

COLLECT

Almighty God,
you called Luke the physician,
whose praise is in the gospel,
to be an evangelist and physician of
the soul:
by the grace of the Spirit
and through the wholesome medicine
of the gospel,
give your Church the same love and
power to heal;
through Jesus Christ your Son our
Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Either **Isaiah 35:3-6**

A reading from the book of the prophet Isaiah.

Strengthen the weak hands, and
make firm the feeble knees. Say to
those who are of a fearful heart, "Be
strong, do not fear! Here is your God.
He will come with vengeance, with
terrible recompense. He will come
and save you." Then the eyes of the
blind shall be opened, and the ears
of the deaf unstopped; then the
lame shall leap like a deer, and the
tongue of the speechless sing for joy.
For waters shall break forth in the
wilderness, and streams in the desert.

Or **Acts 16:6-12a**

A reading from the Acts of the Apostles.

Paul and Timothy went through the
region of Phrygia and Galatia, having
been forbidden by the Holy Spirit
to speak the word in Asia. When
they had come opposite Mysia, they
attempted to go into Bithynia, but
the Spirit of Jesus did not allow them;
so, passing by Mysia, they went
down to Troas. During the night Paul
had a vision: there stood a man of
Macedonia pleading with him and
saying, "Come over to Macedonia
and help us." When he had seen the
vision, we immediately tried to cross
over to Macedonia, being convinced
that God had called us to proclaim
the good news to them. We set sail
from Troas and took a straight course
to Samothrace, the following day to
Neapolis, and from there to Philippi,
which is a leading city of the district
of Macedonia and a Roman colony.

PSALM Psalm 147:1-7

R *The Lord heals the brokenhearted
[and binds up their wounds].*

Alleluia!

How good it is to sing praises to our
God!

how pleasant it is to honour him with
praise!

The Lord rebuilds Jerusalem;

he gathers the exiles of Israel. **R**

He heals the brokenhearted
and binds up their wounds.

He counts the number of the stars
and calls them all by their names. **R**

Great is our Lord and mighty in
power;

there is no limit to his wisdom.

The Lord lifts up the lowly,

but casts the wicked to the ground.

Sing to the Lord with thanksgiving;
make music to our God upon the
harp. **R**

SECOND READING

2 Timothy 4:5-17

A reading from the second letter of Paul to Timothy.

As for you, always be sober,
endure suffering, do the work of an
evangelist, carry out your ministry
fully. As for me, I am already being
poured out as a libation, and the time
of my departure has come. I have
fought the good fight, I have finished
the race, I have kept the faith. From
now on there is reserved for me the
crown of righteousness, which the
Lord, the righteous judge, will give
to me on that day, and not only to
me but also to all who have longed
for his appearing. Do your best to
come to me soon, for Demas, in love
with this present world, has deserted
me and gone to Thessalonica;
Crescens has gone to Galatia, Titus to
Dalmatia. Only Luke is with me. Get
Mark and bring him with you, for he
is useful in my ministry. I have sent
Tychicus to Ephesus. When you come,
bring the cloak that I left with Carpus
at Troas, also the books, and above
all the parchments. Alexander the
coppersmith did me great harm; the
Lord will pay him back for his deeds.
You also must beware of him, for he
strongly opposed our message. At
my first defence no one came to my
support, but all deserted me. May
it not be counted against them! But

the Lord stood by me and gave me
strength, so that through me the
message might be fully proclaimed
and all the Gentiles might hear it. So I
was rescued from the lion's mouth.

GOSPEL Luke 10:1-9

Hear the gospel of our Lord Jesus Christ according to Luke.

The Lord appointed seventy others
and sent them on ahead of him in
pairs to every town and place where
he himself intended to go. He said
to them, "The harvest is plentiful,
but the labourers are few; therefore
ask the Lord of the harvest to send
out labourers into his harvest. Go on
your way. See, I am sending you out
like lambs into the midst of wolves.
Carry no purse, no bag, no sandals;
and greet no one on the road.
Whatever house you enter, first say,
'Peace to this house!' And if anyone
is there who shares in peace, your
peace will rest on that person; but if
not, it will return to you. Remain in
the same house, eating and drinking
whatever they provide, for the
labourer deserves to be paid. Do not
move about from house to house.
Whenever you enter a town and its
people welcome you, eat what is set
before you; cure the sick who are
there, and say to them, 'The kingdom
of God has come near to you.'"

POST COMMUNION

Almighty God,
who on the day of Pentecost
sent your Holy Spirit to the apostles
with the wind from heaven and in
tongues of flame,
filling them with joy and boldness to
preach the gospel:
by the power of the same Spirit
strengthen us to witness to your truth
and to draw everyone to the fire of
your love;
through Jesus Christ our Lord.

October 18th 2026 – 20th SUNDAY AFTER TRINITY ~ Parish of the Harwich Peninsula

Today: is the feast of St Luke; Gospel writer, physician of the body and of the soul.

All Saints School: please remember the school as the process for appointing a new Head Teacher begins. Please especially hold Sarah Abbott in your prayers as the Vice Chair of the Governing Body.

Kingdom over nation: a series of 8 discussions from Churches Together in Harwich at the Roman Catholic Church on Fronks Road, continuing each Wednesday until the end of October at 7pm. This is a response to the growth of Christian nationalism and so very topical. Each week into October. No charge.

Harvest Collections: we will announce the amounts collected soon for the Bridgeway charity in Colchester. Lots of food went the Salvation Army Foodbank for which they were very grateful.

Shanty Festival: what a wonderful opportunity to share with 90 people at the Maritime Service last Sunday with Bishop Roger as our preacher. We hope to build on this for 2027.

Katherine: the wonderful performances now move to tour English Cathedrals after the opening in Harwich.

Soup Lunch: for CAFOD, cake included; Tuesday 20th October 12-1.30pm – Roman Catholic Church.

GMT/BST: please note that the clocks GO BACK 1 hour on the evening of the 24th October ready for the 25th (Sunday), it often catches people out. No prizes for working out what GMT and BST mean!

Cross Reach Parishes: the Rev. Tim Jones will be their next priest, and we understand he will be licensed on the 26th of November at Lawford church. It is normally a 7.30pm service.

The 9 Parishes: please remember in your prayers the 9 Parishes; Dedham, Ardleigh, Little Bentley, Great Bromley, Beaumont cum Moze, Great Oakley, Wix, Wrabness and Tendring. They share 2 priests and the time has come for a more formal arrangement and that will take time to implement and raises questions. Bishop Roger, Archdeacon Ruth, the Deanery Lay Chair David Druitt and the Assistant Area Dean, Ian Smith are involved in the discussions and development of a new scheme.

Bible Study: the next Bible study that Sioux Thorpe is leading is on Wednesday 21st October at All Saints church. It is entitled: Rebuilding our altars and will explore 1 Kings 18 and Leviticus 6.

Notice and Readings sheets: please think about taking the sheets home after the service to read again the Bible passages and recall the sermon. It may be a real help or challenge through the coming week.

Jess Vining: Ian and a few others from the church and town will be meeting Jess Vining the Historic Buildings Officer for the diocese of Chelmsford at the end of the month. Jess has some exciting and challenging ideas for a big bid for grants to help us consider. Your prayers are appreciated as we discern what might be appropriate for the parish and peninsula.

Guy Festival: is on Saturday 31st October and will pass by All Saints church in the early evening.

Baptised in October: Emily-Jo Rosemary Brooker, Phoebe-Jade Janlisa Johnson, Matthew Donald Robert Johnson.

Married in October: None

Departed in September/October: Sheila Grant; John Sidney Williams; Paul Alexander; Ellen Marion Hopkins; Doreen Abbott; Jeffrey Rex Eaton; Maurice Barker – we extend our sympathies to his family and the congregation at Kingsway Church who have been blessed by his ministry over many years in Harwich. His funeral thanksgiving in on Wednesday 28th October at noon in Kingsway Church after a private burial.

SAFEGUARDING: if you have any concerns about safeguarding or wish to report anything please speak to our Parish Safeguarding Officer Claire Cooper. Email: clc1507@outlook.com this is for safeguarding only.

St Michael's worship 9am each Sunday (Communion on the 2nd and 4th Sundays)

All Saints worship 10.30am each Sunday (Communion on the 1st and 3rd Sundays)

St Nicholas worship 10.30am each Sunday (Communion on the 2nd and 4th Sundays)

You should be able to access the hearing loop in each building – please let us know if you cannot

1st Sunday of every month: Prayer Book Evensong at St Nicholas at 5pm

2nd Sunday of the month: Pop Up church at St Michael's at 3pm

3rd Sunday of every month: Prayer and Praise at St Michael's at 5pm

4th Saturday of every month (except August and December): Messy Church in the Esplanade Hall from 2-4pm. Children must be accompanied by an adult.

1st Tuesday of every month: Hymns and Service at Don Thomson Residential Home at 11am – *support welcome*

2nd Monday of every month: Hymns and Service at Lime Court Residential Home at 11am – *support welcome*

For more information, please visit our social media: www.harwichparish.co.uk or www.achurchnearyou.com or our Facebook pages <https://www.facebook.com/HarwichPeninsulaParishCofE>. All Saints, St Michaels & St Nicholas or Messy Church at the Esplanade Hall

PLEASE NOTE WE HAVE NOW MOVED TO A SINGLE FACEBOOK PAGE FOR THE PARISH