities that is accessible,
inclusive, and ready to change with the times
and the needs of the people it serves.'*

Benefice Mission Plan

Psalm 143 to be said each day through the week

Hear my prayer, O Lord;
give ear to my supplications in your faithfulness;
answer me in your righteousness.
Do not enter into judgment with your servant,
for no one living is righteous before you.
For the enemy has pursued me,
crushing my life to the ground,
making me sit in darkness like those long dead.
Therefore my spirit faints within me;
my heart within me is appalled.
I remember the days of old,
I think about all your deeds,
I meditate on the works of your hands.
I stretch out my hands to you;
my soul thirsts for you like a parched land.
Answer me quickly, O Lord;
my spirit fails.
Do not hide your face from me,
or I shall be like those who go down to the Pit.
Let me hear of your steadfast love in the morning,
for in you I put my trust.
Teach me the way I should go,
for to you I lift up my soul.
Save me, O Lord, from my enemies;
I have fled to you for refuge.
Teach me to do your will,
for you are my God.

Let your good spirit lead me
on a level path.
For your name's sake, O Lord, preserve my life.
In your righteousness bring me out of trouble.
In your steadfast love cut off my enemies,
and destroy all my adversaries,
for I am your servant.

Sunday

Most merciful God,
who by the death and resurrection of your Son Jesus Christ
delivered and saved the world:
grant that by faith in him who suffered on the cross
we may triumph in the power of his victory;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen

Monday

Blessed are you, Lord God of our salvation,
to you be praise and glory for ever.
As a man of sorrows and acquainted with grief
your only Son was lifted up
that he might draw the whole world to himself.
May we walk this day in the way of the cross
and always be ready to share its weight,
declaring your love for all the world.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever. Amen

Tuesday

Soul of Christ, sanctify me,
body of Christ, save me,
blood of Christ, inebriate me,
water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me:
hide me within your wounds
and never let me be separated from you.

From the wicked enemy defend me,
in the hour of my death, call me
and bid me come to you,
so that with your saints I may praise you
for ever and ever.
Amen

Anima Christi (14th century)

Wednesday

Father,
it's so hard to love the world sometimes
and to love it the way Jesus did seems impossible.
Help me to be inspired by his love and
guided by his example.
Most of all, I want to accept that I can't do it alone,
and that trying is an arrogance of self-centeredness.
I need you, dear God, to give me support in this journey.
Show me how to unlock my heart
so that I am less selfish.
Let me be less fearful of the pain and darkness
that will be transformed by you into Easter joy.
Amen

Thursday

Father of love,
I know that you are the source of all
that is good and graced in my life.
Help me to move from the life of sin
to which I so often cling,
into the new life of grace you offer me.
You know what I need to prepare for your kingdom.
Bless me with those gifts.
Amen

Friday

Loving Creator,
I know in your great love for me,
you see the deep sorrow in my heart.
Hear my prayers which are offered with such trust in you.
Be with me in both mind and heart
as I renew my life in your spirit.
Amen

Saturday

O God, who have made all those reborn in Christ
a chosen race and a royal priesthood,
grant us, we pray, the grace to will and to do what you command,
that the people called to eternal life
may be one in the faith of their hearts
and the homage of their deeds.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.
Amen

Additional Prayers

Loving God,
Your eternal watchfulness keeps me safe from harm.
I am filled with a great happiness
when I feel your endless love for me.
Thank you for your care for me, one of your children.
I ask you to protect from harm
those who will soon be your children,
joined in the joy of your church.
Please continue to pour out your blessings
on all of us who have been given
the lifegiving waters of baptism.
Amen

If you require any resources for prayer, then please do not hesitate to contact me.

Blessings, thanks and stay safe

Jonathan

Rev'd Jonathan Plows
Rector
21st March 2021