

Thy Kingdom Come: Day Six
Praying with Enthusiasm and Expectation

10, 000 Reasons by Matt Redman

Bless the Lord O my soul
O my soul
Worship His Holy name
Sing like never before
O my soul
I'll worship Your Holy name

You're rich in love
And You're slow to anger
Your name is great
And Your heart is kind
For all Your goodness
I will keep on singing
Ten thousand reasons
For my heart to find

The sun comes up
It's a new day dawning
It's time to sing Your song again
Whatever may pass
And whatever lies before me
Let me be singing
When the evening comes

And on that day
When my strength is failing
The end draws near
And my time has come
Still my soul will
Sing Your praise unending

Ten thousand years
And then forevermore

These are the lyrics to a contemporary worship song (you might like to look up versions of it on Youtube to get a sense of its full energy eg: <https://www.youtube.com/watch?v=r3K3roEF36k>)

Much new worship music exemplifies the kind of prayer we are thinking about today – and listening is a prayer in itself. These varied suggestions were sent by someone who receives my Sunday mailing:

https://www.youtube.com/watch?v=qw19uSoZNul&feature=youtu.be&mc_cid=92c8eba187&mc_eid=51bf82f3d1

https://www.youtube.com/watch?v=ULT4HDDsVHQ&list=RDULT4HDDsVHQ&start_radio=1&t=236

Moving to the music may deepen your prayer too – raising your hands, or swaying or even dancing – where does the emotion of the pray take your movement in expression to God?

Arrow prayers are another way of praying from these qualities of enthusiasm and expectation – sending our quick messages to God in any situation is a way of deepening our dependency on God. What do you need to say to God now, without planning or forethought?

Thirdly, being open to God's guidance in our thoughts and prayers - if someone comes into your thoughts today, is it a prompting to be in touch? Or if a situation keeps coming to mind- is that the subject for today's prayer?

