

St Helen's Church, Burgh-on-Bain
United Parish of the Asterby Group



**Order of Service for Morning Praise,
Notices & Scripture
11th October 2026
19th Sunday after Trinity**

Please take this booklet with you after the service

Service leaders: Mark Hunkin
Churchwarden: Judith Varley
Music: Kathy Brayshaw

Next Sunday, 18th October
St Andrew's Church, Donington on Bain, Holy Communion – 9:30am

Gathering & Welcome

(**Notices** can be found on the last page of this booklet)

*Let us worship God: Father, Son
& Holy Spirit*

Amen

*The Lord be with you
and also with you.*

Unless otherwise noted, words in *italics* are spoken by the service leader, words in ***bold italics*** are spoken by the congregation.

Father God, we have come together here before you, in the name of Christ, to offer our praise and thanksgiving, to hear and receive your holy word, to pray for the needs of the world, and to seek forgiveness that by the power of the Holy Spirit we may give ourselves to your Kingdom.

Amen

Lord, direct our thoughts and teach us to pray. Lift up our hearts to worship you in spirit and in truth through Jesus Christ our Lord.

Amen

Hymn 1

Prayer of Penitence

Silence is kept in preparation for the prayer of penitence

God of grace, we're sorry. We admit we've messed up in how we think, speak, and act—both the things we've done and the things we should have done. We haven't fully loved you, and we haven't always genuinely cared for our neighbours. Please forgive us for failing. Help us to start afresh, Lord, giving us clean hearts and renewing a right spirit within us, so we can genuinely serve you, through Jesus Christ.

Hear our prayer and in your mercy, forgive us and help us.

Amen.

May God, who loved the world so much that he sent his Son to be our Saviour, forgive us and make us holy to serve him in the world, through Jesus Christ our Lord.

Amen

The Word

Each week, we share Scripture from the Lectionary. The service leader may choose not to use all of this Scripture in the service itself, so be guided by them.

Psalm 23 (from the Common Worship Psalter)

- ¹ The Lord is my shepherd;
therefore can I lack nothing.
- ² He makes me lie down in green pastures
and leads me beside still waters.
- ³ He shall refresh my soul
and guide me in the paths of righteousness for his name's sake.
- ⁴ Though I walk through the valley of the shadow of death,
I will fear no evil;
for you are with me;
your rod and your staff, they comfort me.
- ⁵ You spread a table before me
in the presence of those who trouble me;
you have anointed my head with oil
and my cup shall be full.
- ⁶ Surely goodness and loving mercy shall follow me
all the days of my life,
and I will dwell in the house of the Lord for ever.

Reading - Old Testament - Isaiah 25.1-9 (NRSV)

- ¹ O Lord, you are my God;
I will exalt you, I will praise your name;
for you have done wonderful things,
plans formed of old, faithful and sure.
- ² For you have made the city a heap,
the fortified city a ruin;
the palace of aliens is a city no more,
it will never be rebuilt.
- ³ Therefore strong peoples will glorify you;
cities of ruthless nations will fear you.
- ⁴ For you have been a refuge to the poor,
a refuge to the needy in their distress,
a shelter from the rainstorm and a shade from the heat.
When the blast of the ruthless was like a winter rainstorm,
⁵ the noise of aliens like heat in a dry place,
you subdued the heat with the shade of clouds;
the song of the ruthless was stilled.
- ⁶ On this mountain the Lord of hosts will make for all peoples
a feast of rich food, a feast of well-matured wines,
of rich food filled with marrow, of well-matured wines strained clear.
- ⁷ And he will destroy on this mountain
the shroud that is cast over all peoples,
the sheet that is spread over all nations;
- ⁸ he will swallow up death for ever.
Then the Lord God will wipe away the tears from all faces,
and the disgrace of his people he will take away from all the earth,
for the Lord has spoken.
- ⁹ It will be said on that day,
Lo, this is our God; we have waited for him, so that he might save us.
This is the Lord for whom we have waited;
let us be glad and rejoice in his salvation.

Reader: *This is the word of the Lord.*

All: Thanks be to God.

Reading - New Testament – Philippians 4.1-9 (NRSV)

¹ Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

² I urge Euodia and I urge Syntyche to be of the same mind in the Lord.

³ Yes, and I ask you also, my loyal companion, help these women, for they have struggled beside me in the work of the gospel, together with Clement and the rest of my co-workers, whose names are in the book of life.

⁴ Rejoice in the Lord always; again I will say, Rejoice. ⁵ Let your gentleness be known to everyone. The Lord is near. ⁶ Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. ⁹ Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

Reader: *This is the word of the Lord.*

All: Thanks be to God.

Hymn 2

The Gospel

Some people choose to stand for the Gospel reading, but please feel free to do whatever allows you to listen and take in the words.

*Hear the Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, O Lord.*

The Gospel

Mark 6.22-46

²² When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, “Ask me for whatever you wish, and I will give it.” ²³ And he solemnly swore to her, “Whatever you ask me, I will give you, even half of my kingdom.” ²⁴ She went out and said to her mother, “What should I ask for?” She replied, “The head of John the baptizer.” ²⁵ Immediately she rushed back to the king and requested, “I want you to give me at once the head of John the Baptist on a platter.” ²⁶ The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. ²⁷ Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, ²⁸ brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. ²⁹ When his disciples heard about it, they came and took his body, and laid it in a tomb.

Feeding the Five Thousand

³⁰ The apostles gathered around Jesus, and told him all that they had done and taught. ³¹ He said to them, “Come away to a deserted place all by yourselves and rest a while.” For many were coming and going, and they had no leisure even to eat. ³² And they went away in the boat to a

deserted place by themselves. ³³ Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. ³⁴ As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. ³⁵ When it grew late, his disciples came to him and said, "This is a deserted place, and the hour is now very late; ³⁶ send them away so that they may go into the surrounding country and villages and buy something for themselves to eat." ³⁷ But he answered them, "You give them something to eat." They said to him, "Are we to go and buy two hundred denarii worth of bread, and give it to them to eat?" ³⁸ And he said to them, "How many loaves have you? Go and see." When they had found out, they said, "Five, and two fish." ³⁹ Then he ordered them to get all the people to sit down in groups on the green grass. ⁴⁰ So they sat down in groups of hundreds and of fifties. ⁴¹ Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to his disciples to set before the people; and he divided the two fish among them all. ⁴² And all ate and were filled; ⁴³ and they took up twelve baskets full of broken pieces and of the fish. ⁴⁴ Those who had eaten the loaves numbered five thousand men.

Jesus Walks on the Water

⁴⁵ Immediately he made his disciples get into the boat and go on ahead to the other side, to Bethsaida, while he dismissed the crowd. ⁴⁶ After saying farewell to them, he went up on the mountain to pray.

*This is the Gospel of the Lord.
Praise to you, O Christ.*

Response to God's Word

Reflection

Hymn 3

The Apostles Creed

*I believe in God, the Father almighty,
creator of heaven and earth.*

*I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.*

*I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.*

Amen

Prayers

Intercessor: *Lord, in your mercy*

All: *Hear our prayer*

Intercessor: *Merciful father*

All: *Accept these prayers for the sake of your Son, our Saviour Jesus Christ.*

Gathering our prayers and praises into one, let us pray, today in the traditional form, with confidence as our Saviour taught us:

***Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.***

Amen



The Collect

*Faithful Lord,
whose steadfast love never ceases
and whose mercies never come to an end:
grant us the grace to trust you
and to receive the gifts of your love,
new every morning,
in Jesus Christ our Lord.*

Amen

Conclusion

The Peace

*May the peace of God, which passes all understanding, keep our hearts
and minds in Christ Jesus.*

Amen

*The peace of the Lord be always with you
and also with you.*

Amen

Let us offer one another a sign of peace.

Hymn 4

The Blessing

*The Lord bless us and keep us,
The Lord make His face to shine upon us and be gracious to us.
The Lord lift up the light of His countenance upon us and give us His
peace.*

Amen

*Go in peace to love and serve the Lord
In the name of Christ. Amen*

11th October – James the Deacon

James the Deacon is the saint for any lay person who has stepped in to lead their church when the clergy are far away.

In fact, an historian has called James the Deacon ‘the one heroic figure’ in the Roman mission to Northumbria. No wonder – in a time of political chaos, with the king murdered and even the bishop fleeing for safety, James the Deacon stood firm.

It had begun when Pope Gregory the Great sent Paulinus, Bishop of York, to take Roman Christianity to Northumbria. James the Deacon, almost certainly an Italian, was among those who went with Paulinus.

The mission began well, and Edwin the king of Northumbria was converted. Roman Christianity in Northumbria took root and began to grow. But then in 633 Edwin fell in battle with Penda, the ruthless pagan king of Mercia. A pagan backlash began. The queen and her son fled for Kent, with the bishop Paulinus going south with them.

All that was left of Roman Christianity in Northumbria was James, now a solitary deacon.

But James was made of stern stuff, and despite the danger from Penda, James stayed on at a village near Catterick, often risking his life as he cared for the Christians, and continued to preach the gospel.

His success was discovered when the Northumbrian mission returned five to ten years later, and found an active Christian community still in Northumbria. James had been a faithful servant.

After Penda died, and Christian rule was re-established in Northumbria, James turned to teaching music, especially Gregorian Chant, to the fledgling churches in the region. Bede praised him for his honour and integrity. James was present at the Synod of Whitby in 664, which met to discuss the differences between the Celtic Northumbrian Church of the North, and the Roman Church of the South.

When James died sometime after 671, he was deeply mourned by the ordinary Christians of Northumbria, both Celtic and Roman. He had never deserted them.

12th October – Edith Cavell, killed by the Nazis

Edith Cavell is a good saint for NHS workers: she cared for the sick despite the danger to her own safety.

Edith was a vicar's daughter from Swardeston in Norfolk, where she was born in 1865. She became a governess, but her heart was for nursing, so she went on to train at the London Hospital, before nursing in various hospitals such as St Pancras and Manchester.

When Edith was 42, she decided to go abroad, and was appointed matron of a large training centre for nurses in Brussels. She was still there seven years later, when the First World War broke out and German troops invaded Belgium on their way to Paris and the Channel Ports.

Edith's nursing school became a Red Cross hospital, and she turned down the opportunity to return to the safety of England. Instead, her nurses tended wounded soldiers from both German and Allied armies.

Sadly, in 1915, when the Germans began their occupation of Brussels, they took a dim view of Edith's work. But they would have been even more unhappy had they known she was helping to smuggle 200 British soldiers across the border into the Netherlands!

Finally, the Germans arrested Edith in August 1915, and put her into solitary confinement. They tricked her into confessing to a charge which carried the death penalty. But Edith refused to show either regret at what she had done, or any fear or bitterness towards her captors.

On 11th October 1915, the night before her execution, Edith was visited by the Anglican chaplain to Brussels, the Revd Stirling Gahan. Together they said the words of Abide with Me, and Edith received her last Holy Communion.

She told Gahan: “I am thankful to have had these ten weeks of quiet to get ready. Now I have had them and have been kindly treated here. I expected my sentence and I believe it was just. Standing, as I do, in view of God and eternity, I realise that patriotism is not enough. I must have no hatred or bitterness to anyone.” Edith was shot by a firing squad next day, on 12th October 1915.

After the war her body was exhumed and buried in Norwich Cathedral. Her memorial service in Westminster Abbey attracted thousands. A commemorative statue of her stands near Trafalgar Square.

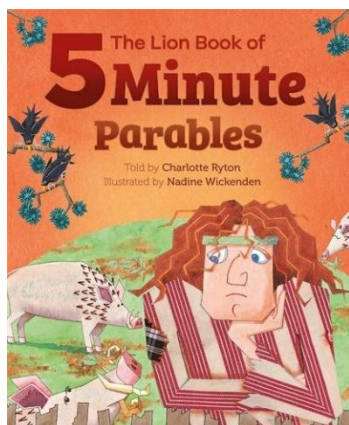
The Ministry Team

Ministry in the Asterby Group is led by a team to ensure that active ministry remains a part of life in the Asterby geographic area now and into the future. The mission of the Ministry Team is *“To encourage and equip believers to serve our brothers and sisters in our communities: to meet their needs, share the Gospel with them, to disciple them, and create the environment for them to meet with God and experience his grace and peace.”*

The Ministry Team members are:

- Neil Walker – Authorised Lay Minister & Ministry Team Coordinator.
- Caroline Taylor - Authorised Lay Minister & Churchwarden, All Saint’s Goulceby.
- Ann South – Authorised Lay Minister.
- Derek Elmhirst - Locally Recognised Lay Minister & Churchwarden, St Martin’s Scamblesby.
- Lynne Parkinson – Churchwarden, St Andrew’s Donington.
- Revd Andrew Roberts
- Revd Mark Holden – Rural Dean

If you’d like to know more, please contact the Team Coordinator on 07771 861202.



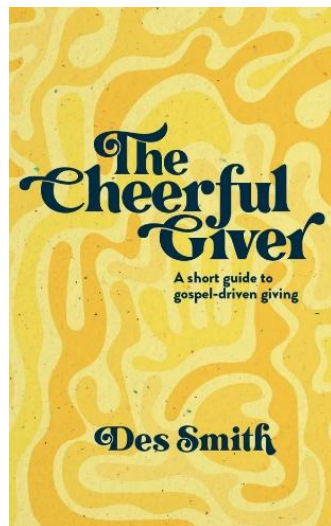
The Lion Book of Five-Minute Parables **By Charlotte Ryton, Lion Cub Books**

This book brings 10 of the most beloved parables to life with warmth, faithfulness, and sincerity, all perfectly paced for just five minutes of reading. From lost coins to lavish feasts, these engaging retellings help children discover what it means to listen, forgive, and use their gifts wisely in ways they can truly understand.

Stories include: The Sower and the Seed, The Rich Fool, The Great Feast, The Lost Coin, The Prodigal Son, The Widow and the Judge, The Unforgiving Steward, The Workers in the Vineyard, The Foolish Bridesmaids, and The Three Servants.

The Cheerful Giver – a short guide to gospel-driven giving **By Des Smith, 10Publishing**

A short and accessible guide to the topic of Christian generosity. It begins with why Christians should be generous, and how God's generosity to us in the gospel should enlarge our hearts and make us generous. The book then tackles the questions of how much people should give, and where that giving should be directed.



Quick Quotes

"We may ignore, but we cannot evade, the presence of God. The world is crowded with Him."

C S Lewis

"The gospel is good news. But Jesus never said it was easy news."

Charles Colson

"The arc of the moral universe is long, but it bends toward justice." –

Martin Luther King, Jr.



"Wait a moment, dear, this isn't a tourists'-
attraction ratings guide, it's a Health
and Safety warning!"

Notices

Please join us for refreshments after the service.

Wed. 14th October – Celtic worship with Holy Communion – 11am St
Andrew's Church, Donington on Bain

Sunday 18th October – Holy Communion – 9:30am
St Andrew's Church, Donington on Bain

Sunday 25th October – Holy Communion – 10am
All Saint's Church, Goulceby

Sunday 1st November – Holy Communion, All Saint's Day – 10am
St Martin's Church, Scamblesby

Sunday 8th November – Remembrance Sunday – 10:30am
St Helen's Church, Burgh on Bain

Wed. 11th Nov. – Remembrance service
with Donington Primary School – 10:45am
St Andrew's Church, Donington on Bain

Sunday 15th November – Holy Communion – 9:30am
St Andrew's Church, Donington on Bain

The Parish **Prayer Circle** exists to meet some of the prayer needs of the community. You can make a request for prayer (confidential within the Prayer Circle) by contacting Ann South on 01507 313792)



Asterby Group website: www.asterbygroup.org



www.facebook.com/groups/asterbygroup