Parish News

October / November 2026

Covering part of the

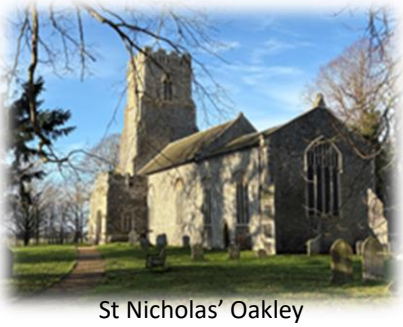
North Suffolk Benefice



All Saints' Stuston



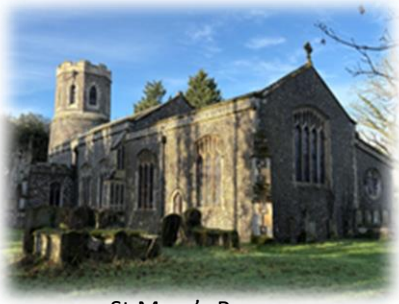
St Mary the Virgin Wortham



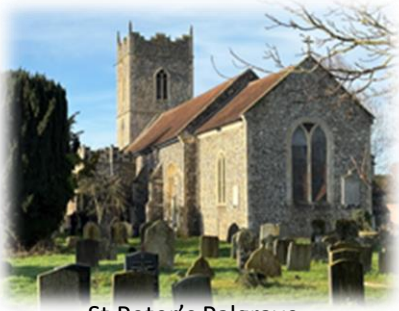
St Nicholas' Oakley



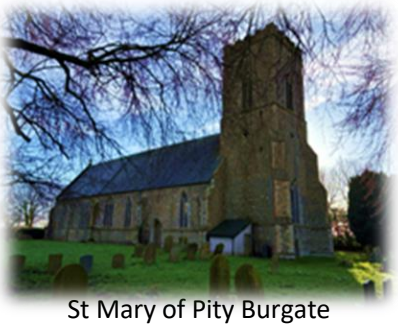
St Margaret of Antioch Thrandeston



St Mary's Brome



St Peter's Palgrave



St Mary of Pity Burgate



For Services in the North Suffolk Benefice in October/November, please refer to the Services List.

All are very Welcome to all Services



Who's Who

MINISTRY TEAM
Revd Ginny Manning
Revd Paul Grover
Hilary & Adrian Mitchell (Lay Elders)

REVD HELEN GROVER – (Rector)
01379 830003
The Rectory, Bury Road, Rickinghall, IP22 1HA
revhelengrover@gmail.com
Tuesday is Helen's day off – emergency contact only please

BENEFICE ADMINISTRATOR
Lyn Pelham-Burn 788479
West Cottage, The Marsh, Wortham IP22 1PN lyn.northhartismere@gmail.com

CHURCH WARDENS

Brome & Oakley	Vacancy	
Palgrave	Hugh Bunbury	643635
7 Church Farm, Palgrave IP22 1AX		
Thrandeston	Vacancy	

Burgate	Sylvia Walker	642783
Stuston	Robert Feast	652983
	Daniel Scott	740220
Wortham	Cathy Hume	650321
Fenling Cottage, Low Road, Wortham IP22 1SQ		

BELLS Hugh Bunbury 643635

EDITORIAL TEAM editor.nhbparishnews@gmail.com

ADVERTISING advertising.nhbparishnews@gmail.com

BENEFICE WEBSITE www.northhartismerebenefice.org.uk



You will find the Magazine Representatives' details on the relevant Parish page.

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Thank you.

Baptisms, Marriages and Funerals within the Benefice of North Suffolk

Funerals:
28th August Funeral of Christopher Stephen Murton at St Margaret's Church, Thrandeston followed by burial in the churchyard.

Baptisms:
30th August Baptism of Primrose Peggy Violet Oxborough, infant daughter of Penny & Lee Oxborough at St Nicholas' Church, Oakley

Weddings:
15th August Marriage of Martha Westmancott & Christopher Pidsley at St Nicholas' Church, Oakley
12th September Marriage of Megan Doe & Christopher Bartrum at St Nicholas'Church, Oakley.

COPY DATE for the Dec/Jan Magazine is Monday, 16th Nov. 2026

NB: Before going to print, we will acknowledge receipt of all emails. If you do not receive an acknowledgement, please check you have typed the email address correctly, and if required contact 01379 740220 or **editor.nhbparishnews@gmail.com**
Please be aware that we cannot be held responsible for the accuracy of material submitted for publication and that material is included at the Editorial Team's discretion and may be edited.

Letter from the Rectory - September

As the days begin to shorten and the sun hangs that little bit lower in the sky, we find ourselves on the cusp of autumn. The fierce heat of the summer months and the worrying threat of fires across our rural landscape have, thankfully, ceased for the moment. In their place, we have received much-welcome rain —a gentle reminder of nature's ability to replenish and restore.

This change in the weather has allowed our farming community to begin the long, back-breaking work of tilling the soil, preparing the earth for the drilling and sowing of next year's essential crops. It is easy to look out over the fields and forget that this is deeply challenging and often dangerous work. Operating heavy machinery under tight seasonal windows, in difficult and challenging terrains, brings a real risk of injury, or much worse, to those who undertake it. Our farmers and their families carry a heavy burden on our behalf. This month, they need more than just our recognition; they need our profound thanks, our daily prayers, and God's protective blessings as they work to feed the nation.

At the same time, another vital cycle has begun in our parishes. Our children have returned to school for the start of a new academic year. So much rests upon their education—not only their own individual futures but the long-term well-being of our local communities and the wider nation. As they step back into their classrooms, our young people need our understanding, encouragement, and active support. Alongside them, we remember our hard-pressed teachers and school support staff. They are resuming a stressful, highly demanding, yet incredibly valuable vocation. As we entrust our children to their care, let us surround these educators with our prayers, asking that they are granted the strength and wisdom to help our children flourish.

As we anticipate the falling of the leaves and the slowing down of the natural world, life in our parishes ironically continues at a breathless pace. Yet, amidst the challenges of our busy lives, we are reminded that the bonds of family and communal friendship remain the bedrock of rural life. This September, I invite you to pause and find intentional time to give thanks for what we have been gifted. Let us appreciate the striking beauty of our surroundings, the peace and constancy of our rural rhythms, and the love of those we share our lives with. Above all, let us give thanks for the divine Love bestowed upon every one of us by the One who made all of this. It is this love that blesses us with the true treasures of our lives—treasures we cherish far above any worldly things.

Wishing you all safe, peaceful, and blessed months ahead.

With every blessing
Rev Paul

TALK: CLIMATE CHANGE, GARDENING AND US



BROME & OAKLEY VILLAGE HALL

An illustrated talk by Clive Boase, from 'Climate Change Gardening'

SATURDAY 10th OCTOBER…….10.30am

How can we continue to enjoy our gardens in the light of extreme weather events and a changing climate? Hear about a range of measures that gardeners can adopt that will help counteract the effects of climate change and support biodiversity.

£10 on the door to include refreshments after the talk.

Penny Evans pen.evans50@gmail.com. Tel 07791 399960

North Suffolk Benefice Church Services – October & November 2026

The following are services for the whole Benefice – all are welcome at any of the services.
An online service of Morning Prayer is held every Monday at 9.30am via Zoom. All are welcome to join us.
Please email the Benefice Administrator (lyn.northhartismere@gmail.com) for the link.

OCTOBER 2026

Sunday 4th – Trinity 18
Jam, Joy & Jesus! at Palgrave
9.30am Breakfast and Worship starts at 10.00am

8.45am	BCP Communion	Rickinghall
9.30am	CW Communion	Thrandeston

Sunday 11th – Trinity 19

9.30am	CW Communion	Stuston
10.30am	CW Communion	Redgrave
11.00am	Pet Service – all welcome!	Wortham
11.00am	CW Communion	Palgrave

Sunday 18th – Trinity 20

9.00am	Breakfast Church	Brome V/Hall
10.30am	CW Communion	Rickinghall
11.00am	CW Communion	Burgate
11.00am	CW Communion	Palgrave

Sun 25th – Last Sunday after Trinity

9.30am	CW Communion	Brome
10.30am	CW Communion	Botesdale
11.00am	Café Church	Burgate
11.00am	CW Communion	Palgrave

DECEMBER 2026

Sunday 4th – Advent 2
Jam, Joy & Jesus! at Palgrave
9.30am Breakfast and Worship starts at 10.00am

8.45am	BCP Communion	Rickinghall
9.30am	CW Communion	Thrandeston

NOVEMBER 2026

Sunday 1st – All Saints Day
Jam, Joy & Jesus! at Palgrave
9.30am Breakfast and Worship starts at 10.00am

8.45am	BCP Communion	Rickinghall
9.30am	CW Communion	Thrandeston
3.00pm	All Souls Service	Rickinghall
3.30pm	Service for Departed Loved Ones at Palgrave	

Sunday 8th – Remembrance Sunday

10.30am	Remembrance Service with Holy Communion	Rickinghall
10.45am	Remembrance Service	Burgate
10.45am	Remembrance Service	Palgrave
10.45am	Remembrance Service	Wortham
10.45am	Remembrance Service at (*incl. Stuston, Thrandeston & Brome*)	Oakley
3.00pm	Remembrance at the Botesdale/Rickinghall War Memorial	

Sunday 15th –2nd Sunday before Advent

9.00am	Breakfast Church	Brome V/Hall
10.30am	CW Communion	Rickinghall
11.00am	CW Communion	Palgrave

Sunday 22nd – Christ the King

9.30am	CW Communion	Oakley
10.30am	CW Communion	Botesdale
11.00am	Café Church	Burgate Hall
11.00am	CW Communion	Palgrave

Sun 29th – Advent Sunday
10.30am **BENEFICE SERVICE at Burgate Church Hall**

EVERYONE WELCOME

Notes:
Please contact the Administrator, Lyn Pelham Burn, if you wish to be added to the circulation by email of the Sunday Pew Sheet, which also has updated details of all forthcoming services.

NORTH SUFFOLK BENEFICE ECO CHURCH GROUP



"Eco Church" is an initiative formed of churches of all shapes and sizes working towards Net Zero, aiming to take practical action to combat climate change and biodiversity loss. We are working towards our first benefice-wide event, a "Green Weekend", for everyone to take part in and enjoy on **10th/11th October** (a change of date from that previously advertised). See full page advert for details of the programme.

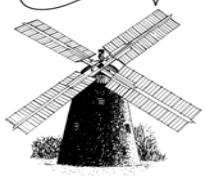


As part of our ongoing work, individual church activities have been taking place, particularly relating to our lovely churchyards. On 20th May girls from 1st Eye Guides visited **Thrandeston Church** to complete the Bats in Churches Challenge Badge. The girls completed a survey of the trees in the churchyard, learnt about the history of the church and practised using bat detectors. After a patient wait at sunset the girls were rewarded by seeing and hearing a number of bats. The Unit is grateful to Jane Howard for her help on the evening and for sharing her knowledge with the girls. At **Oakley Church** a small group have been surveying churchyard species – on one afternoon they clocked up almost 90 different plants. This will serve as a baseline for further measures to enhance biodiversity. A list of species found is now displayed in the church. **Wortham Church** held their first bat talk and walk in July – if you missed out, there will be another change during the October Green Weekend.

The next Eco Church meeting will take place at The Rectory Rickinghall on Wednesday 4th November at 2pm. We will be planning events for 2027. If you have any ideas or can help or if you are interested in finding out more, you would be welcome to join us. Enquiries to Penelope Lucas, penelopelucas@btinternet.com.

Penny Evans, on behalf of the Benefice Eco Church Group

Thelnetham Windmill



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Thelnetham windmill charity number 265212

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The mill will be open between 11 am and 4pm*
(*Last tours of the mill commence at 3pm)
on the following days and wind permitting the sails will be turning

Monday 4th May *(Bank Holiday)*
Sunday 24th May **
Sunday 21st June
Sunday 12th July
Monday 31st August *(Bank Holiday)*
Sunday 27th September

Guided tours:
Adults £5 :15 and under free if accompanied by a responsible adult
Children under 5 are not allowed in the mill

Windmill cream teas and other refreshments are available

Cash payments only at the mill

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North Suffolk ECO CHURCH GROUP

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GREEN WEEKEND

SATURDAY 10th + SUNDAY 11th OCTOBER

SATURDAY 10.30AM
CLIMATE CHANGE, GARDENING AND US
An illustrated talk by Clive Boase at Brome & Oakley Village Hall
£10 on the door

SATURDAY 5.15PM–7PM
BAT TALK AND WALK
at Wortham Church
Adults & children 8 +
Tickets £15, children under 12 free
available at Wortham village shop from September 21st

SUNDAY 11AM
PET SERVICE
WORTHAM CHURCH
led by Rev. Ashley Evans
All welcome with your pets or with a photo of your pets

SUNDAY 2PM
GUIDED FARM WALK
Home Farm, Great Green
Thrandeston, IP21 4BL
Dogs on short leads welcome
Donations welcome

Small steps. Big difference. Together.



Help for Hope

Charity Coffee Morning

from 10.30 to 12.00

Come and join us at Palgrave Community Centre for tea/coffee, cake and chat!



Thursday 22nd October

Donations this month are to

UNICEF Sudan Appeal

How is UNICEF supporting children in Sudan?

They're working with partners on the ground responding to critical needs in health, nutrition, protection, education and water, sanitation and hygiene.

Thursday 26th November

Donations this month are to

The Salvation Army

Donations of gifts will also be gratefully received for the SA

Christmas Appeal



Most children receiving gifts are under 11 years, although some will be teenagers. All gifts, toys, books and pens should be unwrapped, new, gender neutral if possible, and toys must have a CE label.

If you need transport please contact Anne 644931

The Help for Hope Team - Benefice of North Suffolk

All are welcome

Former ARCHDEACON OF SUFFOLK, the Ven Geoffrey Arrand 1944-2026

I was sorry to hear of the death of the former Archdeacon of Suffolk on 30th July 2026, who was our Archdeacon for 15 years, 1994-2009

He became particularly well known to us through his ministry and faith during our interregnum, when we were without a priest, helping our ministry team with the support of Ginny Manning. On three occasions, he helped us to appoint three priests: Derick Stevenson in 1996, Rob Axford in 2002, and Michael Thompson in 2008

Geoffrey touched countless lives and encouraged many in their vocation. With wisdom, humility and quiet kindness, he undertook his archdeacon responsibility with encouragement through many years of leadership. He earned respect and support from many in our Benefice.

When Geoffrey visited us to take a service or assist in meetings, he insisted that all records be completed in black permanent ink. He said he wanted to be remembered as the archdeacon who insisted records were completed so.

I also remember on one occasion when we were considering what we wanted in a new priest, he asked what sort of person we wanted. A churchwarden said that, "We wanted a man of God".
Geoffrey, perhaps as a keen golfer, misheard and replied, "You want a man of Golf".

In North Hartismere, he will be remembered with a lot of affection. But I will always remember his comments about black ink.

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BROME & OAKLEY

Magazine Representatives: Gill Wood



BROME & OAKLEY COFFEE MORNING BROME VILLAGE HALL





Saturday October 3rd.....10am / 12pm
Saturday November 7th.....10am / 12pm

BACON ROLLS , CAKE , TEA/ COFFEE , RAFFLE
Muddy boots & paws welcome , but PAWS ON LEADS PLEASE!!!
All proceeds will be going to the VILLAGE HALL RENOVATION FUND
EVERYONE WELCOME





BROME & OAKLEY CHURCHES COMMUNITY LUNCH BROME VILLAGE HALL





Wednesday October 21st.....12.30pm
Wednesday November 18th.....12.30pm

Selection of homemade soups , cheese / bread, delicious homemade puddings, tea / coffee
BAR WILL BE OPEN !!!

£3 per person **EVERYONE WELCOME**

To book please call Barbara Pace on 01379 742985 or email: b.pace362@btinternet.com
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SUNDAY OCTOBER 25th……12.30pm for pm

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Selection of Fruit Crumbles , Custard / Cream

BAR WILL BE OPEN
TABLE QUIZ (FOR FUN), RAFFLE , HOW MANY SWEETIES IN THE JAR ????? £1 A GO

£10 pp .....children under 5yrs £3

To book please call Barbara Pace on 01379 742985 or email b.pace362@btinternet.com
BOOKING IS ESSENTIAL !!!! Limited numbers.
All proceeds will be going to the VILLAGE HALL RENOVATION FUND EVERYONE WELCOME!!

Brome and Oakley Craft Bazaar in aid of Brome and Oakley Village Hall

Saturday 28th November, 2-4.00pm

Tea, mince pies and mulled wine - Fun for all the family

Craft tables available for £10

Enquiries welcome to Diana Moss 01379 871003 dianamoss99@gmail.com
Or any other Village Hall Management Committee member

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BURGATE



Parish Rep – Stella Blackburn – blackburns493@outlook.com or 423840

Services at Burgate Church

Sunday 18th October	11.00am	Holy Communion
Sunday 25th October	*10.45am	Café Church in the Church Hall
Sunday 8th November	10.45am	Remembrance Service
Sunday 22nd November	*10.45am	Café Church in the Church Hall
Sunday 29th November	10.30am	Benefice Service in the Church Hall

***Please note the change of start time for Café Church, this is to allow time for a drink, biscuit and chat before the service starts at 11.00am.**

Kettle's On

in Burgate Church Hall



Tuesday 20th October 2026 and Tuesday 17th November 2026

We are in need of further volunteers to help with the refreshments at Kettles On. This would involve making and serving tea and coffee and providing milk and biscuits 3 or 4 times a year. If you would like to help please contact Jennie on 01379 783598.

Parish News Magazine

Each year we ask if recipients of the Parish News would be willing to give a donation. The suggested amount is £5.00 for the year but any amount is very gratefully received.

This can of course still be handed to your deliverer, but we also now have the option of following the link from this QR code

Future Events

Coffee Morning/Hall Viewing

Our next Coffee morning is going to be held on Saturday, 17th October 2026 between 10.00am and 2.00pm. There will be various stalls and a raffle as well as scrumptious cakes to eat in or take home to enjoy later.

This time it is going to be held in Burgate Church Hall.
This is to enable people to come and view our newly refurbished hall so they can see what facilities are on offer should they need a lovely venue for parties, community group meetings, exercise classes etc.





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Please do come along to see what our local hall has to offer.
For further information or to book the hall please contact Julianne and Nick on burgatetreasurer@outlook.com or 07709400602 / 07733107856

Christmas Fayre

Our Christmas Fayre this year will take place on Saturday 28th November between 11am and 2.00pm in Burgate Church. We will have a variety of stalls selling Christmas gifts and cards, festive food, mince pies and mulled wine plus tombola and raffle so do come and join us. For further information please contact Jennie on 01379 783598





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Patient Participation Group
Botesdale Health Centre

CANCER SUPPORT GROUP

to which all will be most welcome ... those newly diagnosed.... going through treatment....or who have completed treatment. An opportunity to share your experience and be encouraged by others
Carers are welcome too.

Cancer support meetings are planned for 4th Tuesday of each month
11:00-12:00

Parkview Chapel, The Street, Botesdale, IP22 1BX
Entrance and car park at the rear of the building

Confirmation of attendance would be appreciated
Further information: botesdaleppg@gmail.com
or call 07787148947

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PALGRAVE

Vacancy - Magazine Representative



HARVEST at ST PETER'S

We will be gathering contributions for Waveney Foodbank as usual this year. The harvest season will be celebrated at the service on Sunday 18th October.
This comes shortly after Palgrave School's Harvest Service on the Friday.
We also welcomed everyone for a Benefice Harvest Service on 27th September at Wortham, when the well-known hymns were amplified by the Benefice Choir; also singing a contemporary setting of For the Beauty of the Earth.

PALGRAVE CHURCH WC PROJECT

The approvals process continues as we patiently await preliminary comments on the design by Historic England, S.P.A.B. and others. Fingers crossed for favourable responses that mean we can properly submit for Faculty.

CELEBRATING with FRANK and ROSEMARY

What a pleasure it was to welcome Frank and Rosemary Howard and some of their long-distance friends to mark their 60th Wedding Anniversary within the service early in August. How easily, and unexpectedly, this seemed to fit into our 'Jam, Joy & Jesus' making it an even more joyous occasion than usual. And as well as the nice breakfast there was an incredible cake! Our best wishes for their future.
Note that the forthcoming Help for Hope Coffee Morning will be collecting for Suffolk Sight, which happens to be a charity of particular significance for Frank and Rosemary.

THE MAGAZINE

Thanks, as ever, to those who distribute the Benefice News around Palgrave; especially to a couple of long-standing deliverers who have recently handed on their round after many miles walked over the years. Donations for the Parish News are always welcome. You can hand it to your deliverer or follow the link from the QR code here. Income from the Magazine all goes to St Peter's Church general funds.

SIGN UP TO EASY FUND-RAISING and support Palgrave Church

This is a brilliant and simple scheme for anyone who shops on the internet (i.e. nearly everyone). Download the EasyFundRaising app to your computer/tablet/smartphone, and then choose St Peter's Church Palgrave as your cause. Once this is set up, most visits to on-line retailers will flag up the option to make a donation, but the retailer makes the donation, not you. Your purchases are unaffected. St Peter's gets a monthly report and breakdown on the amounts raised – often only a few pence. We see the supporters' donations but not who they shopped with (and you can sign up with a pseudonym should you wish).
Since subscribing to the scheme, our seventeen faithful supporters have raised £1,736.37 for church funds. Please think of joining up too.

News from Palgrave and District Community Centre

More details of all forthcoming events are in The Palgrave Star which is available from Palgrave Community Centre, Palgrave Church porch, Stuston Farm Shop, Thrandeston Church porch and Wortham Post Office.

The Star is also available online at www.pdcc.co.uk

Over the Summer some of our events and activities continued and we are now back in full swing and even planning events for next year.
We do aim to provide a range of activities in the hall, lounge bar and on the playing field and park, for different age groups and interests.
We recently started a monthly Needles and Pins group where you can work on your own knitting, crochet or a similar item. Friendly chat, advice if needed and a cup of tea is all on offer.
See the notice in The Palgrave Star for details, or for crib, carpet bowls, friendship club or board games if that's of more interest. The Autumn quiz, coffee mornings, CPR and AED (defibrillator) training, children and family activities and an Arabian meal are also coming up. Something for everyone !
The Trustees rely on your support and interest to enable us to carry on with these groups and unfortunately we had to cancel the September film, Michael, as only 8 people booked a seat. The licence for each of our monthly films costs us £106 and we do really need your attendance to enable us to carry on with the showings. If there is a particular film which you would like to suggest please speak to one of the Trustees. Our October film is The Devil Wears Prada 2 which we hope you will come along to and enjoy. Watching a film at the Community Centre is much cheaper than a trip to Bury, Norwich, Ipswich or Thetford and much more sociable. Why not come with your friends and neighbours ?

Community Centre dates for your diary of some forthcoming events.

- ***The October film is The Devil Wears Prada 2*** 10th October, doors open 7.00pm, film starts at 7.30pm. To book please contact 07415 401577

- ***AllStars*** Free family event – crafts, games, sports. October 11th 11am – 2pm. Details from 07507862660

- ***Coffee, Cake & Company*** for refreshments, book and jigsaw puzzle swap and guest speakers with lots of useful information. Monday 19th October and 16th November 10am – 12pm (third Monday)

- ***Needles and Pins*** 30th October and 27th November (last Friday) 2.30pm – 4.30pm

- ***CPR and AED training*** Friday 16th October 7.30pm. Further information from PalgraveVETS@hotmail.com

- ***Autumn Quiz*** Saturday 24th October 6.30pm for 7.00pm. £10pp with food. Book by 17th October 07415 401577

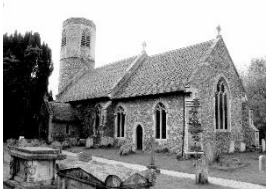
- ***AllStars*** Free family event - crafts, games, sports. October 31st 11am – 2pm. Details from 07507862660

- ***Arabian Night dinner*** Friday 13th November 7.00pm £20 per head. Please book by Monday 9th November Coconutmonkeycatering@hotmail.com or 07950 372672.

- ***Community Club Members Bar*** every Friday 7.30pm – 10pm in the lounge. Please join at least two days before you come along. Contact Lee 07884 972957

STUSTON

Magazine Representative: Faye Gerrie 740028 / 07799846468



A service of Common Worship with Holy Communion will be held on **Sunday 11th October, at 9.30am** in All Saints Church. All are very welcome.

There is no service in Stuston on **Sunday 8th November.** This is Remembrance Sunday and all residents are invited to attend a service at 10.45am at St Nicholas Church, Oakley. Residents from Thrandeston and Brome are also invited.

The church will generally be open for private prayer seven days a week from 8am until 6pm. (Note the time of the service above.) If you need to contact someone regarding access to the church, please ring 01379 740220 or call in at The Old Rectory next door.

Suffolk Churches Ride and Stride

This annual event took place on 12th September with eight cyclists visiting All Saints' Church. Thank you to Wendy Thomson and Roger Lay who cycled on behalf of our church, and to Pamela and Dan Scott who greeted visitors and offered refreshments.

Village social events

Community Coffee and Cake Mornings



Everyone is welcome to come along to All Saints' Church for a cup of tea or coffee, homemade treats and a chance to chat with neighbours and friends.

The next events will take place on; Friday 23rd October and
Friday 27th November

There is no need to book, just come between 10.00 – 11.30am.

Save the Date Christmas Carol Service

A family service of carols and readings followed by seasonal refreshments.

Thursday 17th December 2026 in All Saints' Church, commencing at 7.00pm

Parish News

This magazine is delivered free to the majority of houses in Stuston.

If you would like to make a donation to support the on-going maintenance of our church, please use the QR code below. All donations make a difference

Stuston over time…

We hope to include some items about Stuston village over the years. If you have any interesting photographs or information you would like to be included in the magazine, please forward to Faye Gerrie or to the editor email: editor.nhbparishnews@gmail.com Many thanks



HOXON HUNDRED MORRIS

Hoxon Hundred Folk is the name of a Cotswold Morris team (who occasionally squeeze in a North West or Border dance in their routine). We practise in **St Edmund's Hall, Hoxne, IP21 5AN every Wednesday from September through to May from 7.30 onwards.** We have a very enthusiastic, friendly team of dancers who all love the dancing and the social life which comes with it.

However, we can't dance without music and this is a plea to anyone who has a musical instrument to come along and experience playing for Morris dancers. The majority of tunes we play are very simple and are set in G or D scales. We don't expect anyone to walk in and just be able to play without help and guidance. We have an experienced melodeon player who will provide plenty of assistance and support including score music if required. We also hold little sessions every so often in our homes for those who would like to practise or learn tunes. All very cosy with tea, coffee, cakes and plenty of laughs.

So if you are musician of a good standard, or someone who is just learning to play please, please come along and give our practice nights a try.

If you feel you would like to speak to someone before coming along you can contact Jenny 07403 637517 or Jane 07568 468186.

We look forward to enjoying an evening with you.

BOOKS AVAILABLE

Due to lack of space, I am offering a full set of interesting illustrated reference books to the first comer. They are free, but I would like a donation to the Wortham Church Restoration Appeal, please. The 'Arts of the Church' series were published by A R Mowbray from 1905 until 1915. They provide short guides on ecclesiastical history, architecture and liturgical practices. The 13 volumes are octavo size and in good condition. The titles of the books are: *The Ornaments of the Ministers, Church Bells, The Architectural History of the Church, Church Music, Gothic Architecture in England, Renaissance Architecture, The Symbolism of the Saints, The Chancel and the Altar, Church Embroidery, The Heraldry of the Church, The Decorative Arts in the Service of the Church, The, Religious Drama, Monuments and Memorials.*

Anyone interested should contact Edward Coales, 3 Harts Lane, Wortham. Telephone 01379 898479 or edwardcoales@live.co.uk

THRANDESTON



Magazine Representative: Penelope Lucas

Cleaning/Flower Rota

OCTOBER

4th Janice Mortlock
11th Caroline Drew
18th Penelope Lucas
25th Helen Ellis-Jones

NOVEMBER

1st Nicola Wheeler
8th Helen Ellis-Jones
15th Janice Mortlock
22nd Nicola Wheeler
29th Caroline Drew

6th December Penelope Lucas

Christopher Murton RIP

It was with immense sadness that we heard of the tragic passing of Chris on the 20th July. Chris will be remembered for his love of farming and country pursuits but especially for the love of his wife Carys and his children, Chloe, Gracie, Bella, Spencer and Hector. Thrandeston Church was full to overflowing for his funeral as so many wanted to come and pay their respects to a well-loved farmer, family man and friend. Our sympathy, love and prayers go to Carys, the children, Alison, Stephen, Nick, Jemma and Maisie.

Michael Drew RIP

It was with deep sadness we learned of the sudden passing of Michael on the 6th August. Michael was known for his friendliness, cheerfulness and huge enthusiasm for everything organised in the village. Most recently, he was a member of the Our Thrandeston Group and did sterling work producing detailed maps of the various proposals for the village. We send our heartfelt condolences to Caroline and the family.

Church Update

For your diary. Christmas is on the horizon (!) and our annual 'Carols by Candlelight' service will take place on Tuesday 22nd December at 7.00pm followed by seasonal refreshments. This is a great way to start Christmas. Not to be missed.

The maintenance of the church building is constant. We currently have water ingress in the north aisle and the lead roof will have to be lifted and timbers renewed and the gutter fixed. We have in our sights too, urgent repairs to the stained glass starting with the East window. We will need to apply for grant funding for these and all work to be done in the future. Donations always welcome.

Friends of Thrandeston Church and Heritage

The Plum Days Weekend on 18th and 19th August was a huge success and raised £350. Many thanks indeed to the Read family and friends for hosting at Home Farm. The Fun Dog Show on 5th September at Apple House Farm was likewise warmly received and raised £283. Results in the Friends' Autumn newsletter sent in October.

The next fundraiser will be the Apple Days Weekend on 10th and 11th October including the Guided Farm Walk on 11th October at 2.00pm; all at Home Farm, Great Green, Thrandeston IP21 4BL, led by Dr Helen Read, MBE. This promises to be a fascinating insight into the farm's orchards and fruit growing. It is a free drop-in event. The walk will start promptly at 2.00pm. Dogs on short leads welcome. Appropriate footwear recommended. Refreshments. Donations gratefully received. A great way to end our fundraising year.

If you have an idea for a fundraising event, contact penelopelucas@btinternet.com.

Thrandeston History and Heritage Group

We had a great turnout for the July meeting which was a churchyard recording session, with a new member joining us for a pleasant evening. The churchyard was divided into plenty of sections, and working in teams of around two, we split up and conquered our way through, confirming our existing indexing, cross-checking previously collected information, and recording new graves and family names. The updated contributions were added to the database and map which is kept in the History Group's archive. Overall, it was a productive evening that moved our records forward nicely.

If you are interested in attending and becoming a member, please email us at: thrandestonhistory@gmail.com. Our Facebook page is : https://www.facebook.com/groups/466614459783629. The website address is : https://tharston-past.info. Please contact us if you would like the links sent to you electronically. Thank you.

Village Hall Committee

Hire of the Village Hall

This quaint former village school holds a maximum of 50 people seated. Facilities include car parking and garden at the front, a well-stocked kitchen and the bar is available by booking in advance. Easy access to the front and disabled toilet. Heating is extra and provided by a £1 coin meter. Hall hire is £10 per hour. Please contact Alison. thrandestonvhall@yahoo.com.

A word from Sarah at Rosedale Bereavement Support…….

As I write, the school summer holidays have just begun. Roads, airports and ferry terminals will no doubt be packed as usual!

Wildfires are raging in parts of Europe and the UK due to the soaring temperatures and lack of any substantial rain. This does not seem to deter those determined to enjoy their annual summer getaway.

For those who are bereaved, holidays may feel very different, especially when a partner has died.

When someone dies there are many losses. The **Primary loss** is the death of the person themselves but there are also many other **Secondary losses.** The types of losses felt will vary, depending on the relationship with that person. For example, when a close parent dies, the adult child may feel they have lost their best friend, advisor, mentor or shoulder to cry on in a crisis. Of course, not all relationships are easy or loving and loss can sometimes feel like guilt or regret about an estranged or fractured relationship.

When a partner dies, it is often the practical everyday losses that hit the hardest, due to constant everyday reminders. That person may have played many different roles in the relationship, such as cook, cleaner, gardener etc. They may have been the one to take the bins out, to fix a broken curtain rail or take the car for its annual MOT. Suddenly being responsible for all household tasks can feel extremely overwhelming.

Where there are children to care for, this now becomes the sole responsibility of the surviving parent which can be a heavy burden to bear.

Many bereaved people say the biggest loss is often companionship- someone to watch TV with, talk about the day over dinner or go on holiday with. It is often the simple things we miss, such as making plans together, deciding what to eat for the week ahead or even just being together in companionable silence.

Though we can never replace that special person and the roles they played in our life, it can be helpful to think about who else could help to fill some of the gaps left behind. Perhaps there is a single friend who would also like to go on holiday or for a day trip? When a family member offers help with odd jobs or gardening, take them up on their offer. If you belong to a supportive church, friendship circle or community group, accept those invitations for coffee or lunch or maybe initiate an invitation yourself? Maybe contact an old friend you haven't seen in a while and suggest a meet up. Helping and supporting others can also provide purpose and ease the loneliness and isolation of grief.

It may feel difficult at first but strengthening and developing our existing networks and building new ones can provide emotional support, practical help, companionship and connection.

When we have lost someone who brought so much to our life, connecting with others in a meaningful way can help to ease the burden of grief.

If you would like to join one of our bereavement groups in your area, visit rosedalefuneralhome.co.uk or call 01379 640 810 for more information. All groups are free and confidential.

This article was written by Sarah Howard, Rosedale Funeral Home Bereavement Support Group Facilitator.

WORTHAM



Magazine Representatives: Cathy Hume 650321

Services at Wortham Church

Sunday 11th October	11.00am	Pet service
Sunday 8th November	10.45am	Remembrance service

GREEN WEEKEND

Bat Talk and Walk at Wortham Church on Saturday 10th October 5.15pm - 7pm. Adults and children 8+ Tickets available from Wortham village shop.
Pet service at Wortham church on Sunday 11th October at 11.00am when we will give thanks for the animals that enrich our lives, particularly our pets. If your pet wouldn't be happy attending, then please bring a photograph of them instead.

GREEN JOTTINGS: The new normal - 'TREE ESTABLISHMENT' not 'TREE PLANTING'

Our increasingly hot and dry summers mean that it is no longer 'business as usual' for farmers and growers - whether you are growing commercial crops; fruit, flowers or veg in your garden or allotment; or trees and hedgerows for screening or biodiversity. We all need to think how we can mitigate and adapt to the changes. The very hot summer (and so far, warm autumn) should mean that the ground remains warmer for longer, which should enable newly-planted trees and shrubs to put on root growth before the winter arrives, thereby giving them a 'head start' before the Spring. Combined with proper Spring mulching (remember the mantra 'Mulch by March'!), this should improve the prospects of them surviving and thriving next Summer - which is predicted to be as hot and dry as 2026. So consider planting container-grown trees and shrubs as soon as you can: bare root stock will not be available until the plants are dormant in November, when the ground will be cooling and the days getting short.
You will still need to care for them for at least 2 or 3 years, topping up the mulch at least annually and watering when necessary: the 'tree community' now emphasises the importance of 'tree establishment' not just 'tree planting' - it is no longer business as usual.
For more information, please go to www.suffolktreewardens.org.uk 'Alive in Five'.

FRIENDS OF WORTHAM CHURCH

"My meeting with a Serbian war criminal & other tales" Please join us at Wortham Village Hall on Saturday 17th October to hear Lauren Jolles, former UNHCR director for Southern Europe, recount stories from his career with the UN refugee agency. Tickets £10 (includes tea/coffee & cake) from Wortham Post Office or text/call Bridget on 07747 620003. Doors open at 7.00pm. In aid of Wortham Church Roof Repair Appeal.
Thank you to everyone who joined us for The Ultimate News Quiz on September 4th and to everyone who helped in the organisation and running of the event. £1,186.47 was raised for the Church Roof Appeal.

MOBILE LIBRARY

The mobile library will be stopping at Wortham Stores on Wednesday 7th October and 4th November 2026 from 2.40pm until 2.55pm.

WORTHAM BOWLS CLUB

With the bowling season now just a lovely memory we can reflect on a very enjoyable and successful season. The club fielded four teams across Suffolk and Norfolk, hosted a regional tournament semifinal event and managed to stay one step ahead of the drought! Despite some rather hot days, the weather for bowling was excellent and once again we've welcomed new members to the club. If you are interested in finding out more, please call Brian Callin on 07717 864053 for further information.

TEA'S MADE - WEDNESDAYS 2-4pm WORTHAM VILLAGE HALL

Join us for a cup of tea/coffee and a slice of home-made cake. Come along for a chat or play board games. The only cost is a voluntary contribution towards the hall hire and refreshments. For further information please contact Marlene Bone (01379 890458) or Elaine Loomes (01379 890144).

Bat Talk & Walk

— at Wortham Church —

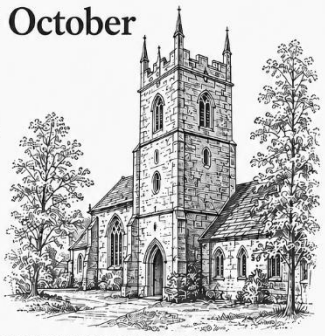
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Sunday 11th October

Pet Service

at Wortham Church at 11am

Led by Rev. Ashley Evans

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