



The First Sunday of Lent
21st February 2021



Collect

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness,

and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading *Psalm 25. 1-9*

Prayer for Guidance and for Deliverance

Of David. ¹To you, O Lord, I lift up my soul. ²O my God, in you I trust; do not let me be put to shame; do not let my enemies exult over me. ³Do not let those who wait for you be put to shame; let them be ashamed who are wantonly treacherous. ⁴Make me to know your ways, O Lord; teach me your paths. ⁵Lead me in your truth, and teach me, for you are the God of my salvation; for you I wait all day long. ⁶Be mindful of your mercy, O Lord, and of your steadfast love, for they have been from of old. ⁷Do not remember the sins of my youth or my transgressions; according to your steadfast love remember me, for your goodness' sake, O Lord! ⁸Good and upright is the Lord; therefore he instructs sinners in the way. He leads the humble in what is right, and teaches the humble his way.

Second Reading *1 Peter 3. 18-end*

¹⁸For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, ¹⁹in which also he went and made a proclamation to the spirits in prison, ²⁰who in

former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. ²¹And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, ²²who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Gospel *Mark 1. 9-15*

The Baptism of Jesus

⁹In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

The Temptation of Jesus

¹²And the Spirit immediately drove him out into the wilderness. ¹³He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

The Beginning of the Galilean Ministry

¹⁴Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

In your prayer's this week please include:

Our 'Friendship Church' - Bragernes Kirke, Drammen, Norway.

Adam Billings, Keith Burrell, John Gladdish, Pat Holland, Sylvia Huxtable, Dennis Macey, Mick.

Those who have recently died and their families: Jane LaRoche, Laura Moore.