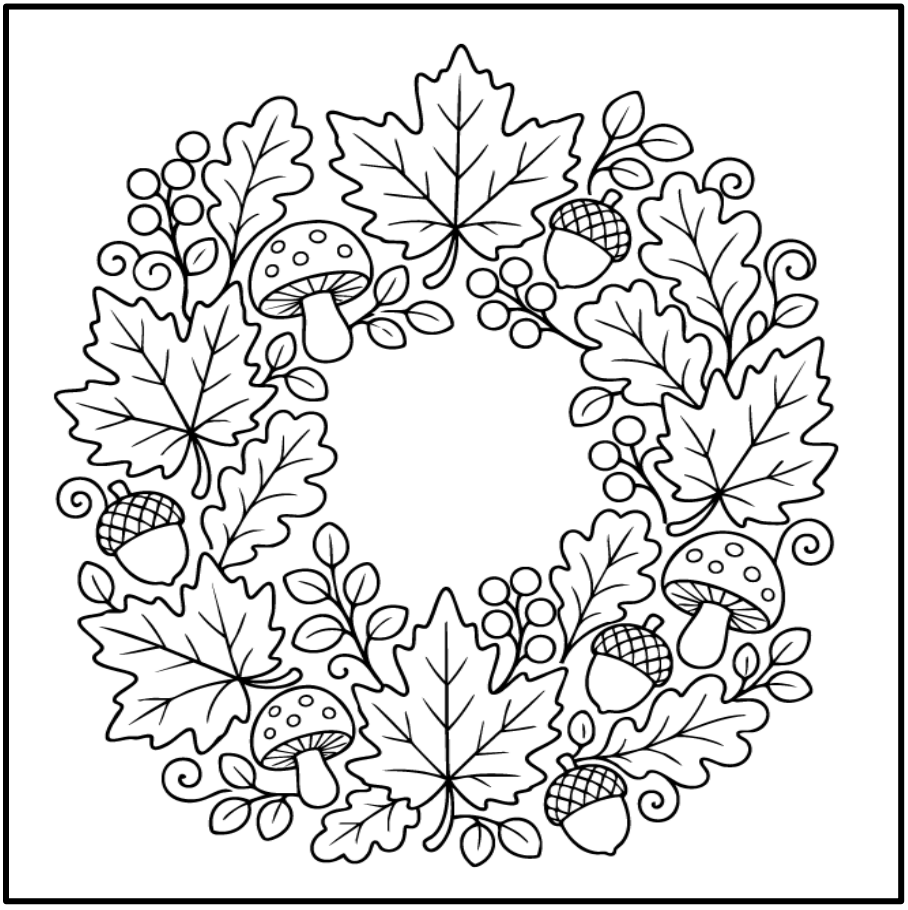
NAR VALLEY NEWS



November 2026

Your community magazine, hand delivered to homes in Castle Acre, South Acre, West Acre, Narborough, Narford, Newton & Pentney

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FIRST WORD from the Rector

There are a lot of things that I wish I knew more about. One of them is birdwatching. Somehow, birdwatching is both fascinating and calming. It is like prayer. We become attentive and still. We focus on the birds, not ourselves.

I will never have an impressive list of the different birds that I have seen. But I have spent deeply satisfying time watching the local birds go about their lives. I love seeing annual visitors return. I notice when they leave and wonder where they go.

This November I invite you to notice the comings and goings of the world. The birds that travel south – to us and from us. The animals settling down to hibernate. The young adults finding homes of their own. Together, they remind us that life is both passing and persistent.

This month the church's calendar reminds us of this too. We celebrate All Saints and remember All Souls. We observe Remembrance Sunday and Remembrance Day. We end the church's year with the festival of Christ the King, and we begin a new church year with the season of Advent. ('Advent' means 'coming'.)

Every blessing,
Mother Angela

Tel: 01760 338552

Nar Valley News – How to contact us

The deadline for each edition is the 15th day of the preceding month.

Submission date for the joint December/January edition is 15th November 2026

For all editorial items, please contact: Clare Levere 07709 232851
Narvalleynews@yahoo.com

Advertising: For all advertising-related items, please contact:
Barbara Whitehorn 01760 755032 / 07788 920604 c.whitehorn@btinternet.com
Please note: We can accept no responsibility for the contents of adverts.
Print: Clanpress Ltd 01553 772737

SPECIAL DATES FOR YOUR DIARY

St James Castle Acre, Sunday December 13th 2026 at 10.30am



Joint Benefice Service to be led by
Bishop Graham (Bishop of Norwich).

This service will include confirmation, followed by a buffet after the service.

If anyone would like to explore being confirmed at this service or at a later date, please contact Mother Angela.
(Tel: 01760 338552)

Remembrance Sunday Services

The date and times of the four Remembrance Sunday Services being held across the Benefice can be found on the back of this magazine.

There will also be short Acts of Remembrance at 10.55am on Remembrance Day itself by the Castle Acre War Memorial and the Narborough War Memorial.

Every blessing, Mother Angela



The Royal British Legion Poppy Appeal 2026

The 2026 Poppy Appeal began on Thursday 22nd October and runs through to Remembrance Sunday on 8th November.

Paper poppies, crosses and other items will be available from local businesses, schools etc. and our dedicated volunteers will be making a house-to-house collection in and around Castle Acre.

Every penny counts towards the work of the Royal British Legion in supporting our Armed Forces community, veterans and their families. Thank you for your continued support.

Paul and Sue Slocombe, Poppy Appeal Organisers

LIFE EVENT ANNOUNCEMENTS

If you would like mention of a birth, thanksgiving, christening, engagement, marriage, death or funeral in the Nar Valley News, please contact Mother Angela to let her know. *Following a change in the law and multiple requests not to include details, we no longer automatically do this in a 'From the registers' article.*

Angela Hammett, Rector of the Nar Valley Benefice.
Address: The Rectory, Main Road, Narborough, PE32 1TE; Tel: 01760 338552

CHRISTMAS IS COMING…….

Come and join our free family-focussed community events to celebrate Santa Claus with children's activities, refreshments, and 'Santa'.



Saturday December 5th

10.30 - noon in Castle Acre Church &

1.30-3pm in Narborough Church.

Sunday December 6th

2.30-4pm in Pentney Village Hall and Church.

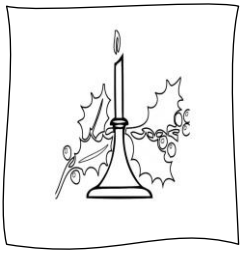
Christmas Fair – Our Lady of Pity Roman Catholic Church

Thursday 12 November from 10.30 – 12.30. in the Parish room.

All are welcome to our monthly coffee morning. As well as delicious homemade cakes and scones, we are hosting a Christmas Craft Fair.

There will be handmade decorations, small Christmas gifts, cards and candles.

Do come and join us. All proceeds from the fair will go to the King's Lynn Night Shelter.



Castle Acre Carols on the Green!
Sunday December 20th at 6pm whatever the weather, outside the Ostrich Pub.

Bring a torch and possibly a brolly….we always ask for donations for mince pies and mulled wine to the wonderful 'Nelson's Journey', a charity for bereaved children in memory of Becky Brown.



Always a joyous singsong and well attended!
Everyone is welcome!
Charlie 07972 713040

PUT YOUR OLD STAMPS TO GOOD USE FOR THE RNIB

St James, Castle Acre, now collects used stamps for the RNIB, which raises £20 per kilogram to support people with sight loss.
Most stamps and collections are accepted, except large gold Post Office labels and pre-printed postage marks.
Please leave about 1cm of paper around each stamp.
Place donations in the basket under the table at the back of the church. Thank you!



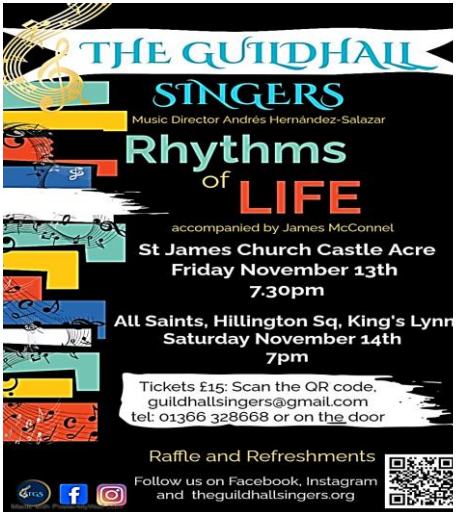
CHARITY OF THE MONTH

The Charity of the Month enables visitors and members of the congregation to show support for certain nominated charities. An information board and envelopes can be found in St James Church, Castle Acre.

This November donations will go to the work and ministry of Norwich Cathedral which is the mother church of the diocese. The buildings and facilities, which include the Refectory and Education Centre, are open to all and the Cathedral choirs can be heard singing Evensong daily at 5.30pm and on Sundays. Visitors and friends are welcome there at any time.



Castle Acre Stitching Group will next meet on Wednesday 11th November from 11am -12.30pm at The White House, Drury Lane, Castle Acre. All welcome.



Friends of Castle Acre Primary School
Invite you to their

AUTUMN QUIZ & SUPPER

FRIDAY 13TH NOVEMBER 2026

Castle Acre Village Hall
Doors open at 7pm

£6 per head for quiz – if you win, it's on the house! Tables of 6 per team
Optional:
£7.50 for delicious local Fish and Chips supper!
£5.50 Sausage or Veg Spring Roll & Chips
BYO, 50/50 and Raffle prizes

Enquiries: Libby Firth 07825 229345

THANK YOU!

A huge thank you to all who decorated St James' Church for our Harvest Praise. The Church looked amazing!

Thanks to my friend Sue for checking and packing all the produce which has gone to the Dereham Salvation Army Christmas Appeal Toys and Tins. Thanks to Nigel too for taking the fruit to the Swaffham Community Centre.



Well done to you all and God Bless You.

Queenie Parker

BIKE – WALK – DRIVE DAY - RESULTS

September's Churches Bike Ride proved a great success for everyone involved at Castle Acre.

With the money now collected, our participants raised a wonderful £810, with Gift Aid to be added. Half of the total will come back to St James Church for maintenance and repairs, with the other half going towards important renovation projects at churches around Norfolk.

Thanks go to Queenie, Jim, Rebecca, Charlotte, Charlie and Chris for taking part in the ride, as well as our helpers at the church – Anne, Mavis, Queenie, Barbara and Richard. Above all, our grateful thanks go to everyone who kindly sponsored our riders.

Chris Whitehorn



MACMILLAN COFFEE MORNING



A big thank you to Rash and Sam for holding yet another fantastic MacMillan Coffee Morning.

The event at their shop this year raised an amazing £1,043!

Thank you once again for supporting this excellent cause.

CASTLE ACRE VILLAGE HALL

‘Raise the Roof’,
Update on Tim Hubbard’s October Walking Challenge



Having set myself the challenge of walking at least 5 miles within 90 minutes every morning of October (a total of 155 miles in the month), I am pleased to report that I am currently on target to meet my challenge.

I am writing this on Thursday 15th October, having completed 15 walks and a total of 78.49 miles so far, an average of 5.23 miles per day in under 90 minutes (average 87.64 minutes day). I currently have 16 walks left to do; tomorrow 16th October is the halfway point which I shall be pleased to pass!

Thank you again to all who have supported my challenge by donating towards the Castle Acre Village Hall, 'Raise the Roof Fund'. I really do appreciate your support for my 'walks' and look forward to the month end when I will be able to let you know the final outcome.

Thank you again, Tim Hubbard

COULD THIS BE YOU?

Narborough Church is looking for a Treasurer

This role requires someone with basic financial competence, good organisational ability, good communication skills and sympathy with the mission, values, and life of the church community.

Nar Valley Benefice – Volunteer Administrator required

We’re looking for a friendly volunteer to help with simple administrative tasks, including basic word processing and accessing an easy-to-use database. Your support would help Mother Angela and the churches she serves. Timing can be flexible to suit you.

If you feel you could help with either of these roles, please get in touch with Mother Angela on 01760 338552

NVN Magazine Distribution in Pentney – Volunteer needed

Could you help distribute Nar Valley News in Pentney? Ten times a year, we need a volunteer to deliver bundles of magazines to local distributors at around seven locations.

If you could lend a hand, we would be delighted to hear from you.

Contact Clare, 07709 232851.

CASTLE ACRE HORTICULTURAL SOCIETY

How did your gardens grow after that record-breaking summer which rolled on through September, then gently into October before finally winding down?

September's heavy downpours may have brought an almost Spring-like promise to our parched borders and lawns, but who could have expected that so many plants would be ready to perform all over again . . . like a second crop of strawberries appearing in mid-October? — yes, really!!

If this year's multiple heatwaves left you wondering whether climate change really does signal the end of 'normal' gardening, don't despair — we certainly learned how plants will go rapidly into 'survival mode' when they find themselves under stress, but from survey results from institutions such as the RHS now appearing online, it turns out that many species not only survived the searing heat of this summer past, they seem to have thrived on it —and possibly fared better than their owner-gardeners!

Given that this has been one of the toughest 'heat-plus-drought' years that our gardens have had to face, it's some consolation that the new lists of 'drought-tolerant' plants are reassuringly extensive — and surprisingly similar across all regions of the UK. Many of the star performers have been traditional 'cottage' perennials, along with favourites like honeysuckle, jasmine, hollyhocks and roses, so don't be too tempted to give up and replace your borders just yet . . . our plants may be tougher than we imagined! Let's be well-prepared for future drought and hosepipe bans by conserving as much rainwater as we can, and by moving plants in pots more quickly into shade when they're starting to look droopy from the heat, and let's try to keep faith that many old favourites will be 'up and running' again as soon as the rainy season comes! ***Next Events include:***

Monday 16th November 7pm at the Village Hall – Fruit (talk **by Pauline Harper)**
Monday, 14th December 7pm at the Village Hall - ***Christmas Social .. hopefully followed by some Winter Feasting!***

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NICHOLAS HAMOND ACADEMY

October has arrived with a noticeable change in the weather, but it has also brought an important opportunity for our academy community to stay healthy throughout the winter months. Students and staff have been offered flu vaccinations, helping to protect themselves and others from seasonal illness. With attendance playing such a vital role in learning and achievement, we are delighted that so many members of our community are taking positive steps to stay well and make the most of every school day.

Meanwhile, Year 11 students and their families attended a Revision Evening offering practical guidance on revision, time management and study planning. Staff answered questions, while a mental health advisor from Cup-O-Tea, Wellness & Therapy Service shared advice on wellbeing during the examination period.

We also welcomed prospective students and their families from local primary schools to our Open Evening and Open Mornings. Visitors met staff and students, explored subject demonstrations and toured lessons in action, experiencing the ambition and positive atmosphere of daily life at TNHA. The events were very well attended by families considering joining us in September 2026.

These events reflect a culture of success beyond the classroom. We are proud to recognise the many accomplishments of our students, both in and out of school, including those of Ellie and Aurora. In August, 13-year-old Ellie won the United Kingdom Championships in Ballroom and Latin American dance, adding the title to her British National Champion accolade. Aurora has also shown remarkable ambition through Earth Panda Creations, selling handmade jewellery, resin art, suncatchers and gifts at Swaffham Saturday Market. In 2026, she was crowned Swaffham Young Traders Market Champion, earning opportunities to showcase her business nationwide.

WEST NORFOLK BEFRIENDING

West Norfolk Befriending pairs **trained volunteers with isolated people aged 65+,** more than **half of whom are 85+.**

We help vulnerable people across West Norfolk stay connected despite mobility, sensory or caring challenges.

Fortnightly visits or calls provide companionship, support wellbeing, strengthen communities and may reduce pressure on local health services.

To support us, contact Anna Sylvester, Operations Manager, on 01553 763500 or at info@wnbefriending.org.uk.

TAPPING HOUSE HOSPICE

Compassionate Communities Workshops

Tapping House helps communities support one another through life's toughest moments. Our workshops build confidence in discussing end-of-life choices and planning ahead—just as we prepare for birth.

Everyone is welcome at our free workshops.

Compassionate Friends

Compassionate Friends aims to build confidence and skill in supporting people we know who are living with serious illness, are approaching end of life or grieving. We aim to dispel some myths and taboos about death and dying, and provide some simple communication skills that will help you.

Our next workshops are being held at Tapping House Wheatfields, Hillington PE31 6BH on:

- *Tuesday 13th Oct 2026 13.30-16.00*
- *Tuesday 8th Dec 2026 10-12.30*

Planning for Future Care

Planning for Future Care is a proactive, positive step to planning ahead. It is an informal workshop where we explore all the different things to consider, from legal decision making to legacy, and the different resources that you can use to record your wishes. While we all hope for the best, let's do planning for the rest.

Our next workshops are being held at Tapping House, Wheatfields, Hillington, PE31 6BH on:

- *Monday 16th November 2026 13:00-16:00*
- *Friday 22nd January 2027 10:00-12:30*

CASTLE ACRE PARISH COUNCIL OCTOBER REPORT 2026

On Thursday 8th October 2026, Castle Acre Parish Council (PC) held its regular monthly meeting, two members of the public attended.

Allotment Plot Vacancy!
A rare opportunity for an allotment plot has arisen in the 'School Garden' allotments, behind the Old Village School building. Contact the Clerk should you fancy finding out more about renting your very own 'patch' to grow any variety of vegetables, soft fruits, herbs and flowers. Costs: the upfront registration fee is just £6, and then the annual rent is also a very reasonable £8.00, paid in arrears.

Highways Improvements?
Castle Acre Parish Council has recently received funding information from Norfolk County Council regarding a 'Highways' funding scheme for Parishes called the 'Parish Partnership Scheme' (deadline 1st Dec 2026). Bids of up to 25K for local Highways improvements can be made within the remit of potential improvements to public rights of way, access paths, trods, road/street-signage, or new bus shelters and speed awareness monitors. If residents have any ideas as to how our highways can be improved in Castle Acre, please write to the Clerk…

Funding Opportunities
Looking for funding to support your community group, charity or grassroots project in Norfolk? There are a wide range of opportunities available (see below):

Norfolk Community Foundation: Offers a wide range of grants and support for local groups. https://www.norfolkfoundation.com/funding-support Email: grants@norfolkfoundation.com

Empowering Communities Partnership (Padlet) A live board of funding opportunities and support for voluntary and community groups.https://www.ecnorfolk.org.uk/advice-and-information/funding-support

Family Hubs Community Fund Funding to support families and children through local hubs.https://www.norfolk.gov.uk/article/41062/Family-hubs-Community-Fund

The Droves Solar 'Farm' / Power Station.
A further CAPC submission of the open floor hearing has been received by the Planning Inspectorate ahead of the 16th of September 2026 deadline, with interested party 'closing statements' expected by 30th October 2026 (deadline 6). November 6th, 2026, is the closing date for the examination.

Reminder: After the examination and the writing of his report, the Planning Inspector will either recommend **refusal or acceptance** of Island Green Power's application to Miatta Fahnbulleh (who replaced Ed Miliband) the Secretary of State for Energy Security and Net Zero. Miatta can then choose to listen to or go against his recommendation.

A further Teams meeting with IGP/Copper Consultancy with representatives of Castle Acre PC (also representing South Acre), West Acre PC, Sporle PC & Swaffham Town Council has been arranged for 21/10/2026 to discuss how affected Communities may access any (voluntary/non-binding) Community Benefit/Funding' in the event of the applicant receiving approval for their 'DCO' application. The Clerk will take and publish minutes of this meeting.

To view Council Minutes and Finances go to: http://castleacreparishcouncil.gov.uk.
Castle Acre PC's next meeting is 7:30pm, Thursday November 12th, 2026, at CA Village Hall. Clerk- Amy Hart Tel: 07815430777
Email: clerk@castleacreparishcouncil.gov.uk

ARE YOU A VETERAN IN THE SWAFFHAM AREA?

The Veterans Central Swaffham drop-in centre is now well established

Come along for a FREE hot drink, cake, chat and a spot of banter, or to ask questions about veterans' support. We meet every 4th Tuesday of the month. You are welcome to bring partners or carers.

Venue: The Pedlars Suite, The George Hotel, Swaffham, 1000 to 1200.

On the following Tuesdays:

November 24th .2026
December 22nd 2026

Please spread the word to any military colleagues in the area.

More information? Contact: ops@veteranscentral.co.uk
Mobile: 07713 860040

WHAT'S GOING ON IN WEST ACRE?

Junior Billiard & Snooker Coaching

Mondays after school, West Acre Village Hall between 3.30 - 7.30pm. All children between 8-18 welcome to attend.

For more details, call Phillip Welham on 01760-755337 / welham308@yahoo.com

WEST ACRE CARPET BOWLS CLUB

All equipment is supplied.

Tuesday & Thursday afternoon 2pm-4pm, WEST ACRE VILLAGE HALL.

£2.50 per session, no experience required.

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Belinda 01760 755184, Belinda_Bush@hotmail.com

westacrecarpetbowls.co.uk

The Long Range Desert Group In North Africa 1940 – 1943

Thanks to Chris Lloyd Owen for his excellent and fascinating presentation on the Long Range Desert Group.

His account of how the LRDG was formed in just six weeks in 1940 and operated deep behind enemy lines in the Sahara was both engaging and informative.

The audience learned of the group's remarkable reconnaissance and intelligence work, as well as its invaluable support for the SAS in its early days. The motto *Non Vi Sed Arte*—"Not by strength, by guile"—perfectly captured the ingenuity and courage of its members.

Thanks to Chris for such a memorable presentation and thanks to all who came along as your support has helped raise almost £2,500 towards All Saints' Church West Acre.

NOVEMBER AT WESTACRE THEATRE

There's plenty to tempt you through our doors this November!

Catch the final performances of Anything Is Possible If You Think About It Hard Enough (5th -7th Nov) – a funny, tender and blisteringly honest relationship drama.

Experience the eerie, spellbinding The Final Secret of Lazarus Drauger (14th Nov), part play, part magic show.

Or enjoy NT Live's gripping Golden Boy (12th Nov), as a gifted violinist steps into the brutal world of boxing.



And with Christmas fast approaching, Cinderella tickets are selling fast! Don't miss our magical festive production.

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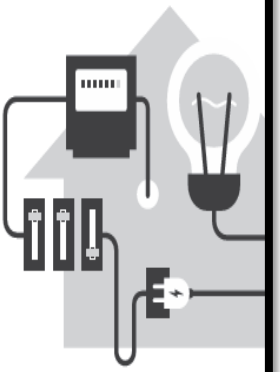
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NARBOROUGH SPORTS & SOCIAL CLUB

Upcoming Events at Narborough Sports and Social Club
You don't need to be a member to enjoy our events or facilities.

NOVEMBER

Monday 2nd November - Keith's Quiz Night
Monday 9th November - John Julian Spiritualist
Sunday 15th November - Christmas Fair

DECEMBER

Saturday 5th December - Race night raising funds for Cricket Club
Saturday 12th December - Evening with Mr E singing
Saturday 19th December - Children's Disco
Thursday 24th December - Carols Christmas Eve raffle
Thursday 31st December - Karaoke / Disco

Did you know we have a snooker table available to hire?
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Narborough Sports and Social Club
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NARBOROUGH COMMUNITY CENTRE

Our Community Centre offers versatile space to hire for your event or celebration, as well as hosting a range of activities. There is a Main Hall with kitchen and a smaller room, the Florence Green Room, available.

Monday: No regular clubs

Tuesday: **Nar Valley Café** 10am - 1pm Main Hall
Art Club 10am - 12.30pm Florence Green Room
Dodgeball TBC Main Hall
Zumba 7.15 - 8.15pm Main Hall

Wednesday: **Playgroup** 9 - 11am Main Hall
Craft Club Florence Green Room
Flying Club (every other Wednesday) 7 - 9pm Main Hall

Thursday: **Line Dancing** 2 - 3pm Main Hall
Badminton 5 - 6pm Main Hall

Friday: **Cash Bingo** from 6.30pm; eyes down from 7.30-9.30pm

Saturday **The Main Hall** is open for hire for children/adults' parties

The kitchen will be offering a morning menu including full breakfast.

NATIONAL WOMEN'S REGISTER

Looking for a group of lively minded women? Consider joining the National Women's Register. The Dereham and Swaffham group meets fortnightly.

Monday 9th November. 10.30 AM Which custom do you want to preserve for the future, and why?

Thursday 19th November. 7 PM meet for 7.30 PM start Telephone Quiz Bring nibbles etc. Drinks will be provided

If you fancy trying us out, send us a message or find us on the NWR website to join: office@nwr.org.uk. – website: nwr.org.uk

NARBOROUGH MUSEUM (Signposted from Ship Corner)

Open Thursdays 10am – 3pm

There is free parking and refreshments. Always something new to look at as various displays get added to.
There is also the Bones & Stones Room and a bird hide.

Our annual raffle is in November with three cash prizes and lots more. The raffle will be drawn on November 26th.
Tickets are 50p each or £2.50 per book.
These can be purchased from the museum or from our volunteers.

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NARBOROUGH PARISH COUNCIL NOVEMBER REPORT 2026

The Chairman opened the meeting and welcomed two members of the public.
Apologies were accepted from County Councillor Lister.
No County Councillor report was received.

The Chairman and Clerk sadly accepted the resignation of Councillor Jon Sharpe. The Chairman thanked Jon for the time and commitment he had given to the Council and in supporting residents.

A member of the public asked for reassurance that Narborough residents would still be able to advertise Community Events on the new notice boards.

The Chairman assured residents they would still be able to post on the notice boards by contacting either him on 07576 798777 or Councillor Pipe on 07766 525321. This will ensure that Narborough events are prioritised.

A resident attending the meeting asked about future signage to help reduce speeding in the village.
Unfortunately, this problem is not unique to Narborough; the parish council is restricted to what statutory powers it has but will do all it can within its remit to reduce speeding. The Parish Council will be applying for County Council match funding for 30mph roundel road marking to show and reinforce the 30 mph speed limit. The Parish Council will request that the road speed signs are cleaned and have trees cut back where signs are obstructed from vision.

Breckland Council will be launching a *Proud Communities Program*, helping with small maintenance projects around Breckland's towns and villages. Details can be found within Breckland Councillor Wilkinson's report on the Parish Council website.

The Parish Council will be replacing the damaged flower boxes at the Eastern and Western entrances to the Village; these will include new plants. If residents would like to help plant up the boxes, please contact Councillor Williams who is leading this project. Cllr.david.williams@narborough-norfolk-pc.gov.uk.

The Parish Council still has one Councillor vacancy; any resident interested in joining the council should contact the Clerk, Sara Porter,via clerk@narborough-norfolk-pc.gov.uk. Training is provided.

A full account of the October meeting minutes can be found on the council website https://Narborough-norfolk-pc.gov.uk/

The Next Parish Council Meeting will be on Monday 2nd November 2026 at 7pm in The Green Room, Community Centre. All members of the public are welcome to attend.

Cllr Wilkinson

NARBOROUGH CHRISTMAS FAIR

Step into the Magic at the

✨ Narborough Christmas Fair! ✨

Sunday 15th November 2026, 11am – 4pm
Narborough Community Centre

Kick off your festive season with an unforgettable day of holiday cheer, magical experiences, and local festive shopping.

Bring the whole family along for a day packed with seasonal delights!

What's On Offer

- ❖ Santa's Grotto: Meet the main man himself and share your Christmas wish list £5 per child. Booking system will be up and running soon – Keep a look out for this
- ❖ Enchanted Forest: Wander through a magical, winter wonderland experience.
- ❖ Craft Stalls: Discover unique, handcrafted gifts, decorations, and stocking fillers from talented local makers.
- ❖ Fun Fair: Exciting rides and games to keep the little ones entertained.
- ❖ Food Stalls: Treat yourself to delicious hot food, festive treats, and seasonal refreshments.

Come along, support a great cause, and make magical holiday memories together!

Free parking on-site.

We can't wait to see you there! 🎄🎅✨

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PENTNEY, NARBOROUGH & DISTRICT WI & LUNCH

Pentney, Narborough and District WI will be holding its annual Autumn Lunch on Monday 2 November 2026, commencing at 12:30 for 13:00 start.

There will be a two-course lunch, including a gluten-free option, followed by our famous desserts, and tea and coffee. The cost remains at £10.
If you are interested in coming along and enjoy a pleasant lunch in great company, please contact Yvonne, 01760 337027, Janet, 01760 337419, or Liz, 01760 337403.
As usual, the meal will be followed by a raffle with a chance to meet and chat with friends old and new.

WI Meetings are held in Pentney Village Hall at 2pm on the 4th Wednesday of the month.

Our September meeting was Bollywood Dancing with as much laughing as dancing. Tina Vallance, our instructor, brought along costumes etc and taught us a lovely dance.

In September we also had a ramble through Bilney Wood, the weather was very good.

Our November meeting is the AGM with a Bring & Buy Stall.

In December we have an outing to Springfields Shopping Outlet so lots to look forward to!

All Welcome.

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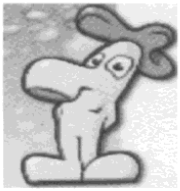


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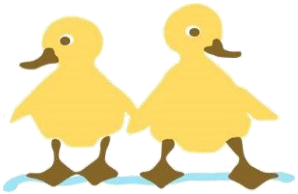
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£3 per person
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This will be held on the third Monday of each month.

COFFEE MORNING

Tuesday 3rd November
10.30am – 12.30pm
Coffee & Cake
£3



Coffee mornings are held on the first Tuesday of each month except January.



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MEDIUM JOHN JULIAN

Wednesday evening, 11th November 2026

For further details and tickets please contact Janis on 07887 983568

DANCE - Saturday 12th December 2026

Pentney Village Hall

Live music by Bloke & Burd

Tickets £10 available from Pat 079109 91114

Doors open 7.30 for 8pm.
Bring your own refreshments.

Sunday 6th December
2.30-4pm in Pentney Village Hall and Church.

Santa Craft Afternoon for children as part of Santa Weekend.



Look out for further details.

Any donations suitable for raffle prizes for village hall events would be very much appreciated.

Contact Janis 07887983568

PENTNEY PARISH COUNCIL – OCTOBER REPORT 2026

On Wednesday 21st October 2026, Pentney Parish Council (PC) will hold its regular monthly meeting, members of the public are welcome to attend.

Draft Budget 2027/28
October's meeting is an opportunity to present and scrutinise the first draft budget for the new financial year coming. The Parish Council requests a 'precept', (which is an amount of money that the PC annually requests from the Borough Council), with a modest proportion of your Council Tax utilised by the PC to run local services in the Village (such as Defibs, Grass Cutting, Tree Works, Projects etc). This figure is kept as modest as possible with the kind and continued help and support of our Councillors / Village helpers.

Have your say on a new Village Map for Pentney…
At September's meeting, it was reported that the old Village Map is 'still' missing and as the previous map was designed several years ago, there is a need for a 'rethink' on what an updated village map should be/look like. There are of course important things to include such as Church, Abbey, Village Hall, Lakes, playground, footpaths, post boxes, defib locations & dog bin locations etc. This is the start of a long-term project, however, if there are any further 'important things' residents may wish to have included in future, please contact the Clerk with your suggestions…

Jubilee Court Grit Bin.
Following on from September's meeting and residents' request to investigate why the Jubilee Court Grit bin wasn't being filled, the Clerk can now confirm that this location has thus far, not been requested/ added to the regular Highways fill schedule! To officially add this location to the 'fill route', PC permission from Highways will need to be both sought and approved.

REMINDER! Learn how to save a life and sign up for FREE Defibrillator Training!
Arranged by Cllr Yazdian-Tehrani with Sue of SGT Training services (an approved first aid trainer), a defibrillator training course is provisionally booked for Pentney residents **10am-12pm at the Village Hall on Saturday 21st November**. Please note that the course is strictly limited to **twelve places only**, so, if you wish to learn how to save a life and sign up, please contact the Clerk to be placed on the list.

To view Council Minutes and Finances go to: https://pentneyparishcouncil.gov.uk/
Pentney PC's next meeting is 7:00pm, Wednesday 18th November 2026, at Pentney Village Hall. Clerk- Amy Hart Tel: 07815430777
Email: clerk@pentneyparishcouncil.gov.uk

WEST NORFOLK REEDS CONCERT

Pentney Church was delighted to welcome West Norfolk Reeds for a concert on Sunday 4th October which was held in aid of the Church.

Directed by Derek Oldfield, the King's Lynn-based ensemble entertained the audience with a wonderfully varied programme, featuring music by Sondheim, Bach, Mozart, Gilbert & Sullivan and many other composers.

Our sincere thanks go to the performers for making the afternoon so enjoyable, and to everyone who attended and provided the delicious refreshments.

For information about future West Norfolk Reeds concerts, please contact Derek Oldfield at derekoldfield8587@gmail.com.

NarVOS

NOVEMBER INDOOR MEETING

Wednesday 25th November at 7.30pm

The Assembly Rooms, 1 Market Place, Swaffham, PE37 7AB.

Steve Rowland has spent his career working for the RSPB and for the last 30 years he has lived in NW Norfolk, he's a keen birder, photographer and driver of Dad's Taxi for his two teenage sons to Rugby and Hockey fixtures.

Join Norfolk resident and birdwatcher Steve Rowland for a personal look through Norfolk's changing seasons, his favourite birds and places and how these change through and between years. He'll share pictures and stories about time spent with some of the county's most iconic species as well as some of the more familiar but equally exciting birds that make Norfolk their home in the different seasons.

We always welcome visitors and new members, so if you are interested in joining our friendly society, please come along. We will be delighted to tell you more about ourselves and hope that we can encourage you to share our enjoyment of birdwatching in the Nar Valley area. We make a small charge for non-members of £4.

For further information please contact either
Paul Fuller (paul.fuller123@btinternet.com) or Alan Schpot (alan.schpot@talktalk.net) or check out our website www.narvos.org.uk

CHURCH CONTACT DETAILS

The Nar Valley Benefice

Rector: Angela Hammett Tel: 01760 338552

Email: narvalleyrector@hotmail.com

If you would like to make contact or have an enquiry of any kind (eg baptism, wedding, etc), please find us through:

- Nar Valley Benefice Facebook page
- our website page on **www.achurchnearyou.com**
- our Rector Mother Angela or the churchwardens (see below for contact details).

Contact details		
Rev Angela Hammett, Tel 01760 338552 Email:narvalleyrector@hotmail.com		
Church	**Church Wardens**	**Named persons for Safeguarding**
Castle Acre	**Lloyd Taylor** 07907 525988 **Anne Loch** 01760 755403	**Dr. Ilga Chakrabarti** 01760 755368
Narborough (with Narford)	**Vacancy**	**Liz Collins** 01760 337403
Newton	**Tony Bell** 07787 075726.	**Clare Levere** 07709 232851
Pentney	**Sue Neep** 01760 338037 **Andrew Smith** 01760 755102	**Andrew Smith** 01760 755102
South Acre	**Davina Barber** 07967 369573	**James Stephenson** 01760 337901
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Should you need to contact any of the named Safeguarding Officers, their details are also to be found in the respective church porches/ churches. The NSPCC telephone helpline is: 0808 800 5000.

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Holy Days *10.00am and 7.30pm*

We have a monthly community coffee morning - please see our website for details – and see page 5 for details of our Christmas Fair.

Parish Priest: Fr. Mark Hackeson,
The Presbytery, 31 Station Street, Swaffham.
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10:45 – 12:00 - Morning Worship Service,
followed by fellowship with tea/coffee/biscuits served in the hall.

Wednesdays *7.00-8.30pm; 1st & 3rd Wednesday of the month - Bible study in the church office.*

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Little Abbey Farm

Pentney

We hope you will be able to join us for our Christmas taste and try days Saturday and Sunday 7th & 8th November, 10am - 3pm.

There will be stalls, lots of goodies to try.

Now taking Christmas orders for turkey, cockerel, all seasonal fayre.

The tea shop will be open for tea, coffee, cake, and light lunch. We will also be selling burgers and bacon rolls.

Watch our Facebook page *Little abbey farm* for further updates. Orders already being taken for turkeys etc 01760 337348 or www.littleabbeyfarm.co.uk, e mail enquiries@littleabbeyfarm.co.uk

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Swaffham and Surrounding Areas

Home Visits Only

Nar Valley Benefice - Sunday Services – November 2026

All our services include singing unless they are described as 'said'

Traditional Services are based on the Book of Common Prayer 1662. All other services are in modern English.

Date	November 1st	November 8th	November 15th	November 22nd	November 29th
Castle Acre	9.30am Morning Praise	10.50am Remembrance Service	9.30am Holy Communion	9.30am Holy Communion	9.30am Holy Communion
Narborough	11.00am Holy Communion	10.50am Remembrance Service	11.00am Holy Communion		11.00am Advent Praise
Newton	8.30am said traditional Holy Communion				
Pentney		9am Holy Communion		11am Morning Praise	
South Acre		6pm traditional Evensong			6pm said traditional Holy Communion
West Acre			6pm traditional Evensong	8.30am said traditional Holy Communion	
Celebrating:	**All Saints**	**Remembrance Sunday**	**Safeguarding Sunday**	**Christ the King**	**Advent 1**

We also celebrate said Holy Communion every Thursday at 9.30am in Narborough Church