



St Mary's
Parish Church
Frinton 2026

But thank God!

He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.

Time for a chat with friends, old and new.

Sunday, 11th October 2026

Parish Church Services (Sunday only)

10:30am **Neurodiversity Sunday**

Psalm 139:1-18

12 Noon **Bring Your Own Lunch**
(in the Hall)

Old Church Services

Wednesday 11am Holy Communion



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,
Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org **Prayer**

requests for our CHURCH PRAYER CHAIN: ring Stewart & Mary Wilson: **01255 814 594**

~ A group of church members who will pray, in complete confidence, for serious situations ~

NEVER
DOUBT THE
POWER
OF PRAYER

For our prayers during the week ...

... those who are unwell, and those who care for them:

Alan Cork, Cheryl Eden, Jenny Kyriacou, Philip Kyriacou, Tony Stubbs,
Carole Unsworth, Daphne West, Cate Wilby, Wendy Willis.

Derek Hayes' funeral service will be held at 11am on
Friday, 16th October, at Weeley Crematorium



Introducing one of our new children - Matei, who is seven years old.

Matei does not speak yet but is very communicative. He really enjoys the learning activities and fun at the day centre. One of the children we had been praying for especially - Alex - has had a big improvement in his behaviour recently and seems to be settling into the new term well. Monica, the day centre

manager, sends huge thanks. The day centre could not function without our love, prayer and financial support. Thank you.

Maggie Wilson



At 11am each Wednesday a service is held in the Old Church, to which **all are welcome**. This is an opportunity to take an hour out of our busy weeks, in a quiet, reflective way. It is a 'said service' (no songs or music) using the book of Common Prayer, and is either a *Holy Communion Service* or a *Service of the Word*. See the front of this noticesheet.

The Deanery Choir

On the 12th December the Deanery choir will be singing at St Mary's Church, Lawford CO11 2JX at the 7.00pm 'Living Christmas '26' concert. This act of worship was devised by Graham Bell and is similar to a 'Nine lessons & carols' service but with carols written by living composers and arrangers. This year the choir will make full use of the Copeman Hart organ, in the church, with the masterful Peter Clayton playing. There will be a retiring collection for church funds.

Macmillan Coffee Morning

We give thanks to God for the amazing generosity of those who came along to St Mary's Macmillan Coffee Morning held in church on Friday 26th September. The fantastic total sum raised was £1200 which has already been passed to the charity. This included a generous donation of £200 from St Mary's Men's Breakfast Club. Our team were all brilliant offering their time with outstanding hospitality. The morning had a musical accompaniment provided by John on the piano and Floyd on the trumpet. We all feel so blessed. Thank you very much and well done indeed to everyone involved.

Peter Wood

Friends of Essex Churches Trust, Ride and Stride

I took part in this on Saturday 12th September and visited 19 Churches in Clacton, Walton and Frinton. The total amount raised is £1000 and Barclays Bank will match £750. A BIG THANK YOU to all who so generously sponsored me.

Ruth Spellman

Christmas Fayre needs...

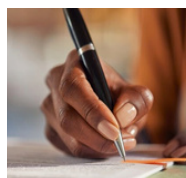
Tombola gifts, small good quality ornaments, curios and collectable items for the bric a brac stall. Cakes and home made preserves, good quality children's books and chocolate for the chocolate tombola. This can be bars or boxes of chocolate, or assortment bags, all chocolate in date, will be gratefully received. Also wrapping paper for Santa gifts. Any non-perishable items can be brought into the office or given to Karen Hepworth anytime before the Fayre. Cakes can be received on the Friday morning or early Saturday morning, 28th November.



Operation Christmas Child - Shoebox Appeal

Thank you to all who have supported the project so far this year by filling a shoebox with gifts and bringing it to church, building a box online, or making a financial donation. All gifts are most gratefully received. Each shoebox will share God's love and message of hope and joy with a child living in a difficult and dangerous part of the world. Sunday - 8th November - remember to bring shoeboxes to church for their journey overseas. Leaflets are available in church and shoeboxes are available for 60p from the Office. Thank you for your support.

Helen Whybrew



Our Rector Funmilayo is writing a letter to the members of our church each month in 2026. These letters appear on our website. Just click on [this link](#) or go to <https://www.stmarysfrinton.org/focus1.htm> to read what she has to say this month. If you don't have access to the internet, simply contact the Church Office and ask to read a paper copy.

Volunteers

We are looking for volunteers in a number of roles. If you feel you can support catering, Youth Work, Welcoming or Verging please contact the Office for more information.

Welcomers please

Please let Heather know if you could join one of our monthly teams of welcomers at either 9:30am or 11am. We need more people to help, please.

WE ARE OPEN ON THE FOLLOWING SATURDAYS
10AM UNTIL 12 NOON

SCHOOL UNIFORM BANK

29TH AUGUST
12TH & 26TH SEPTEMBER
24TH OCTOBER

WE HAVE SCHOOL BAGS,
COATS, BLACK SHOES, PE KITS, AND
ALL LOCAL UNIFORM



During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in Room 2 - all are welcome

Monday 12 th	RNID Hear to Help Gethsemane Prayer 7:30pm
Tuesday 13 th	Alpha Course (5) 7pm
Wednesday 14 th	Wednesday Group 10am Holy Communion 11am (Old Church)
Thursday 15 th	Smallsorts 10am Knit & Natter 1:30pm
Friday 16 th	Friday Coffee Morning 10am Choir Practice 6pm



The Old Church



Sunday, 18th October

09:30am Traditional Service - BCP
11am All-Age Service (also Livestreamed)
6.30pm Evening Service - CW (HC)

All rotas and events available on ChurchSuite. [Click here](#) to login.
If you need a login, please send an email to request to the Office.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.



Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).



Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with Dominic Gardner, Operations Manager

DATES FOR YOUR DIARY

Remembrance Sunday Service - Sun. 8th November, *Joint* 10:30am

Christmas Fayre - Sat. 28th November, 10am

LCM Service for everyone - Sun. 29th November, *single* 10:30am



Noticesheet items: please submit to the **Church Office** by noon Tuesday, via office@stmarysfrinton.org

Want to join a Homegroup: Heather Ursell - **07882 402 768**

Sunday Media & PowerPoint items: email to the church office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org