# Holy Communion

 Peace to this house and to all who live in it. Jesus said ‘Come to me, all who labour and are heavy laden, and I will give you rest.’

 God shows his love for us in that while we were still sinners, Christ died for us.

 Let us then show our love for him by confessing our sins in penitence and faith.

*All*  **Almighty God, our heavenly Father,
we have sinned against you and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,**

 **who died for us, forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

 Almighty God, who forgives all who truly repent,
have mercy upon us, pardon and deliver us from all our sins,
confirm and strengthen us in all goodness,
and keep us in life eternal; through Jesus Christ our Lord.**Amen.**

The Collect

 Almighty Father,

 Who in your great mercy gladdened the disciples with the sight of the risen lord;

 give us such a knowledge of his presence with us,

 that we may be strengthened and sustained by his risen life

 And serve you continually in righteousness and truth;

 through Jesus Christ our lord. Amen

The Peace

Jesus came and stood among his disciples and said ‘Peace be with you.’ And they were glad when they saw the risen Lord

 The peace of the Lord be always with you

*All* **and also with you.**

 As our Saviour taught us, so we pray

*All*  **Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

 Jesus is the Lamb of God who takes away the sin of the world.
Blessed are those who are called to his supper.

*All* **Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**

Remembering the last supper

When evening came, Jesus took his place at the table with his disciples. He said to them, “I have wanted so much to eat this Passover meal with you before I suffer!

While they were eating, Jesus took a piece of bread, gave a prayer of thanks, broke it, and gave it to his disciples. “Take and eat it,” he said; “this is my body.”

Then he took a cup, gave thanks to God, and gave it to them. “Drink it, all of you,” he said; “this is my blood, which seals God's covenant, my blood poured out for many for the forgiveness of sins. I tell you, I will never again drink this wine until the day I drink the new wine with you in my Father's Kingdom.”

Then they sang a hymn and went out to the Mount of Olives.

We break this bread to share in the body of Christ.

*All*  **Though we are many, we are one body, because we all share in one bread.**

 Draw near with faith.
Receive the body of our Lord Jesus Christ which he gave for you,
and his blood which he shed for you.
Eat and drink in remembrance that he died for you,
and feed on him in your hearts by faith with thanksgiving.

 *We take communion.*

The Prayers

*All*  **Almighty God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

 May the love of the Lord Jesus draw you to him

May the power of the Lord Jesus strengthen you for his service

And may the joy of the Lord Jesus fill your hearts

And the blessing of God, Father Son and Holy Spirit be with you

Now and forever more **Amen**

 Go in peace to love and serve the Lord.

*All*  **In the name of Christ. Amen.**