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Weekly Benefice Bulletin

Sunday 25th October 2026

Message from the Rector

Ow sos ger,

This week we consider the sacred space of hospitality and the role it plays in forming community.

"Go, eat your food with gladness, and drink your wine with a joyful heart, for God has already approved what you do." Eccl 9:7

Monasteries were famous for their hospitality. They had a special place called the refectory where meals would be served, refectories still exist in some places, St Austell Tech College, back in my day, had a refectory. It was a great place to be. Friends from across the year groups would get together, eat together, the food was not fancy or expensive and if someone didn't have any money that day we either subbed them or bought it for each other. These were very special formational days.

In yester year, pilgrims, travellers, the lost and the sick would turn up at church where the community would provide them with a hot meal. Several of our churches across the Upper Fal Parishes have this sort of story as art of their history and reason for being there. The church has stood for hundreds of years with hospitality being one of its core values.

Pause and reflect

What occasions have you enjoyed when you have celebrated with family and friends over a meal?

Have there been occasions when you have been most glad of an excuse or opportunity to pause in the day because someone unexpected has popped round?

Have there been times when you have regretted not inviting someone round for a coffee?

Is there anyone that you would like to invite round? Or, if you are too embarrassed because you think your home is unsuitable how about inviting them out for a coffee? Or a drink at the pub or local café wherever that might be. You never know it might just be the lifeline that someone is waiting for. Not only that but you too might be completely surprised by what unfolds as you share a bite to eat or a drink.

Hospitality is a great way to grow community, it is hard to be unfriendly towards someone when they have offered you some form of hospitality. It is said to be one of the fastest ways to build bridges.

As we consider the role of hospitality in our own lives, what do we think about our local church? In what way does it offer hospitality? Is there an issue with heating? Somewhere comfortable to sit? Are there welcoming spaces for those who use wheelchairs or pushchairs? Are the things that happen at church readily accessible to all who might come through the door or only for the fit and able?

Could you work with the PCC or with a friend at church to help make the building a more hospitable space? Is there scope for a community meal? Or a coffee morning if a meal seems too big a step?

Inviting the neighbours round for an open afternoon or coffee morning is a great way to meet people who might otherwise be too shy to come anyway! Again take this into your prayer time, is there something here that God is challenging you with, or affirming within you? Allow Gods love to flow through you and see where that might go...

gras ha kres,
Caroline

This week's services

Sunday 25th October

Don't forget to put your clocks back!

Probus	9.30	Holy Communion	Brian
St Erme	9.30	Morning Prayer	Caroline
Ladock	11.00	Holy Communion	Pat
St Crida	11.15	BCP Communion	Caroline
Tresillian	11.15	Holy Communion	Brian
Ladock	18.00	BCP Evensong	Caroline

[Psalm 90: 1-6, 13-17](#)

[1 Thessalonians 2: 1-8](#)

[Matthew 22: 34-46](#)

Next week's services

Sunday 1st November

Probus	9.30	Praise and Worship with Breakfast from 8.45am	Scott
St Erme	9.30	Holy Communion	Caroline
St Nun's	11.00	Parish Communion	Caroline
Ladock	11.00	Holy Communion	Pat
Tresillian	11.15	Morning Prayer	LWL's
St Crida	15.00	Time to Remember (see details below)	Caroline

[Psalm 34: 1-10](#)

[1 John 3: 1-3](#)

[Matthew 5: 1-12](#)

Thursday 5th November

Probus	12.00	Holy Communion	Pat
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Children & Young People's Groups

Probus - Little Lights: Thursday 29th October, 9.30am-11.30am

Probus - Youth Group: Sunday 1st November, 6.00pm-7.00pm

Benefice notices



Time to Remember

ST CRIDA'S CHURCH, CREED
1ST NOVEMBER AT 3PM

Grief has no timeline, and finding a quiet space to remember those we have lost can be deeply comforting. Whether your loss is recent or from many years ago, you are warmly invited to join us for a quiet and contemplative service as we step into the season of remembrance.



Across the Upper Fal Parishes

You are welcome to any and all these regular events across the parishes. Please keep a look out in the Bulletin for news and dates of 'pop up' events to take place around the Benefice.

GRAMPOUND

Home Group

Thursday evenings for further details. Tel William 07767 203402

LADOCK

Coffee Morning at Ladock Village Hall

1st Saturday each month: 10-12noon

Tuesday Prayer Group

9am at St Ladoca Church.

Bell-ringing Practice

Alternate Wednesdays

Contact Jonathan for more info

LAMORAN

A service of evening prayer with refreshments after

3rd Sunday most summer months 3pm

PROBUS

Home Groups

Alternate weeks, Tuesday / Wednesday evenings

Tel Scott 07576 252664 (Tuesday group)

Tel Liz 07525 456434 (1st & 3rd Wednesday group)

Tots Praise

3rd Thursday each month: 9.30 - 11.30

This is a stay and play group for babies and toddlers. Once a month we share A Gospel story, sing and pray usually with bubbles.

TRESILLIAN

Lunch Group at Holy Trinity Church

1st Monday most months: 12 noon

Booking essential Tel Clare 01872 520198

TR2 Community Hub

Tuesday 27th October

Coffee Morning: 10am -12pm

Wednesday 28th October

Community Larder: 2.30pm - 3:30pm

Friday 30th October

Coffee Morning: 9am - 11am

Saturday 31st October

Community Larder: 9:30am - 10:30am

Coffee Morning: 9:30pm - 10:30pm

News from Mothers' Union

Mothers' Union has branches across Cornwall, and the events at Truro Cathedral below are open to everyone - members, friends and guests. Thank you.

Dates for the diary

- **Diocesan Mothers' Union Meeting** - 19 November 10.00 - 16.00, Truro Cathedral. Morning - Eucharist and Speaker (Julia Jameson, Zonal Trustee, Mothers' Union); Afternoon - AGM. Please bring packed lunch. Tea & coffee available all day, plus fair trade stall. All welcome.
- 25 November - 10 December - the UN's **'16 Days of Activism'** campaign against gender-based violence is supported by Mothers' Union. Our theme is 'Together for Dignity and Safety'. Further details to follow.
- Thursday 10 December - annual **Mothers' Union Advent Carol Service**, Truro Cathedral (time tbc)

Safeguarding in our Benefice

We want our churches to be places where everyone feels welcome, valued and safe. Safeguarding is something we all have a part in and we are committed to looking after one another, especially children, young people and adults who may be vulnerable.

We have Parish Safeguarding Officer in each of our parishes who works alongside our clergy and PCC to support good safeguarding practice and those who work with children and adults are appropriately recruited, trained and supported.

Most importantly, we want people to feel able to speak up if they are worried about something or someone. We will listen and take concerns seriously and will make sure they are dealt with appropriately. If you have a concern, however small, please speak to your Safeguarding Officer, clergy or churchwarden. By listening, caring and looking out for one another, we can all help make our churches safe and welcoming places for everyone.

Generosity and Stewardship Matters

Financially Supporting your church

The Parish Giving Scheme is our preferred method of receiving regular giving within the churches of Probus, Ladock and Grampond. If you haven't already transferred from other forms of giving then do check out how it works through the link [here](#) or by contacting your treasurer.

Please do consider whether this is a good time to review your regular giving at the church, or perhaps you would like to plan for a future donation and leave a gift in your will. The Church of England has produced guidance on legacy giving which you can find [here](#)



Newsletter

Submissions

Submit send your items **by 5pm on Tuesday 27th October at the**

latest to Matthew at

bulletin@probus.church and make

sure the subject line clearly

indicates that it is a newsletter

submission.

Thank you.