

To help us to pray, here are some prayers suggested by the Church of England

<https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches#na>

A prayer about the Coronavirus outbreak

Keep us, good Lord,
under the shadow of your mercy
in this time of uncertainty and distress.
Sustain and support the anxious and fearful,
and lift up all who are brought low;
that we may rejoice in your comfort
knowing that nothing can separate us from your
love in Christ Jesus our Lord. Amen.

For those in isolation

God of compassion,
be close to those who are ill, afraid or in isolation.
In their loneliness, be their consolation;
in their anxiety, be their hope;
in their darkness, be their light;
through him who suffered alone on the cross,
but reigns with you in glory,
Jesus Christ our Lord. Amen.

For those who are worried/social cohesion

Loving Jesus, you are compassionate to those in
need
and heal the sick in body and mind.
Look kindly on those who are fearful at this time.
Help us all to put away all thoughts and actions
that separate us from you and from one another.
Give us grace to live our lives
confident in your promise that you are with us
always.
Amen.

Lord Jesus Christ,
you taught us to love our neighbour,
and to care for those in need
as if we were caring for you.
In this time of anxiety, give us strength
to comfort the fearful, to care for the sick,
and to assure the isolated
of our love, and your love,
for your name's sake. Amen.

For those who are ill

Merciful God,
we entrust to your unfailing and tender care,
those who are ill or in pain,
knowing that whenever danger threatens
your everlasting arms are there to hold us safe.
Comfort and heal them,
and restore them to health and strength;
through Jesus Christ our Lord. Amen.

For hospital staff and medical researchers

Gracious God,
give skill, sympathy and resilience
to all who are caring for the sick,
and your wisdom to those searching for a cure.
Strengthen them with your Spirit,
that through their work many will be restored to
health;
through Jesus Christ our Lord. Amen.

From one who is ill or isolated

O God,
help me to trust you,
help me to know that you are with me,
help me to believe that nothing can separate me
from your love
revealed in Jesus Christ our Lord. Amen.

A prayer for when a friend is ill

Dear God, *(name of friend)* is ill.
They are not allowed to go to school or come
over to play.
I'm sad because I miss them.
They must be feeling miserable and lonely as
well.
Please be close to them.
Please be with the people who are looking after
them.
Please help them to get better and to know that
you love them. Amen.

A prayer for the world

God of love and hope,
You made the world and care for all
creation.
But the world feels strange right now.
The news is full of stories about
Coronavirus.
Many people are anxious because of it.
Many people are anxious that they might get
ill.
Many people are anxious about their family
and friends.
Be with them in their worries and help them
to find some peace.
We pray for the doctors and nurses and
scientists who are working to discover the
right medicines to give hope to those who
are ill.
Thank you that even in these strange and
worrying times, you are with us.
Help us to look for the signs of your
goodness and love towards us.
Amen.

A prayer at bedtime

Before the ending of the day,
Creator of the World, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.
Tonight we pray especially for (*names family
or friends who are affected by Coronavirus*)
and the people of (*country or place which is
affected by Coronavirus*).
Give skill and wisdom to all who are caring
for them.
Amen.

A prayer remembering God is with us

Lord God, you are always with me.
You are with me in the day and in the night.
You are with me when I'm happy and when
I'm sad.
You are with me when I'm healthy and when
I am ill.
You are with me when I am peaceful and
when I am anxious.
Today I am feeling (*name how you are
feeling*) because (*reasons you are feeling
this way*).
Help me to remember that you love me and
are with me in everything today.
Amen.

Prayers for when you can't get to church

Lord Jesus Christ, you said to your
disciples, 'I am with you always'.
Be with me today, as I offer myself to you.
Hear my prayers for others and for myself,
and keep me in your care.
Amen.

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.
From St Patrick's Breastplate

Endings for Intercession

O gracious and holy Father,
give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you,
through the power of the spirit
of Jesus Christ our Lord. Amen.
St Benedict

Soul of Christ, sanctify me,
body of Christ, save me,
blood of Christ, inebriate me,
water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me:
hide me within your wounds
and never let me be separated from you.
From the wicked enemy defend me, in the
hour of my death, call me
and bid me come to you,
so that with your saints I may praise you
for ever and ever.
Anima Christi

Short passages of Scripture for reading and contemplation

- [Psalm 27](#) *The Lord is my light and my salvation*
- [Psalm 46](#) *Be still, and know that I am God.*
- [Psalm 91](#) *He shall cover you with his wings*
- [Psalm 139](#) *O Lord, you have searched me out and known me*
- [Isaiah 43](#) (esp vv.1-7) *Do not fear, for I am with you*
- [John 14](#) *Do not let your hearts be troubled*