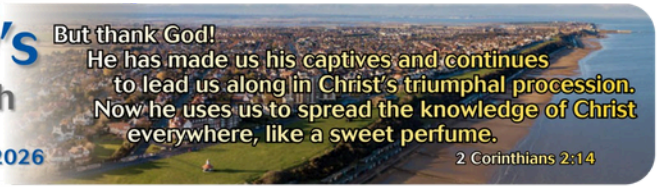
St Mary's Parish Church Frinton 2026



Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends,old and new.

Hearing Loop available

Access via the Old Road Entrance

Our toilets are located by the Old Road entrance

Safeguarding Sunday, 15th November 2026

Parish Church Services (Sunday only)

9:30am **Traditional Service - CW**
1 Corinthians 13
11am **All-Age Service (also livestreamed)**
1 Corinthians 13

Old Church Services

Sunday 6:30pm **Evening Service - BCP (HC)**
Wednesday 11am **Holy Communion**



Get in touch:

Rector: Rev Funmilayo Vaughan
Tel: 01255 679164 Email: Office@stmarysfrinton.org
Website: www.stmarysfrinton.org
St Mary's Parish Church, Church Office, Old Road,
Frinton-on-Sea, Essex CO13 9BX
We are a registered charity (1127647) in England and Wales.

LIVE STREAMING Click here to watch online

Prayer requests for this sheet should be made via the **Church Office.**
Tel: **01255 679164** Email: **Office@stmarysfrinton.org** Website: **www.stmarysfrinton.org** **Prayer requests for our CHURCH PRAYER CHAIN**: ring Stewart & Mary Wilson: **01255 814 594**
~ A group of church members who will pray, in complete confidence, for serious situations ~



For our prayers during the week …
… those who are unwell, and those who care for them:
Colin Ball, Alan Cork, Cheryl Eden, Jenny Kyriacou, Philip Kyriacou, Tony Stubbs, Carole Unsworth, Daphne West, Cate Wilby, Wendy Willis.

Rev Laurie Bond's Funeral Service will be held here at St Mary's Parish Church on Tuesday, 8th December at 10:30am.
Please continue to remember Dawn and the wider family in your prayers.

Prayers for people of the Middle East & North Africa (MENA) with access to *SAT-7* satellite and YouTube broadcasts. Use prayer diaries or website: sat7uk.org/pages/pray

"I learned that when we see someone in need, we shouldn't leave them in crisis; we should stand by them and help them", said young Bernard from Egypt after watching *SAT-7 KIDS*. **Pray** that many more children will learn about **compassion** from our programmes.
Pray for Christian parents across the *MENA* who are struggling to manage their **children's social media usage**. May God give them grace, wisdom, and courage.
"Since I have been connected with you, and listening to God's living word at night, I have become accustomed to **feeding my spirit** with spiritual food before going to sleep", said Touraj, a male *SAT-7* viewer. "How comfortingly God's Word speaks to the human heart!"
Pray that more *SAT-7* viewers will learn to regularly feed on God's word.
PLEASE USE *SAT-7* BOOKLET 'THE SAME HOPE' TO PRAY AND BE ENCOURAGED DAILY IN DECEMBER.

Heather Ursell

Sunday, 29th November: St Mary's will be welcoming a speaker from *LCM*, **Field Director for Schools, Gareth Jones.** There will be **a joint service starting at 10:30am.** I know that many folk support the work practically and prayerfully. Please come and hear about the work of the *London City Mission* which has been going on for nearly 200 years! The offering taken at the service will also be sent to the Mission. Thank you!

Lesley Holland

Choir Practice

Choir practices for our *Traditional Carol Service* (20th December) started on Friday, 6th November (6:30-7:30pm) (usual start time of 6pm to prepare for Sunday services). If you have sung before in a choir, and wish to join us, please email Duncan - (duncan@amusicltd.co.uk).

Jaywick

We are changing the name of the ***Jaywick Project*** to ***Jaywick Neighbours***. This better reflects what we are trying to achieve in loving our neighbours and sharing what we can.

During November we would be pleased to receive any donations towards providing Christmas chocolates or biscuits for the elderly, boxes of sweets and bags of fruit for families and selection boxes, crisps and drinks for approximately 70 children who attend the pantomime at the beginning of December.
Thank you for supporting this either financially or with prayer.

Please give donations to **Eleanor Young** or to **Dominic Gardner**. Thank you.

The Independent Safeguarding Organisation (INEQE) will be auditing safeguarding across the Diocese of Chelmsford in February. It is part of a series of audits across the Church of England, and the ensuing recommendations will help ensure dioceses and cathedrals are doing everything they can to create environments where everyone feels safe, valued and respected. Ahead of the audit they are asking people in churches to take part in a short survey by 8th December. They want to hear from people right across our church communities, irrespective of how involved you are, or how often you come to church. The survey is anonymous and confidential and the results go straight to INEQE. You will not be asked for your name. It is also very straightforward to complete and is mostly about your own experiences of church. It's really important that they hear from as many people as possible, so please do find the short time it takes to complete it. Link below or scan the QR Code.

https://ineqe.com/churchofengland/chelmsford/

Training, Outreach and Evangelism (TOE) Action Group



The next meeting of the Training, Outreach and Evangelism (TOE) Action Group will take place at 10am on Tuesday, 24th November, in Rooms 3 & 4. All are welcome to attend, especially those with an interest in helping shape this important area of our church's mission and ministry.

Christmas Fayre

We now have sufficient items for the children's books, tombola and bric a brac stalls. We would be happy to still receive chocolate for the chocolate tombola and also jams & preserves. Cakes for the cake stall can be brought in either on Friday, 27th or early morning on Saturday, 28th Nov.







During the Week …

Morning Prayer - 9am to 9:30 - Monday to Thursday - in Room 2 - all are welcome

Monday, 16th	Gethsemane Prayer 7:30pm
Tuesday, 17th	Alpha Course (10) 7pm
Wednesday, 18th	Wednesday Group 10am
	Holy Communion 11am (Old Church)
Thursday, 19th	Smallsorts 10am
	Standing Committee Meeting 10am
	Knit & Natter 1:30pm
Friday, 20th	Friday Coffee Morning 10am
	Choir Practice 6pm, Carol Service Practice 6:30pm
Saturday, 21st	WoW - Christmas is Coming! 7pm



LIVE STREAMING Click here to watch online

Sunday, 22nd November
9:30am Traditional Service - Celtic (HC)
11am All-Age Service (also Livestreamed)
6:30pm Evening Service - BCP

All rotas and events available on ChurchSuite. **Click here** to login.
If you need a login, please send an email request to the Office.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

PARISHGIVINGSCHEME

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit **parishgiving.org.uk/home** and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or **click here**).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with Dominic Gardner, Operations Manager

DATES FOR YOUR DIARY

WoW Event - Sat. 21st November 7pm
Christmas Fayre - Sat. 28th November, 10am
LCM Service for Everyone - Sun. 29th November, *joint 10:30am*
Christingle Service - Sun. 6th December 4pm

Noticesheet items: please submit to the **Church Office** by noon Tuesday, via **office@stmarysfrinton.org**
Want to join a Homegroup: Heather Ursell - **07882 402 768**
Sunday Media & PowerPoint items: email to the church office before 6pm Wednesday
Bookings for Church Premises: OpsMgr@stmarysfrinton.org