



**You are invited to join us in prayer.**

**Some people find it easiest to pray using a simple pattern – Perhaps T.S.P. – Thanksgiving, Sorry, Please – and weave their thoughts and prayers around this pattern**

**Others enjoy using the Lord’s Prayer or other prayers**

**We hope what is below might be of help. Do also, if you wish, look at our website for details of our streamed services (at the moment on YouTube, 5:30pm Monday, Wednesday and Friday, 10:30am Sunday) or contact Rev Anthony Buckley on [vicar@smng.org.uk](mailto:vicar@smng.org.uk) if you have any queries or would like a daily devotional email.**



**Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

The Lord's Prayer

**Grant us, O Lord, patience and prayerfulness as we wait for the season  
of Advent. Give us grace that we may wait well, looking outwards and  
upwards, with hope, love and expectation.**

Anon

**Lord, make me an instrument of Your peace. Where there is hatred, let  
me sow love; where there is injury, pardon; where there is doubt,  
faith; where there is despair, hope; where there is darkness, light;  
where there is sadness, joy.**

**O, Divine Master, grant that I may not so much seek to be consoled as  
to console; to be understood as to understand; to be loved as to love;  
For it is in giving that we receive; it is in pardoning that we are  
pardoned; it is in dying that we are born again to eternal life.**

Francis of Assisi

**O Lord, support us all the day long of this troublous life, until the  
shades lengthen and the evening comes, the busy world is hushed, the  
fever of life is over and our work is done; then Lord, in thy mercy,  
grant us safe lodging, a holy rest, and peace at the last, through Jesus  
Christ our Lord.**

John Henry Newman

**Teach me, my God and King,  
In all things Thee to see,  
And what I do in anything  
To do it as for Thee.**

**All may of Thee partake:  
Nothing can be so mean,  
Which with his tincture – "for Thy sake" –  
Will not grow bright and clean.**

George Herbert

**Teach us, good Lord,  
to serve you as you deserve,  
to give and not to count the cost,  
to fight and not to heed the wounds,  
to toil and not to seek for rest,  
to labour and not to ask for any reward,  
save that of knowing that we do your will.**

St. Ignatius

**Disturb us, Lord, when with the abundance of things we possess  
We have lost our thirst for the waters of life;  
Having fallen in love with life, we have ceased to dream of eternity  
And in our efforts to build a new earth,  
We have allowed our vision of the new Heaven to dim.**

**We ask you to push back the horizons of our hopes;  
And to push back the future in strength, courage, hope, and love.  
This we ask in the name of our Captain, who is Jesus Christ.**

Sir Francis Drake

**We most humbly beseech thee, of thy goodness, O Lord, to comfort  
and succour all them, who in this transitory life, are in trouble, sorrow,  
need, sickness, or any other adversity.**

Thomas Cranmer

**Spirit of the living God, fall afresh on me.  
Melt me, mould me, fill me, use me.  
Spirit of the living God, fall afresh on me.**

Daniel Iverson



*Photograph by Cosima Gillhammer  
of our rare copy of The Geneva Bible  
first published 1560,  
kept in the Treasury in our Saxon Tower.*

*Some words of St. Paul, from the 4<sup>th</sup> chapter of his letter  
to the Colossians:*

**Devote yourselves to prayer, being watchful and thankful. And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. Pray that I may proclaim it clearly, as I should. Be wise in the way you act towards outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.**

*And to the Ephesians (3<sup>rd</sup> chapter):*

**For this reason I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge - that you may be filled to the measure of all the fullness of God.**

**Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.**